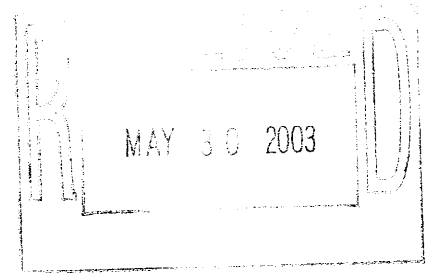


**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93**



This notification is being filed on behalf of New Chapter, Inc. which is the manufacturer of the product(s) which bear the statements identified in this notification. Its business address is: 22 High St. PO Box 1947, Brattleboro, VT 05302. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R §101.93. The dietary supplement product on whose label or labeling the statements appear is Tranquilnite™.

The text of each structure-function statement for which notification is now being given is:

(Statement 1): Gently and safely promotes the experience of deep and satisfying sleep.

(Statement 2): Recognized for at least two thousand years for its relaxing properties, valerian species are now officially acknowledged in numerous European and Asian pharmacopoeias for promoting a deep and restful sleep without side effects often associated with other preparations.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
1.	Valerian, Hops, Ginger, Lavender, Passion Flower, Chamomile, Peppermint
2.	Valerian

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1.	Tranquilnite™	Label and Labeling
2.	Tranquilnite™	Label and Labeling

I, Margaret Kilroy, am authorized to certify this Notification on behalf of New Chapter, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that New Chapter, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 5/22, 2003 By: Margaret E. Kilroy Quality Assurance Technician
 [Name]
 [Title]

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The text of each structure-function statement for which notification is now being given is:

(Statement 3): Now with the support of numerous clinical trials, more than 70 official European preparations combine hops with other herbs to promote satisfying sleep.

(Statement 4): An herb that has been known for centuries as a response to occasional stress, lavender helps promote a calm and peaceful mind.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
3.	Hops
4.	Lavender

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
3.	Tranquilnite™	Label and Labeling
4.	Tranquilnite™	Label and Labeling

I, Margaret Kilroy, am authorized to certify this Notification on behalf of New Chapter, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that New Chapter, Inc. has substantiation that each structure-function statement is truthful and not misleading.

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The text of each structure-function statement for which notification is now being given is:

(Statement 5): Recommended in the earliest written records of the Aztecs to counter nervousness, passion flower is now recognized in the prestigious German Commission E as an important herb to help counter restlessness.

(Statement 6): Historically revered for its soothing effects both externally and internally on virtually every major system, modern research shows chamomile can deliver a satisfying sleep even during periods of occasional stress.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
5.	Passion Flower
6.	Chamomile

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
5.	Tranquilnite™	Label and Labeling
6.	Tranquilnite™	Label and Labeling

I, Margaret Kilroy, am authorized to certify this Notification on behalf of New Chapter, Inc.. I certify that the information presented and contained in this Notification is complete and accurate, and that New Chapter, Inc. has substantiation that each structure-function statement is truthful and not misleading.

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 [Name]
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The text of each structure-function statement for which notification is now being given is:

(Statement 7): Peppermint is virtually synonymous with digestive relief, and through this mechanism it helps to promote deep sleep.

(Statement 8): Ginger counters digestive stress and enhances the efficacy of the other herbal components.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
7.	Peppermint
8.	Ginger

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
7.	Tranquilnite™	Label and Labeling
8.	Tranquilnite™	Label and Labeling

I, Margaret Kilroy, am authorized to certify this Notification on behalf of New Chapter, Inc.. I certify that the information presented and contained in this Notification is complete and accurate, and that New Chapter, Inc. has substantiation that each structure-function statement is truthful and not misleading.

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