Source Naturals[®] 23 Janis Way Scotts Valley, CA 95066

March 20, 2003

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Metafolin[®] a dietary supplement. Source Naturals[®] is the manufacturer of Metafolin[®].

Statements being made in the labeling of Metafolin[®]:

1) Metafolin[®] is a new, coenzymated form of folic acid.

- 2) Upon absorption, folate is converted into L-methylfolate, which is the predominant form of folate in circulation and is the only type of folate that can cross the blood-brain barrier.
- 3) Metafolin[®] does not require enzymatic conversion that folic acid does which is difficult for some people.
- 4) Preliminary research suggests that it is more bioavailable than folic acid.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg

President, Source Naturals

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