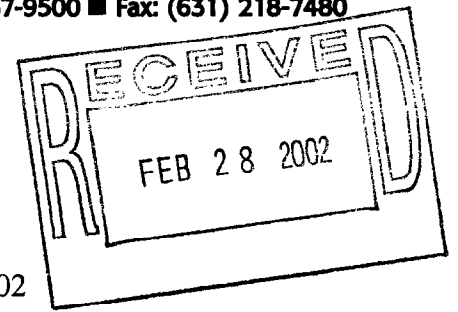




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

February 11, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Prescriptive Formulas™ Women's Optimal Vitamin Packs supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin City and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Fish Body Oil, Borage Oil, Citrus Bioflavonoids Complex, Betaine Hydrochloride, Soy Isoflavones, Choline Bitartrate, Inositol, Vitex, Green Tea Extract, N-Acetyl Cysteine, Black Cohosh, Korean Ginseng and Red Clover

- Soy, Red Clover and Black Cohosh for Women's Health
- Calcium, Magnesium and Vitamin D for Bone Health
- B Vitamins, Iron and Ginseng for Energy
- The Nutrients Women Need for Skin, Hair & Nail Health
- The unique combination of Soy Isoflavones, Vitex, Black Cohosh and Red Clover offers the natural support you need to relieve the periodic changes (such as mild mood swings, cramping, hot flashes and night sweats) taking place during menstruation and menopause.
- Vitex promotes breast health.
- Bone Support– This specialized blend of Calcium, Magnesium and Vitamin D supports crucial bone health.
- Energy & Stress Blend – To boost key areas of wellness, this blend contains nutrients such as B Vitamins, Iron and Ginseng to maintain energy metabolism and reinvigorate yourself.

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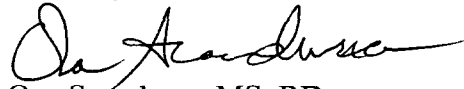
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- Skin, Hair & Nails Combination – Vitamin C, Biotin and Copper help promote skin, hair and nail health so you can always look and feel your best.
- Vitamins A, C and E for immune system support
- Chromium to promote fat metabolism
- Green Tea Extract and Selenium for antioxidant support
- Choline and Inositol for cell growth and function
- Prescriptive Formulas™ Women's Optimal Vitamin Packs are a dynamic blend of over 25 vitamins, minerals, and nutrients needed to promote wellness in several key areas of a woman's health.
- Specially designed for the female body, this proprietary formula delivers the premium nutrients necessary for total holistic support and well being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,



Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/tk