

National Transportation Safety Board

Employee Assistance Program

Solutions focused on navigating the spectrum of life events – the Employee Assistance Program makes it easy for you to improve the quality of your life at home and at work.



Employee Assistance Program



FEI BEHAVIORAL HEALTH

Services Provided By:
FEI Behavioral Health

Milwaukee, Wisconsin · New York, New York

***Addressing
events that
affect your life***

We all face difficult challenges at different stages of our lives.

Balancing the demands of work, personal and family life can be stressful. We may want assistance in the transition to a new job or need answers to parenting concerns.

Sometimes we find ourselves faced with the legal and financial issues brought on by life events such as divorce, child custody, retirement planning, real estate purchases and more.

Perhaps we need help coping with the loss of a loved one or adjusting to the reality of a recent diagnosis.

The point is that most of us struggle with the challenges of life on a routine basis – but we don't have to struggle alone. There is help available through the EAP.

- **Stress**
- **Relationship Issues**
- **Substance Abuse**
- **Depression & Anxiety**
- **Legal Questions**

How Do I Use The EAP?

Call **1-800-334-2178** to speak with our caring, professional staff about your concerns. Our intake staff will assess your needs and provide information and consultation. If needed, they will provide referrals to community resources, support groups, legal and financial specialists, and our network of counselors.

Who Is Eligible?

The EAP is available to you and your eligible family members.

Is It Confidential?

Yes. To ensure confidentiality, all services are provided by FEI Behavioral Health (FEI), an independent provider of EAP services. Information about your personal situation is protected within the limits of state and federal laws and will not be shared by anyone without your consent.

How Much Does The Service Cost?

The entire cost of up to 6 sessions per incident per year is covered by the National Transportation Safety Board. If additional assistance is needed, the counselor can help you explore referral options in line with your health care coverage and budget.

Are Online Services Available?

Yes. Log on to the NTSB's Intranet and select Employee Services. Scroll down to Employee Assistance Program (EAP) to find a link to the FEI website, or log on to www.feibh.com/ntsb to find:

- EAP eligibility and benefit information
- Frequently Asked Questions
- Manager Resources
- **EAPost** quarterly online newsletter
- Resource library with topical wellness articles

What Can The EAP Do For Me?

- Offer short-term counseling
- Provide confidential assistance to help evaluate your concerns and suggest the best steps for resolution
- Provide referrals for longer-term assistance as needed

How Do I Contact The EAP?

Call any time, 24 hours a day, 365 days a year, toll-free at **1-800-334-2178** to learn more about this benefit. Call today – we're here to answer your questions about your life event needs.



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1-800-334-2178

TTY: 1-800-833-6885 (hearing impaired)

www.feibh.com/ntsb