

Source Naturals®  
23 Janis Way  
Scotts Valley, CA 95066

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December 27, 2002

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW., Washington, D.C. 20204

JAN 28 2003

RE: Notification of Nutritional Support Statements


Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Magnesium Malate Capsules dietary supplement. Source Naturals® is the manufacturer of Magnesium Malate Capsules.

Statements being made in the labeling of Magnesium Malate Capsules:

- (1) Source Naturals MagnesiumMalate is a compound of magnesium and malic acid.
- (2) Malic acid is a natural fruit acid that is present in most cells in the body and is an important component of numerous enzymes key to ATP synthesis and energy production.
- (3) Magnesium is an essential mineral in over 300 enzymatic reactions in metabolism.
- (4) These reactions include those involved in the Krebs cycle (one of the body's main energy production processes), energy storage, the breakdown of fatty acids, protein synthesis, DNA metabolism, neurotransmitter activity and hormone regulation.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

  
Ira L. Goldberg  
President, Source Naturals®

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