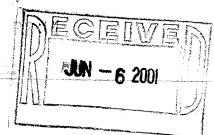
May 23, 2001

Linda S. Kahl, Ph.D. Office of Special Nutritionals (HFS-450) Center of Food Safety and Applied Nutrition Food and Drug Administration 200 "C" St. S.W. Washington, D.C. 20204



Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is HydroxyFit Diet. The dietary ingredients that are the subject of the statement are Garcinia cambogia, Ma Huang, Guarana, White Willow Bark, L-Carnitine, L-Tyrosine, Ginger, Chromium, Cayenne. The statements read as follows.

"Advanced before-meal thermogenic formula. Now with the exclusive EC Burn-A-Cal core, comprised of clinically effective ratios of ephedra and caffeine. Plus, 2 grams of garcinia cambogia (hydroxycitric acid), with diet ingredients chromium picolinate, willow, L-carnitine and more." "Advanced thermogenic." "Formerly Thermogenic Diet."

These statements are accompanied by the required disclaimer, which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and nonmisleading.

Sincerely,

Fitness Labs Nutrition Corporation

Daniel R. McFarland

President

12 M.F.

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