



## HARVARD SCHOOL OF PUBLIC HEALTH

Department of Nutrition  
Walter C. Willett, M.D., Dr. P.H., Chair  
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0525 '03 FEB -5 P2:41

February 3, 2003

Kathleen C. Ellwood, Ph.D.  
Acting Director Division of Nutrition Science and Policy  
Office of Nutritional Products, Labeling,  
and Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food & Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20749

Dear Dr. Ellwood:

I would like to indicate my agreement with the letter of Dr. Frank Hu of our department in support of the proposed health claim for nuts and coronary heart disease. This is well supported both by metabolic studies of the effects of nuts on blood lipids, and by epidemiologic studies of nut consumption and risk of coronary heart disease. Americans would clearly benefit from higher intake of nuts.

Sincerely,

Walter C. Willett, M.D., Dr. P.H.

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LET 2