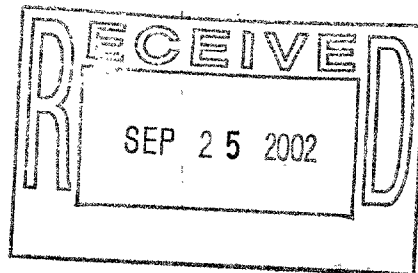


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September 19, 2002

Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam;

This letter will serve as a 30-day notification, pursuant to 403 (r) (6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Text of statement being made: "promotes lean muscle mass" "supports the body's ability to minimize protein breakdown, helps maintain health muscle cells and improves performance during intense resistance exercise"

Dietary supplement ingredients: HMB (calcium beta-hydroxy beta-methylbutyrate monohydrate)

Dietary supplement brand and name: Twinlab HMB FUEL

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statements being made are truthful and not misleading.

Sincerely,

Neil Blechman
Executive Vice President
Twin Laboratories Inc.

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Enclosures