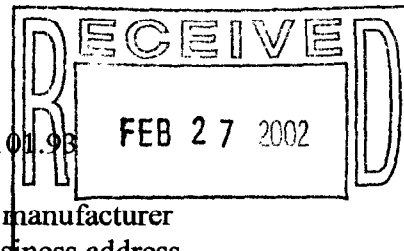


NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA and CFR § 101.93



This notification is being filed on behalf of Life Source, Inc., which is the manufacturer of the product that bears the statements identified in this notification. Its business address is 8007 Corporate Drive, Ste. A, Nottingham, MD 21236. This notification is being made pursuant to Section 6 of DSHEA and 21 CFR § 101.93. The dietary supplement on whose label and labeling the statements appear is Cognimax I.Q.

The text of each structure-function statement for which notification is now being given is:

Statement 1: Brain formula for cognitive function.

Statement 2: Cognimax I.Q. is a clinically developed formula designed to support cognitive function in men and women of all ages.

Statement 3: Improved memory

Statement 4: Enhanced learning

Statement 5: Better concentration

Statement 6: Enhanced brain energy

Statement 7: Improved mood

Statement 8: Enhanced focus

Statement 9: Enhanced alertness

Statement 10: PS raises brain energy, integrates electrical activity across brain zones, improves mood, restores hormones that are out of rhythm, improves coordination between the brain and adrenal organs, which helps us cope with stress.

Statement 11: Alkaloids in Huperzine A help prevent the breakdown of acetylcholine, a primary neurotransmitter for memory and concentration. (Huperzine A) has been shown to enhance alertness and focus thought processes.

Statement 12: Vinpocetine facilitates cerebral microcirculation (blood flow), increases brain cell ATP production (ATP is the cellular energy molecule), and increases utilization of glucose and oxygen.

Statement 13: (DMAE) increase(s) intelligence and physical energy without side effects.

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Statement 14: DHA has been associated with optimal memory function, visual activity and maintaining a positive mental state.

Statement 15: (Dibenzozide) improves learning and supports methylation metabolism.

Statement 16: Bioperine® increases the bioavailability of nutritional compounds.

The following identifies the supplement and dietary ingredients for which statements are made:

Statement Number	Identity of Supplement or Ingredient that is the Subject of the Statement
1	Cognimax I.Q.
2	Cognimax I.Q.
3	Cognimax I.Q.
4	Cognimax I.Q.
5	Cognimax I.Q.
6	Cognimax I.Q.
7	Cognimax I.Q.
8	Cognimax I.Q.
9	Cognimax I.Q.
10	Phosphatidylserine
11	Huperzine A
12	Vinpocetine
13	DMAE
14	DHA
15	Dibenzozide

The following identifies the brand name of the supplement for which statements are made:

Statement Number	Brand Name
1	4 Your Health
2	4 Your Health
3	4 Your Health
4	4 Your Health
5	4 Your Health
6	4 Your Health
7	4 Your Health
8	4 Your Health
9	4 Your Health
10	4 Your Health
11	4 Your Health
12	4 Your Health
13	4 Your Health
14	4 Your Health
15	4 Your Health

I, Robert J. Bernotas, am authorized to certify this Notification on behalf of Life Source, Inc. I certify that the information presented and contained in this notification is complete and accurate, and that Life Source, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: January 30, 2002

By: 

Title: President