

FITNESS LABS™
NUTRITION CORPORATION

May 23, 2001

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Linda S. Kahl, Ph.D.
Office of Special Nutritionals (HFS-450)
Center of Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

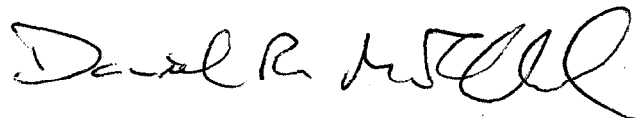
The dietary supplement for which the statement is made is ThermoRip Diet. The dietary ingredients that are the subject of the statement are Ma Huang, Guarana, Chromium, L-Carnitine. The statements read as follows.

"Now with the exclusive EC Burn-A-Cal core, comprised of clinically effective ratios of ephedra and caffeine. Plus, diet ingredients chromium picolinate, L-carnitine." "Advanced thermogenic." "Formerly Thermogenic Energizer."

These statements are accompanied by the required disclaimer, which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,
Fitness Labs Nutrition Corporation



Daniel R. McFarland
President

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