

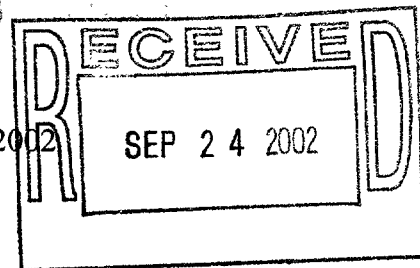


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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

September 20, 2002



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Knox® NutraJoint® Gelatine supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Herbs for Juniors, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin C, Vitamin D, Vitamin E, Vitamin K, Calcium, Phosphorus, Zinc, Copper, Manganese, Sodium, Gelatine

- With 7 Key Nutrients to Help Maintain Health Joints and Bones
- Knox® NutraJoint® - The Formula for Flexibility
- Gelatine provides building blocks for collagen - the chief structural protein in cartilage and bone
- Bone Nutrients - Calcium, Vitamin D, Zinc, Vitamin K, and Manganese
- Joint Nutrients - Vitamin C and Copper
- Helps you body strengthen cartilage.
- An Excellent Source of Calcium and other important nutrients

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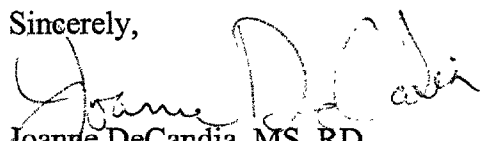
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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read "Joanne DeCandia". The signature is fluid and cursive, with the first name "Joanne" being the most prominent part.

Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je