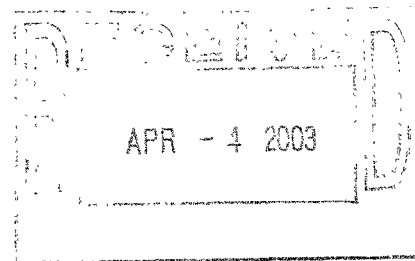


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March 20, 2003

Food and Drug Administration
Office of Nutritional Products Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
200 C Street, SW
Washington, D.C. 20204

Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403®(6) (21 U.S.C. 343r (6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Arkopharma LLC, 22N. Main Street. Newport, NH 03773, within the past 30 days commenced marketing a dietary supplement bearing the following statements on the label and/or in the label:

Text of Claims:

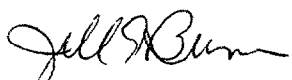
1. The herbs in Lean For Less Water Regulator are rich in flavonoids and other plant nutrients known for their diuretic action and ability to promote healthy elimination and drainage of excess fluids. Vitamin C, magnesium and iron are nutrients added to support healthy urinary tract function.

Name of Ingredients Subject to Claim: Vitamin C, Iron, Magnesium, Lespedeza Capitata powder, Couch Grass powder, Java Tea powder and Dandelion powder.

Name of the Supplement: Health From The Sun's Lean For Less Water Regulator

The undersigned certifies that the information contained in this notice is complete and accurate and that Arkopharma LLC has substantiation that the statement is truthful and not misleading.

Sincerely,


Jill Bunn
Technical Manager

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ARKOPHARMA, LLC dba HEALTH FROM THE SUN
SALES, MARKETING & FINANCE OFFICE
19 Crosby Drive, Suite 300, Bedford, MA 01730 Tel: 781•276•0505 Fax: 781•276•7334/7335
WAREHOUSE & DISTRIBUTION CENTER
22 North Main Street, Newport, NH 03773 Tel: 603•863•8075 Tel: 800•447•2229 Fax: 603•763•9159