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July 30, 2002

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Ester C® with Echinacea and Goldenseal supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Supports Immune System Health.
- Ester C® with Echinacea and Goldenseal is a synergistic formula made up of non-acidic Vitamin C, Echinacea and Goldenseal, carefully blended to help support your immune system.
- Vitamin C, a potent antioxidant, plays an important role in supporting immune function.
- As an antioxidant, Vitamin C helps neutralize harmful free radicals in cells.
- Echinacea and Goldenseal are known for supporting the immune system.
- Together, these ingredients form a balanced blend that contributes to your health and well being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

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Ona Scandurra, MS, RD

Sincerely,

Director of Nutrition Communications

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