

**Botanical**  
**LABORATORIES**  
*Science For A Healthier Tomorrow*

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DEC 16 2002  
BY:

December 9, 2002

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Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3825

Dear Sir or Madam,

This notification is on behalf of ZAND® Herbal Formulas and their Parent company Botanical Laboratories, Inc., 1441 West Smith Road, Ferndale, WA 98248.

We intend to include the following statements of nutritional support based on substantiation data supporting the use of Valerian root on the following products.

Ingredient: Valerian

Statement: Promotes restful sleep  
Supports restful sleep

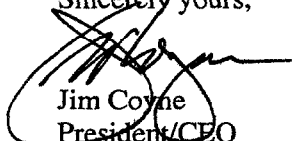
Products: Echinacea PM® Syrup 4 oz  
Valerian root 1 oz  
Valerian Herbal® 2 oz

Statement: For times of nervousness and unrest

Products: Valerian Herbal® 60 cap

Please be advised that the information contained herein is, to the best of our knowledge and information, accurate. Our firm has information substantiating that the above statement is truthful and not misleading.

Sincerely yours,



Jim Coyne  
President/CEO  
ZAND® Herbal formulas  
Botanical Laboratories, Inc.

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