

GAIA  HERBS

Manufacturers of Fresh Botanical Extracts

8001

APR 10 2002

Division of Compliance and Enforcement/ONPLDS  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
5100 Paint Branch Parkway  
College Park, Maryland 20740

April 5, 2002

Dear Sir:

This letter is to provide notification, within the prescribed 30 days of marketing, of a new product that contains a structure function claim. This product is a Liquid Phyto-Cap that is an herbal dietary supplement. I have attached a copy of the label that contains the structure function claim as well as other information.

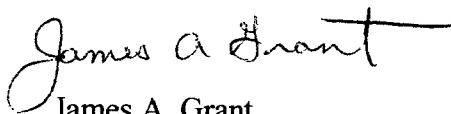
The name and structure function claim are as follows:

Name: Liqui-Lieve  
Structure Function: Promotes Natural Excretion of Wastes

We have selected this name and structure function claim to not make or imply a disease claim and meet the requirements of 21 U.S.C. 343(r)(6)

Please call at 828-883-5938 if you need addition information or if you have any questions.

Sincerely,



James A. Grant  
Regulatory Compliance Officer

975 0162 LET 9896

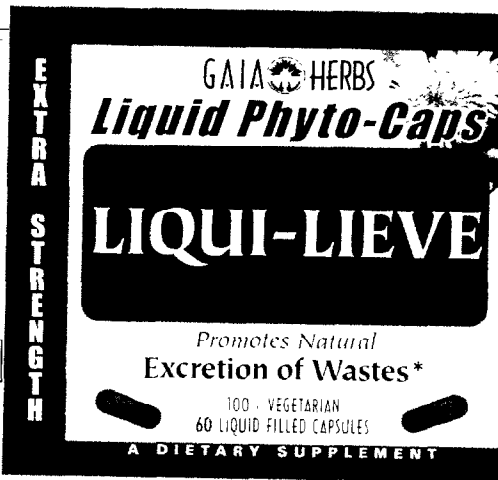
**SUGGESTED USE**

Take 2 capsules with a small amount of warm water 2-3 times daily between meals. Do not use during pregnancy or lactation. Keep away from children. Use only as directed on label. Safety space for child protection. Keep bottle capped at all times and store in a cool dry place. No expiration date. This age does not affect product quality.

**LIQUID PHYTO-CAPS™** - Gaia Herbs' patented technology delivers a concentrated full spectrum alcohol-free liquid extract in a 100% vegetarian capsule. Now, you can have the superior bioavailability and fast absorption of a liquid delivery system, from certified organic and ecologically wildcrafted herbs in a convenient capsule.

**ECOLOGICALLY WILDCRAFTED  
CERTIFIED ORGANIC**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Supplement Facts**

Serving Size: 2 Capsules  
Servings Per Container: 60

Amount Per 2 Capsules

Amount Per 2 Capsules	%DV
<b>Calories 20</b>	
<b>ALCOHOL FREE CONCENTRATED EXTRACTS OF</b>	
Dandelion leaf & root ( <i>Taraxacum officinale</i> ) ▲	200 mg†
Parsley seed, leaf & root ( <i>Petroselinum crispum</i> ) ▲	108 mg†
Juniper berry ( <i>Juniperus communis</i> ) ●	134 mg†
Fenugreek seed ( <i>Trigonella foenum-graecum</i> ) ▲	96 mg†
Cascara Sagrada ( <i>Rhamnus purshiana</i> ) ●	72 mg†
Fennel seed ( <i>Foeniculum vulgare</i> ) ▲	16 mg†
Bladderwrack fronds ( <i>Fucus vesiculosus</i> ) ●	16 mg†
Coriander leaf ( <i>Corandrum sativum</i> ) ▲	14 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose, capsule.

▲ Certified Organic by QAI, Inc. ● Organic by Wildcraft.

Each 2 capsules contain 5,200 mg crude herb equivalent. Gaia Herb® Liquid Phyto-Caps™, U.S. Patent No. 6,738,696 B1.

Lot #  
Best By  
Gaia Herbs, Inc., 1081 Island Ford Rd., Brevard, NC 28712  
www.gaiaherbs.com

Spectra Item #: 751063-401302  
Item: Liquid Phyto-Caps - Liqui-lieve  
Die: XXX Size: 6.5 X 2.25" [CR 3/16"]  
UPC: 751063-401302  
Art: KC 4-1-2002

- PANTONE VIOLET
- PMS 3435 DK GREEN
- PMS 872 Gold
- Cyan
- Magenta
- Yellow
- Black
- DEAD VARNISH AREA NO PRINTING