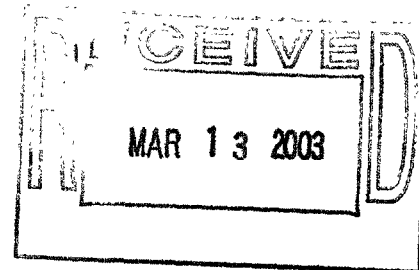


NATURES REMEDIES

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The Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.
Washington, DC 20204
USA



February 26, 2003

Notification of Function Claim for Marketed Dietary Supplement

Dear Sir/Madam:

Natures Remedies Ltd, a registered UK company, will begin marketing Zolite™ in the USA on March 4, 2003 as a dietary supplement intended to promote weight loss in otherwise healthy individuals. Among the statements that appear in the "Direction Circular" enclosed in each package of Zolite™ is one that may be construed to constitute a "function claim" as defined in section 403 (r) (6) of the Federal Food, Drug, and Cosmetic Act. Therefore, we respectfully submit this notification in accordance with the requirements set forth in 21 CFR 101.93, "Notification Procedures for Certain Types of Statements on Dietary Supplements."

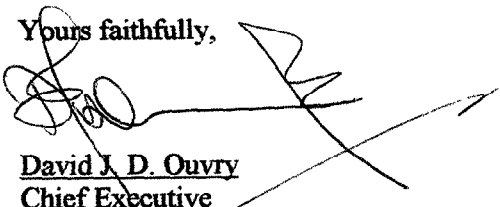
The statement in question reads as follows:

"-A study using ultrasound showing that the Zolite™ formulation slowed the rate of stomach emptying. (The effect is thought to be that, as food stays in the stomach longer, you feel full faster. In this way, Zolite™ can help reduce overall food intake from meals and snacks.)"

The referenced study, as featured in a scientific paper published in the Journal of Human Nutrition and Dietetics, 14(3), 243-250, June 2001, addresses the herbal formulation used in Zolite™ consisting of Yerba Mate, Guarana, and Damiana.

I hereby certify that the information contained in this notice is complete and accurate, and that Natures Remedies Ltd has substantiation that the statement is truthful and not misleading.

Yours faithfully,



David J. D. Ouvry
Chief Executive
Natures Remedies Ltd
36 Longfield Drive
Amersham, Bucks HP6 5HE
United Kingdom

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