May 30, 2003

Office of Nutritional Products Labeling and Dietary Supplements (HFS-810) Center for Food Safety and Applied Nutrition U.S. Food and Drug Administration 5100 Paint Branch Parkway College Park, MD 20740-3835

Dear Sir or Madam;

This letter will serve as a 30-day notification, pursuant to 403 (r) (6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product Manufacturer: Twin Laboratories, Inc.

> 150 Motor Parkway Hauppauge, NY 11788

Text of statement being made: "nutritionally supports muscle metabolism"

Dietary supplement ingredients: Vanadium

Dietary supplement brand and name: Twinlab SUPER VANADYL FUEL

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement being made is truthful and not misleading.

Sincerely,

David Cohen

Vice President of Marketing

Twin Laboratories Inc.

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Enclosures