INDIANA BOTANIC GARDENS
SINCE 1910

"Keeping America Healthy Since 1910"

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NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR § 101.93

This notification is being filed on behalf of Indiana Botanic Gardens, Inc., which is the distributor of the product which bears the statements in this notification. Its business address is: 3401 West 37th Avenue, Hobart, IN 46342. This notification is being made pursuant to Section 6 of the DSHEA and Rule 21 CFR § 101.93. The dietary supplement product on whose labeling the statements appear is <u>Milk Thistle Extract Capsules.</u>

The text of each structure-function statement for Milk Thistle Extract Capsules for which notification is now being given is:

(statement 1): Milk Thistle contains silymarin, one of the most powerful liver protecting substances known.

(statement 2): Helps guard the body from the daily assaults of food preservatives, air and water pollution, fatty foods and alcohol by cleansing your body and helping stop toxins from penetrating through the cell membrane.

(statement 3): Encourages protein synthesis, which helps the growth of healthy, new liver cells.

The following identifies the brand name of each supplement for which a statement is made:

Statement Number	Brand Name	Label or Labeling?
1	Botanic Choice (Milk Thistle Capsules)	labeling
2	Botanic Choice (Milk Thistle Capsules)	labeling
3	Botanic Choice (Milk Thistle Capsules)	labeling

I, _Tim Cleland_, am authorized to certify this notification on behalf of Indiana Botanic Gardens, Inc. I certify that the information presented and contained in this notification is complete and accurate, and that Indiana Botanic Gardens, Inc., has substantiation that each structure- function claim is truthful and not misleading.

3-4-03

Tim Cleland, President   Date signed

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