## Correspondence from the Public

## PART <br>  <br> 3

## Adjodha, Michael E

| From: |  |
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| Sent: | Thursday, July 27, 2006 1:05 PM |
| To: | Adjodha, Michael E |
| Subject: Dr. Margolis |  |

Mercury topic of secret meetings.

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Commentary

## Implications of the Precautionary Principle in Research and Policy-Making

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## Adjodha, Michael E

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| From: |  |
| Sent: | Sunday, July 30, 2006 6:16 AM |
| To: | Adjodha, Michael E |
| Subject: mercury free dentistry/fda hearing sept. 7 |  |

## Hello!

Please know that my life has been dramatically altered due to health issues related to the mercury in my dental fillings.
My name is
Since my childhood, I have been plagued with health issues related to my mercury fillings, which is extensive. Over 14 fillings contained mercury by my adulthood. By that time my immune system was overwhelmed with trying to handle this toxic substance. I began to suffer from unexplained fatigue and depression. Slowly the mercury filled teeth began to agonizingly hurt and rot, which then required more dental work and many root canals. In the prime of my life, with two small babies to care for, my health was failing fast.
In 2001 I developed fibromyalgia, chronic yeast infections, and bronchitis. I began suffering anxiety attacks, and even more serious depression. Since NO doctor could find a cause, I went to naturopathic doctor who sent me for a heavy metal screen.
I was outraged that my mercury levels were elevated, and since I still have much mercury left in my fillings and after paying thousands to FIND the problem, I am now financially unable to have this toxic metal removed from my mouth!
My immune system has been so compromised that my thyroid stopped working, and left my immune system open to infections such as the blood infections like Lyme Disease and babloisis. This put such a strain on my health, I almost lost that battle. This year alone I had 3 teeth removed and would rather have all the mercury gone, even if I no longer have any teeth.
My smile won't be pretty, but l'm sure my health will improve greatly.
Let's do what we can to keep others from a similar fate, there are alternatives available that are safer for s cause nothing but a slow and painful future for anyone who has them.

July 31, 2006

Mr. Michael Adjodha


Executive Secretary - Dental Products Panel
Food \& Drug Administration
9200 Corporate Blvd.
HFZ-480
Rockville, MD 20850
Ph. (301) 827-5283, ext. 123
Re: Evaluation of amalgam mercury safety
Dear Mr. Adjodha:
Further to your phone enquiry of July 28 and our discussion today, I am enclosing three items of information for your distribution to members of the Dental Products Panel and the Drug Advisory Committee prior to your forthcoming meeting of Sept. 6-7, 2006. these items are:

1. An invited review of relevant background literature on the uptake, distribution, metabolism, and pathophysiological effects of amalgam mercury (FASEB Journal 9:504-508, 1995).
2. A research paper demonstrating how mercury causes brain neuron degeneration (NeuroReport 12: 733-737, 2001).
3. A copy of my invited testimony on mercury toxicity and dental amalgam before a congressional subcommittee (sworn statement, May 8, 2003).

I will not be able to attend your meeting because of a prior commitment. However, I thank you for your notification and trust you will bring these items to the Panel's and Committee's attention.

## Mercury exposure from "silver" tooth fillings: emerging evidence questions a traditional dental paradigm

FRITZ L. LORSGHRIDER,* MURRA.Y T. VIMY,t and ANNE 0. SUMMERS :
*Department of Medical Physiology and tDepartment of Medicine, Faculty of Medicine,University of Calgary, Aliberailizn tiviciar ada; and t Department of Microbiology, University of Georgia, Athens, Georgia, 30602,


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## Retrograde degeneration of neurite membrane structural integrity of nerve growth cones following in vitro exposure to

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Mercury Toxicity and Dental Amalgam

## Adjodha, Michael E

From:
Sent:
Thursday, August 03, 2006 3:24 PM
To: Adjodha, Michael E
Subject: Written comments
Attachments: FINAL REPORT 09-07-2004.pdf; Brownawell, et al. Dental Amalgam Tox Rev 2005_24_1_110.pdf

## Dr. Adjodha:

I would like to submit the attached files as written comments to be distributed to the committee members of the Joint Meeting of the Dental Products Panel of the Medical Devices Advisory Committee of the CDRH and Peripheral and Central Nervous System Drugs Advisory Committee of CDER scheduled for September 6-7, 2006. Please confirm receipt of these documents.
-Thank you



# The Potential Adverse Health Effects of Dental Amalgam 

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Adjodha, Michael E
From:
Sent:
Wednesday, August 09, 2006 12:07 PM
To: $\quad$ Adjodha, Michael E
Subject: Mercuey Poisoning from amalgam

August 4, 2006

To whom it may concern:
I am writing to you regarding heavy metal/mercury poisoning. As you may know amalgam fillings contain approximately $50 \%$ mercury and they are under suspicion of causing disease by many countries, including Sweden and Germany. The Canadians have won a class action lawsuit which would grant amalgam replacements. Mercury is the most toxic heavy metal, more toxic than lead or arsenic.

This is a personal issue to me. I was acutely poisoned with mercury when as a child a bottle of Mercurochrome was poured very slowly into a large deep wound. I experienced a severe case of hives, I was very irritable, and was hospitalized with hot inflamed joints including my ankles, knees and hands. I was unable to walk because I had very poor balance for several months following this poisoning. Poor balance has haunted me to this very day, as do aching joints and muscles. When I was 11 years old I had my first amalgam filling. I suffered from extreme fatigue. At 27, I had 2 mercury fillings placed. I was not asked about any previous exposure to mercury. I was not told that the filling was $50 \%$ mercury. I was diagnosed with MS having 3 small mercury fillings.

Someone who has had a history of mercury poisoning should never, ever have had an amalgam placed. But we were never told. In fact, I didn't know amalgam fillings even contained mercury. Any other consumer/trade organization would be required to inform us about the contents of their product. Why doesn't the dentist tell us about mercury in fillings? Since they don't ask us if we are sensitive to mercury or inform us amalgam has mercury in it, how can we/they tell? It just looks down right criminal. Has the FDA studied the mercury issue, so we can be informed of the health risk from mercury fillings? Why does the FDA protect the ADA from telling us what they are using? It just seems down right criminal. It almost appears that the FDA is working only for the ADA and not the American citizens.

I have NEVER had a symptom of MS without first being exposed to mercury ( flu and tetanus vaccines and other medications containing thimerosal, paint, even fish). The symptoms of MS and mercury poisoning are identical. Could the elusive cause of Multiple Sclerosis be Mercury Sensitivity?

I fear that many more diseases could also be caused by mercury. All one needs to do is look at history and the science from many countries, and then consider the poor health of Americans,
children and adults. The lessons from Minamata, Japan, should never be forgotten (National Geographic, Oct., 1972; pg 507, Quick Silver and Slow Death). When the environment is added to this dilemma, as it was in Minamata Bay, it becomes a global disaster.

The fact that the FDA has ignored mercury exposure in America as well as in Americans is nothing less than a gross dereliction of duty. I thought the reason for the FDA in the first place was to protect our people and land. Mercury has been known to be a poison for quite some time now. Why has the FDA been silent so long when so many are suffering?

Thank you for considering this sensitive issue.
God bless you,


