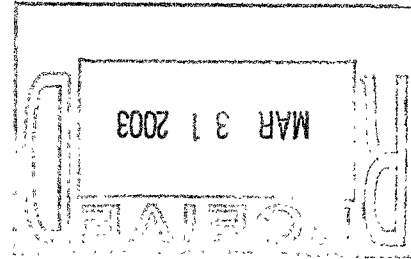




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March 03, 2003

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204



SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED
ARTICLE #: 7099 3400 0016 4139 9898

RE: PHOSPHATIDYL SERINE – PS BENEFITS

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Andrew Lessman's Phosphatidyl Serine – PS Benefits**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Phosphatidyl Serine - PS Benefits™ provides a concentrated, stable source of Phosphatidyl Serine, an important phospholipid in all cell membranes of the body. Phosphatidyl Serine plays a vital role in a multitude of processes throughout the body, including the health of the brain and nervous system, the integrity of cell membranes, and the formation of other important phospholipids. Phosphatidyl Serine is found in highest concentrations in the brain and nervous system, where it plays a distinct and separate role from Phosphatidyl Choline, and is essential for nerve cell function and the production and release of neurotransmitters. Phosphatidyl Serine has been shown in numerous studies to help support positive mood, promote learning and concentration, help support memory and overall cognitive function and also help support the body's natural response to certain forms of stress. We also include high levels of the B-Complex vitamins and Vitamin C for additional support of the nervous system and because these nutrients are easily depleted during times of stress. This is a normal part of living and **Phosphatidyl Serine - PS Benefits** is designed to help support our body's normal and adaptive stress response while supporting mental clarity, memory and cognitive function.

Respectfully Submitted,

Dr Nancy Steely, ND
Director of Research

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