NOTIFICATION PURSUANT TO SECTION VI OF DSHEA

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Vitamin B-12, Product #10116 bearing the statement(s) set out below:

> Weider Nutrition International Inc. 2002 South 5070 West Salt Lake City, Utah 84104

The text of	each s	structure/function	claim	is as	s foll	ows:

Packa	ging:
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(Statement 1) Supports a Healthy Nervous System

Website:

(Statement 1) B12 functions in a wide variety of metabolic processes involved with DNA synthesis, blood cell formation, nervous system maintenance and heart health. B12 is also involved in energy metabolism from the breakdown of out food.

(Statement 2) Primary Uses: DNA synthesis, red blood cell formation.

(Statement 3) Secondary Uses: Nerve function, heart health.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of JUNE

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

975 0162 LET 1054

DR. LUKE R. BUCCI Vice President of Research