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DEPARTMENT OF HEALTH AND HUMAN SERVICES  
FOOD AND DRUG ADMINISTRATION  
CENTER FOR BIOLOGICS EVALUATION AND RESEARCH

BLOOD PRODUCTS ADVISORY COMMITTEE

73rd MEETING

OPEN

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Friday, June 14, 2002

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Holiday Inn Gaithersburg  
Two Montgomery Village Avenue  
Gaithersburg, Maryland

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P R O C E E D I N G S

1  
2 DR. SMALLWOOD: Good morning and welcome  
3 to the second day's session of the 73rd Meeting of  
4 the Blood Products Advisory Committee. I am Linda  
5 Smallwood, the Executive Secretary. Yesterday, I  
6 read the statement of conflict of interest that  
7 pertains to this meeting. It is available for  
8 anyone's review if you so desire.

9 At this time, I would like to ask if there  
10 are any declarations to be made regarding conflict  
11 of interest on the topics to be discussed this  
12 morning. If there are none, then I would just like  
13 to announce that we have a very tight schedule  
14 today with a complex subject. We would ask that  
15 all speakers please adhere to the time frame  
16 allotted so that we can complete the agenda for  
17 today.

18 I would also ask, as far as protocol is  
19 concerned, when speaking at the mike, please give  
20 your name and your affiliation and please speak  
21 into the mike since we are having the proceedings  
22 recorded.

23 At this time, I will turn the meeting over  
24 to the Chairperson, Dr. Kenrad Nelson.

25 DR. NELSON: Thank you, Dr. Smallwood.

1 The first items are some committee updates. The  
2 first is the Summary of the FDA/PPTA Workshop on  
3 Comparability of Plasma Derivatives. Dr. Chang?

4 **Committee Updates**

5 **Summary of FDA/PPTA Workshop on Comparability**  
6 **of Plasma Derivatives**

7 DR. CHANG: Thank you, Mr. Chairman. Good  
8 morning, everyone.

9 [Slide]

10 My name is Andrew Chang. I am a special  
11 assistant to the director, Division of Hematology  
12 in the Office of Blood Research and Review, CBER,  
13 FDA. In the next 15 minutes I am going to give the  
14 committee an update on the FDA/PPTA co-sponsored  
15 workshop, entitled Comparability Studies for Human  
16 Plasma-Derived Therapeutics. This one and a half  
17 day meeting was held in the Doubletree Hotel, in  
18 Rockville, on May 30 and 31.

19 [Slide]

20 The objectives of this workshop include to  
21 evaluate the implementation of the FDA  
22 comparability policy to plasma-derived  
23 therapeutics; obtain better understanding of the  
24 FDA's and industry's concerns and expectations; and  
25 improve comparability approaches for plasma-derived

1 therapeutics.

2 [Slide]

3 For the benefit of this audience, I will  
4 give a brief introduction to FDA's comparability  
5 guidance as it is related to the discussion during  
6 this workshop, followed by the agency's experience  
7 and the results of the workshop. Also in the  
8 interest of time, I will not be able to cover all  
9 the topics that were discussed in the workshop. I  
10 have chosen issues that might be of interest to  
11 this audience.

12 [Slide]

13 In April, 1996 FDA published a guidance  
14 entitled, FDA guidance concerning demonstration of  
15 comparability of human biological products,  
16 including therapeutic biotechnology-derived  
17 products. As you know, plasma derivatives is one  
18 type of biologic product so this guidance actually  
19 covers plasma-derived products.

20 [Slide]

21 The comparability policy has resulted from  
22 a desire to reduce the regulatory burden for  
23 manufacture changes. It is stated in the guidance  
24 that the FDA may determine that two products are  
25 comparable if the results of comparability testing

1 demonstrate that the manufacturing change does not  
2 affect safety, identity, purity or potency. This  
3 policy allows for changes in the product  
4 characteristics if they have no adverse effect.

5 [Slide]

6 As referenced, this slide illustrates our  
7 idea of what comparability is. Comparable stays in  
8 between identical and different.

9 [Slide]

10 In the guidance, the 1996 comparability  
11 guidance, the following testing strategy for  
12 demonstrating comparability is stated: There are  
13 three levels. The first level includes in vitro,  
14 and sometimes in vivo, analytical functional  
15 studies. These could be chemical, physical,  
16 immunological or bioassays.

17 The next level, the second level is a  
18 preclinical study, such as animal pharmacokinetic,  
19 animal pharmacodynamic study and a toxicity study.

20 The last level, which is the third level,  
21 is a clinical study. This could be clinical  
22 pharmacokinetic, immunogenicity and clinical safety  
23 and efficacy studies.

24 The one thing I want to emphasize here is  
25 that the comparability testing is not necessarily a

1 hierarchical system where one result leads to  
2 another level of testing. Sometimes this system is  
3 complementary. For example, if the testing at a  
4 preclinical study finds some differences, that may  
5 trigger some additional in vitro analytical  
6 studies.

7 [Slide]

8 So, what is FDA's experience since 1996,  
9 when we published the comparability guidance,  
10 related to the plasma derivatives?

11 [Slide]

12 I have just a quick review of what plasma  
13 derivative products have been licensed by the FDA.  
14 Basically, there are four different categories of  
15 plasma derivatives. The first is the coagulation  
16 factors, including antihemophilic factor, including  
17 von Willebrand Factor complex.

18 I am not going to go through this list; I  
19 will just point out some categories. The next one  
20 is albumin and plasma protein fraction. We also  
21 have a group of protease inhibitors, such as alpha  
22 1 protease inhibitors which you are all familiar  
23 with and, lastly, the family of immunoglobulin  
24 products. This list may not be a complete list but  
25 I just put this here to give you a review of what



1 products we are dealing with.

2 [Slide]

3 In addition to the plasma derivatives, we  
4 also have five licensed recombinant coagulation  
5 factors, such as the BeneFix, which is recombinant  
6 Factor IV; ReFacto, and so forth and so on,  
7 Kogenate and Recombinate. We also have one drug  
8 substance, recombinant antihemophilia factor for  
9 further manufacturing.

10 [Slide]

11 In the past five years FDA has received 70  
12 to 100 prior approval supplements. For those of  
13 you that are not familiar with the term "prior  
14 approval supplement" I want to briefly say that a  
15 prior approval supplement is a supplement that is  
16 used to support a specific manufacturing change.  
17 We deem this type of change as significant, and the  
18 product made after the change cannot be released to  
19 the market for distribution until the agency  
20 approves it.

21 The number of supplements, as you can see  
22 here, remained relatively steady during 1997 to  
23 2001. The 2002 data is up to May of this year.  
24 Another thing I want to point out to you on this  
25 slide is that at the top of the slide there are

1 some numbers. These numbers indicate the number of  
2 the major supplements that required clinical data  
3 to support the approval. Totally, we have six such  
4 major supplements with clinical data, and three of  
5 them actually are efficacy supplements for new  
6 indications. The other three involve manufacturing  
7 changes such as formulation changes and major  
8 process changes. So, roughly we have about 1.31  
9 percent major supplements that require clinical  
10 data to support a change. If you take out the  
11 three efficacy supplements, we only have roughly  
12 about 0.7 percent of the supplements requiring  
13 clinical data.

14 [Slide]

15 So, what is our regulatory approach? I  
16 want to emphasize here that up till now we have  
17 regulated major manufacturing changes on a case by  
18 case basis. The following three factors are  
19 important in terms of determining what type of data  
20 will be required. First, we have to deal with so  
21 many different types of products. Product is  
22 important. Also, the type of manufacture changes  
23 and, lastly, the risk analysis and assessment that  
24 the agency makes for that particular manufacturing  
25 change.

1 [Slide]

2 For the benefit of this audience, I  
3 include two general examples to illustrate the  
4 scope of change and the regulatory requirements.  
5 This example includes the type of changes, such as  
6 a new facility with no change in in-process  
7 control, no change in specification, and  
8 demonstration of in vitro comparability.

9 A second type of change includes new  
10 assay, new standard for quality control and lot  
11 release. Lastly, we have quite often received a  
12 one-time exception supplement. For those of you  
13 who do not know what a "one-time exception  
14 supplement" is, basically it is a company that  
15 sends in a request to the agency for release of  
16 some of the lots that were manufactured with minor,  
17 or sometimes major, deviations from their license.

18 To handle this type of manufacturing  
19 change, the review mechanism that we have is under  
20 the prescription user fee program, for which we  
21 have a four-month review time. For some of the  
22 applications, such as a new facility, we also  
23 require a pre-approval inspection.

24 [Slide]

25 Another type of manufacturing change which

1 we consider very major manufacturing change is a  
2 new facility with alternate process; changes in  
3 specifications for drug substance and drug product;  
4 demonstration of comparability, and this  
5 demonstration includes three tiers of analysis  
6 which I mentioned earlier. Under PDUFA 2 we have  
7 ten months review time and data supporting this  
8 kind of manufacturing change includes in vitro  
9 biochemical/biophysical characterization,  
10 preclinical studies, bridging clinical studies, and  
11 normally involve human pharmacokinetic data and  
12 sometimes will require safety and efficacy clinical  
13 data. Pre-approval inspections are always required  
14 for this kind of manufacturing change and in some  
15 cases, and very often, a new proprietary name is  
16 used. A company normally voluntarily phases out  
17 their old process but the agency has no requirement  
18 to make a commitment of time for this transition.

19 [Slide]

20 In conclusion, comparability approaches  
21 apply to both plasma- and biotech-derived  
22 biologics. In our experience, clinical data have  
23 seldom been required to support manufacturing  
24 changes, however, major concerns remain.

25 [Slide]

1           Concerns related to plasma protein  
2 therapeutics are the following, which may not be a  
3 complete list but I have pointed out some major  
4 things: Poorly defined starting material. We have  
5 source plasma versus recovered plasma that we had  
6 extensive discussion yesterday about. We have  
7 different pool sizes used for the manufacturing.  
8 Lack of robustness of the manufacturing process,  
9 minor changes with major impact. We have learned  
10 this lesson a long time ago and this is still the  
11 case. Introduction of a vasoactive substance, such  
12 as PKA that Dr. John Finlayson mentioned for some  
13 of the cases yesterday. Low purity;  
14 neoatigenicity. Impurities, as I quoted here, may  
15 be active and may affect activity or absorption.  
16 Often this type of product is highly complex; and  
17 heterogeneous proteins; history of viral  
18 transmission.

19           [Slide]

20           Lastly, I want to give you some of the  
21 major results that came out from this workshop.

22           [Slide]

23           It is the agency's impression that the  
24 plasma derivatives industry welcomed the agency's  
25 comparability policy. Comparability approaches

1 have been successfully used to expedite the  
2 implementation and approval of manufacturing  
3 changes.

4 [Slide]

5 Due to the complexity of the products and  
6 processes, it is unlikely, in the near future, to  
7 have a formula to decide what is comparable.  
8 Judgments will always be needed. Up till now, as I  
9 mentioned earlier, we still use a case by case  
10 approach. Due to the complexity and the reasons I  
11 mentioned earlier, there are many specific concerns  
12 for this type of product.

13 [Slide]

14 In conclusion, this workshop has fostered  
15 a better understand between the FDA and industry on  
16 the various topics related to the demonstration of  
17 comparability of human plasma-derived therapeutics.  
18 This workshop has also prepared both parties for  
19 more focused discussions to advance the goal of  
20 providing consumers with safe, pure, potent  
21 products in the most expeditious manner. I thank  
22 you for your attention.

23 DR. NELSON: Thank you, Dr. Chang. Are  
24 there any questions?

25 [No response]

1 The next item is a summary of the AABB  
2 Conference on Oxygen Therapeutics, Toby Silverman.

3 **AABB Conference on Oxygen Therapeutics**  
4 **and Transfusion Alternatives**

5 DR. SILVERMAN: Thank you, Mr. Chairman.  
6 I attended the AABB Conference on Oxygen  
7 Therapeutics and Transfusion Alternatives on May  
8 30th to 31st of this year, and I am going to give  
9 you a brief summary of the discussions that  
10 occurred at that meeting.

11 [Slide]

12 AABB convened a conference to discuss a  
13 variety of topics, to include red cell transfusion,  
14 transfusion risks, perceptions of transfusion  
15 risks, alternatives to allogeneic red blood cell  
16 transfusion, and future directions for a class of  
17 products known as oxygen therapeutics, as well as  
18 other transfusion alternatives.

19 [Slide]

20 The meeting structure was essentially as  
21 follows. I have rearranged some of the order of  
22 the talks to organize them into subject groups.  
23 There was an introduction and outline of the issues  
24 by the conference chairs. There was a discussion  
25 of the impact of red blood cell alternatives;

1 logistical and control issues; and then a number of  
2 scientific discussions to include cancer and cancer  
3 treatment related anemia, the efficacy of  
4 transfusion, and the ethics of so-called bloodless  
5 medicine. There was a discussion of the military  
6 needs for oxygen therapeutics. There were a number  
7 of manufacturer presentations, and then the meeting  
8 concluded with my presentation.

9 [Slide]

10 The impact of oxygen therapeutics on the  
11 current transfusion environment, there is and  
12 remains a public perception that allogeneic  
13 transfusions are not safe for a number of reasons.  
14 First, known infectious risk; a concern about  
15 emerging infectious risks; and then further, a  
16 concern about the noninfectious hazards of  
17 transfusions, affectionately known as NISHOTS.  
18 There is a desire for alternatives to be used to  
19 reduce or eliminate the risks of blood  
20 transfusions.

21 [Slide]

22 Here are a number of transfusion  
23 alternatives that were mentioned or discussed at  
24 the meeting: Predeposit autologous transfusion;  
25 hemodilution; intraoperative autologous donation;



1 pharmacologic therapeutics; apheresis to reduce  
2 donor exposure; viral inactivation of a variety of  
3 transfusion products; and, finally, oxygen  
4 therapeutics.

5 [Slide]

6 There are a number of competing  
7 technologies for oxygen delivery that were  
8 identified in discussions at this meeting. These  
9 include intravenous allosteric modifiers of  
10 hemoglobin function; hemoglobin from transgenic  
11 animals and pathogen-reduced red blood cells. One  
12 that was new to me was in vitro red blood cell  
13 culture, and a number of others.

14 [Slide]

15 What is the impact of transfusion  
16 alternatives? You see a number of question marks  
17 for everything here on the slide. What is the  
18 demand for allogeneic blood donors for the  
19 manufacture of such products? Unknown. Whether  
20 there will be an improved outcome in trauma is  
21 unknown. Whether there will be an impact on the  
22 volunteer blood donor pool is unknown. There are  
23 many implementation questions that remain. The  
24 first is where will such products be stocked.  
25 Pharmacy or will they be controlled through the

1 blood bank? What will happen in terms of  
2 collection of source red blood cells for such  
3 products? How will such products be reimbursed?  
4 Then, what choice of agents to stock either in the  
5 blood bank or in the pharmacy?

6 [Slide]

7 How and where will oxygen therapeutics be  
8 used? First how, will they be used for initial  
9 resuscitation? Will they be used as a bridge to  
10 transfusion? Will they be used as adjunctive  
11 therapy for, for example, radiation treatments to  
12 enhance oxygen delivery to tumors? Will they be  
13 used as a transfusion alternative? Will they be  
14 used as an oxygen therapeutic?

15 Where and by whom will such products be  
16 used? Will they be used on the battlefield? Will  
17 they be used at the accident scene? Will they be  
18 used in the transport vehicle, such as an  
19 ambulance? Will they be used in the hospital and,  
20 if in the hospital, where? In the OR, in the  
21 emergency room, in the cath lab? Will they be used  
22 by oncologists? Will they be used in physicians'  
23 offices?

24 [Slide]

25 Who will control and how will control of

1 products be maintained? First, who will control?  
2 Will it be the pharmacy? Will it be the blood  
3 bank? Will it be both? Will it be neither?

4           What control and oversight issues remain?  
5 What will be the initial and then what will be the  
6 total dose of such products to be used? How will  
7 use of the product be monitored? Will there be a  
8 utilization review committee? What will happen in  
9 terms of the clinical laboratory and how will the  
10 clinical lab handle the interference that  
11 invariably is associated with the use of a colored  
12 product in terms of the readouts for some of the  
13 clinical chemistry laboratory tests? Who will  
14 control and how will quality control be maintained?  
15 Finally, who will have oversight or who will  
16 evaluate transfusion or infusion reactions?

17           [Slide]

18           The scientific discussions. The first was  
19 a discussion of cancer and treatment-related  
20 anemia. High dose hemotherapy and autologous stem  
21 cell transplantation can be performed without the  
22 use of blood or platelet transfusion. We heard  
23 that stem cells are cryopreserved with albumin;  
24 that pre-transplant use of erythropoietin and  
25 intravenous iron help reduce the need for red cell

1 transplantation; that there is no mortality when  
2 high-dose chemotherapy is delayed until the total  
3 hemoglobin level is at least 11 g/dL. There is a  
4 question as to whether high-dose chemotherapy  
5 should be delayed until platelet recovery has  
6 occurred. Thrombocytopenia can be managed with  
7 antifibrinolytic agents. And, there was no  
8 significant bleeding with platelet counts above  
9 5000.

10 [Slide]

11 Efficacy of transfusion, there are a  
12 number of considerations: What is the level of  
13 anemia that adversely affects outcome? What is the  
14 level of anemia at which transfusion has been  
15 demonstrated to reverse poor outcome? I think what  
16 you can gather from this is that there are an awful  
17 lot of questions and not an awful lot of answers.

18 [Slide]

19 The efficacy of transfusion, there is one  
20 adequately powered trial in the world literature  
21 that suggests that total hemoglobin of 7 g/dL as a  
22 threshold is safe in ICU patients, but the data may  
23 not be generalizable overall. There are  
24 observational data in patients with cardiovascular  
25 disease that suggest that a higher total hemoglobin

1 level may be needed in such patients.

2 One of the conclusions was that it is  
3 likely that the most important factor related to  
4 outcome is whether or not the patient has had  
5 outstanding medical care or less than outstanding  
6 medical care. Then, there is a question as to  
7 whether to use alternative treatment when there is  
8 increased risk and transfusions have improved  
9 outcome.

10 [Slide]

11 There was a discussion of the ethics of  
12 bloodless medicine. The standard of practice was  
13 described. Blood transfusions are indicated when  
14 specified conditions pertain, however red blood  
15 cells are a scarce resource. Patients may refuse  
16 transfusion. There was a discussion of the use of  
17 informed consent and decisional capacitation and  
18 also a discussion of the outcomes of clinical  
19 research on bloodless techniques. There is a range  
20 of practices that are the product of accumulated  
21 medical experience but, as you have seen, there are  
22 very few clinical trials.

23 [Slide]

24 Decisional capacity, there are four  
25 conditions that pertain in order to determine

1 whether a patient is decisionally capacitated. The  
2 patient must be able to understand his or her  
3 medical condition. They must be able to understand  
4 the medical alternatives which include no treatment  
5 at all. The patient must be able to understand the  
6 risks and benefits of each alternative and express  
7 a choice about those alternatives. For refusal of  
8 a high benefit and low-burden treatment, the  
9 patient should have a stable set of personal values  
10 that can be ascertained, and must have the ability  
11 to apply those values to the clinical situation.

12 [Slide]

13 Finally, the last two talks for the  
14 conference included military blood use. For the  
15 military, delivery of blood or transfusion products  
16 is logistically difficult and it is very difficult  
17 to position appropriate products where they are  
18 needed. Not all products are available where they  
19 are needed. For example, platelets cannot be  
20 shipped because of the time lag between the date of  
21 notification of need and the date of arrival at the  
22 scene, which can be as long, if I recall correctly,  
23 as 10 or 11 days. Therefore, untested whole blood  
24 is collected for platelet transfusion in the combat  
25 arena. Finally, the frozen blood inventory is

1 reaching its 10-year storage limit.

2 [Slide]

3 There were a number of manufacturer  
4 presentations which I will not summarize here. We  
5 were updated by Alliance Pharmaceutical  
6 Corporation, Amgen, Biopure, Hemosol and Northfield  
7 Laboratories.

8 [Slide]

9 A very brief overview of the talk that I  
10 gave, there are some considerations when looking at  
11 clinical trials for oxygen therapeutics. Whether  
12 one should look at trials as urgent versus elective  
13 use; trauma versus surgery versus medical use; or  
14 whether blood is available as opposed to blood not  
15 being available.

16 [Slide]

17 We made a number of recommendations, that  
18 studies in both trauma and elective surgery are  
19 probably needed for best initial understanding of  
20 the benefits and risks of oxygen therapeutics in  
21 the broadest spectrum of situations where and when  
22 such products might be used, generally as  
23 alternatives to red cell transfusion. An  
24 indication for use where and when blood is not  
25 available is best supported by studies in both

1 elective surgery and in trauma. Safety evaluation  
2 should be performed in stable elective surgical  
3 settings before using a product in unstable or  
4 traumatized patients. Finally, the FDA may accept  
5 applications for elective surgical indications  
6 alone.

7 In general, the discussion at the meeting  
8 suggested that there might be other places for use  
9 of oxygen therapeutics, particularly as adjunctive  
10 therapy or for medical indications or indications  
11 other than surgery or trauma. That seems to be the  
12 new message coming out of this particular meeting.  
13 Thank you very much.

14 DR. NELSON: Thank you, Toby. Questions?  
15 No? We had a request for a brief presentation from  
16 Anthony Castaldo, from the Hereditary Angioedema  
17 Association.

18 **Public Presentation**

19 **Hereditary Angioedema Association**

20 MR. CASTALDO: Thank you, Mr. Chairman.  
21 Good morning. My name is Anthony Castaldo, and I  
22 am here today to briefly discuss issues associated  
23 with gaining FDA approval for plasma-derived  
24 purified C1 inhibitor concentrate. This drug is  
25 the only treatment available for acute attacks of



1 hereditary angioedema, HAE, and has been used  
2 safely and effectively in Europe and other parts of  
3 the world for over a decade.

4           Although I am a board member of the  
5 association that represents patients with this  
6 severe, debilitating, and life-threatening disease,  
7 it is important that I mention up front that  
8 statutes governing the ethical conduct of  
9 government employees preclude me from representing  
10 the HAE Association during today's proceedings.  
11 Accordingly, to ensure strict compliance with  
12 federal statutes that prohibit a government  
13 employee from representing a third party before any  
14 governmental entity, I would like to state for the  
15 record that technically I am not appearing on  
16 behalf of the association or in my capacity as a  
17 board member. I appear today as an advocate for  
18 the severely affected HAE patients in my immediate  
19 family. That takes care of 18 USC 205.

20           HAE patients were recently informed that  
21 the results of a Phase III clinical trial of Baxter  
22 International's C1 inhibitor concentrate product  
23 were not favorable enough to obtain FDA approval.  
24 Patients suffering from HAE are once again left  
25 with little near-term hope for an acute attack

1 therapy. This outcome is tragic in light of the  
2 unanimous view among participating investigators  
3 who are convinced that Baxter's C1 inhibitor  
4 concentrate is an effective and safe acute attack  
5 therapy.

6 By way of background, HAE is a rare  
7 condition in which a genetic defect causes a  
8 deficiency in the plasma protein C1 inhibitor.  
9 Dysfunctional C1 inhibitor protein permits  
10 production of vasoactive peptides that alter  
11 vascular permeability and cause edema.  
12 Accordingly, the disease is characterized by  
13 episodic swelling of the extremities, face, bowel  
14 wall, and upper airway. Studies of affected  
15 kindreds have reported mortality rates of over 30  
16 percent, with death most frequently caused by  
17 asphyxiation due to airway closure.

18 We are constantly reminded of the inherent  
19 danger posed by hereditary angioedema. Over the  
20 past 18 months, I have received information  
21 regarding the untimely deaths of three patients who  
22 were active participants in an informal email  
23 support group for HAE patients. Two of these  
24 patients, by the way, were enrolled in the Baxter  
25 clinical trial and were unable to get to the trial

1 site in time for treatment.

2           The fact that the Baxter C1 inhibitor  
3 product will not be licensed in the United States  
4 is shocking for many reasons. Foremost among them  
5 is the fact that this product boasts a decade-long  
6 track record of safe and effective use outside the  
7 United States. Moreover, the same product was  
8 proven safe and effective in a well-designed  
9 NIH-funded study conducted by three respected  
10 scientists who published their results in a 1996  
11 paper that appeared in The New England Journal of  
12 Medicine. It is, indeed, ironic that the day  
13 Baxter notified us of the trial failure marked the  
14 one-year anniversary of a study out of Europe in  
15 the Archives of Internal Medicine that assessed 193  
16 cases of HAE-related laryngeal edema, all  
17 successfully treated with C1 inhibitor concentrate.

18           In light of the foregoing, there looms an  
19 obvious yet quintessential question, how could a  
20 demonstrably life-saving therapy, with a proven  
21 track record of efficacy and safety, be judged a  
22 failure? Investigators who participated in the  
23 trial immediately knew the answer, and it continues  
24 to haunt the HAE patient community. To meet the  
25 mandated primary clinical endpoint, the trial had

1 to demonstrate that C1 inhibitor concentrate was  
2 effective within one hour from commencement of an  
3 infusion. In contrast, studies that garnered C1  
4 inhibitor concentrate approval in Europe assessed  
5 efficacy within a four-hour window.

6 Perhaps the most compelling evidence of  
7 the C1 inhibitor clinical trial design deficiencies  
8 was articulated in an email from Dr. Andrew Grant,  
9 a trial investigator from the University of Texas  
10 at Galveston. I quote, my patient, TA, with HAE  
11 was admitted to this hospital with complete  
12 obstruction of his airway. He survived the day  
13 only because he has a permanent tracheostomy which  
14 he could open. Within 20 minutes of starting his  
15 C1 inhibitor infusion he noticed some improvement,  
16 which continued over the next four hours to the  
17 point of near resolution. But until one hour, his  
18 course was not at all clear. Thus, he probably  
19 would have been judged and listed by me as a trial  
20 failure at one hour, thus, another proof that the  
21 study design was hopelessly flawed, closed quote.

22 Additional analysis performed by one of  
23 the study's principal investigators shows just how  
24 close we were to getting approval for this vital  
25 and critically needed therapy. This scientist

1 evaluated the clinical trial data set using 80  
2 minutes instead of 60 minutes as the endpoint.  
3 Even this relatively small additional time  
4 increment produced a striking difference in the  
5 number of treatments that would have been reported  
6 as a positive response, and likely would have  
7 altered the study's final result.

8           In conclusion, the only treatment shown  
9 effective for abating dangerous and painful acute  
10 attacks of hereditary angioedema is replacement  
11 therapy using plasma-derived purified human C1  
12 inhibitor concentrate. The human suffering that  
13 will result from the lost opportunity to gain  
14 approval of C1 inhibitor concentrate motivates HAE  
15 patients to pick up the pieces and try again. This  
16 has become more complicated since the trial failure  
17 appears to have prompted Baxter International's  
18 decision to cease worldwide production of its C1  
19 inhibitor product.

20           At this juncture, HAE patients are left  
21 without any near-term hope for an acute attack  
22 therapy. However, HAE patients are working  
23 feverishly to interest another company in  
24 conducting a clinical trial with their C1 inhibitor  
25 product. I urge the FDA staff to work with the HAE

1 investigator community to establish a more rational  
2 and fair C1 inhibitor concentrate clinical trial  
3 design. To be sure, this is a crucial factor that  
4 will influence drug company decisions on whether  
5 another C1 inhibitor concentrate clinical trial  
6 will be conducted in the United States. Thank you  
7 for your time, and I would be happy to answer any  
8 questions.

9 DR. NELSON: Thank you. Toby?

10 DR. SIMON: Is the plasma useful--we  
11 realize it has a lot of disadvantage to a  
12 concentrate in view of the volume, but how useful  
13 is it in treatment?

14 MR. CASTALDO: FFP, there is just not  
15 enough inhibitor. I can give you an example of my  
16 daughter before we got access to the factor. We  
17 actually got compassionate use of it because of the  
18 severity of my daughter's disease. We literally  
19 used gallons of FFP and it just doesn't work  
20 effectively at all. Some patients report some  
21 efficacy but, generally speaking, because of the  
22 other substrates that are in plasma and the  
23 possibility of attack exacerbation, it is not an  
24 effective therapy. Furthermore, it is a 24-hour  
25 resolution at best, and generally it is not

1 considered an effective therapy for this  
2 indication.

3 DR. HOLLINGER: Is it found in  
4 cryoprecipitate?

5 MR. CASTALDO: I am sorry?

6 DR. HOLLINGER: Is the factor found in  
7 cryoprecipitate of this inhibitor?

8 MR. CASTALDO: I don't believe so.

9 DR. NELSON: Yes, it sounds like it is a  
10 fairly complex problem. As I put it together from  
11 your presentation, it appears that the trial was  
12 designed with a certain endpoint which wasn't met  
13 but still there was a benefit. Then, the FDA, I  
14 think, required the manufacturer to satisfactorily  
15 meet the endpoint and they met another endpoint  
16 and, therefore, it wasn't licensed and the company  
17 decided not to proceed. So, it is a very difficult  
18 situation. I don't think the committee can do  
19 much, except we are very thankful for the  
20 information.

21 MR. CASTALDO: Well, we note that the  
22 staff is here--

23 DR. NELSON: And we are hoping, if there  
24 is any progress or change on this, that maybe we  
25 could discuss it at a future meeting.

1 DR. EPSTEIN: Just a few things. First of  
2 all, I appreciate your remarks. On the other hand,  
3 this was not a topic on the agenda and we didn't  
4 come prepared to really deliberate it.

5 MR. CASTALDO: Right.

6 DR. EPSTEIN: But that said, the first  
7 point is that the product does remain available for  
8 compassionate use so the patients have not entirely  
9 been abandoned either by the company which makes it  
10 available, or by the FDA that permits the  
11 compassionate use.

12 The second point I would make is that, you  
13 know, it is a fundamental error in clinical trial  
14 assessment to take a failed trial and to draw a  
15 circle about an observation and to say that you  
16 have now validated the new endpoint. This is a  
17 heresy; it violates all statistical principles. I  
18 am sure Dr. McGee would agree with me. You simply  
19 can't go about it that way. When that happens what  
20 has actually occurred is that you have generated a  
21 new hypothesis which you then should test  
22 prospectively. That is the only way to know  
23 whether you have committed an error of logic.

24 So, the normal response, and true in this  
25 case, would be to say to the company, well, it



1 looks as if it might have efficacy with this other  
2 endpoint which would appear to have clinical  
3 benefit if shown true, and you need to redo the  
4 trial prospectively with that endpoint in mind, or  
5 the new target. You can't just draw a circle  
6 around a result and say that was our target; we met  
7 it. You have to have the target and then do the  
8 study.

9           So, you know, it falls to the company to  
10 decide whether to pursue a trial with a different  
11 endpoint and, of course, to convince people that  
12 this different endpoint is also a clinically  
13 meaningful endpoint. I would just submit that most  
14 of the enlightening exercise needs to be directed  
15 towards the company to address patient need.

16           MR. CASTALDO: Yes, and we agree. In  
17 fact, that is what this testimony basically says  
18 today, that we just hope that staff would be  
19 willing to work with our physician investigator  
20 community that is going to work, hopefully, with  
21 another company to design a trial that would be  
22 more in accordance with what we observed to be the  
23 response, the pathophysiological response to the  
24 therapeutic.

25           But I agree with the reasoning that you

1 have posited here. One of the things that we have  
2 heard anecdotally from our discussions with various  
3 individuals who represent different companies which  
4 make this factor is that if there were some notion  
5 that there could be an endpoint that would be more  
6 in accordance with what the European trials have  
7 done, then a company would be more willing to come  
8 into the market. That is basically what we are  
9 looking for. In the next trial, hopefully, the  
10 design will be a little different than the one we  
11 currently have.

12 DR. HOLLINGER: In terms of numbers, how  
13 many people in this country do you know of that  
14 have this deficiency in terms of powering of  
15 studies, and how often do they have a problem?  
16 Once a year? Once a week?

17 MR. CASTALDO: Yes, one of the things  
18 about this disease is that the presentation is  
19 highly variable among patients. The  
20 epidemiological data on the disease is not very  
21 good. There is a very wide spread. It is between  
22 1 in 10,000, which would give you a patient  
23 population of 28,000, to 1 in 50,000, which would  
24 make around 5500.

25 You know, there is an association of

1 patients and I can tell you that that association  
2 generated upwards of 2000 letters to the Baxter  
3 chairman, in response to their decision to exit  
4 this market, to see if we couldn't change his mind  
5 and have him come back and do another trial and try  
6 to go for a different endpoint.

7           Again, as I mentioned before I looked at  
8 the time requirement and I crossed a few things out  
9 of my statement today, but the current available  
10 therapy is anabolic steroids, 17-alpha alkylated  
11 androgens, and they do provide prophylaxis in some  
12 patients but most of those patients, in my  
13 experience, still have what we call breakthrough  
14 attacks. Moreover, trauma is a big part of this  
15 disease. Many attacks are induced by any form of  
16 trauma. As a result, if you are going to have oral  
17 surgery or any other kind of surgery, in Europe it  
18 is customary to have a prophylaxis dose of C1  
19 inhibitor concentrate to ensure you don't have  
20 associated edema with that. But most patients, I  
21 would say roughly speaking maybe on the more  
22 severely affected side of the continuum would  
23 probably have attacks anywhere from once a month to  
24 once every two weeks, not withstanding androgen  
25 therapy. That excludes a whole other tragic

1 population of children, and there are a lot of very  
2 severely affected children out there, for whom, of  
3 course, anabolic steroid therapy is  
4 contraindicated.

5 DR. NELSON: Thank you. The next item is  
6 requirements for premarket submissions: in vitro  
7 diagnostic software and instruments, Diane  
8 Gubernot.

9 Requirements for Premarket Submissions:  
10 In vitro Diagnostic Software and Instruments

11 MS. GUBERNOT: Thank you. Good morning.

12 [Slide]

13 There will be three of us presenting on  
14 this topic this morning, and we will also have John  
15 Murray, who is a software expert from CDRH, in the  
16 audience, if there are questions.

17 I am Diane Gubernot. I am a reviewer in  
18 the Division of Emerging and Transfusion  
19 Transmitted Diseases. The presentation is on the  
20 requirements for premarket submissions for in vitro  
21 diagnostic instrumentation and software related to  
22 donor screening and all HIV diagnostic assay  
23 systems.

24 [Slide]

25 The issue is that software/instruments are

1 becoming increasingly complex due to the  
2 development of automated platforms for testing and,  
3 therefore, the applications are becoming more  
4 complex. Some manufacturers have expressed  
5 confusion regarding premarket submission  
6 requirements for software related to blood typing,  
7 donor screening and HIV diagnostic assay systems.

8 [Slide]

9 The objectives of this presentation are,  
10 one, to summarize the regulations and guidance  
11 documents applicable to the software systems for  
12 premarket applications; two, to provide specific  
13 information to the manufacturers on the content of  
14 submissions to expedite the review process.

15 [Slide]

16 Three, to inform manufacturers of the  
17 standards for level of concern determination which  
18 apply to CBER-regulated donor screening and HIV  
19 diagnostic assay systems.

20 [Slide]

21 For software development, manufacturers  
22 must follow the quality system requirements, the  
23 QSR, found in 21 CFR 820. The general principles  
24 of software validation is a guidance for industry  
25 which should also be followed. It describes how

1 certain provisions in the QSR apply to software.  
2 It is a very useful document. This is true for  
3 device applications that are submitted to CDRH and  
4 to CBER.

5 [Slide]

6 When submitting software and instrument  
7 applications to CBER, or applications that contain  
8 a software component or an instrument of an assay,  
9 manufacturers should follow the guidance for  
10 content of premarket submissions for software  
11 contained in medical devices. This is a CDRH  
12 guidance document available on our website. By  
13 following this, this will expedite the review  
14 process.

15 In addition, manufacturers of blood bank  
16 software should follow reviewer guidance for a  
17 premarket notification submission for establishment  
18 computer software, which we refer to as BECS. This  
19 guidance is specific for 510(k)s for BECS.

20 [Slide]

21 The applications may be premarket  
22 notifications, which are 510(k)s. These are for  
23 substantially equivalent devices. Premarket  
24 approval applications, PMAs, are usually submitted  
25 for diagnostics. Biologic license applications,

1 BLAs, are for donor blood testing. If you are  
2 confused, please contact us prior to submitting.

3 [Slide]

4 Blood bank and HIV diagnostic instrument  
5 and software devices may be stand-alone software,  
6 such as blood establishment computer software. It  
7 could be software that is used in conjunction with  
8 automated instruments. It could be software that  
9 controls an instrument or software that collects  
10 data and results from an instrument. Or, it could  
11 be automated and semi-automated instruments  
12 containing firmware, which is embedded software.  
13 Although people may not perceive instruments to be  
14 software, they do contain software and, therefore,  
15 the guidance applies. An example would be an  
16 automated pipetter or an analyzer. Also,  
17 accessories, such as barcode scanners, should be  
18 part of the application. I mention barcode  
19 scanners, they are important data input and part of  
20 the system for sample traceability and unit  
21 traceability.

22 [Slide]

23 The CDRH guidance for premarket submission  
24 includes definitions for major, moderate and minor  
25 level of concern; a flowchart for determining the

1 level of concern for your device; and required  
2 documents to be submitted based on the level of  
3 concern determination.

4 [Slide]

5 The level of concern is a term used by FDA  
6 and industry to determine which software design  
7 documents are required to be submitted in an  
8 application. Therefore, it determines the depth of  
9 the review. The required verification, validation  
10 and testing activities performed by a manufacturer  
11 are not limited to the scope of the application  
12 submission. Therefore, the application should be a  
13 xeroxing exercise.

14 [Slide]

15 Major level of concern is defined as  
16 operation of the software associated with device  
17 function directly affects the patient so that  
18 failures or latent flaws could result in death or  
19 serious injury, or indirectly affects the patient  
20 such that incorrect or delayed information could  
21 result in death or serious injury of the patient  
22 and/or operator.

23 [Slide]

24 Moderate level, operation of the software  
25 associated with device function directly affects



1 the patient so that failures or latent flaws could  
2 result in non-serious injury, or indirectly  
3 affects the patient such that incorrect or delayed  
4 information could result in non-serious injury of  
5 the patient and/or operator.

6 [Slide]

7 Minor level, failures or latent design  
8 flaws would not be expected to result in any injury  
9 to the patient and/or operator.

10 [Slide]

11 This is a flowchart from the CDRH  
12 guidance. It is a little difficult to read, but  
13 note the arrows for the boxes. Those are the  
14 decisions that I will be going over, the questions  
15 that bring us to the level of concern.

16 [Slide]

17 The first box, does the software control a  
18 life-supporting or sustaining device? The answer  
19 is yes for blood establishment computer systems,  
20 blood screening systems, blood typing systems  
21 because blood is life supporting and sustaining.  
22 Sheryl Kotchman will be talking more about that.  
23 That would be a yes and that brings us over here.

24 [Slide]

25 Then for HIV diagnostics, these would be

1 no until we get to box number two. Does the  
2 software provide diagnostic information as a basis  
3 for treatment or therapy? And the answer is yes.  
4 So, that bring us over here.

5 [Slide]

6 That brings us down to box number three,  
7 prior to mitigation could a software failure result  
8 in death or serious injury? The answer is yes, so  
9 that brings us here to major level of concern.  
10 That is a recap with the numbered boxes.

11 [Slide]

12 HIV diagnostic instruments and software,  
13 FDA has determined these to be a major level of  
14 concern. Products that aid in diagnosis, monitor,  
15 such as the viral load assays, or genotype HIV, the  
16 resistance assays, meet the 21 CFR 809.3 definition  
17 of an in vitro diagnostic device. Incorrect test  
18 results from use of the devices could mislead  
19 physicians regarding treatment decisions, resulting  
20 in serious injury.

21 [Slide]

22 This is directly out of the CFR definition  
23 for in vitro diagnostic devices. in vitro  
24 diagnostic products are those reagents, instruments  
25 and systems intended for use in the diagnosis of

1 disease or other conditions, including a  
2 determination of the state of health in order to  
3 cure, mitigate, treat or prevent disease.

4 [Slide]

5 In summary, all software and instrument  
6 systems, regardless of the determined level of  
7 concern, must follow the QSR for system  
8 development. General principles of validation  
9 guidance document should also be referenced. The  
10 guidance for the content of premarket submissions  
11 for software contained in medical devices should be  
12 followed to expedite the review process. Seek  
13 guidance from CBER prior to submitting an  
14 application. Again, the application should be a  
15 xeroxing exercise. FDA expects complete and  
16 organized submissions, and we strongly encourage  
17 early interactions prior to the submissions so that  
18 we can go through the guidance documents and  
19 discuss the data that should be submitted.

20 These are CBER software contacts. I work  
21 in the Division of Emerging and Transfusion  
22 Transmitted Diseases. My phone number is  
23 301-827-3624. Sheryl Kochman, who will be  
24 presenting next, is in the Division of Blood  
25 Applications. Her phone number is 301-827-3524 and

1 Richard Potter, in the Division of Hematology,  
2 301-496-2577. If you are unsure whom to call, you  
3 may call any of us and we will send you in the  
4 right direction. Thank you.

5 DR. NELSON: Thank you. Next is Sheryl  
6 Kochman.

7 MS. KOCHMAN: My presentation,  
8 considerations for premarket submissions for  
9 automated blood grouping systems and blood  
10 establishment computer software, is just a summary  
11 of how we have been doing business, and to put  
12 things in perspective for the things that Diane  
13 just went over.

14 [Slide]

15 I am Sheryl Kochman. I am chief of the  
16 Devices Review Branch. My branch covers those  
17 devices that are used in tracking donor  
18 information, which would be the BECS, and also the  
19 devices and reagents that are used in blood typing  
20 for transfusable products.

21 [Slide]

22 The objectives of my presentation are to  
23 confirm that the information just presented by  
24 Diane also applies to automated blood grouping  
25 systems and blood establishment computer software,

1 and it is also to remind manufacturers of  
2 additional existing guidance that we have.

3 [Slide]

4 First, for automated blood grouping  
5 systems, the existing FDA guidance for reviewers,  
6 premarket notification submissions for automated  
7 testing instruments used in blood establishments,  
8 which is a draft guidance available on the CBER  
9 website, is something that you can refer to. It is  
10 still a draft and it states FDA's current thinking  
11 on reviewing these devices. It should also be  
12 pointed out that this document, while labeled as  
13 being a reviewer guidance, also applies to  
14 manufacturers.

15 [Slide]

16 We also have some other information, that  
17 has been around for a while, that indicates our  
18 thinking on what we expect these devices to do.  
19 So, we also would like to refer people to a  
20 memorandum to all licensed blood establishments.  
21 The title is changes in equipment for processing  
22 blood donor samples, issued by CBER July 21, 1992.  
23 This document was initially intended for device  
24 users but it provides useful information to  
25 manufacturers of automated blood group systems as

1 it describes some of the expectations we have for  
2 what a user is supposed to do to validate and  
3 install the system.

4 [Slide]

5 We also have a points to consider  
6 document, design and implementation of field trials  
7 for blood grouping reagents and anti-human  
8 globulin, docket number 91N-0467. It is a 1992  
9 draft. The notice of availability for this  
10 document was published in May of '92 and it is 57  
11 FR, 18885. This document is also still a draft but  
12 it states FDA's current thinking on performance of  
13 field trials. This document was intended for  
14 manufacturers of reagents but provides useful  
15 information to manufacturers or automated blood  
16 grouping systems as well.

17 I also want to reaffirm that the guidance  
18 for content of premarket submissions for software  
19 containing medical devices, May 29, 1998, is also  
20 applicable to this group of devices. As Diane  
21 indicated, it is applicable to devices. Again, the  
22 general principles of software validation, final  
23 guidance for industry and FDA staff is also  
24 applicable. Both of these are available on the  
25 CDRH website.

1 [Slide]

2 I also want to reiterate that the level of  
3 concern for automated blood grouping systems is a  
4 major level of concern since the affected end  
5 product, which would be human blood, is  
6 life-sustaining and a defect in the software could  
7 result in the transfusion of an incompatible  
8 product causing death or serious injury.

9 [Slide]

10 For blood establishment computer software,  
11 and I will call it BECS for the rest of the  
12 presentation, we have a guidance that has been  
13 published, reviewer guidance for premarket  
14 notification submission for blood establishment  
15 computer software. The final was published in  
16 January of 1997, and this document is available on  
17 the CBER website. There are some things that we  
18 found that are not quite clear in this document,  
19 and if people have questions about intent or a  
20 description of what we are looking for, they should  
21 feel free to give us a call and we will help you  
22 work it through.

23 [Slide]

24 In addition, BECS manufacturers might find  
25 some other information that would be useful to them

1 in a memorandum to all licensed blood  
2 establishments. Again, this was recommendations  
3 for implementation of computerization in blood  
4 establishments. It is a CBER, April, 1998  
5 document. This was initially intended for blood  
6 establishment personnel but provides useful  
7 information to manufacturers of BECS. It describes  
8 some of the things we expect the software to be  
9 used in blood banks to be capable of doing.

10 [Slide]

11 Again, another memorandum to all licensed  
12 blood establishments, requirements for  
13 computerization in blood establishments, from CBER,  
14 September, 1989. It was initially intended for  
15 blood establishment personnel but also provides  
16 useful information to manufacturers of BECS in that  
17 it describes what we expect the software to be  
18 capable of doing.

19 [Slide]

20 Just another reaffirmation that the two  
21 CDRH guidance documents are applicable to BECS, as  
22 well as the CBER guidances that are available.

23 [Slide]

24 Again, confirmation that the level of  
25 concern for BECS is a major level of concern since



1 the human blood is life-sustaining and a defect in  
2 the software could result in the transfusion of an  
3 incompatible or unsuitable product causing death or  
4 serious injury.

5 [Slide]

6 Some of these documents that I have  
7 referenced here are so old that they are not  
8 available on the web so I wanted to give people  
9 some help in finding some of the older documents.  
10 If there is no website address, you can contact our  
11 Office of Communications, Training and Manufacturer  
12 Assistance. I have the email, the phone number and  
13 the fax number for those people. You can also send  
14 a letter to that same office if you need additional  
15 help. They should be able to refer you to any  
16 other help you might need. Thank you.

17 DR. NELSON: Thank you, Sheryl. Questions  
18 or comments? You talked about testing, and so  
19 forth, but does FDA require a patient registry,  
20 computerized patient registry? The reason I ask  
21 this is because I have done a lot of work in  
22 international settings and when you go to even a  
23 large international blood bank you find that they  
24 still have paper records, and it becomes just an  
25 impossible situation. My feeling is that all blood

1 banks in the U.S. are computerized with regard to  
2 patient demographics and previous test results,  
3 etc., but is that an FDA requirement?

4 MS. KOCHMAN: No, it is not, not that it  
5 be electronic.

6 DR. NELSON: Because if it isn't  
7 electronic it is kind of useless. Thank you. Jim  
8 Callaghan?

9 MR. CALLAGHAN: Good morning.

10 [Slide]

11 I am Jim Callaghan. I am from CDRH. I  
12 work in the Office of Device Evaluation, the  
13 Division of Clinical Laboratory Devices. I am here  
14 to talk about CDRH classification policy for  
15 laboratory automation. This includes automated  
16 clinical laboratory analyzers, reagents and  
17 automated laboratory test systems.

18 [Slide]

19 These test systems may be considered  
20 combination devices. This was discussed in a  
21 guidance document, a blue book memo, back in 1986.  
22 It was in a premarket notification review program  
23 guidance.

24 [Slide]

25 Specifically, when any of these analyzers

1 are regulated as a combination device, the analyzer  
2 accessory is classified in the highest of the  
3 predicate device classifications of this system  
4 combination. There has been confusion on this, and  
5 this is why I am bringing that up.

6 [Slide]

7 Prior to FDAMA, automated clinical  
8 laboratory analyzers were not exempt from premarket  
9 notification. Now, since they are class I devices,  
10 these analyzers are exempt from 510(k). However,  
11 they are not exempt when an analytical claim is  
12 made for class I reserved devices, by virtue of the  
13 limitations to exemptions under 862, 864 and 866.9,  
14 or a class II device. If there is a claim made for  
15 a class III device, it would be regulated under the  
16 PMA process.

17 [Slide]

18 In January, 2000 there was a Federal  
19 Register notice exempting class I devices from  
20 premarket notification. In this Federal Register  
21 notice there were several class I devices reserved  
22 from this exemption. In particular, blood banking  
23 supplies, vacuum-assisted blood collection systems,  
24 blood measuring devices and blood weighing devices.  
25 Additionally, quality control materials were

1 exempted--there are class I devices that were  
2 exempted from premarket notification, but they are  
3 reserved if they are assay control material or  
4 controls that are unassayed, used for blood  
5 banking.

6 [Slide]

7 The limitations to the exemptions are  
8 under 862, 864 and 866.9. They all have the same  
9 language. The limitations to exemptions refer to  
10 any class I device. They would not be allowed to  
11 be exempt from premarket notification if the  
12 modified device operates under new technology, such  
13 as an in vitro diagnostic device that measures  
14 infectious agents by using a DNA probe or nucleic  
15 acid hybridization technology, or if it is used for  
16 screening purposes, diagnosis or monitoring of  
17 life-threatening diseases, such as AIDS or  
18 hepatitis.

19 [Slide]

20 Additionally, there are other indications  
21 that limit in vitro diagnostics from the  
22 exemptions, and those would be for use in diabetes  
23 management and risk of cardiovascular diseases.

24 [Slide]

25 We have covered the analyzer and reagents,

1 now we need to talk a little bit about laboratory  
2 automation systems. When there is a link to the  
3 automation system to the analyzer, there is also a  
4 link to the reagents and the laboratory automation  
5 system would be classified according to this  
6 classification of the reagent when we go beyond the  
7 transmission of data to and from the analyzer, and  
8 the automated laboratory system starts taking over  
9 the functions of the analyzers. Then we would  
10 require premarket notification. There is a really  
11 grey area as to when this kicks in, and we would  
12 ask that you call and discuss it with our CDRH  
13 people for CDRH, and for blood banking you would  
14 have to do the premarket notification.

15 [Slide]

16 I want to talk about a policy that is  
17 different. It is unique to DCLD. It is not used  
18 in CDRH and it doesn't apply to CBER. The reason I  
19 want to talk about it is to just show you that we  
20 are different and the centers are different because  
21 of specific issues.

22 The policy that we use is replacement  
23 reagent policy. It is based on a guidance issued  
24 in 1996. The guidance is for data for  
25 commercialization of original equipment

1 manufacturers, secondary generic reagents for  
2 automated analyzers.

3 [Slide]

4 This policy is meant for  
5 well-characterized clinical laboratory testing  
6 systems intended for use by clinical laboratory  
7 professionals.

8 [Slide]

9 It is only meant for instruments or  
10 reagents that have been previously cleared, and  
11 when there is a claim made for a new test system  
12 reagent combination. It is also used for the  
13 introduction of new instrument family members of  
14 previously cleared families.

15 [Slide]

16 DCLD feels that there are sufficient  
17 controls for these types of claims and test system  
18 modifications when there is an acceptable test  
19 system validation protocol in place.

20 [Slide]

21 We are using an add-to-the-file process to  
22 notify the FDA in place of our traditional 510(k).  
23 What this policy did for us, because of the numbers  
24 of different combinations that would come in--we  
25 have thousands of 510(k)s and it would tie up our

1 resources, so we put this policy in place for DCLD  
2 only to address those concerns. We are not  
3 recommending that CBER follow this at all. In  
4 fact, when the policy was written, it applies to  
5 devices intended in support of blood banking  
6 practices for class III devices, over-the-counter  
7 devices or for exempt general purpose reagents.

8 [Slide]

9 In summary, while there are some  
10 differences between the centers, we are on the same  
11 page. We review devices based on health risks,  
12 established guidance and policy and regulations.  
13 Thank you for your attention.

14 DR. NELSON: Thank you. Questions? Dr.  
15 Landow is not here? Are you ready? We could take  
16 a break now. Maybe we should, and maybe come back  
17 at about 9:45.

18 [Brief recess]

19 DR. NELSON: The next item on the agenda  
20 is reported association of six percent Hetastarch  
21 with excess bleeding in open-heart surgery. The  
22 topic will be introduced by Dr. Laurence Landow,  
23 from FDA.

24 **Reported Association of Six Percent Hetastarch**  
25 **with Excess Bleeding in Open-heart Surgery**

1                                   **Introduction and Background**

2                   DR. LANDOW: Good morning, everyone. Here  
3 is our agenda for this part of the meeting. I am  
4 going to give a few introductory comments about  
5 cardiopulmonary bypass and hetastarch, then Dr.  
6 Canver will present the argument that hetastarch  
7 does not increase the risk of bleeding. He will be  
8 followed by Gary Haynes, who will make the opposing  
9 argument. Then I will make some closing comments  
10 about non-randomized trials and then we will have a  
11 discussion of the questions by the committee.

12                                   [Slide]

13                   The first question for the committee is,  
14 is the evidence for excessive bleeding in cardiac  
15 surgery patients who receive six percent hetastarch  
16 strong enough to warrant a warning statement in the  
17 hetastarch labeling?

18                   The second question is if there is  
19 insufficient evidence for a labeling change, should  
20 a randomized, controlled trial or trials be  
21 conducted to answer this question? If a trial is  
22 warranted, please comment on the inclusion and  
23 exclusion criteria; what endpoints and differences  
24 are clinically meaningful; and what are the major  
25 predictors of blood loss.



1 [Slide]

2 Hetastarch was approved in the early  
3 1970s. If you look on the label, in terms of this  
4 meeting, the indication is for the treatment of  
5 hypovolemia when plasma volume expansion is  
6 desired.

7 [Slide]

8 In the dosage and administration section  
9 you will find the following, the amount of six  
10 percent hetastarch, usually administered is 500 to  
11 1000 mL. Doses of more than 1500 mL per day for  
12 the typical 70 kg patient are usually not required,  
13 although higher doses have been reported in  
14 postoperative and trauma patients when severe blood  
15 loss has occurred.

16 [Slide]

17 The warnings on the labeling include this,  
18 large volumes of hetastarch may transiently alter  
19 the coagulation mechanism due to hemodilution and a  
20 mild inhibitory action on Factor VIII, and may  
21 result in transient prolongation of prothrombin and  
22 activated partial thromboplastin, clotting and  
23 bleeding times.

24 But it also says, and this is the only  
25 citation in the warning section, in randomized,

1 controlled, comparative studies of hetastarch  
2 injection and albumin in surgical patients, no  
3 patient had a bleeding complication and no  
4 significant difference was found in the amount of  
5 blood loss between the treatment groups. That is  
6 it.

7 [Slide]

8 This is a cartoon of a cardiopulmonary  
9 bypass circuit. The circuit goes like this, blood  
10 leaves the body on the venous side and is pumped by  
11 a roller pump into the oxygenator; leaves the  
12 oxygenator and then goes through a microfilter, and  
13 then returns to the patient through the arterial  
14 line.

15 Before you can put a patient on bypass,  
16 the perfusionist has to prime the pump. Here is  
17 the pump. The prime is usually colloid that is  
18 albumin and then more likely hetastarch. The  
19 reason they do this is to get rid of any air  
20 because, obviously, if air enters this circuit it  
21 will go into the patient. Likewise, you could have  
22 what is called an air block where an air bubble in  
23 this circuit stops flow entirely and that is a  
24 catastrophe because most likely the patient will  
25 die.

1           The second step is to insert canulas into  
2 the right atrium and the aorta so that venous blood  
3 can leave the right atrium, as I discussed a second  
4 ago, and then return back to the arch of the aorta.

5           The final stage, once the blood is  
6 circulating like this into the body, is to stop the  
7 heart with cardioplegia solution. The surgeon now  
8 has what is called a quiet field and he or she can  
9 do whatever needs to be done in terms of vessels,  
10 valves, or both.

11           [Slide]

12           This is a photograph of a cardiopulmonary  
13 bypass machine. I don't know if you can see, but  
14 this dark tubing here is coming from the patient.  
15 The patient is over here. The venous tubing is  
16 here, in dark red. The arterial filter is over  
17 here, this little object and I don't think you will  
18 be able to see it too well. The roller pump is  
19 down here, and here is the perfusionist's hand. He  
20 is turning the knob here to increase or decrease  
21 the flow as the rate of blood return increases or  
22 decreases during the procedure. Then, the blood  
23 returns to the patient. I don't know if you can  
24 see that but it goes up here, like this, back into  
25 the aorta. So, you have a complete circuit. The

1 perfusionist has to change this constantly. He is  
2 constantly watching the patient.

3 [Slide]  
4 Included in the background package that  
5 the FDA sent out to you were five articles. They  
6 are all retrospective. Three of them are chart  
7 reviews; one was a case-control epidemiology study  
8 and one was a meta-analysis.

9 [Slide]

10 The first article, by Canver and Nichols,  
11 was a chart review of 887 patients, and one of  
12 their conclusions or their main conclusion was that  
13 use of hetastarch in primary cardiopulmonary bypass  
14 circuitry is devoid of any added hemorrhagic risk  
15 after coronary bypass. In other words, they added  
16 hetastarch into the circuit, into the pump circuit  
17 that I showed you before. This is not always done  
18 in studies that I am going to talk about in a  
19 second. Sometimes the hetastarch is given before  
20 the patient goes on the pump; sometimes it is given  
21 after, including in the ICY; and sometimes it is  
22 given in the pump as well. So, you have various  
23 combinations of when hetastarch can be  
24 administered.

25 [Slide]

1           Knutson et al. studied 445 patients, and  
2 they concluded that use of hetastarch may increase  
3 bleeding and transfusion requirements in patients  
4 undergoing upon heart surgery.

5           [Slide]

6           Cope et al. looked at 189 patients and  
7 concluded hetastarch infusion produces a clinically  
8 important impairment in post-cardiac surgical  
9 hemostasis.

10          [Slide]

11          Herwaldt conducted a case-control  
12 epidemiology study and they divided the subjects  
13 into two groups. Cases were predefined. There was  
14 a prespecified criterion for what bleeding was.  
15 They divided their cases into those that had  
16 excessive bleeding and the controls who did not  
17 have excessive bleeding. What they concluded was  
18 that patient age and hetastarch are risk factors  
19 for hemorrhage in patients undergoing open-heart  
20 surgery.

21          [Slide]

22          Finally, Wilkes et al. conducted a  
23 meta-analysis. He looked at 653 patients, and I  
24 think it was around 13 clinical trials. His  
25 conclusion was that postoperative blood loss is

1 lower in patients exposed to albumin than to 6  
2 percent hetastarch.

3 Now I would like to hand the microphone  
4 over to Dr. Canver, who will be the first speaker  
5 who will speak on this topic, and he will be  
6 arguing that hetastarch does not lead to increased  
7 bleeding.

8 **Presentation**

9 DR. CANVER: Good morning. I have never  
10 been at an FDA-related panel discussion like this  
11 so I am very grateful that Dr. Landow asked me to  
12 be here.

13 [Slide]

14 I am an ordinary cardiac surgeon and I  
15 have no connection with Hespan, albumin or any  
16 commercial companies at all. The reason that we  
17 did that study was for scientific curiosity and to  
18 reduce blood product utilization. I am also  
19 director of the Heart Institute and head of the  
20 Department of Cardiothoracic Surgery. Of course, I  
21 do the training.

22 [Slide]

23 I think that Dr. Landow summarized the  
24 background better than I would do it. As you know,  
25 we perform 250,000 open-heart surgical procedures

1 in the United States every year, and there is an  
2 increased interest in doing these operations  
3 so-called off-pump, meaning doing them without that  
4 machine that Dr. Landow showed us earlier. But  
5 still, the majority of the operations require the  
6 cardiopulmonary bypass machine, in lay terms the  
7 heart-lung machine. The patients are placed on  
8 this device while the surgeon quickly treats the  
9 disease, blockage, valve repair or whatever, also  
10 during heart replacement, such as heart  
11 transplantation.

12           The other thing that is an issue is that  
13 we don't have enough blood. The donor pool is very  
14 short. Blood is very expensive. Last year alone  
15 we paid about five million dollars for blood  
16 products at Albany Medical Center, the biggest  
17 expense for us. Of course, just imagine the  
18 societal issues, nobody wants to get blood products  
19 because of HIV, hepatitis and all the societal  
20 issues attached to that.

21           So, I think we have an obligation  
22 economically and also societally. Therefore, there  
23 are many strategies that surgeons and all  
24 care-givers have developed over the years. I think  
25 there are many of them, but I think we will focus

1 today just on hetastarch and colloid administration  
2 during cardiac surgery. This is one of the many  
3 strategies that we have.

4 [Slide]

5 Again, hydroxyethyl starch is a starch.  
6 The technical term is amylopectin. It is  
7 essentially derived from corn. I think there is  
8 some technical information that normally it is  
9 degraded or destroyed in the body off-amylase, an  
10 enzyme, and to reduce that degradation is attached  
11 second or sixth carbon atoms. The molecular weight  
12 of the substance is important, and the one we are  
13 actually going to discuss, Hespan which is the most  
14 commercially available, is 480 kD weight. Low  
15 molecular weight, 70 kD, is not available in the  
16 United States.

17 [Slide]

18 Again, commercially there are two  
19 solutions available. One of them is Hespan,  
20 constituted in normal saline. Also, it is  
21 available as Hextend in lactated Ringer's solution.

22 [Slide]

23 The characteristics of Hespan are similar  
24 to albumin. I guess I have to say that the  
25 argument--you may just say what's the big deal of



1 albumin versus Hespan? The basic thing actually is  
2 the cost. Surgeons and physicians who get involved  
3 in this issue primarily are paying less amount of  
4 money and providing the same care. With respect to  
5 all the properties, Hespan has similar effects to  
6 albumin, which expands the vascular volume, meaning  
7 that it increases the intravascular space;  
8 increases the blood pressure; increases the  
9 perfusion, and so forth. It does stay in the  
10 system for a long time as well.

11 There is no antigenicity. I mean, there  
12 is no rejection of allergic reactions, or whatever.  
13 There are some case reports, but in general it is  
14 kind of a neutral agent.

15 Adverse effects are taken actually from  
16 the PDR. These are some reports that have been  
17 mentioned. It doesn't mean that it is going to  
18 happen all the time but I think it has been  
19 reported. When you read it, of course, it is kind  
20 of scary that you are going to have salivary gland  
21 enlargement, edema and sometimes anaphylactic  
22 shock, which is true for everything so this should  
23 not really be scaring you that much.

24 [Slide]

25 Again, Hespan has been associated with

1 bleeding abnormalities. If you look in the  
2 literature, you are going to find a lot of  
3 experimental studies. There are some dog studies  
4 and pig studies and they say that the bleeding is  
5 higher compared to other agents. Practically, PT  
6 and PTT are the clinical measures we have to  
7 measure the bleeding state or coagulation state of  
8 the individual and this is slightly increased.  
9 Also, platelets, those little, clumpy cells--when  
10 you cut yourself these cells go to the cut surface  
11 and with spongy areas and essentially stop  
12 bleeding. Of course, after you have major  
13 open-heart surgery you want these cells to stop  
14 bleeding. Again, Hespan is associated with some  
15 platelet dysfunction, but also it is well  
16 established in the literature that if you reduce  
17 the dose, if you limit the dose of Hespan to  
18 500-1000 mL any of these issues or concerns we have  
19 are not apparent in a real clinical setting.

20 [Slide]

21 Again, I also want to tell you these are  
22 the components of Hespan that affect blood  
23 coagulation, molecular weight, the lower the  
24 molecular weight, the less likely it is that it  
25 will interfere with the blood system. Again, let

1 me say that low molecular weight is not available  
2 in the United States. It may be that that is going  
3 to be one of the strategies that we need to  
4 explore.

5           Substitution ratio, that deals with how  
6 many of this hydroxyethyl--those funny shaped  
7 chemical things that I have a hard time  
8 understanding myself, but the number of those, the  
9 groups are attaching to glucose or sugar molecules.  
10 That is what they are talking about. This also  
11 affects their influence on the clotting system.  
12 Again, attachment to the C-2 ring, carbon-2 ring,  
13 is less likely to have clotting disorders. Again,  
14 concentration, like six percent versus ten percent,  
15 of course, will have an influence.

16           So, we can make some changes in any of  
17 these components and we can anticipate some  
18 effects. But the problem is very complex. As you  
19 know, in open-heart surgery there are many, many  
20 factors involved. First of all, the person having  
21 surgery is not the same thing. I may be doing  
22 heart transplantation or I may just be doing  
23 bypass, putting new vessels on the heart, or maybe  
24 repairing a leaky valve. They are all different  
25 people and different disease entities.

1           As Dr. Landow demonstrated earlier,  
2 cardiopulmonary bypass or the heart-lung machine  
3 itself has negative effects or adverse effects on  
4 the clotting system in general. It does promote  
5 platelet degradation and essentially makes the  
6 platelets rupture and burst, because of the  
7 swelling, and then they are dysfunctional, meaning  
8 that they no longer can hold onto each other and  
9 make big clots to stop bleeding and they are  
10 malfunctional. Some of these clotting factors, and  
11 I am sure you know that there are 13, 14 clotting  
12 factors like hemophilia bleeding disorders, those  
13 similar clotting factors, mainly in the liver, are  
14 used, meaning there is not enough in the body to  
15 help the clotting. Again, the fibrinolysis is one  
16 of the factors needed for the finalized shape of  
17 the clot and it is utilized and not available in  
18 the environment.

19           [Slide]

20           Again, cardiopulmonary bypass heart-lung  
21 machine is not a normal thing. You are putting  
22 bigger than your finger size pipes inside the  
23 aorta, inside the right side of the chamber of the  
24 heart, and you are taking the blood and you are  
25 shuffling about five to six liters per minute.

1 Then, this blood is not used to going through these  
2 rigid tubes. From the sheer force, as the blood is  
3 trying to go through these narrow channels, it hits  
4 the walls and everything, and all the cells get  
5 destroyed. All these destroyed cells will burst  
6 and then inside a lot of enzymes, a lot of chemical  
7 elements inside the cells will be distributed  
8 through the system. That will essentially be our  
9 enemy later one.

10 Again, despite all the bad things we are  
11 talking about, most of them are self-limited,  
12 meaning that after a successful repair or surgical  
13 treatment within 48 hours all these abnormal values  
14 return to normal. Therefore, traditionally we put  
15 in about three to four chest tubes. I am sure some  
16 of you have relatives, or whatever, and you have  
17 seen that in open-heart surgical patients with  
18 finger size hoses, big hoses. So, we anticipate  
19 that up to two days there may be some oozing or  
20 bleeding and within two days everything is pretty  
21 much back to normal. Again, that low platelet  
22 count will be normalized within two to three days.

23 [Slide]

24 I will try to summarize what we did, and I  
25 think Dr. Landow did a beautiful job. It was

1 published in the journal Chest, in 2000.

2 [Slide]

3 It was a chart review, essentially a  
4 retrospective study, but it did have a lot of  
5 patients, 887 patients, and we mainly wanted to  
6 focus on isolated CABG, meaning that if the patient  
7 had aortic valve replacement or the patient had  
8 mitral valve surgery or redone bypass, we excluded  
9 all of those because we wanted to know purely  
10 whether Hespan makes any difference because you  
11 can't look at a multifactorial group of patients  
12 and expect to get meaningful results.

13 [Slide]

14 This how the stratification was done. Of  
15 course, this could have been a better  
16 stratification if this was prospective but  
17 unfortunately it wasn't. We had four groups. The  
18 first group had crystalloid, which is a traditional  
19 balanced-salt solution and we gave a half liter,  
20 and there are only 11 patients. Then we had  
21 albumin. Albumin was supposed to be better or  
22 superior to the Hespan. We had about 217 patients.  
23 Hespan was given to 298 patients. Also, we had  
24 another group where albumin and Hespan were used  
25 together in 161 patients.

1 [Slide]

2 I don't think I need to explain everything  
3 to this group but the purpose of this slide is  
4 simply to tell you if you look at the patient  
5 characteristics, like the person's age and  
6 patient's size, patient's ejection fraction,  
7 meaning the contraction ability of the heart, and  
8 their red blood cell count and their platelet count  
9 of clumpy cells, and their overall blood count and  
10 also kidney function, they are all identical. So,  
11 for practical purposes, I think all these four  
12 groups had similar patients with similar  
13 characteristics.

14 [Slide]

15 Again, as far as what happened in the  
16 operating room, those operative events can  
17 influence the bleeding rate afterwards as well.  
18 Perfusion time, that is, the duration of  
19 cardiopulmonary bypass time, how long we kept the  
20 patient on the heart-lung machine. The longer you  
21 keep the patient, the more likely you are to have  
22 bleeding problems because the damage of the machine  
23 will be higher on the cells. Again, among those  
24 four groups there is no significant difference.

25 As you know, when we do this operation, we

1 put a little metal clamp on the aorta. The aorta  
2 is a big pipe that comes from the left side of the  
3 heart and carries the red blood, clean blood, and  
4 you cannot operate on a beating, moving heart,  
5 particularly if you are doing valve repair and so  
6 forth. So, we put this metal clamp there and  
7 exclude the heart from the body while it is being  
8 perfused by this heart-lung machine, and we go in  
9 and quickly do the job. We put some ice to stop  
10 the heart. Then, as soon as we are done whatever  
11 we are doing, we start warming and we give a little  
12 jolt of electricity and the heart starts beating  
13 again. So, the cross-clamp time is also, of  
14 course, important but there is no difference among  
15 any of the groups.

16 Again, we did only bypass surgery on these  
17 cases, and then the number of the bypasses were  
18 essentially similar. Again, the number of arterial  
19 grafts was the same.

20 [Slide]

21 If you look at the amount of  
22 heparin--heparin is the medication we use before we  
23 put the patient on the heart-lung machine to  
24 prevent any clotting. This simply essentially  
25 stops any clotting in the system. At the end of



1 the operation we reverse that with another  
2 medication. Overall, the patients' length of stay  
3 in the intensive care unit hasn't changed, and  
4 their hospital stay was essentially identical. The  
5 re-exploration rate, meaning that the patients had  
6 significant bleeding from those tubes, the hoses,  
7 and we had to take them back to surgery, in all  
8 those groups they were identical.

9 [Slide]

10 This is actually I think the most  
11 important part because we were very interested in  
12 the economics mostly. So, we thought that our  
13 utilization of blood and blood products are not any  
14 different. If you look at the packed red blood  
15 cells, this the bank blood you get from the Red  
16 Cross, essentially all the groups are pretty much  
17 the same. So, it doesn't matter what combination  
18 you use, they are identical. Platelets, those  
19 clumpy cells making clots, were similar in all  
20 groups. Statistically there was no difference.  
21 Fresh-frozen plasma, this is taken from humans and  
22 then is essentially rich in clotting factors, and  
23 the use of this plasma is similar in all groups.

24 [Slide]

25 We also had access to the database and we

1 had the results after ten years because we were  
2 able to track what happened to these patients. You  
3 can actually see all those four groups. In the  
4 left column is the Kaplan-Meier survival, and years  
5 after operation on the bottom, and all those groups  
6 essentially overlap each other and there is  
7 survival advantage or disadvantage among the  
8 groups. Essentially, what that means is whether  
9 you use Hespan during surgery or not, it doesn't  
10 alter anything up to ten years.

11 [Slide]

12 These are essentially our conclusions for  
13 the review, and there was no hemorrhagic risk after  
14 primary CABG. We also said that the type of prime  
15 solution, whether albumin, colloid or crystalloid,  
16 has nothing to do with the early outcome or late  
17 survival.

18 [Slide]

19 I actually wanted to bring some issues. I  
20 am not here to really sell you anything. I mean, I  
21 am not here to say Hespan is good or Hespan is bad.  
22 I think the issues are more about the facts. These  
23 are that Hespan and albumin are volume expanders.  
24 They increase blood pressure; useful in traumatic  
25 shock or some heavily injured people. I think it

1 is a good solution. It is much better than  
2 crystalloid. So, I don't think we would have too  
3 much argument there.

4 There is also I think universal acceptance  
5 that Hespan is cheaper, significantly cheaper. In  
6 our hospital, for the last two years we monitored  
7 the use of albumin as a criterion for quality  
8 improvement, meaning that we don't want to use  
9 albumin unless it is necessary because you deplete  
10 your bottom line. It is rather expensive.

11 Again, Dr. Landow summarized all these  
12 observation studies, and they did suggest that  
13 there is some association with excessive  
14 postoperative bleeding. But, again, if you read  
15 those study articles, I think they are available,  
16 you will find these studies are similar to ours. A  
17 doctor was interested and he said I want to write a  
18 paper. So, he went and looked at it. I think one  
19 of the papers, in the Palo Alto VA hospital, in  
20 California, said they had an outbreak of bleeding.  
21 Well, again, we have no idea what the operation  
22 was; who was the surgeon; what was going on. You  
23 don't get outbreaks of this kind just because of  
24 the solutions but that was the conclusion.

25 [Slide]

1           Again, I guess the reason I was invited  
2 here is because our work suggested that there was  
3 no association. I have to admit that I did look  
4 around the last five years at what has been  
5 published, and we are in the minority. The only  
6 advice or I guess opinion I can give you is that in  
7 my personal opinion, based on what we did and what  
8 I practice, I don't think that Hespan prime during  
9 bypass circuitry has any side effects. But I find  
10 that whether you use it before surgery, during and  
11 after, the studies are inadequate. I think that  
12 one needs to focus on the questions, which I think  
13 are very valid that Dr. Landow is raising, and I am  
14 not certain about the warning label. That is not  
15 my expertise. But I am now motivated myself, when  
16 I go back to Albany, to try to see if we can do  
17 some prospective, randomized studies addressing  
18 each issue.

19           I will stop there. Again, thank you so  
20 much for the opportunity to talk here today.

21           DR. NELSON: Thank you very much. I have  
22 one question. In table 2 in your paper, where you  
23 compare the four groups and you talked about the  
24 time on the pump or cross-clamping time in this  
25 table, you said that the groups were comparable.

1 But, in fact, group one was on for 84 minutes;  
2 group two for 103; group three, which was the  
3 hetastarch group, for 79, plus/minus 2; and group  
4 four for 127. Those numbers sound different to me.

5 DR. CANVER: Well, I agree with you. I am  
6 not a biostatistician and our biostatistician  
7 reviewed this commonly called cross covalence test.  
8 I don't even know how you do that, but it is  
9 essentially based on the numbers--

10 DR. NELSON: No, no, no.

11 DR. MCGEE: You know, the rule of thumb is  
12 if you just calculate the 95 percent confidence  
13 interval and they don't overlap, things are  
14 significant. They are not even close.

15 DR. NELSON: This could affect the  
16 bleeding because, in fact, the group that received  
17 hetastarch was on for a significantly shorter  
18 period of time. So, it seems to me that would  
19 affect the comparison.

20 DR. MCGEE: That is also true in table 3  
21 for the platelets.

22 DR. NELSON: Right. You know, I think it  
23 is valuable as a preliminary to do a retrospective  
24 review, but you need to do a correction, or have  
25 comparable patients in order to be sure that, in

1 fact, there is no effect.

2 DR. HOLLINGER: These were all done by you  
3 in one hospital? Is that correct?

4 DR. CANVER: Correct, yes.

5 DR. HOLLINGER: I know they weren't  
6 randomized, but how were they selected for each  
7 group? You have almost an equal number in every  
8 group, so how were they actually selected?

9 DR. CANVER: It was actually arbitrary.  
10 That I think is the drawback with all retrospective  
11 studies. The chief perfusionist in the hospital  
12 was the driving force behind this, and he was  
13 essentially just using one of these combinations  
14 without letting us know because we are a teaching  
15 hospital and, including myself, none of us really  
16 knew what kind of combination the patient had to  
17 reduce the bias. But essentially those were  
18 arbitrarily chosen by the chief perfusionist.

19 DR. SIMON: I have two questions. I think  
20 you pointed to the concerns with the retrospective  
21 versus doing an appropriate prospective, but there  
22 are two questions and they relate to your data.  
23 One is, if albumin were cheaper than Hespan, would  
24 you use albumin instead of Hespan? Number two, you  
25 dismissed crystalloid but you had a whole group of

1 people who did just as well with crystalloid which  
2 is even cheaper. Is there a consensus among  
3 cardiac surgeons that crystalloid should not be  
4 used? Have you stopped using it?

5 DR. CANVER: I think crystalloid is not  
6 utilized in general because it increases the  
7 postoperative edema and swelling. Patients gain  
8 more weight. It actually makes the patient's  
9 respiratory status worse and the patients stay in  
10 intensive care longer. So, I think that  
11 crystalloid is pretty much out in cardiac surgery.

12 DR. SIMON: That is not what your data  
13 show.

14 DR. CANVER: Exactly. Well, this data  
15 goes all the way to 1995, but I think that albumin,  
16 if it is cheaper, yes, we probably would use  
17 albumin. I mean, that is probably the right  
18 assumption.

19 DR. MCGEE: I have one more question.  
20 Your cases go across nine years. Was the mix of,  
21 say, albumin and Hespan the same over those nine  
22 years, or in the early years was it more albumin  
23 than in the later years?

24 DR. CANVER: It is the same concentration  
25 and the same chemical properties, to my knowledge.

1 DR. NELSON: No, the same distribution of  
2 patients in the four groups over the years? In  
3 other words, could there be a temporal effect on  
4 other things, other care that might affect the  
5 measures of blood loss?

6 DR. CANVER: Well, I mean I share that  
7 concern. You cannot control like that. In the  
8 1990s the people operated on are different than  
9 what we are doing now, and in the same thing in the  
10 1980s, it was a completely different set of people.  
11 We change our behavior, practice patterns based on  
12 what we have done in the past. So, you go back and  
13 you look at them and you make some assumptions.

14 DR. NELSON: These are difficult issues to  
15 control but there are methods for adjustment of  
16 data where the groups aren't comparable. It is  
17 unclear about the comparability of the groups I  
18 think.

19 DR. LEW: One thing that you did mention  
20 is that when you use a lot of Hespan there have  
21 been noted to be potential problems. I wasn't  
22 sure, do you know how much each patient received?

23 DR. CANVER: We only used priming in the  
24 circuitry, like 500 cc. We did not use it  
25 postoperatively and we did not use it as a volume



1 expander later on.

2 DR. LEW: So, it is just a limited amount.

3 DR. CANVER: We extrapolated from the  
4 experience that trauma surgeons had during shock,  
5 and they have used two to three liters of Hespan  
6 and they did report increased bleeding problems.  
7 But we never really used more than what is  
8 recommended.

9 DR. NELSON: The volume of the pump is  
10 500?

11 DR. CANVER: Yes, 500.

12 DR. LEW: But I do think it is worthwhile  
13 if you take even this data back to your  
14 statistician because it is remarkable that the  
15 least perfusion time, the least clamping time for  
16 Hespan but they used the most platelets, the most  
17 FFP. It just might be worth taking another look at  
18 it.

19 DR. DIMICHELE: As a follow-up to Dr.  
20 Lew's question, I was just going to ask do you  
21 routinely use thromboelastograms during your  
22 procedures to monitor coagulation?

23 DR. CANVER: Yes, we do. We use ACT,  
24 activated clotting time, throughout the pump.

25 DR. DIMICHELE: Just the ACT?

1 DR. CANVER: ACT only.

2 DR. DIMICHELE: And were you able to look  
3 at the ACT data? That is recorded, right, in  
4 general?

5 DR. CANVER: Yes.

6 DR. DIMICHELE: Is there any way that you  
7 could have looked at the ACT data during the  
8 procedure?

9 DR. CANVER: It is available but in this  
10 set we didn't look at it because ACT is generally  
11 when you are on pump during bypass, and you like to  
12 give 400 measure. That is pretty much standard.  
13 So, it wouldn't give us that much of an answer, and  
14 at the end of the procedure we used protamine to  
15 reverse the heparin and we would like to see the  
16 ACT level constant at less than 150. But in my  
17 mind, and practically, I don't think it would give  
18 us too much information because as soon as the  
19 patient goes to the intensive care unit he will end  
20 up with platelet count and PT and PPT, the more  
21 traditional parameters, and also the rate of  
22 bleeding from the chest tubes. Those would pretty  
23 much assess the effect.

24 DR. NELSON: Any other questions? Thank  
25 you. The next discussant is Dr. Gary Haynes.

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## Presentation

DR. HAYNES: Good morning. I hope you can all hear me.

[Slide]

My name is Gary Haynes, and I am an associate professor of anesthesia at the Medical University of South Carolina, in Charleston, South Carolina.

I would like to thank the committee, first of all, for the opportunity to speak today about this issue because this is what I have been interested in for some time.

Let me tell you at the outset my interest in this originally started out of a concern with some of the recent marketing that has been conducted for hetastarch solution, suggesting the aggressive use of hetastarch, because I grew up in an environment where I was taught, as our two previous speakers have already pointed out, that the appropriate dose of a hetastarch solution should be 10-15 mg/kg or 20 mg/kg body weight to a total maximum dose of about 1500 cc on any one day. So, that is what prompted some of my concerns about this.

Then, as I looked into this issue more and

1 more, I thought it is very appropriate to look at  
2 what has been going on and to take a look at the  
3 use of hetastarch solutions in a very select group  
4 of surgical patients, and it is the cardiac  
5 patients we are talking about today. So, I have a  
6 concern about using hetastarch in all surgical  
7 patients. I mention that briefly, but to stick to  
8 the point of today, we are looking at this issue in  
9 a very select group of patients, those having  
10 cardiac surgery for some very particular reasons  
11 that I will go over in just a minute.

12 [Slide]

13 Just to give you a little idea of who I am  
14 and why I am standing here, talking to you about  
15 this, I am a clinical anesthesiologist in an  
16 academic practice, taking care of cardiac patients  
17 with major transplant surgery, liver transplant  
18 surgery, or the anesthesia for those cases at our  
19 hospital. We do a lot of them. We are in the top  
20 20 programs in the liver transplant business these  
21 days. Consequently, I am one of those guys in the  
22 trenches using up an awful lot of blood and blood  
23 products.

24 I am also the chairman of our medical  
25 center's blood and tissue utilization review

1 committee. So, I help try to establish our local  
2 guidelines and work with our blood bankers and our  
3 clinical pathologists in dealing with the issues of  
4 what is appropriate and inappropriate use of these  
5 products, and the availability, and working out all  
6 the other headaches associated with this at our  
7 hospital.

8 I also sit on the transfusion committee,  
9 as a member of that committee of the American  
10 Society of Anesthesiologists, and I have had  
11 research interest in this for a number of years,  
12 which goes back to medical school. I guess that is  
13 where my interest really started because my Ph.D.  
14 was in pathology and one of my teachers was a  
15 hematologist, Oscar Ratnoff, who was the fellow who  
16 proposed the cascade mechanism for coagulation.  
17 So, I have had this interest for a number of years.

18 [Slide]

19 Without belaboring the point, I would just  
20 like to reiterate a couple of things that Dr.  
21 Landow and Dr. Canver have already mentioned, and  
22 that is a little bit of what hydroxyethyl starch  
23 is. It is something that has been around for close  
24 to 40 years, one time as an experimental and now a  
25 therapeutic modality. In fact, I know the guy who

1 did a lot of the basic research, a guy who was in  
2 Charleston at what was then the medical college of  
3 South Carolina, a guy names Lay Thompson, who was a  
4 graduate student back introduction he early '60s  
5 investigating this as a volume expander, a plasma  
6 volume expansion agent.

7           As Dr. Canver mentioned, most  
8 anesthesiologists and surgeons tend to like to use  
9 colloidal substances to replenish intravascular  
10 volume, simply because it stays in the  
11 intravascular space for a longer period of time and  
12 we know that if somebody is hypotensive you can  
13 fill them up with crystalloid solutions to  
14 reestablish blood pressure but you can do the same  
15 thing with colloids, but a smaller volume, and they  
16 work a little bit more efficiently because they  
17 tend to stay in the intravascular space longer.  
18 That is why we like to use them.

19           So, hetastarch is really an amylopectin  
20 but what that really means is it is just branching  
21 chains of polymeric glucose, just a bunch of  
22 glucose molecules strung together. Hetastarch as  
23 hydroxyethyl starch groups substituted on the those  
24 glucose rings just to retard the metabolism of  
25 this. As was mentioned, amylase is what breaks it

1 down. It is also sequestered in the reticular  
2 endothelial system and tends to stay in the  
3 circulation for a long period of time.

4 But when we are using a hetastarch  
5 solution clinically, we get it in a plastic bag.  
6 It comes in a 500 cc bag, and when we get a bag of  
7 this stuff it is a six percent solution of  
8 polydispersed substance, which means these branch  
9 chains of this hetastarch compound are not all  
10 uniform. They vary in molecular size from around  
11 10 kD all the way up to 480 kD or maybe even  
12 higher. When it is infused the small stuff, of  
13 molecular weight of around 60,000 or less, gets  
14 filtered out by the kidneys pretty quickly. So, it  
15 is that size and above that stays in the  
16 circulation. What is available in the United  
17 States for us in clinical use is two forms of this,  
18 Hespan, which is six percent hetastarch in normal  
19 saline, which has been around for a number of  
20 years, and more recently, Hextend, which is the  
21 same thing, six percent hetastarch in a lactated  
22 electrolyte solution. I think it has been on the  
23 market for a couple of years now.

24 [Slide]

25 In contrast to albumin, which has been

1 mentioned and it is going to be compared to albumin  
2 frequently because that is the other colloidal  
3 substance that we have for routine clinical use,  
4 albumin is monodispersed and one albumin molecule  
5 is just like another so they are all the same, with  
6 a molecular weight of about 70 kD.

7 [Slide]

8 I think one thing that is important when  
9 you look at worldwide literature is to make sure  
10 that you are dealing with the same substance  
11 because, as was again previously mentioned, in  
12 Europe and in Canada there are different hetastarch  
13 solutions available that are of smaller molecular  
14 weights. Some consider 200 kD medium and some  
15 consider it low molecular weight, but those  
16 preparations have been used over there, and they  
17 also have a different substitution ratio of  
18 hydroxyethyl groups to glucose for every 10 glucose  
19 units. I don't know if that substitution ratio  
20 really has much, if any, effect on the coagulation  
21 mechanism or not, but Hespan and Hextend, which are  
22 in clinical use in the United States now, are the  
23 high molecular weight and that is the type of  
24 hetastarch that seems to be associated with  
25 bleeding problems. I will show you a study from



1 Europe in a minute which illustrates that fact.

2 [Slide]

3 One important clarification to make is to  
4 make a distinction between some abnormal laboratory  
5 test with either of these substances, and make a  
6 distinction between that and what is a clinically  
7 significant bleeding problem because there are a  
8 lot of things we do to patients out of necessity.  
9 They are not always the ideal, and they all have  
10 some fallout, some risk or some unwanted side  
11 effect but we can live with it if the benefit is  
12 much greater.

13 In terms of the laboratory test variation  
14 that occurs when patients receive a hetastarch, it  
15 has been nailed down for years--in fact, Lay  
16 Thompson published, in 1964, a report of giving  
17 hetastarch to dogs and showing that fibrinogen  
18 levels went down and bleeding times went up. So,  
19 we have known this for a number of years. A number  
20 of investigators have also documented exactly why  
21 this happens, and it is because von Willebrand  
22 factor decreases. Consequently, Factor VIII  
23 activity decreases and you can get a  
24 hypofibrinogenemia. So, it shouldn't come as any  
25 surprise that there is a prolongation of the

1 prothrombin time or the partial thromboplastin  
2 time. Bleeding times, of course, really aren't  
3 used that much clinically anymore but that is an  
4 old that too has been shown to increase in these.

5 I want to emphasize this point because in  
6 a few minutes I am going to show you some data from  
7 one of the papers which shows that there are small  
8 increases that can be documented in prothrombin  
9 times that may be statistically significant but you  
10 kind of wonder whether clinically that has a real  
11 impact.

12 I want you to be aware that that happens,  
13 but there are also other effects, that Dr. Canver  
14 also mentioned, on platelets that we don't fully  
15 understand. But, apparently, there may be more  
16 than one molecular mechanism for why hetastarch  
17 impairs platelet function, but one is that it  
18 probably coats the surface of platelets and  
19 interferes with the receptor ligand interaction of  
20 platelets for their different receptors. Of  
21 course, platelet function is extremely important.  
22 It is the thing that forms the primary hemostatic  
23 plug and that is why we tend to stop bleeding in  
24 the first place.

25 The unfortunate thing is that clinically

1 we can measure platelet counts and get those  
2 results almost in real time; that is not the  
3 problem. The problem is we don't have any good  
4 test for clinical use of platelet function. So, a  
5 lot of times we know that this is happening but we  
6 can't measure it or deal with it clinically when we  
7 are dealing with patients.

8 That is the laboratory side. What about  
9 the clinical outcomes? The question needs to be  
10 asked does hetastarch or anything else really  
11 contribute to bleeding? As I mentioned, we have  
12 some concerns about this in other groups of  
13 surgical patients as well. We will focus on this  
14 issue in cardiac surgery patients and as one  
15 example of that one problem that comes up is when  
16 you are dealing with stroke patients and  
17 neurosurgical patients. If a patient has an  
18 intracranial aneurysm that bleeds, they are going  
19 to have a stroke. The problem in that situation is  
20 not just the bleeding but the vasospasm that occurs  
21 in blood vessels around that area of bleeding, and  
22 the one therapy that seems to work is to load these  
23 patients up with volume to expand their  
24 intravascular volume to retard that vasospasm.

25 Neurosurgeons have looked at this. In one

1 study that is reported here by Trumble, they used  
2 large volumes of hetastarch but it was over a  
3 period of several days because these patients are  
4 in ICUs. Some of the patients developed  
5 coagulopathies and some had worsening subarachnoid  
6 hemorrhages, and even problems like epidermal  
7 hematomas that required surgical intervention. So,  
8 there are some subsets of surgical patients where  
9 we just don't use hetastarch at all. Neurosurgery  
10 is one area; liver transplant surgery; any place  
11 where you know the patient has a severe  
12 coagulopathy to begin with.

13 [Slide]

14 Both previous speakers did a very nice  
15 introduction about what cardiopulmonary bypass is  
16 all about. I would just like to add a couple of  
17 points about this. One is that when you think  
18 about the volume of these priming solutions and the  
19 cardiopulmonary bypass, you have to realize--I  
20 think the smallest is about 1.7 L and generally  
21 when we prime one of those cardiopulmonary pumps we  
22 are talking about a volume of about 2 L, a little  
23 bit more than 2 L. Most of us, as we sit here, we  
24 probably have an effective blood volume of about  
25 5-6 L. So, when you hook one of these pumps into a

1 patient and you mix these circulations, the  
2 effective circulating volume for that patient  
3 effectively becomes 6-8 L, of which about a fourth  
4 is whatever was priming that bypass pump.

5           Now, when it is determined that a patient  
6 needs some kind of heart surgery, they are brought  
7 to the operating room. The anesthesiologist  
8 induces anesthesia. Once they have the patient  
9 asleep, intubated, put in the different lines,  
10 arterial lines to monitor arterial pressure which  
11 allows us to sample arterial blood whenever we  
12 want, and large vascular access so we can put in  
13 pulmonary-artery catheters, watch heart function  
14 and infuse large volumes as needed into the venous  
15 side of the circulation and sample venous blood as  
16 we need, in the first part of the surgery what is  
17 going on is the sternotomy is made, the chest is  
18 opened, there is potential for bleeding because of  
19 direct surgical trauma to the chest, and the  
20 surgeon is dissecting out, in the case of a  
21 coronary-artery bypass surgery, something like a  
22 saphenous vein or internal mammary artery or other  
23 artery to graft in and bypass stenotic vessels  
24 because you are there to try to prevent myocardial  
25 ischemia.

1           So, there can be some surgical bleeding in  
2 that first part of the case but, at some point, you  
3 have to stop the heart and work on it. So, in  
4 order to manage that we place patients on  
5 cardiopulmonary bypass and prior to that either the  
6 anesthesiologist or the surgeon injects heparin to  
7 anticoagulate the patient because you obviously  
8 don't want catastrophic thrombosis going on in the  
9 pump. So, we are using a huge blocking dose of  
10 heparin, on the order of 300 units/kilogram. Of  
11 course, it is given as an IV bolus and has a pretty  
12 immediate effect.

13           The surgeon places the cannulas, as was  
14 described, so we can support the patient's  
15 circulation. The cardiopulmonary bypass pump can  
16 cool and warm the solution so we start cooling  
17 patients down. We cool patients in order to reduce  
18 the metabolic demand of tissues as some assurance  
19 that the patient is not going to have hypoxic  
20 injury to any tissue, and also because with that we  
21 can circulate blood in the pump at a lower rate.  
22 You know, we are circulating our blood right now at  
23 5-6 L a minute. With a bypass pump you are going  
24 to do it at about 2.2 or 2.4 so there is less  
25 trauma to the blood.

1           The surgery on the heart is going to be  
2 done. After it is completed, you separate from the  
3 bypass. If there is any residual heparin effect  
4 around, that is reversed with protamine. So, in  
5 that middle part of the surgery you have four  
6 reasons why you have bleeding in these patients,  
7 circulating the blood through the pump; the  
8 heparin; the cooling; the protamine that can  
9 interfere with coagulation.

10           So, typically when you see bleeding in  
11 these patients it tends to be in this latter part  
12 of the case. The important reason for focusing on  
13 the intraoperative use of hetastarch in this group  
14 in particular is because what we do here is going  
15 to have an immediate effect, as would be very  
16 reasonable to think, in the immediate period in the  
17 intensive care unit. It is important to look at  
18 this group because in this group of patients we  
19 have limited options if they start bleeding in the  
20 intensive care unit. Yes, you can infuse some more  
21 blood and if the patient is stable you may get away  
22 with that. But the problem is you can't let  
23 somebody bleed in their chest. If they become  
24 hypotensive or if they are losing oxygen-carrying  
25 capacity, the surgeon has to make a decision to go

1 back to the operating room. That isn't the case  
2 necessarily with all the other surgical procedures  
3 we have. Sometimes they are a little more  
4 forgiving but in this group, if they have to come  
5 back to the operating room, you are dealing with  
6 patients who are at risk for increased morbidity,  
7 mortality, longer ICU stay, longer hospitalization  
8 stay, greater stress on the surgical and hospital  
9 systems and much greater cost, as you can imagine.

10 [Slide]

11 So, when we look again at why this is an  
12 important group, sometimes these patients are on  
13 drugs before surgery but those can be minimized.

14 [Slide]

15 You see that once the patient is off the  
16 bypass, in the intensive care unit, many of the  
17 issues, like running circulating blood through the  
18 bypass pump, heparinization and hypothermia all  
19 start to resolve as variables. Heparin, you know,  
20 is a pretty short-acting drug. Its half-life is  
21 two or three hours. So, it is not going to  
22 normalize immediately but many of these variables  
23 can start to diminish when we get into the  
24 intensive care unit.

25 [Slide]



1           What I would like to do is to start to  
2 discuss a few pieces of literature. I have divided  
3 this into the issue of some patients from earlier  
4 studies that have received Hespan or hetastarch  
5 preparations postoperatively, and then some early  
6 studies where patients received hetastarch  
7 intraoperatively and what their results were, and  
8 then the more recent papers, all published since  
9 1997 or 1998, on intraoperative use of hetastarch.

10           If we look at these first papers, these  
11 are in cardiac patients back in 1982. These are  
12 all small studies. They had two groups of  
13 patients, about 30 each. It was a younger age  
14 group. As it was mentioned a little while ago, our  
15 patient population is changing over time. Older  
16 patients tend to have these operations whereas  
17 before it was a younger patient group. We have  
18 more patients that are reoperated on, having a  
19 second or third coronary bypass surgery.

20           Diehl looked at this, and in this case  
21 patients received only hetastarch postoperatively,  
22 and found--and also in the Kirklin study as  
23 well--this trend towards a higher blood loss in  
24 patients who had received hetastarch as opposed to  
25 albumin. Maggio compared albumin to Hespan for

1 volume expansion in the postoperative period. From  
2 reading his paper, I am not sure at what point it  
3 was given, if it was given first day, second or  
4 even third day. So, I am not quite clear what the  
5 details were on that. But they also gave fairly  
6 small volumes of both of these substances.

7           Either way, it looks like with hetastarch  
8 solutions there was more bleeding in two of the  
9 three studies here. Because there is no  
10 statistical significance here, there is no reason  
11 to think that giving patients hetastarch after the  
12 surgery is necessarily contraindicated.

13           [Slide]

14           If we switch to some early studies on  
15 intraoperative used of hetastarch, the first one  
16 was in 1983 by Saunders. Again, it was a very  
17 small study. This was a study where patients  
18 received either hetastarch or 25 percent albumin as  
19 a priming solution. It was what was going into the  
20 pump. Again, a bit of a trend there, not  
21 statistically significant but there was more  
22 bleeding in the hetastarch group. But they did see  
23 that the patients who received hetastarch required  
24 actually significantly more blood than those who  
25 received albumin.

1           Bob Sade and Fred Crawford, at my hospital  
2 back in 1985, studied hetastarch and compared it  
3 to, I think, 25 percent albumin in prime solution.  
4 Again, a little bit younger patient population.  
5 These were all adults but both of those surgeons do  
6 a lot of pediatric surgery so I think some of those  
7 were redo pediatric patients. But, again, they  
8 couldn't find any distinct difference between the  
9 hetastarch and albumin group, although it looked  
10 like there was a little higher blood loss in the  
11 hetastarch-treated group. Again, as pointed out  
12 earlier, this was a study conducted just to see if  
13 there was a way of reducing cost because at that  
14 time albumin was much more costly than hetastarch.

15           Boldt did a study in Europe, published in  
16 1993. It was a prospective study where they  
17 infused different colloid solutions at the  
18 beginning of surgery.

19           [Slide]

20           They looked at actually four different  
21 colloid solutions, one gelatin which I didn't  
22 include on this slide. Once the anesthesiologist  
23 had the patient induced, they just looked at the  
24 pulmonary-artery pressures to see if they were low,  
25 which would be an indication that the patient was

1 intravascularly depleted. They just infused one of  
2 these different colloid solutions to just double  
3 the pulmonary-artery pressure. The ones they used,  
4 high and low molecular weight Hespan or albumin,  
5 they found that with the high molecular weight  
6 Hespan there was significantly more bleeding  
7 postoperatively in those patients. As you would  
8 expect, that group also received more blood  
9 products on the first postoperative day.

10 [Slide]

11 Switching to another study, a more recent  
12 one by Cope at the University of Virginia, in 1997,  
13 Cope looked at the intraoperative or postoperative  
14 use of hetastarch for volume replacement. They did  
15 a retrospective review.

16 [Slide]

17 There was a wonderful review by Warren and  
18 Durieux in Anesthesia and Analgesia, addressing the  
19 issue of hydroxyethyl starch and whether it is safe  
20 or not. They made the point--since a statistical  
21 discussion occurred a moment ago--of what was  
22 needed to have an appropriate study. From that  
23 review they quoted an important point, that is, to  
24 have a type 1 error of only 0.5 and a type 2 error  
25 of 0.1 or 90 percent power, these studies require