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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 30, 2002

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our B Complex supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin C, Riboflavin, Niacin, Vitamin B-6, Vitamin B-12, Pantothenic Acid.

- Supports/Promotes Nervous System Health and Energy Metabolism
- The B complex is essential for the maintenance of healthy nervous tissue.
- The B vitamins play a role in energy metabolism in the body.
- The B Complex is made up of vitamins that work together to perform various functions in the body.
- Each vitamin works with your body to promote nervous system health and support energy metabolism.
- This formula also contains Vitamin C, which is a powerful antioxidant that promotes immune system health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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