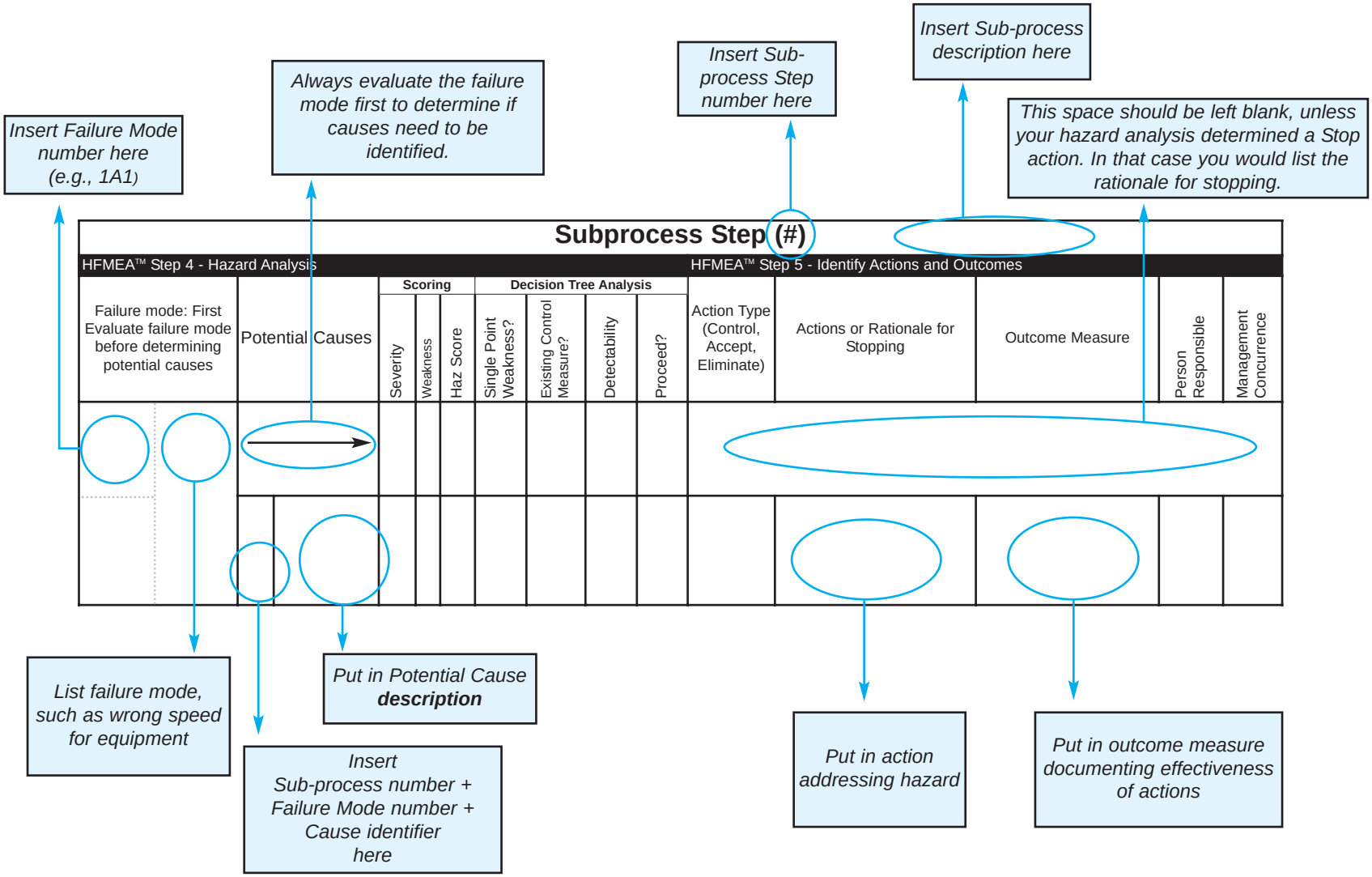Decoding the Worksheet