NOTIFICATION PURSUANT TO SECTION VI OF DSHEA 1912 72 192

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Inositol, Product #10222 bearing the statement(s) set out below:

Weider Nutrition International Inc. 2002 South 5070 West Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Website:

(Statement 1) Similar to choline, inositol is found as part of cell membranes, is used in brain and nerve function, and helps transport fat out of the liver (lipotrope).

(Statement 2) Inositol is also involved in the metabolism of carbohydrates and fats.

(Statement 3) Primary Uses: Lipotrope, brain and nerve function.

(Statement 4) Secondary Uses: Metabolism of carbohydrates and fats.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13 th day of June, 2002
WEIDER NUTRITION INTERNATIONAL, INC.

97\$ 0162 LET /0562 Vice President of Research