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May 16, 2002

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U. S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835


RE: Label Claims/Disclaimers

Dear Sir/Madam:

This letter is to notify you that PhytoPharmica at 825 Challenger Drive, Green Bay, Wisconsin 54311 is a distributor and has included statements provided for by section 403(r)(6) of the Food, Drug, and Cosmetic Act on the labels of the following product.

<u>COMPANY</u>	<u>PRODUCT NAME</u>	<u>DIETARY INGREDIENTS</u>	<u>STATEMENTS</u>
Phyto-Pharmica (a Division of Integrative Therapeutics Inc.)	PMS Formula with Indoplex™	Vitamin D, Calcium, Iodine, Magnesium, Chastetree Berry Extract, Diindolylmethane	In addition, it features chastetree berry extract to support the production of progesterone; calcium, magnesium, and vitamin D, which play synergistic roles in supporting health during PMS; and iodine for healthy thyroid function.*

I certify that the information contained in this notice is complete and accurate and that PhytoPharmica has substantiation that the statements are truthful and not misleading.

By: 
Robert C. Doster

Title: Senior Vice President of Scientific Affairs

Date: 5-16-02

If you have any questions, please contact Robert Doster, Senior Vice President of Scientific Affairs at (920) 469-3608

Sincerely,



Michael P. Devereux
Chief Financial Officer
PMS Formula with Indoplex 2p

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825 CHALLENGER DRIVE
GREEN BAY, WI 54311-8328
920-469-9099
TOLL FREE 800-553-2370
FAX 920-469-4418
FAX TOLL FREE 888-311-5657
WWW.PHYTOPHARMICA.COM



May 15, 2002

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Center for Food Safety and Applied Nutrition
U. S. Food and Drug Administration
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Phyto-Pharmica (a Division of Integrative Therapeutics Inc.)	PMS Formula with Indoplex™	Vitamin D, Calcium, Iodine, Magnesium, Chastetree Berry Extract, Diindolylmethane	Dietary supplement to provide relief of PMS symptoms*

I certify that the information contained in this notice is complete and accurate and that PhytoPharmica has substantiation that the statements are truthful and not misleading.

By: 

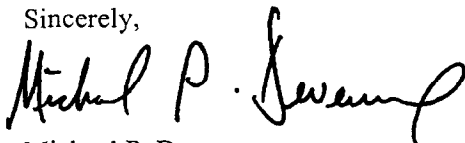
Robert C. Doster

Title: Senior Vice President of Scientific Affairs

Date: 5-15-02

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Sincerely,



Michael P. Devereux
Chief Financial Officer

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