

Source Naturals®
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01/04/02

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

RECEIVED
MAR 08 2002
BY:

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Alpha-Lipoic Acid 300 mg Timed Release, a dietary supplement. Source Naturals® is the manufacturer of Alpha-Lipoic Acid 300 mg Timed Release

Statements being made in the labeling of Alpha-Lipoic Acid 300 mg Timed Release:

- (1) Alpha-lipoic acid is a powerful fat and water-soluble antioxidant..
- (2) It directly recycles vitamin C and indirectly recycles vitamin E, providing additional antioxidant protection.
- (3) It helps to mediate insulin release and activity, provide antioxidant protection to the nervous system, and support healthy lens function.
- (4) In recent research, 600 mg of *alpha*-lipoic acid daily was found to decrease plasma and LDL oxidation.
- (5) Timed Release is designed to break down gradually throughout the day.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.



Ira L. Goldberg
President, Source Naturals®

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