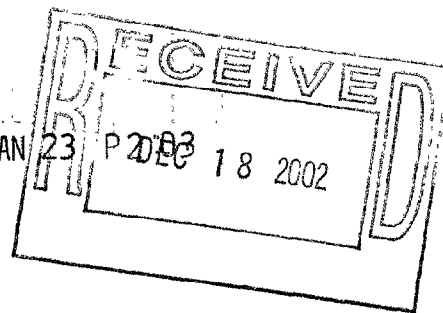


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December 4, 2002

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

Dear Sir or Madam;

This letter will serve as a 30-day notification, pursuant to 403 (r) (6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product Manufacturer: Twin Laboratories, Inc.  
150 Motor Parkway  
Hauppauge, NY 11788

Text of statement being made: "enhance your body's metabolic activity, assisting in weight loss...energy and endurance"

Dietary supplement ingredients: Caffeine, Citrus Aurantium Extract, L-Tyrosine, Guarana Extract, Cotinus Coggia Extract, Green Tea Extract.

Dietary supplement brand and name: Twinlab XE - XTREME ENERGY FUEL

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories Inc., has substantiation that the statements being made are truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "David Cohen".

David Cohen  
Vice President of Marketing  
Twin Laboratories Inc.

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Enclosures