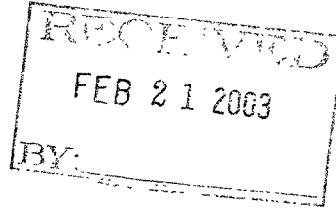


Nutriment Innovations Inc.
PO Box 5261
Huntington, IN 46750
260-359-1546
February 3, 2003

1717 '03 APR -4 P4:28

Food and Drug Administration
5600 Fishers Lane
Rockville, Maryland 20857



To whom it may concern:

This letter is a follow-up to our recent submission to the FDA as required by 21 CFR 101.93(a).

I certify that our firm is in compliance with all product labeling guidelines established by the FDA and that all the materials in our submission are complete and accurate. All structure/function claims made for the products on our web site are followed by the disclaimer:

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Though no structure/function claims are made on any of our product labels, three of our products (Creaky Old Bones Joint Formula, Pyrogenic and Athletic Performance Nutrients) could be construed as making a structure/function claim and as such the product names are followed by an asterisk to guide the consumer to the above disclaimer on the label.

I also certify that all the structure/function claims made by us are truthful and not misleading.

If any of the materials in our previous submission to the FDA need re-submitted, please contact us. Thank you.

A handwritten signature in cursive script that reads "Scott Eckelbarger".

Scott Eckelbarger
President
Nutriment Innovations Inc.
www.nutrimentinnovations.com

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Nutrimént Innovations Inc.
PO Box 5261
Huntington, IN 46750
260-359-1546
December 17,2002

Food and Drug Administration
5600 Fishers Lane
Rockville, Maryland 20857

To whom it may concern:

We are an on-line dietary supplement marketer that is opening for nationwide business beginning next month. We are writing to notify the FDA of the Structure/Function claims we are using in our web page advertisements. Enclosed you will find copies of the product labels and the on-line ad text.

If you have any further questions or need more information, please let us know.

Scott Eckelbarger
President
Nutriment Innovations Inc.
www.nutrimentinnovations.com

Enclosures

03-94

Our Product Philosophy

Nutriment Innovations has a simple, common sense approach to nutritional supplementation: offer the highest quality nutritional supplements made of scientifically proven ingredients designed to enhance overall health. We believe there is no substitute for hard, heavy consistent training. As such, we follow a simple formula as our philosophy:

Maximum Health = Maximum Training = Maximum Results

Every product we sell underscores this philosophy. We offer proven (though often overlooked or neglected) supplements that can enhance a proper diet to help you train and recuperate better and operate at peak performance day in and day out.

SUPERIOR PERFORMANCE CLASS

DIRECTIONS: As an Adult Dietary Supplement, take 4 to 8 capsules a day at mealtimes. (*see chart)

***RECOMMENDED DOSAGE CHART:**

If Your Weight:	You Should Take:
Less than 120 lbs.	4 capsules daily
Between 120 & 200 lbs.	6 capsules daily
More than 200 lbs.	8 capsules daily

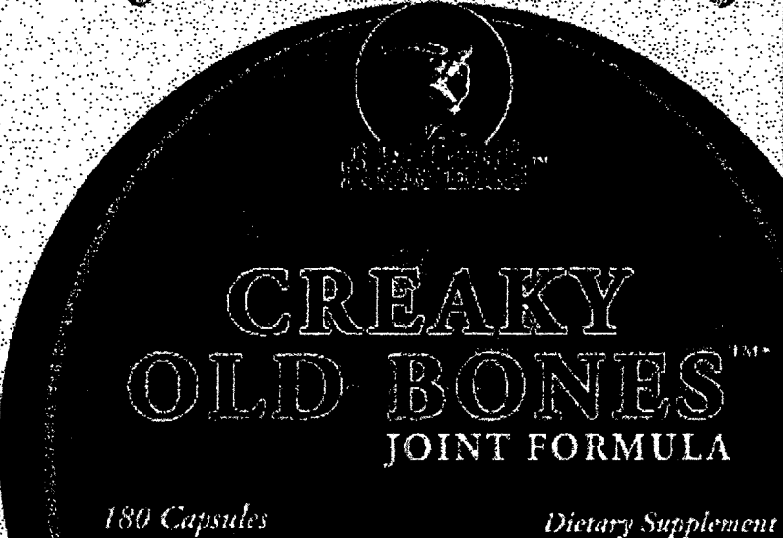
Warnings: This product should not be used if you are pregnant or lactating, unless directed by a health care professional.

Do not use this product if any tamper evident seal is missing or broken.

Store in a cool dry place.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 90

Amount Per Serving	% Daily Value
Sodium	30 mg 1%
Iron	8.4 mg 2%
Glucosamine Sulfate	500 mg 1
Chondroitin Sulfate	600 mg 1

†Daily Value not established.

OTHER INGREDIENTS: Starch, Gelatin, Hydrogenated Vegetable Oil, Sodium Lauryl Sulfate, Colloidal Silicon Dioxide, Purified Water.

Warnings: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured for:
Nutrient Innovations, Inc.
Huntington, IN 46750

LOT#/EXP:

Product ID: 1020 Category: Joint Support

Creaky Old Bones Joint Formula

Description: Nutriment Innovations Creaky Old Bones Joint Formula is a top-quality joint support formula containing Glucosamine Sulfate and Chondroitin Sulfate to help nourish sore joints. Creaky Old Bones Joint Formula can help reduce the pain and inflammation of joints caused by heavy weight training and contains both Glucosamine and Chondroitin to gain the synergistic effects of both nutrients. Glucosamine and Chondroitin help to maintain joint integrity and repair damaged cartilage.*

Recommended dosage for weight range:

Less than 120 lbs - 4 capsules

120 to 200 lbs - 6 capsules

Over 200 lbs - 8 capsules

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIETARY SUPPLEMENT CLASS

Nutriment Innovations Superior Performance Class Whey Protein makes it easy for you to maintain a high protein diet. This low carbohydrate protein formula mixes and digests easily for rapid assimilation.

Directions: Mix 1 scoop in 8-12 oz. of low fat milk or water. Stir vigorously for 10 seconds.

Warning: This product should not be used if you are pregnant or lactating, unless directed by a health care professional.

Store in a cool, dry place.

Low Sodium

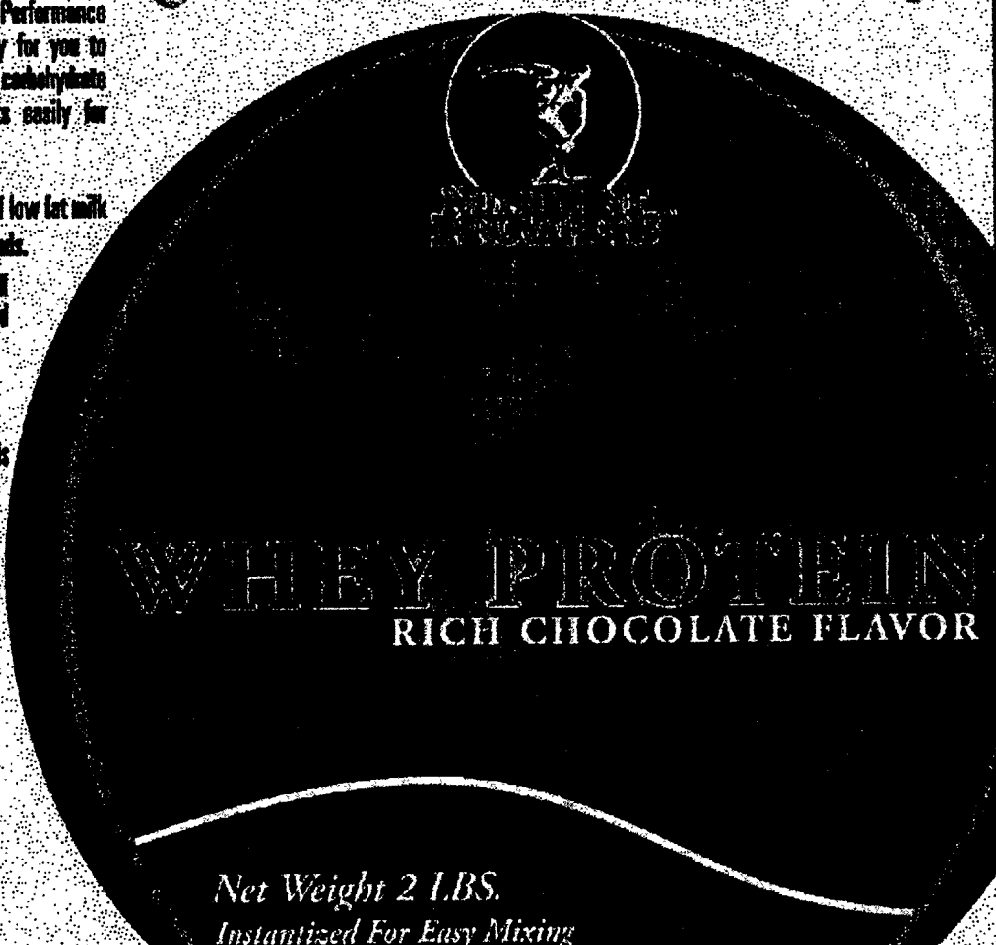
Do not use if any tamper without seal is missing or broken.

Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot # / Exp.:



Net Weight 2 LBS.
Instantized For Easy Mixing

Dietary Supplement

Supplement Facts
Serving Size: 32g (Approx. 1 scoop)
Servings Per Container: 28

	Amount Per Serving	% Daily Value*
Calories	130	
Calories from Fat	0	
Total Fat	2 g	4%
Saturated Fat	1 g	2%
Cholesterol	50 mg	10%
Sodium	10 mg	2%
Total Carbohydrate	8 mg	<1%
Fiber	2 mg	
Protein	24 g	48%
Calcium	10 mg	2%
Iron	1.2 mg	2%
Vitamin		
Vitamin A	200 mg	†
Vitamin B1	10 mg	†
Vitamin B2	10 mg	†
Vitamin B3	10 mg	†
Vitamin B6	10 mg	†
Vitamin B12	10 mg	†
Vitamin C	10 mg	†
Vitamin D	10 mg	†
Vitamin E	10 mg	†
Vitamin K	10 mg	†
Vitamin P	10 mg	†
Vitamin Q	10 mg	†
Vitamin R	10 mg	†
Vitamin S	10 mg	†
Vitamin T	10 mg	†
Vitamin U	10 mg	†
Vitamin V	10 mg	†
Vitamin W	10 mg	†
Vitamin X	10 mg	†
Vitamin Y	10 mg	†
Vitamin Z	10 mg	†
Vitamin AA	10 mg	†
Vitamin BB	10 mg	†
Vitamin CC	10 mg	†
Vitamin DD	10 mg	†
Vitamin EE	10 mg	†
Vitamin FF	10 mg	†
Vitamin GG	10 mg	†
Vitamin HH	10 mg	†
Vitamin II	10 mg	†
Vitamin JJ	10 mg	†
Vitamin KK	10 mg	†
Vitamin LL	10 mg	†
Vitamin MM	10 mg	†
Vitamin NN	10 mg	†
Vitamin OO	10 mg	†
Vitamin PP	10 mg	†
Vitamin QQ	10 mg	†
Vitamin RR	10 mg	†
Vitamin SS	10 mg	†
Vitamin TT	10 mg	†
Vitamin UU	10 mg	†
Vitamin VV	10 mg	†
Vitamin WW	10 mg	†
Vitamin XX	10 mg	†
Vitamin YY	10 mg	†
Vitamin ZZ	10 mg	†

*Percent Daily Values are based on a 2000 Calorie Diet.
† Daily Value Not Established

Other Ingredients: Instantized Whey Protein Concentrate, Instantized Whey Protein Isolate, Shell Dried Citrus, Artificial Chocolate Flavor, Natural Vanilla Flavor, Potassium Phosphate, Acesulfame, Stevia Extract (leaf).

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750

Product ID: 1090 Category: Sports Nutrition

Whey Protein - Chocolate

Description: Top of the line quality whey protein formulation. Low in carbohydrates. Three fantastic flavors. Nutriment Innovations Whey protein offers quick absorption to help speed amino acids to recovering muscles. Whey protein helps increase levels of glutathione which is one of the top antioxidants in the body. Our protein is pure whey with no added casein. Don't be fooled by slick marketing of protein blends that attempt to sell a cheaper protein at the same cost. If you want to slow absorption with added casein than just mix with milk instead of water but don't pay for whey and casein blends. Our protein is instantized so it mixes easily with a spoon without the "clumping " of other brands. We use only the highest quality whey so you can take advantage of all the health benefits associated with whey such as better immune function.*

Suggested Use: Mix 1 scoop in 8 - 12 oz. of low-fat milk or water. Stir vigorously for 10 seconds. Consume 1 - 3 servings daily depending on your desired protein intake or as directed by a health care professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Take two (2) tablets twice daily for athletes under 200 lbs. Take two (2) tablets 3 times daily for athletes over 200 lbs. DO NOT EXCEED RECOMMENDED DOSE.

WARNING: If you are pregnant or lactating consult a health care professional before using this product. Do not exceed recommended dosage.

KEEP OUT OF REACH OF CHILDREN

Do not use this product if any tamper evident seal is missing or broken.

Store in a cool, dry place.



8 33747 00450 1

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ULTRA QCRTM

100 Tablets

Dietary Supplement

Supplement Facts

Amount Per Serving

Amount Per Serving	% Daily Value
Adaptogen (Lion's Mane) 400 mg	80%
Protein (as Hydrolyzed Whey) 400 mg	80%
Glutamine (as Glutamine) 120 mg	
Apple (as Fruit) 20 mg	
Green Tea Leaf Powder 100 mg	
Yucca 50 mg	

Percent Daily Values are based on a diet of 2000 Calories per day. *Daily Values are not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Croscarmellose, Magnesium Stearate, Polydextrose, Shellac, Sucralose.

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750

Product ID: 1070 Category: General Health/Nutrition

Ultra QCR

Description: Nutriment Innovations Ultra QCR is our flagship product and the most potent antioxidant formula on the market today. Ultra QCR helps to reduce post-exercise inflammation, maintain a strong immune system and provide nutritional support for a strong cardiovascular system. The ingredients in Ultra QCR work synergistically to provide a powerful antioxidant formula. The green tea in Ultra QCR has been shown to have thermogenic properties.*

Suggested Use: Take 2 tablets twice daily for athletes under 200 lbs. Take 2 tablets 3 times daily for athletes over 200 lbs. DO NOT EXCEED RECOMMENDED DOSAGE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) softgel twice daily with a meal as a dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

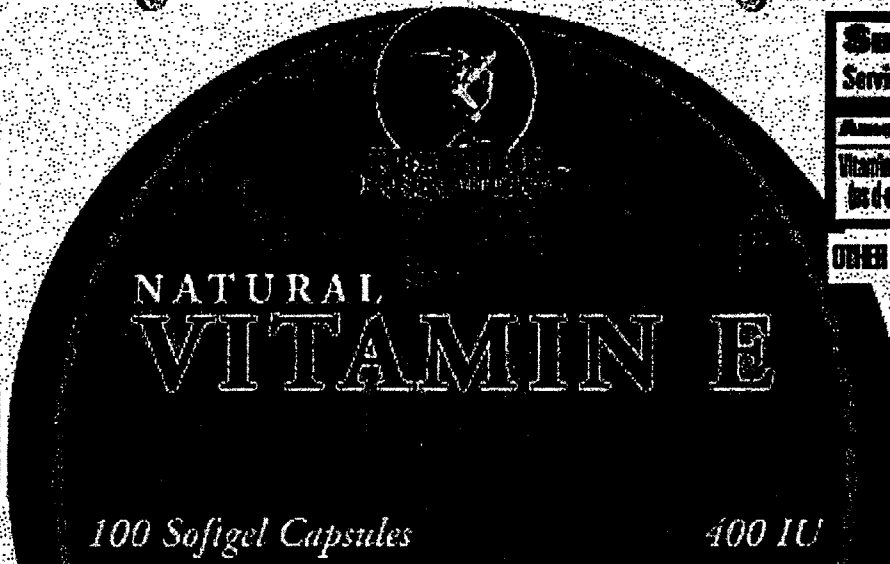
Warning: This product should not be used if you are pregnant or lactating, unless directed by a health professional.

Do not use this product if any tamper evident seal is missing or broken.

Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT#/EXP:



100 Softgel Capsules

400 IU

Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E (as d-alpha-tocopheryl acetate)	400 IU	1333%

OTHER INGREDIENTS: Vegetable Oil Succinate, Gelatin, Glycerin, Water.

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750



Product ID: 1080 Category: General Health/Nutrition

Vitamin E

Description: Each softgel supplies 400 IU of natural vitamin E (d-alpha tocopherol). Vitamin E is a potent, fat-soluble antioxidant to help fight the oxygen free radicals produced by intense exercise. Vitamin E is the major antioxidant in cell membranes.*

Suggested Use: Take one softgel twice daily with a meal as a dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: As a dietary supplement, adults may take (1) one to (2) two capsules twice daily. Do not exceed (4) four capsules in any 24 hour period. The maximum recommended dosage of ephedrine for a healthy adult is 240 mg in a 24 hour period for no more than 12 weeks. **KEEP OUT OF REACH OF CHILDREN. WARNING:** Not for use by individuals under the age of 18. Do not use if pregnant or nursing. Consult a health care professional before using this product if you have, or have a family history of, heart disease, thyroid disease, diabetes, high blood pressure, nervous headache, depression or other psychiatric condition, phaeochromocytoma, difficulty in urinating, prostate enlargement or severe disease, if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug or over-the-counter drug containing ephedrine, pseudoephedrine or phenylephrine (ingredients found in certain allergy, asthma, cough/cold and weight control products). Excessive ephedrine dosing will not improve results, and may cause serious adverse health effects including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heart rate, dizziness, nervous headache, dizziness of heart or other symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects. This product has 25 milligrams unacetaniloid ephedrine group alkaloids per serving in the form of herbal extract. **IMPROPER USE OF THIS PRODUCT MAY BE HAZARDOUS TO A PERSON'S HEALTH.** In case of accidental overdose, call a physician or poison control center immediately. **DANGER: EVIDENCE:** This bottle has been safety sealed for your protection. Do not use if the tamper evident seal is missing or broken. Keep tightly closed in a dry place. Avoid excess heat and humidity.

Dietary Supplement

PYROGENIC™

Each serving has 25 mg of Ephedrine Alkaloids.

150 Capsules

Sale to those under 18
years of age is prohibited.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 75

Amount Per Serving		% DV*
Total Catecholamines	See Item 1 over	<1%†
Ephedrine	25 mg	200%
Caffeine	30 mg	†
(from solo nut extract)		
Total Ephedrine Alkaloids	25 mg	†
(from ephedra root nut extract)		
Caffeine	14 mg	†
(from solo nut powder)		
Proprietary Blend	32 mg	†
Sweet Root Powder, Madagascar Powder (Sweet), Elder Root Powder, Siberian Rhodiola Powder (Sweet), Nebraska Honey Powder, Saw Palmetto Berry Powder, White Willow Bark, Yucca Powder (Sweet/Leaves)		

*Percent Daily Values (DV) are based on a 2000 Calorie Diet. †Daily Values (DV) not established.

OTHER INGREDIENTS: Celery, Miconazole Nitrate, Magnesium Stearate, Croscarmellose, Docusone Polysorbate, Zinc Ricinoleate, Croscarmellose, Cellulose, Colloidal Silicon Dioxide, Talcum, Light Yellow Cellulose, Colloidal Silicon Dioxide.

Manufactured for
NutraScience International, Inc.
Huntington, IN 46750

010528

Product ID: 1060 Category: Fat Loss

Pyrogenic

Description: Pyrogenic is a powerful ephedrine/caffeine based thermogenic formula. Pyrogenic helps to further maximize fat loss in conjunction with diet and exercise. It also helps to increase energy expenditure. Pyrogenic increases the loss of fat mass while retaining lean muscle tissue.*

Suggested Use: As a dietary supplement, adults may take one to two capsules twice daily. Do not exceed four capsules in any 24 hour period. The maximum recommended dosage of ephedrine for a healthy adult is 100 mg. in a 24 hour period for no more than 12 weeks.

NOT FOR USE OR SALE TO INDIVIDUALS UNDER THE AGE OF 18.

Do not use if pregnant or nursing. Consult a health care professional before using this product if you have, or have a family history of , heart disease, thyroid disease, diabetes, high blood pressure, recurrent headaches, depression or other psychiatric condition, glaucoma, difficulty in urinating, prostate enlargement or seizure disorder, if you are using a monoamine oxidase inhibitor, or any other dietary supplement, prescription drug or over the counter drug containing ephedrine, pseudoephedrine or phenylpropanolamine (ingredients found in certain allergy, asthma, cough/cold and weight control products.) Exceeding recommended serving will not improve results and may cause serious adverse health effects including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath or similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects. This product has 25 milligrams concentrated ephedrine group alkaloids per serving in the form of herbal extracts.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

IMPROVING PERFORMANCE CLASS

Suggested Use: As a dietary supplement, take 1/2 teaspoon (2 grams) with juice or water prior to workout, and 1/2 teaspoon (2 grams) with a post-workout protein and carbohydrate drink daily, or as directed by a health care professional.

Warning: If you are pregnant or lactating, consult a health care professional before using this product. Do not exceed recommended dosage.

Store in a cool, dry place.

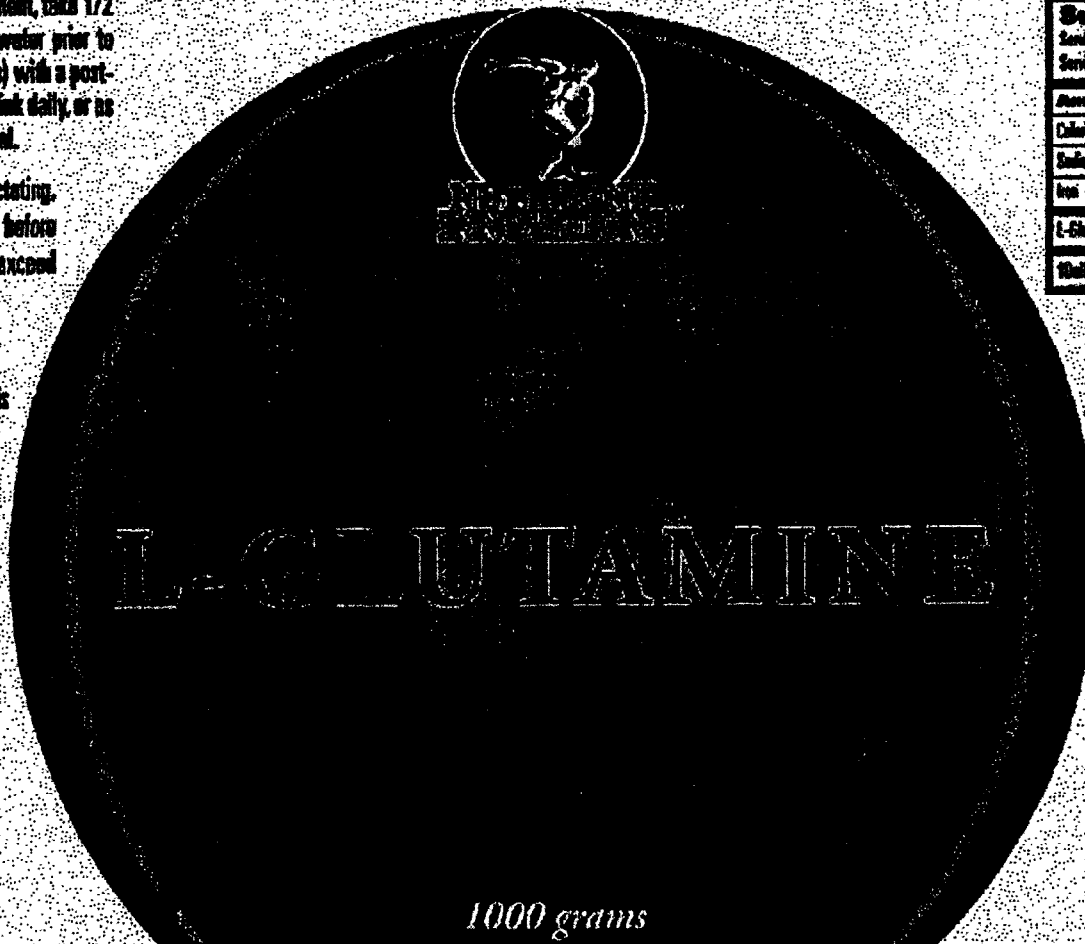
Do not use if any tamper-evident seal is missing or broken.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot # / Exp.



1000 grams

Dietary Supplement

Supplement Facts		
Serving Size: 2 Grams		
Servings Per Container: 500		
Amount Per Serving	% Daily Value	
Calories	0	
Sodium	5 mg	<1%
Iron	1.4 mg	35%
L-Glutamine	2 g	1
Daily Value not established.		

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750

Product ID: 1040 Category: Sports Nutrition

L-Glutamine Powder

Description: Nutriment Innovations L-Glutamine is a high quality, tasteless and odorless powder that mixes easily and is in singular form for rapid uptake. Glutamine is the most abundant amino acid in blood plasma and skeletal muscle. Glutamine helps aid in maintaining a positive nitrogen balance and aids in proper immune function. Stress on the body (like that from intense training) reduces glutamine stores in the body.*

Suggested use: As a dietary supplement, take 1/2 teaspoon (2 grams) with juice or water prior to workout and 1/2 teaspoon (2 grams) with a post-workout protein and carbohydrate drink daily or as directed by a health care professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Take one (1) to two (2) softgel capsules with a meal as a dietary supplement; up to 6 softgel capsules daily.

WARNING: If you are pregnant or lactating consult a health care professional before using this product. Do not exceed recommended dosage.

KEEP OUT OF REACH OF CHILDREN.

Do not use this product if any tamper evident seal is missing or broken.

Store in a cool, dry place.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT#EXR:



100 Softgel Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 50

Amount Per Serving	% Daily Value
Calories	20
Calories from fat	20
Total Fat	2 g 3%
Saturated fat	0.5 g 1%
Polysaturated fat	1 g 2%
Monounsaturated fat	0.5 g 1%
Fish Oil Concentrate	2 g 4%
Omega-3 fatty acids	0.8 g 1%
Eicosapentaenoic Acid	360 mg 7%
Docosahexaenoic Acid	240 mg 5%

*Percent Daily Values are based on a Diet of 2000 Calories.
†Daily Values not established.

OTHER INGREDIENTS: Gelatin, Glycerin.
Contains no starch, yeast, wheat, case, milk, or preservatives.

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750

Product ID: 1050 **Category:** General Health/Nutrition

Omega 3 Fatty Acids

Description: Each softgel contains 1000 mg. of fish oil concentrate containing the omega 3 fatty acids EPA (eicosapentaenoic acid 180 mg.) and DHA (docosahexaenoic acid 120 mg.). Omega 3 Fatty Acids help supply essential fatty acids which cannot be produced by the body and must be obtained from the diet. A must for all serious athletes.

Suggested Use: Take 1 to 2 softgel capsules with a meal as a dietary supplement, up to 6 capsules daily.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUPERIOR PERFORMANCE CLASS

ATHLETIC PERFORMANCE NUTRIENTS is a specialized formula with extra Vitamin C and B vitamins for high performance athletes. Each tablet contains only the finest quality ingredients including vitamins and minerals in readily absorbable form and vast array of whole food concentrates, herbs and selected botanicals.

DIRECTIONS: Take two (2) tablets daily with a meal. Not recommended for children under 75 lbs. without the guidance of a physician.

ATHLETIC PERFORMANCE NUTRIENTS contains only the finest natural and organic ingredients with no artificial flavors, colors, preservatives or common allergens such as corn, yeast, wheat, lactose or egg products.

Warnings: This product should not be used if you are pregnant or lactating, unless directed by a health care professional.

Do not use this product if any tamper evident seal is missing or broken.

Store in a cool, dry place.



Lot#

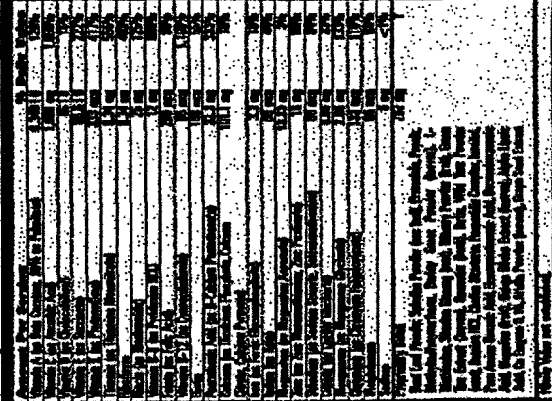
ATHLETIC PERFORMANCE NUTRIENTS™

120 Tablets

Dietary Supplement

*This statement has not been evaluated by the Food and Drug Administration. If a product is not bearable, discontinue use.
© 2007 Nutriment Innovations, Inc.

Supplement Facts
Serving Size 2 Tablets
Servings Per Container 60



OTHER INGREDIENTS: Potassium Diphosphate, Citric Acid, Sodium Citrate, D-xylose, Maltodextrin, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Hydroxypropyl Methyl Cellulose, Croscarmellose, Polyethylene Glycol.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750

**Product ID: 1010 Category: General Health/Nutrition
Athletic Performance Nutrients**

Description: Athletic Performance Nutrients is a premium quality multivitamin/multimineral supplement specifically formulated to meet the needs of high performance athletes. It is highly absorbable and supplies you with the nutrients you need to perform at your best. Don't be fooled by misleading advertising. Higher potencies do not always mean a higher quality product and could in some circumstances be harmful. Athletic Performance Nutrients provides a vast array of nutrients, herbs and food concentrates in the potencies most needed by athletes.*

Suggested Use: Take 2 tablets daily with a meal. Not recommended for children under 75 lbs. without the guidance of a physician.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUPERIOR PERFORMANCE CLASS

Nutrient Innovations™ Creatine Monohydrate is fastest, and in an efficient way to provide Creatine Monohydrate as a dietary supplement. Each teaspoon provides the amount of Creatine found in 2.2 lbs. of fresh, uncooked meat.

Suggested Use: As a dietary supplement of Creatine, take one (1) rounded teaspoon (5 grams) 1-2 times daily mixed with water, juice, or a sports drink. For individuals with a bodyweight greater than 225 lbs., take 2 times daily. Use Creatine for 6 weeks then take a week off before repeating. Increase water consumption to a minimum of 1/2 gallon daily while using Creatine.

Warning: This product should not be used if you are pregnant or lactating, unless directed by a health care professional.

Do not use this product if any cancer exhibit card is missing or broken.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

Quality Creatine Made in the USA

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot# / Exp.:

**MICRONIZED
CREATINE
MONOHYDRATE**

Net Wt. 2.2 lbs. (1,000 grams)

Dietary Supplement

Supplement Facts

Serving Size: 1 Teaspoon (5 grams)
Serving Per Container: 200

Amount Per Serving	% Daily Value
Creatine Monohydrate	5 grams 1
Creatine monohydrate base (387 mg)	
100% Value Not Established	

Manufactured for:
Nutriment Innovations, Inc.
Huntington, IN 46750

Product ID: 1030 Category: Sports Nutrition

Micronized Creatine Monohydrate

Description: Creatine Monohydrate is made from the highest grade American-made creatine with quality and purity second to none. Our creatine is micronized to provide easier mixing without grit, promote quicker digestion and prevent stomach upset. Creatine helps to increase muscle mass and strength by promoting cell volumization. Creatine also helps to improve performance during maximal intensity exercise by preventing the loss of Adenosine Triphosphate (ATP), the energy source for muscular contractions, during heavy anaerobic exercise. Creatine also helps to shorten recovery time between sets.*

Suggested Use: As a dietary supplement of creatine, take one rounded teaspoon (5 grams) 1-2 times daily mixed with water, juice or a protein drink. For individuals with a bodyweight greater than 225 lbs., take 2 times daily. Use creatine for 6 weeks then take a week off before repeating. Increase water consumption to a minimum of 1/2 gallons daily while using creatine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product ID: 2030-1090 Category: Product Packages

Fat Loss Package - Chocolate Whey Protein

Description: The Nutriment Innovations Fat Loss Package helps you to get the most out of your low fat diet and fat loss training plan by providing our potent Pyrogenic fat loss formula and nutrients like Omega 3 fatty acids and the fat soluble vitamin E which may be lacking on a low fat diet.*

The Fat Loss Package contains:

Whey Protein Chocolate- 3

Athletic Performance Nutrients- 1

Omega 3 Fatty Acids - 2

Vitamin E - 1

Pyrogenic fat loss formula - 2

You save an additional \$10.00 over and above the package discounts on the Whey protein and Pyrogenic fat loss formula for a total package savings of \$16.50.

Package quantities are approximates for a 60 day supply based on average use. Heavy protein users may need to order extra protein.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Product ID: 2010-1090 Category: Product Packages

Elite Athlete Training Package - Chocolate Protein

Description: The Nutriment Innovations Elite Athlete Training Package is designed to provide nutritional support for athletes at the peak of their game or for those training to reach that level. We have included the top formulations you need to help recover from brutal training sessions and improve overall health with none of the overhyped garbage included in other so called "stacks."**

The Elite Athlete Training Package contains:

Whey Protein Chocolate - 3
L-Glutamine 1000 grams- 1
Creatine Monohydrate 1000 grams- 1
Athletic Performance Nutrients - 1
Omega 3 Fatty Acids - 3
Vitamin E - 1
Ultra QCR - 4

You save an additional \$14.50 over and above the quantity discounts for the Whey Protein and Ultra QCR for a total package savings of \$25.00.

Package quantities are approximates for a 60 day supply based on average use. Heavy protein users may need to order extra protein.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Product ID: 2040-1090 Category: Product Packages

Powerlifters Package - Chocolate Protein

Description: The Nutriment Innovations Powerlifter's Package contains the nutritional supplements you need to help your body recover from the demands of brutal powerlifting programs. This is one of the few packages on the market specifically for top powerlifters and Olympic weightlifters.*

The Powerlifters Package contains:

Whey Protein Chocolate - 3

Creaky Old Bones Joint Formula- 3

Athletic Performance Nutrients - 1

L-Glutamine 1000 grams - 1

Ultra QCR - 4

You save an additional \$14.50 over and above the package discounts on the Whey protein, Creaky Old Bones Joint Formula and the Ultra QCR for a total package savings of \$32.50.

Package quantities are approximates for a 60 day supply based on average use. Heavy protein users may need to order extra protein.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Product ID: 2050-1090 Category: Product Packages

High School Athlete Package - Chocolate Protein

Description: The Nutriment Innovations High School Athlete's Package contains products to help improve the health and nutrition of high school students involved in athletics. Typically many high school students eat diets that are notoriously low in nutrients and yet high in fat and sugar. We included products designed to help correct any nutrient deficiencies that may exist to help improve overall health which will translate into improved athletic performance.*

The High School Athlete Package contains:

Whey protein Chocolate - 3

Athletic Performance Nutrients - 1

Ultra QCR - 3

Vitamin E - 1

You save an additional \$10.00 over and above the package discounts on the Whey protein and the Ultra QCR for a total package savings of \$16.00.

Package quantities are approximates for a 60 day supply based on average use. Heavy protein users may need to order extra protein.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Product ID: 2020-1090 Category: Product Packages

Mass Training Package - Chocolate Protein

Description: The Nutriment Innovations Mass Training Package contains all the products you need to get the most out of your mass training program. With this package and by following the dietary information provided on this website you can be sure your mass gaining nutritional program is up to par.*

The Mass Training Package contains:

Whey Protein Chocolate - 3

Creatine Monohydrate 1000 grams- 1

L-Glutamine powder 1000 grams- 1

Ultra QCR - 4

Athletic Performance Nutrients - 1

You save an additional \$13.50 over and above the quantity discounts on the Whey Protein and the Ultra QCR for a total package savings of \$24.00.

Package quantities are approximates for a 60 day supply based on average use. Heavy protein users may need to order extra protein.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.