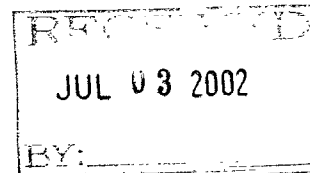




We Make Quality Affordable

June 10, 2002

Office of Special Nutritionals (HF-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, DC 20204



Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of ZMA, a dietary supplement.

Statements being made in the labeling of ZMA

- (1) ZMA is a synergistic combination of zinc and magnesium designed to maximize absorption and promote recovery from exercise. Zinc plays a central role in the regulation of cellular growth and tissue repair, as well as in the maintenance of a healthy immune system. Magnesium is essential for the maintenance of electrolyte balance, energy production, and normal neuromuscular function. Because physical activity can increase the need for these two minerals, NOW ZMA is the ideal supplement to aid in their replenishment.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza  
Director, Quality Assurance  
NOW Foods  
395 S. Glen Ellyn Rd.  
Bloomington, IL 60108

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A handwritten signature in black ink, appearing to read "Roza", written over a horizontal line.

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