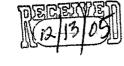


Apex Fitness Group™ 100 camino ruiz camarillo, ca 93012 800 805 805 656 449 449 2739 1330 1370

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December 7, 2005



Food and Drug Administration Center for Food Safety and Applied Nutrition Office of Nutritional Products, Labeling, and Dietary Supplements 5100 Paint Branch Parkway College Park, Maryland 20740

## Dear Sirs:

Notice is hereby given pursuant to Section 403 (r)(6)(21 U.S.C. 343(r)(6)) of the Federal Food Drug and Cosmetic Act that Apex Fitness Group, 100 Camino Ruiz, Camarillo, CA 93012 has marketed a dietary supplement under Apex Fitness Group Lean Resist Carbs "Appetite Control Formula" bearing the following statement(s) on the label and/or in the labeling:

(Statement 1) Appetite Control Formula

(Statement 2) Supports Appetite Control. May Control Carb Cravings

(Statement 3) Who: formulated for people who tend to crave carbs

(Statement 4) Helps support the body's own appetite control mechanism

(Statement 5) May promote the synthesis of glycogen. Sends the brain signals that your stomach is full

(Statement 6) May improve satiety at meals -feel full sooner

(Statement 7) Controlled release delivery system

(Statement 8) With Super Citrimax® HCA-SX, a natural ingredient

(Statement 9) HCA has been shown to reduce the conversion of carbohydrate calories into fat. By supporting the body's own appetite control mechanisms, this formula is designed to effectively promote and accompany a fat loss diet and exercise program. By supporting the body's own appetite control mechanisms, HCA may help dieters with proper food intake.

The undersigned certifies that the information contained in this notice is complete and accurate and that Apex Fitness Group has substantiation that the statement(s) is truthful and not misleading. Pursuant to 101.93 (a)(1), two copies of this notification are enclosed.

Jim Starr

Director Product Development

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As with any authorized product, so receive the desired precision, this product clouds the earth or ordunction with a well-balanced title and erands program. Please consist a physician balanced beginning any nutritional program, Not intended to use by people under the age of 18.

DO NOT USE IF SAPETY SEAL UNDER CAP IS BROVEN OR MESSANG.

KEEP OUT OF REACH OF CHILDREN. Suggested Use: Take 1 tablet 3 times daily with 8 oz of water 30-60 minutes before meals,

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Does not contain sugar, salt. starch, yeast, artificial coloring, flavoring or preservatives. Keep in a cool, dry place. Do not refrigerate, Utilizes a natural protective coating.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent disease.



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Manufactured by Phoenix Leboratones
Exclusively for Apex Fitness Group<sup>TM</sup>
APEX<sup>T</sup> 100 Camino Rutz, Camarillo, CA 93012
www.apexfitness.com

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RESIST CARBS NEW HIGHER POTENCY **APPETITE CONTROL** FORMULA\*

LEAN

SUPPORTS APPETITE CO MAY CONTROL CARB CRAVINGS •

tablets

NO STIMULANTS gal dietary supplement

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