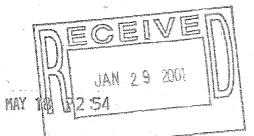


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January 10, 2001

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street SW Washington, DC 20204

Dear Food and Drug Administration,

Herbalist & Alchemist, Inc., manufacturer, located at 51 South Wandling Ave., Washington, NJ 07882 is marketing the following product:

Wild Lettuce

extract

bearing a structure/function claim of: Promotes Restful Sleep

We have substantiation to support this claim.

Sincerely,

William Hoover

978 0162 LET 7927