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RKS Inc. 6305 - 215th St. Southwest, Suite 5 Mountlake Terrace, Washington 98043 July 12, 2002

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition

Food and Drug Administration

Washington D.C. 20204

Greetings:

200 C Street SW

Notice is hereby given pursuant to Section 403(r)(6) (21 U.S.C. § 343(r)(6)) of the Federal Food, Drug and Cosmetic Act that RKS Inc. located at 6306 215th Street Southwest, Mountlake Terrace, Washington, 98043 intends to market dietary supplements known as Alive and Well under the Pure Action brand name bearing the following statement(s) on the label and/or in the labeling:

> Helps preserve sound immune system activity. Assists in normal function of the Adrenal Glands Aids in management of occasional stress.

The undersigned certifies that the information contained in this notice is complete and accurate and that R.K.S. Inc. has substantiation that the statement is truthful and not misleading. Pursuant to § 101.93 (a)(1), two copies of this notification are enclosed.

Sincerely,

rud R. Smuth, pres.

Kevin Smith President, RKS Inc.

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