

Stress, Arousal and Addiction: The hypocretin connection

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Human narcolepsy-cataplexy



- Excessive daytime sleepiness
- **Cataplexy**
- Sleep paralysis
- Hypnagogic hallucinations
- Disturbed nocturnal sleep

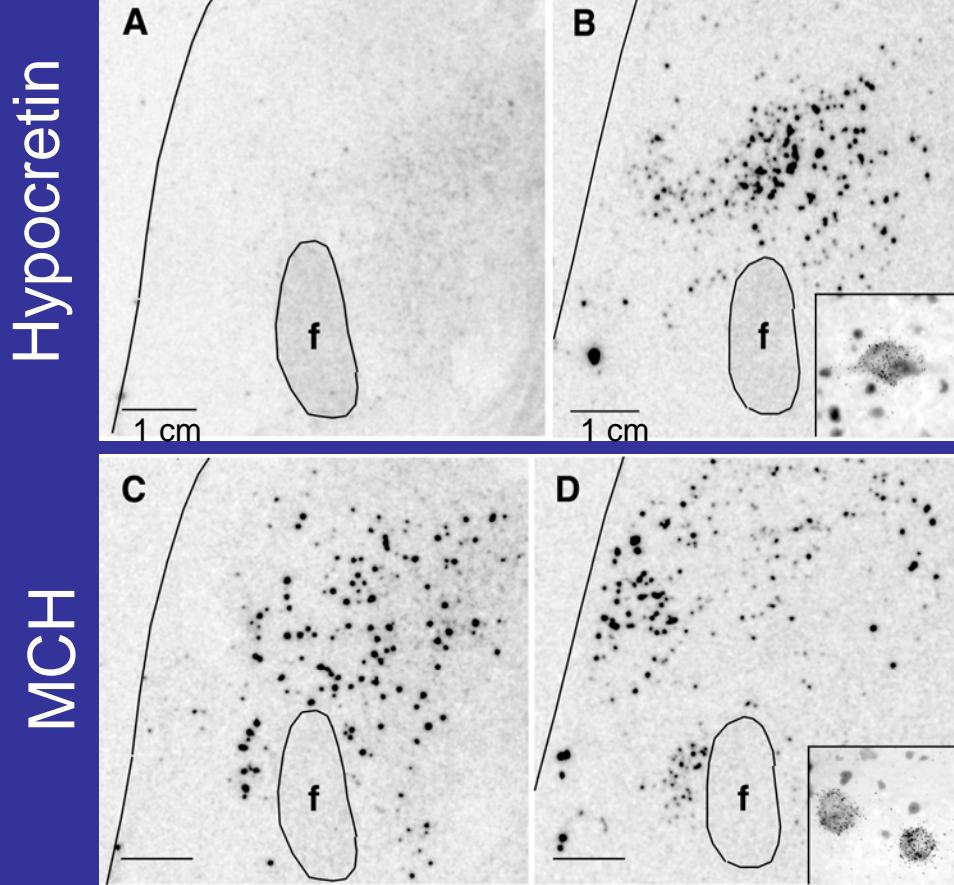
Courtesy of Dr. Zuberi

Prevalence: 1/2000, onset during adolescence

Treatment: Psychostimulants (EDS) and
Antidepressants (Cataplexy)

Narcolepsy is a disease of the hypocretinergic system

mRNA in situ Hybridization

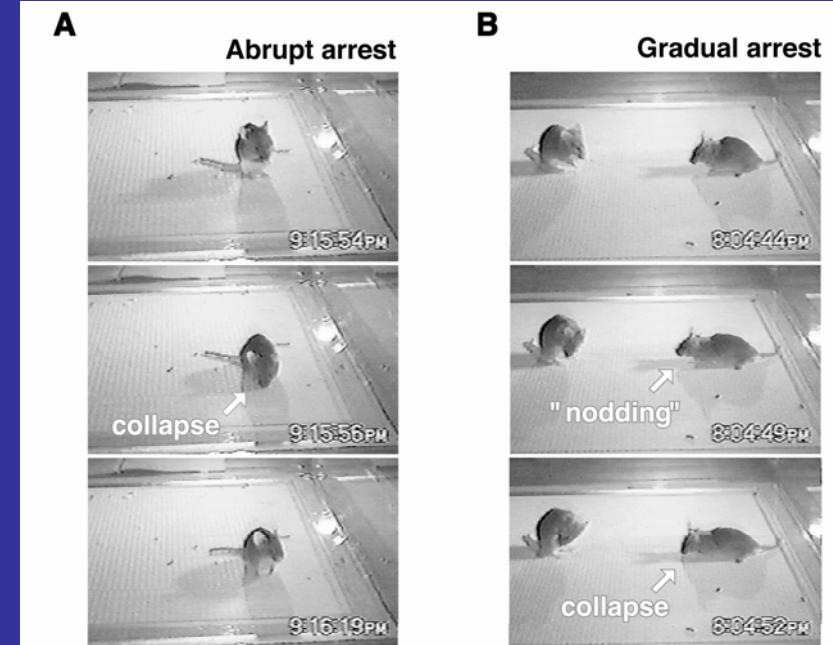


Narcoleptic

Control

Peyron *et al.*, 2000

Hcrt ko are narcoleptic



Chemelli *et al.*, 1999

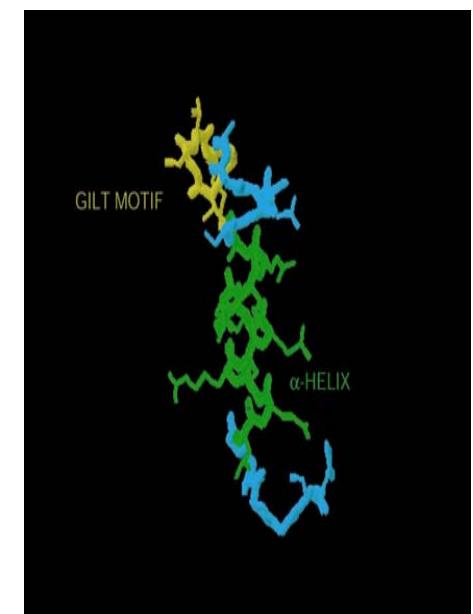
Two new members of the incretin neuropeptide family

A

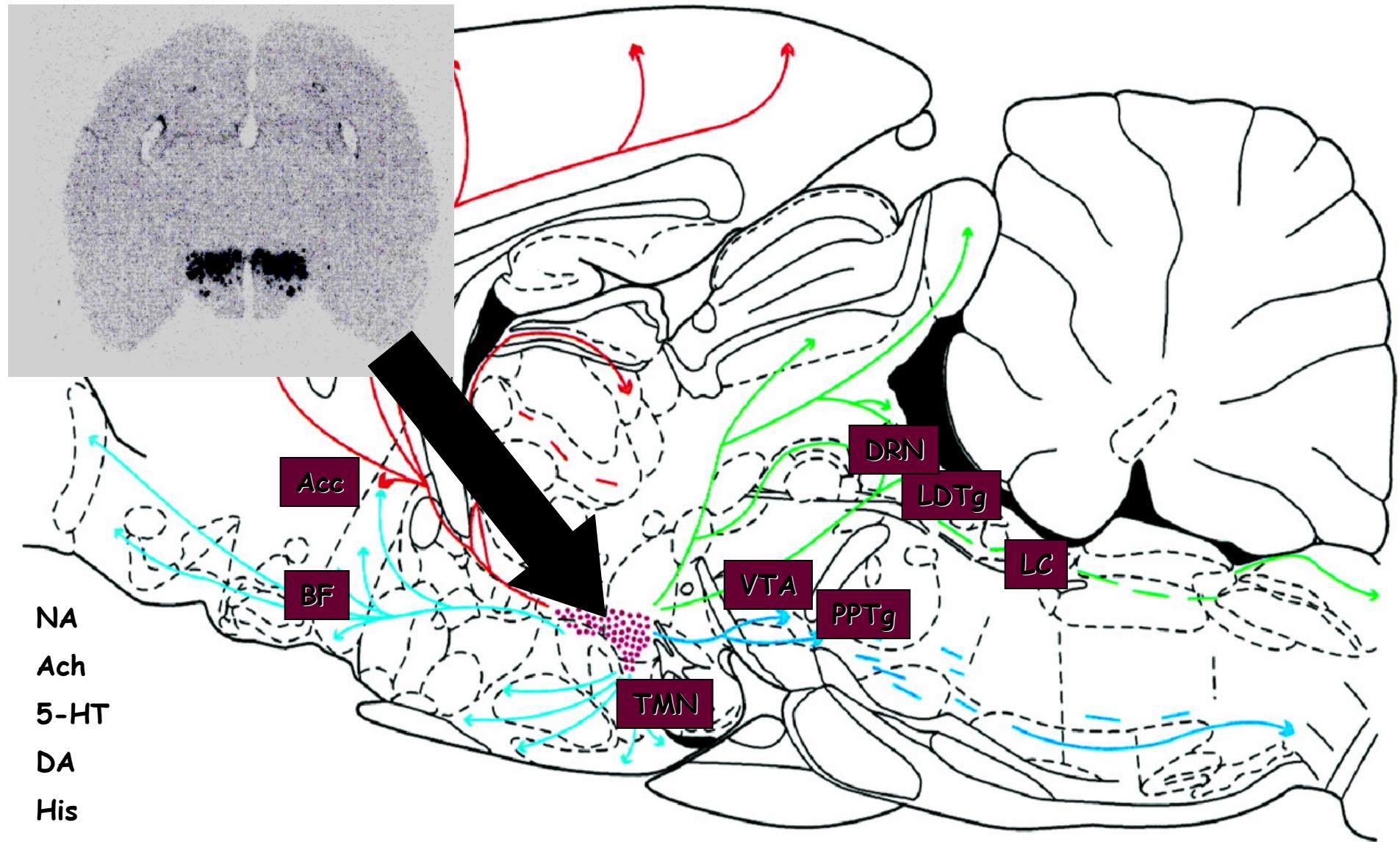
Signal	Hcrt1	Hcrt2	RR	R(R)
	34-mer	28-mer		

B

Hcrt1:	QPLPDCCRQKTCSC RLYELLHGAGNHAAGILT LG
Hcrt2:	PGPPGLQ GR LQRLQ LLQ AN GN HAAGILT MG
Secretin	HSDGTFTSKLSRLRDSARLQRLLQGLV HSDGTFTSK
VIP	HSDAVFTDNYTRLRKQMAVKKYLN SILN
PACAP27	HSDGIFTDSYSRYRKQMAVKKYLA AVLG
PACAP38	HSDGIFTDSYSRYRKQMAVKKYLA AVLGKRY KQRVKNKG
Glucagon	HSQGTFTSDY SKYLD SRR AQDFV QWLMNT
GLP-1	HAEGTFTSDVSSYLEG QAAKEFIAWL V VKGRG
Hcrt1-----	HAAGILT



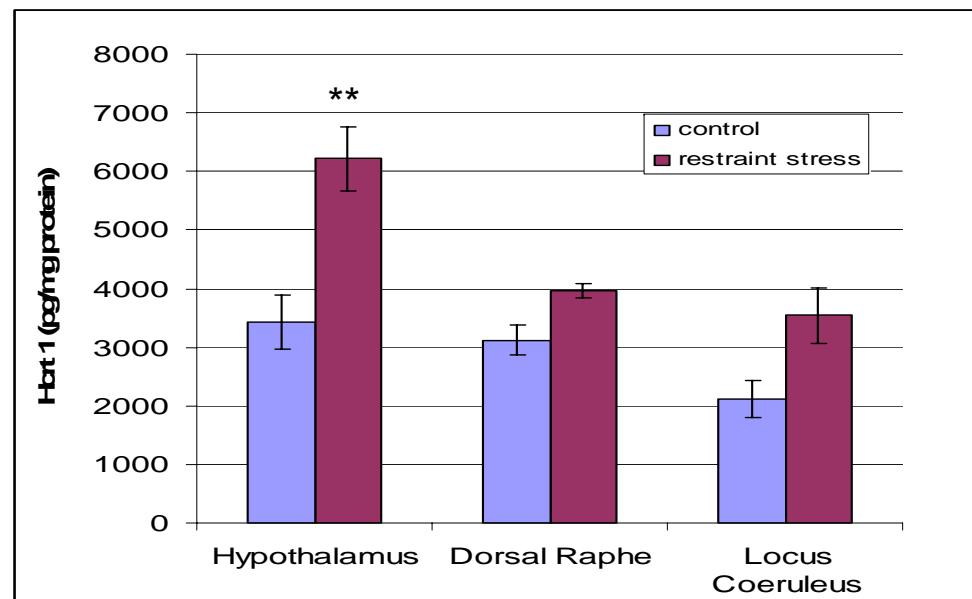
Anatomy of the hypocretinergic system



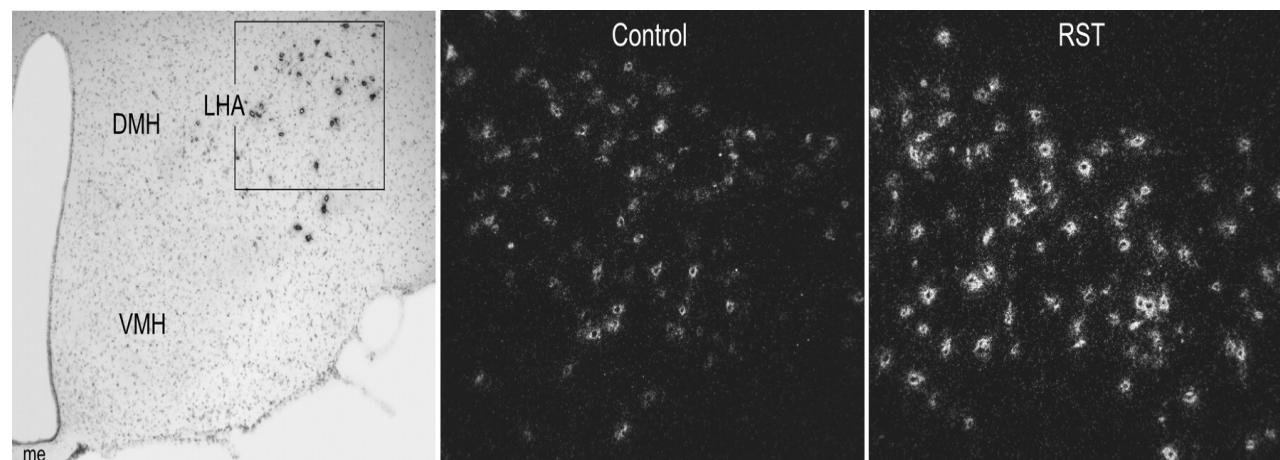
(de Lecea et al., 1998; Peyron et al., 1998)

The hypocretins in hyperarousal

Hcrt and hyperarousal: acute stress

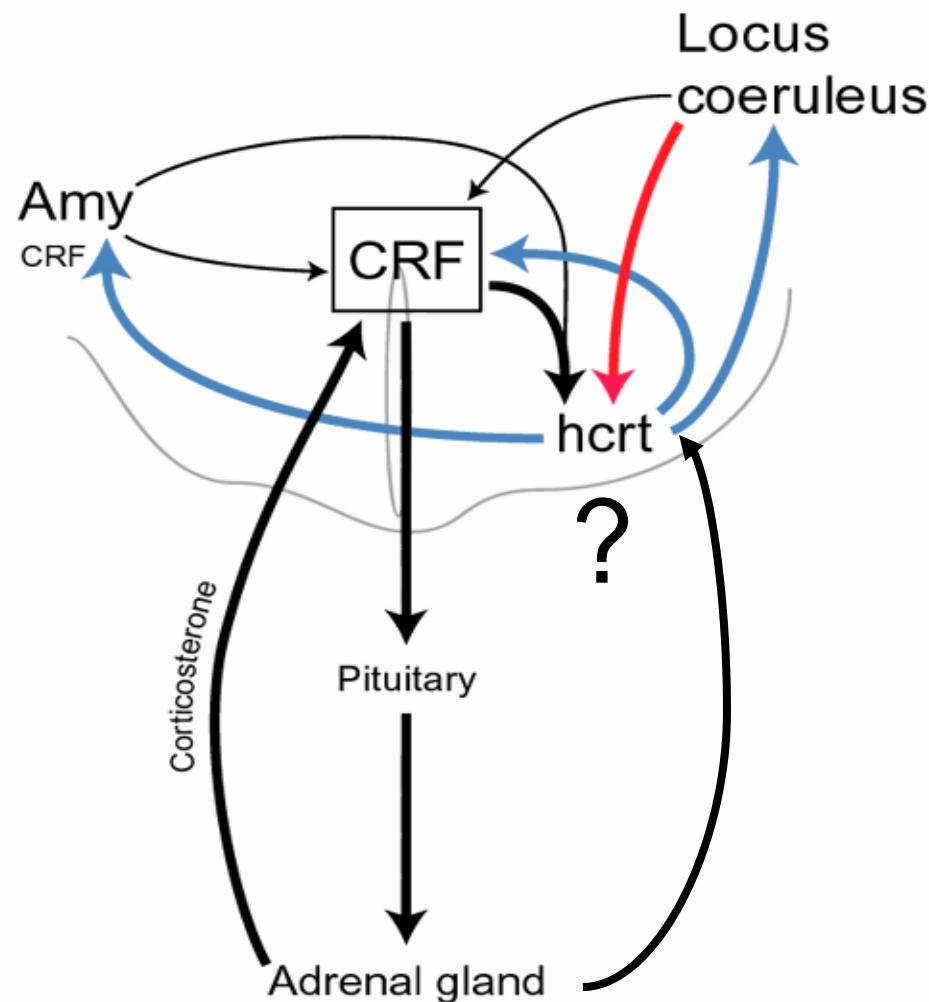


Fabre et al.,

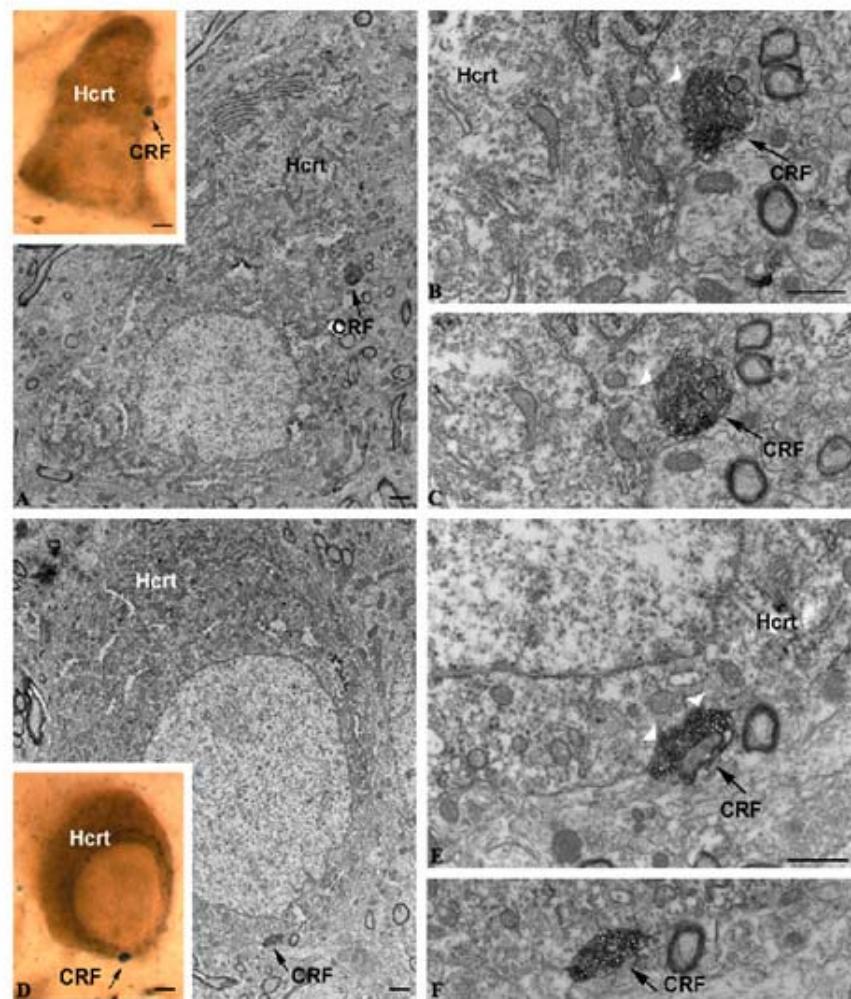
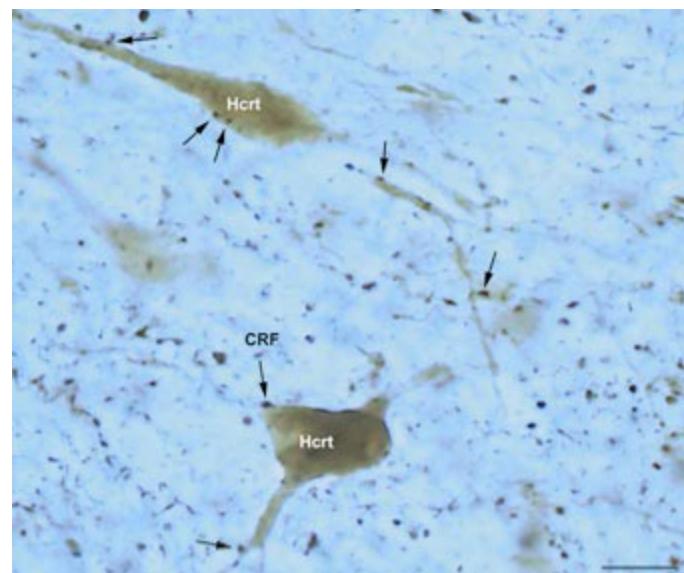


Reyes et al., 2003

Hypocretins and stress response

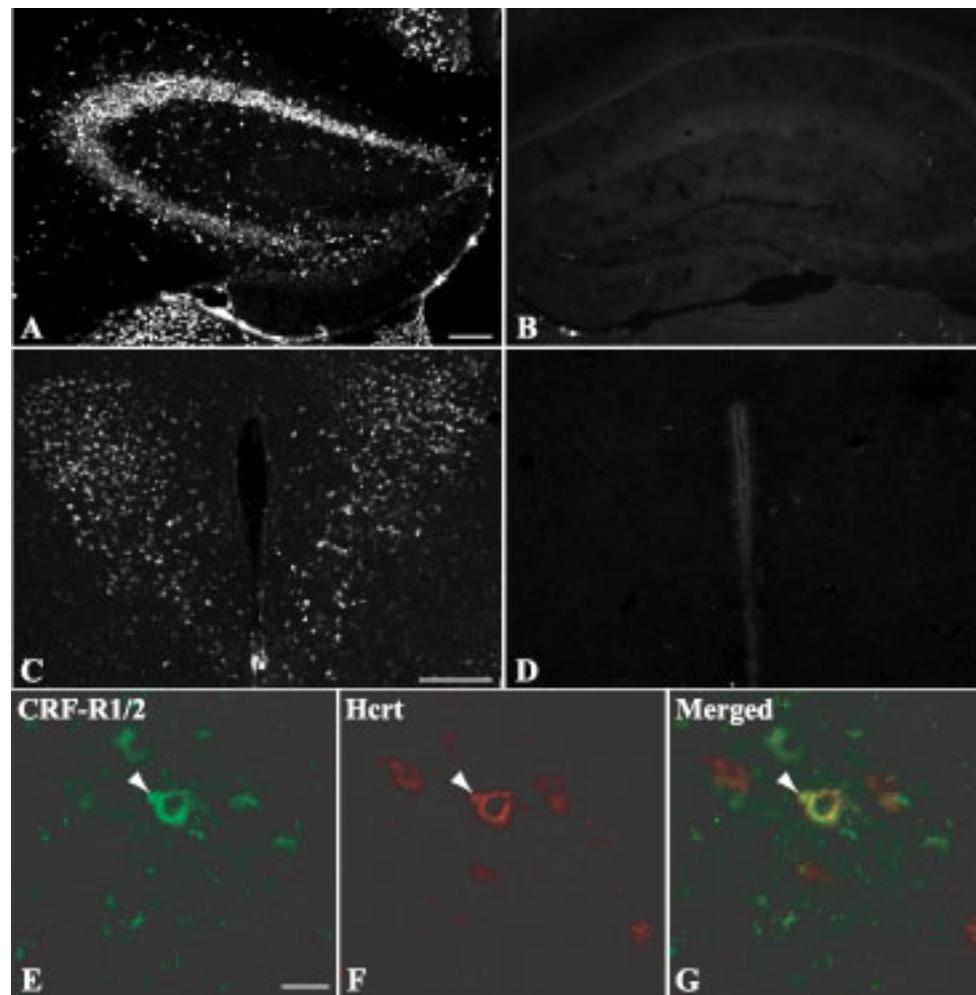


CRF terminals contact HCRT cell bodies



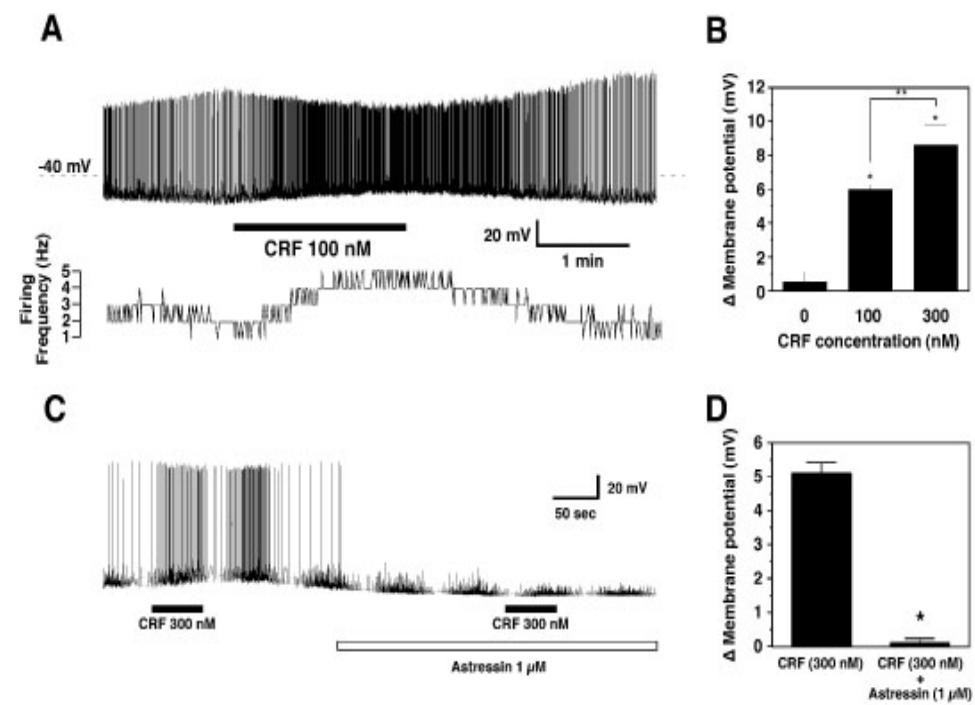
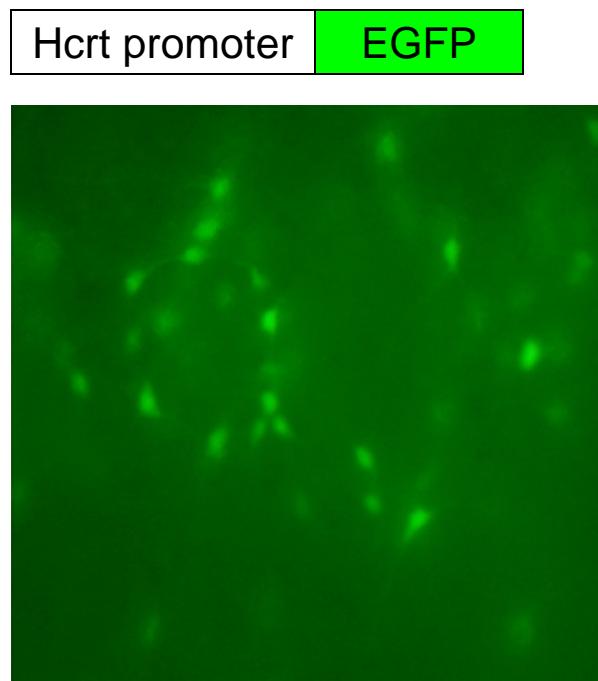
Winsky-Sommerer et al., (2004)

CRF receptors are expressed in hcrt neurons



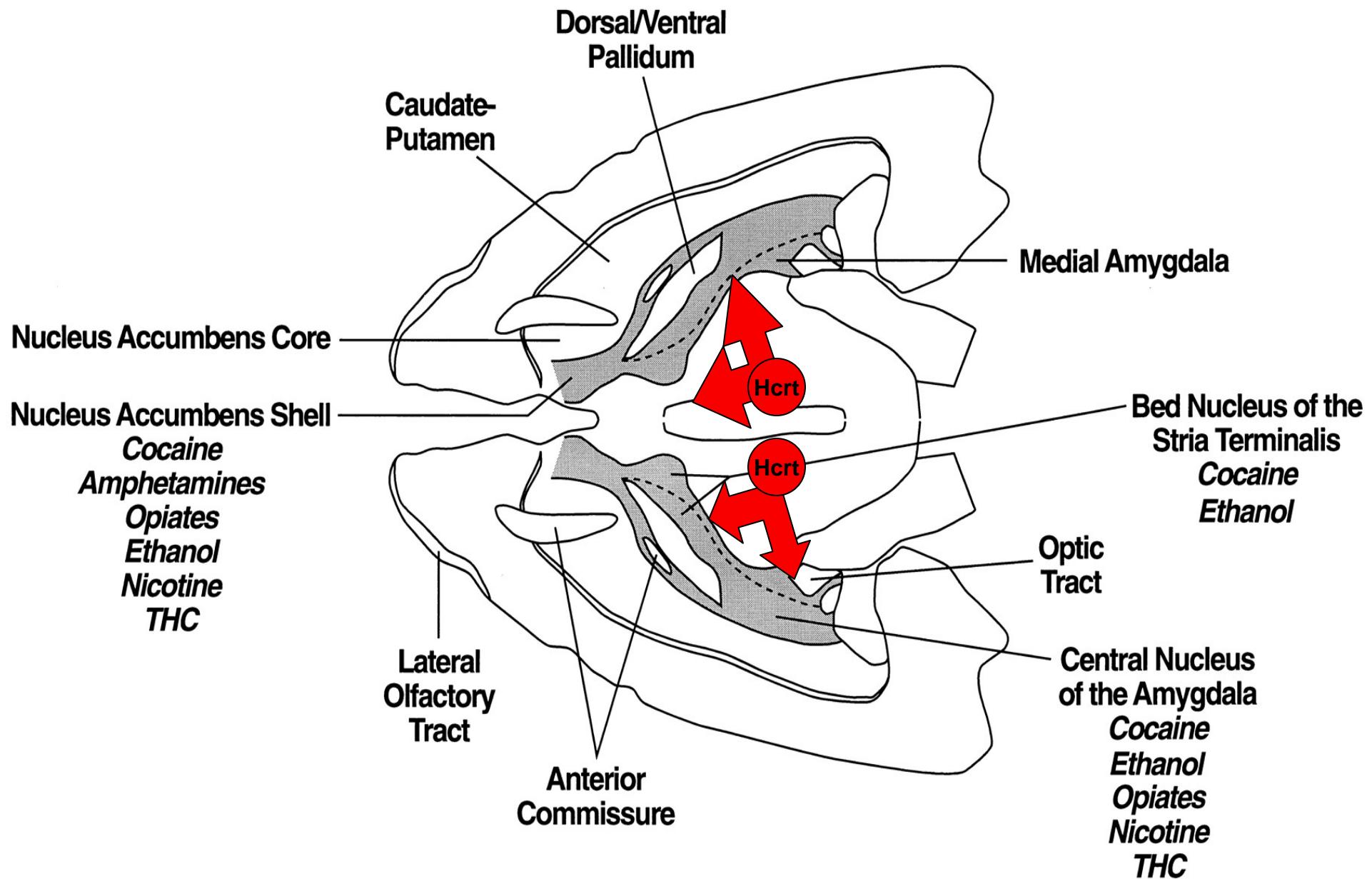
Winsky-Sommerer et al., (2004)

CRF depolarizes HCRT neurons through CRFR1



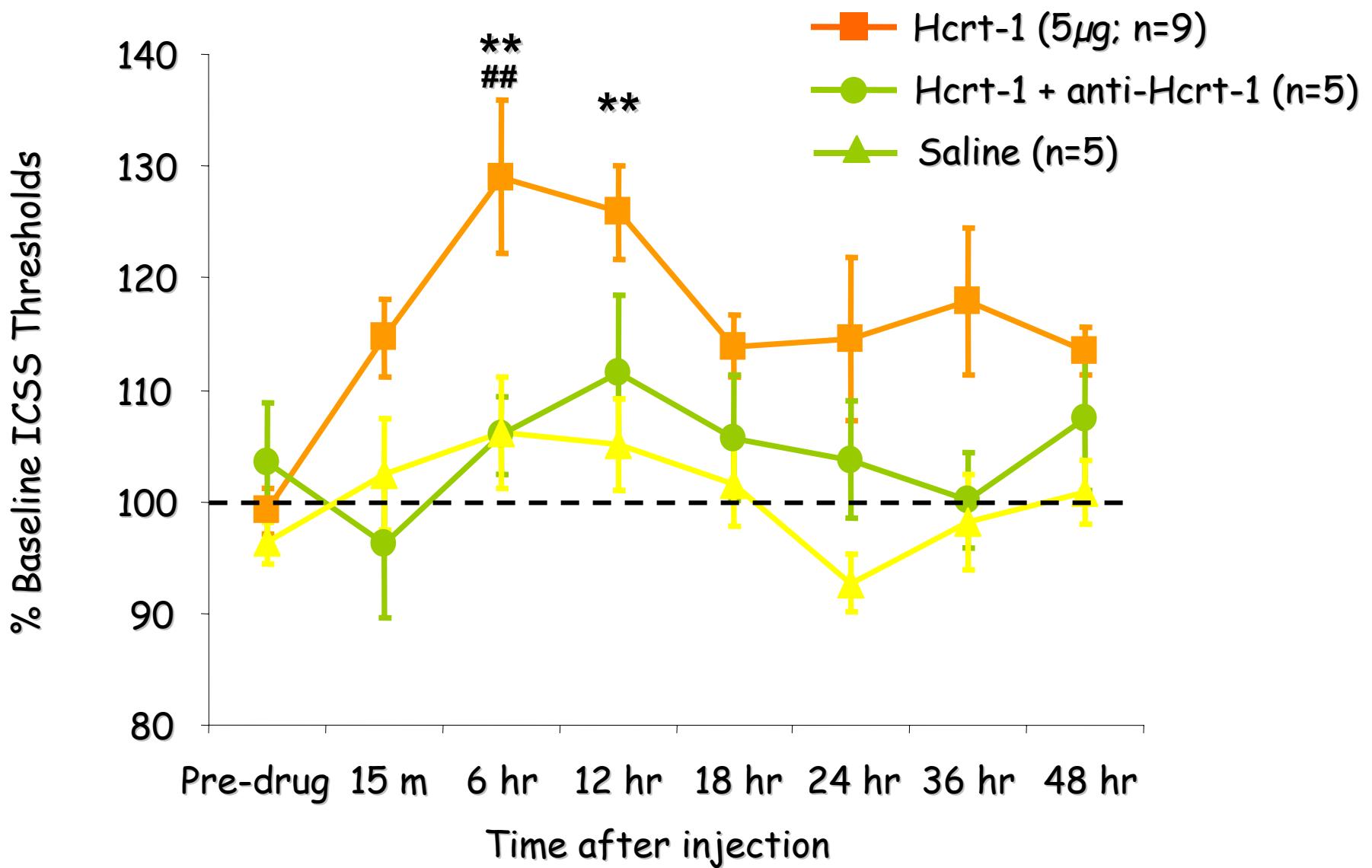
Winsky-Sommerer et al., 2004

Effects of Drugs of Abuse on Subregions of the Extended Amygdala

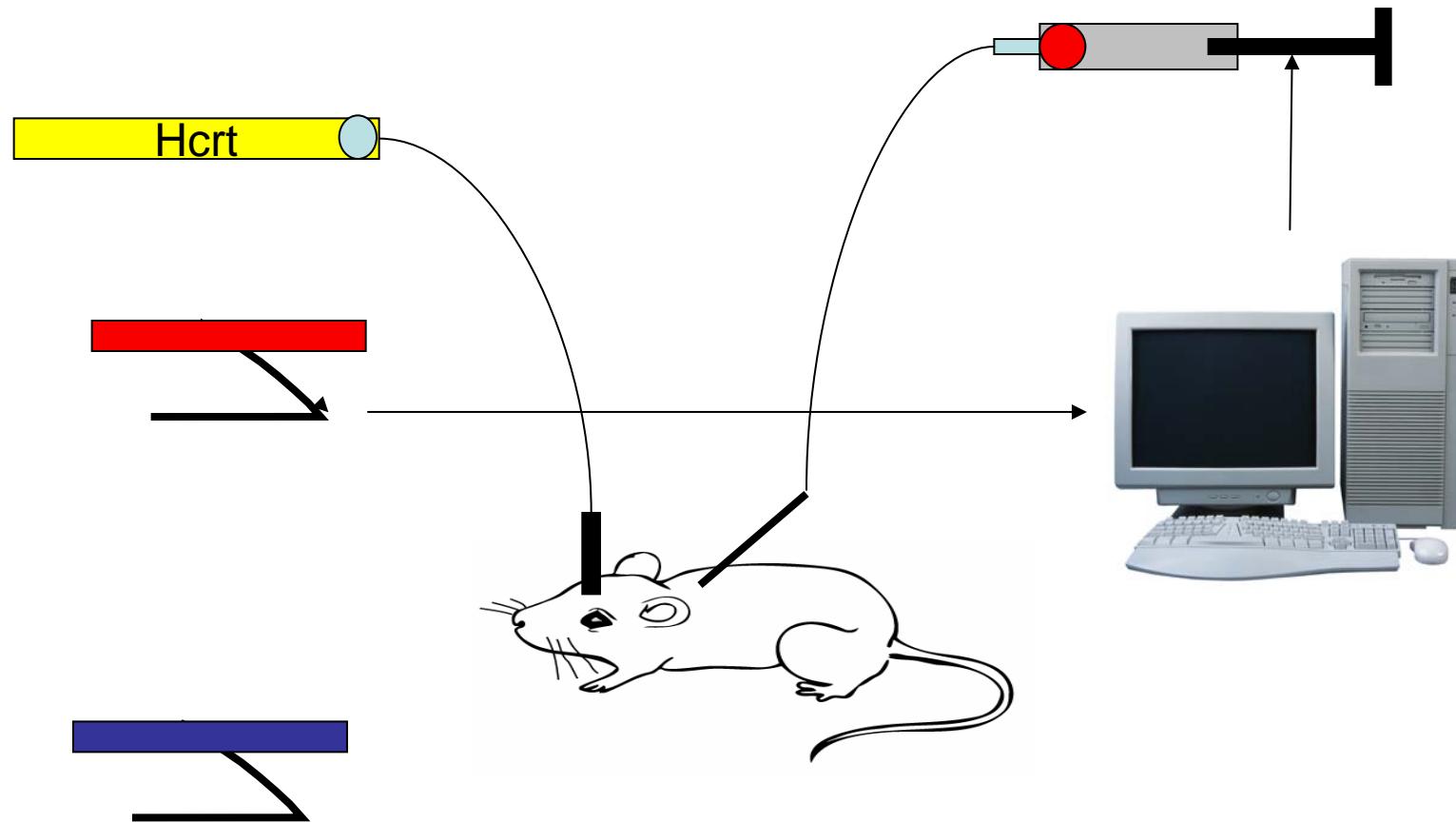


Does Hcrt affect brain reward?

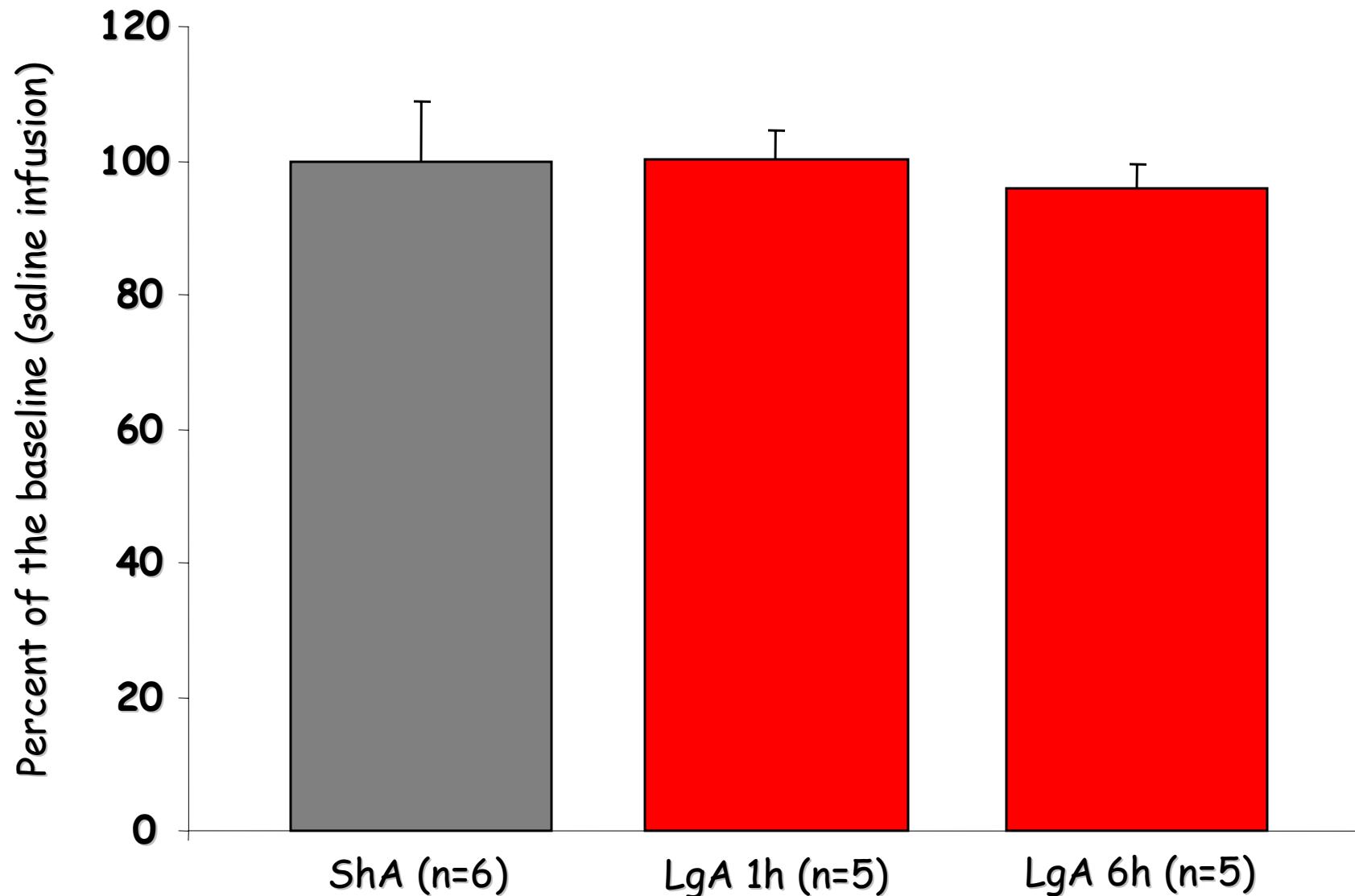
Hypocretin negatively regulates brain reward



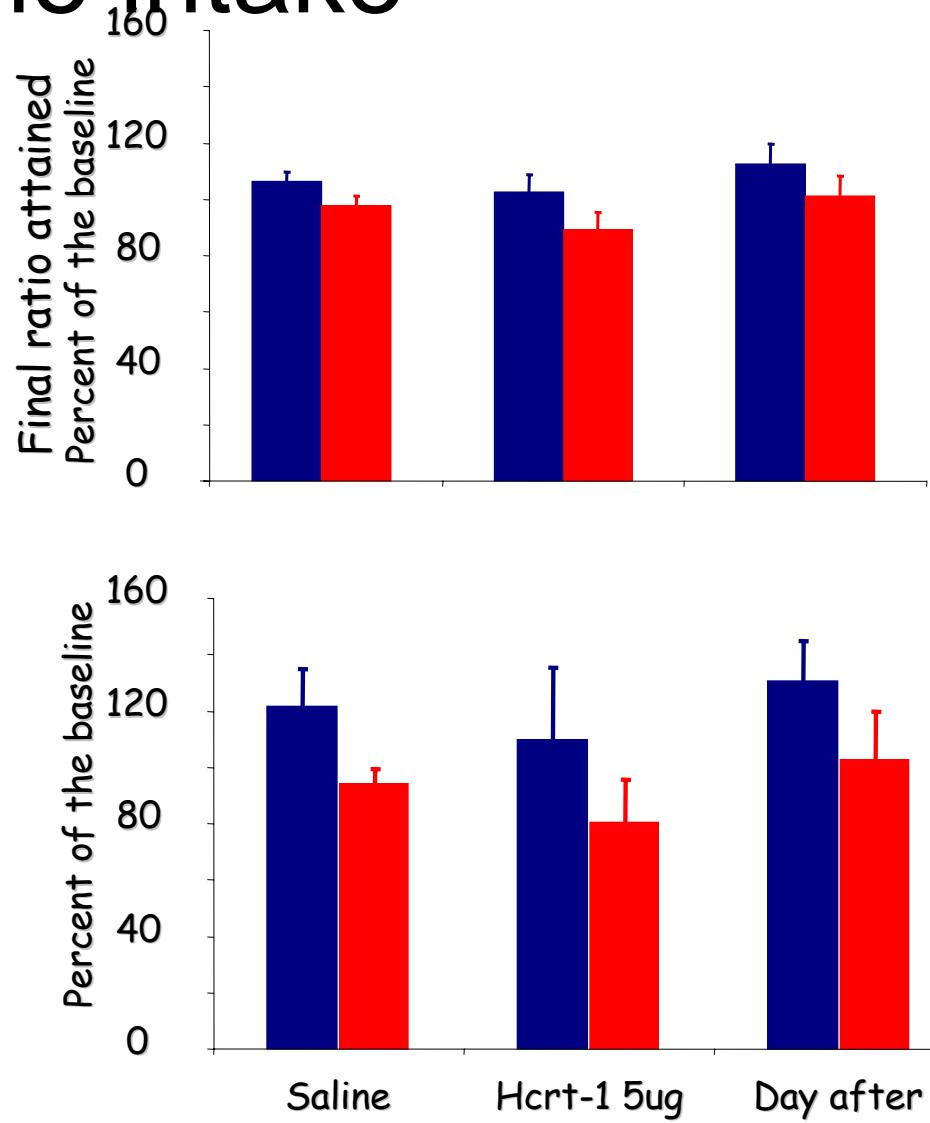
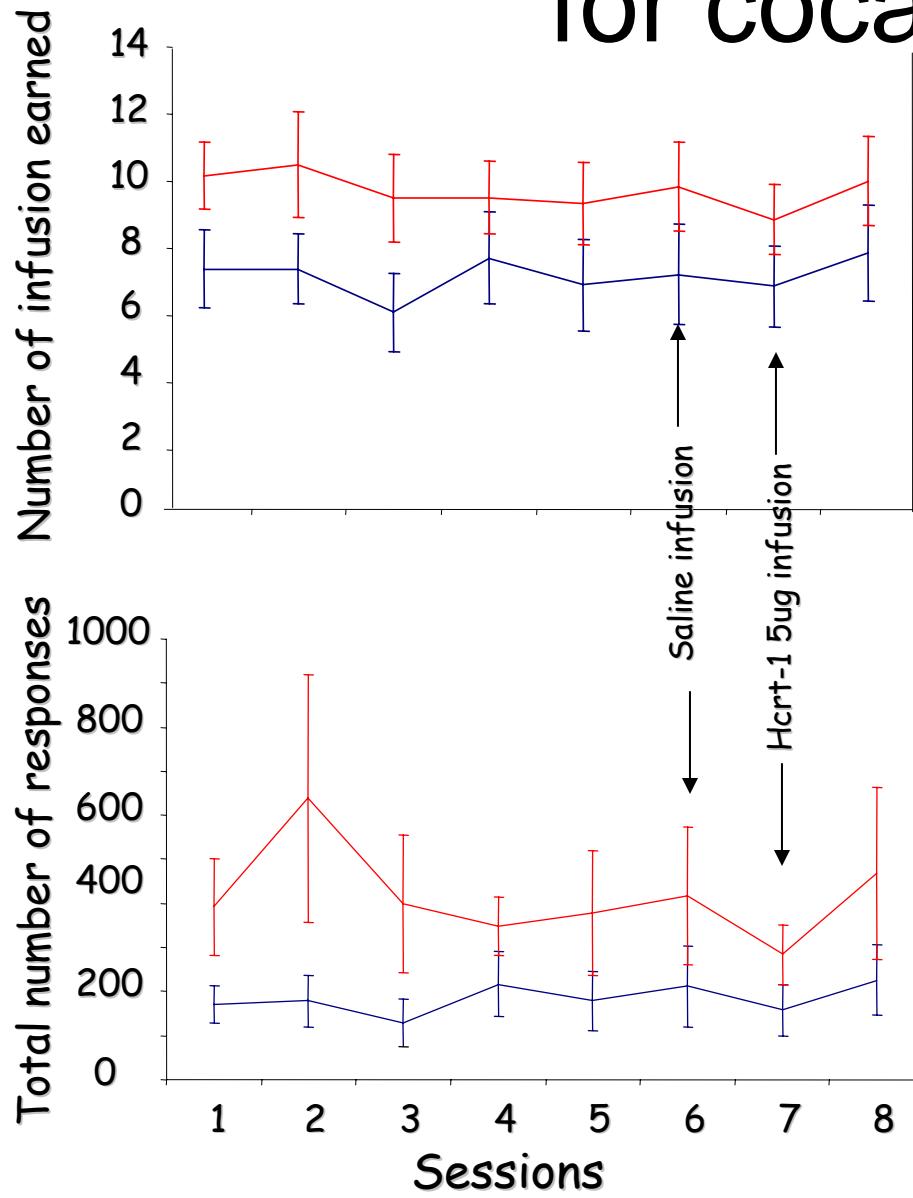
Cocaine self-administration



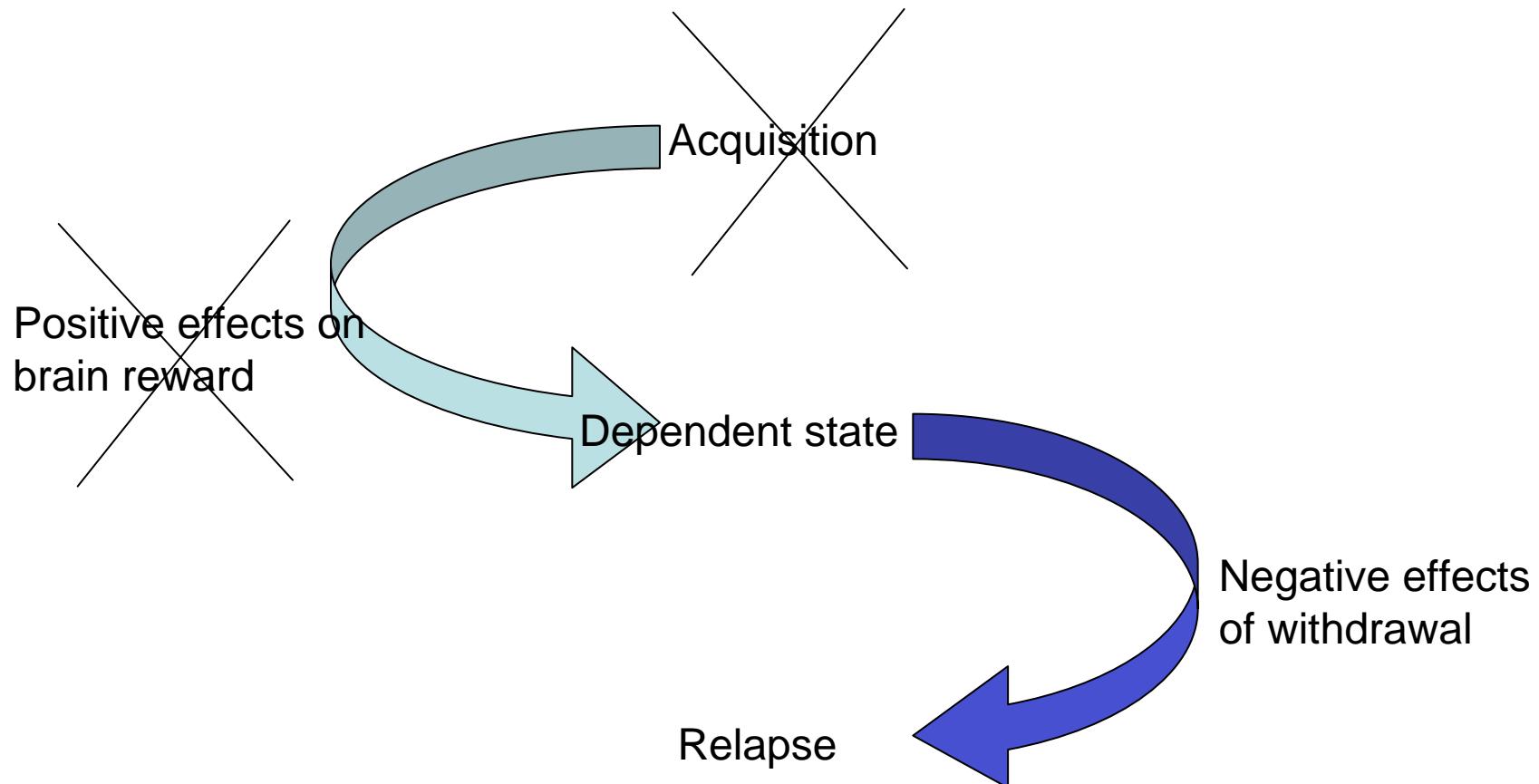
Hypocretin-1 does not affect cocaine intake



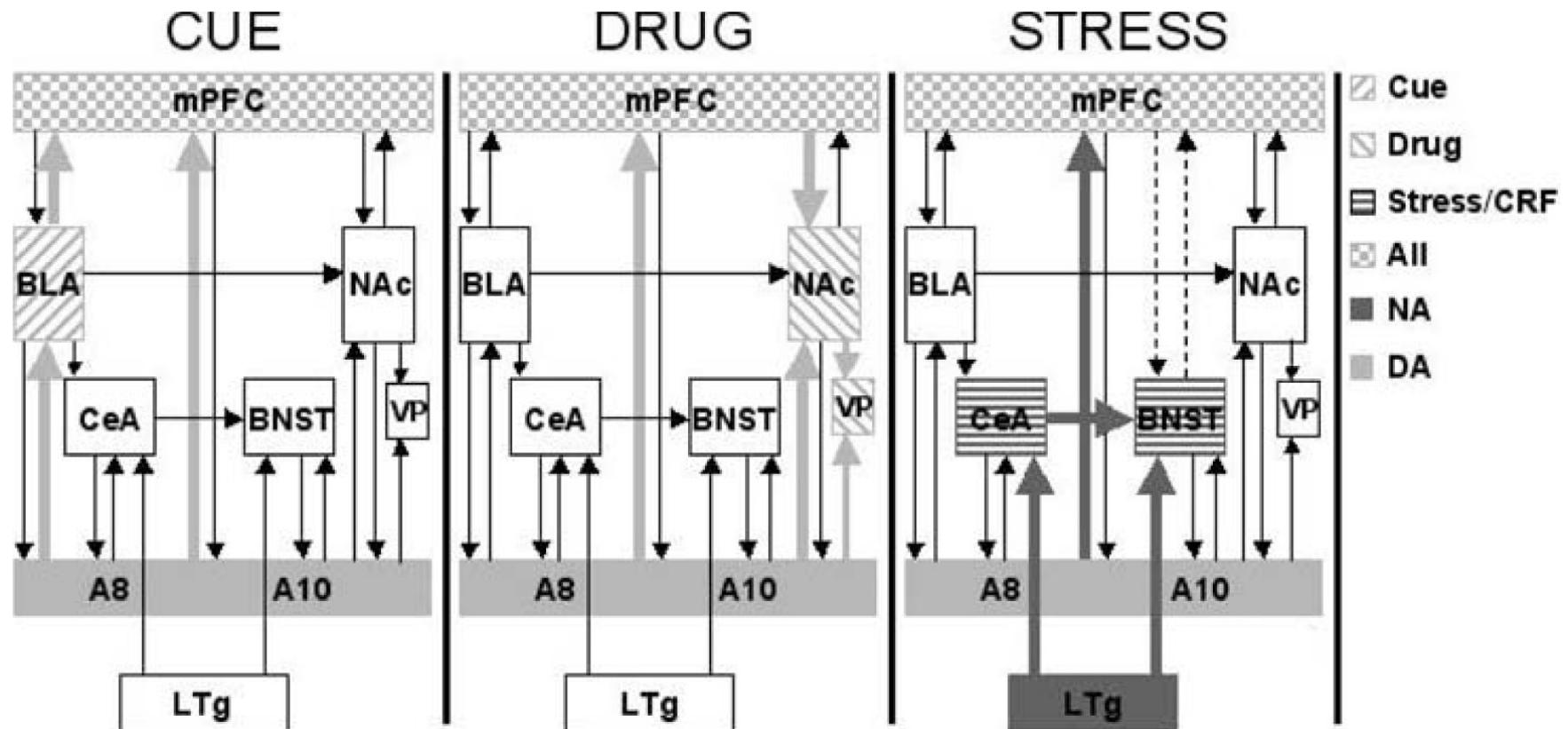
Hcrt-1 does not change motivation for cocaine intake



The addiction spiral

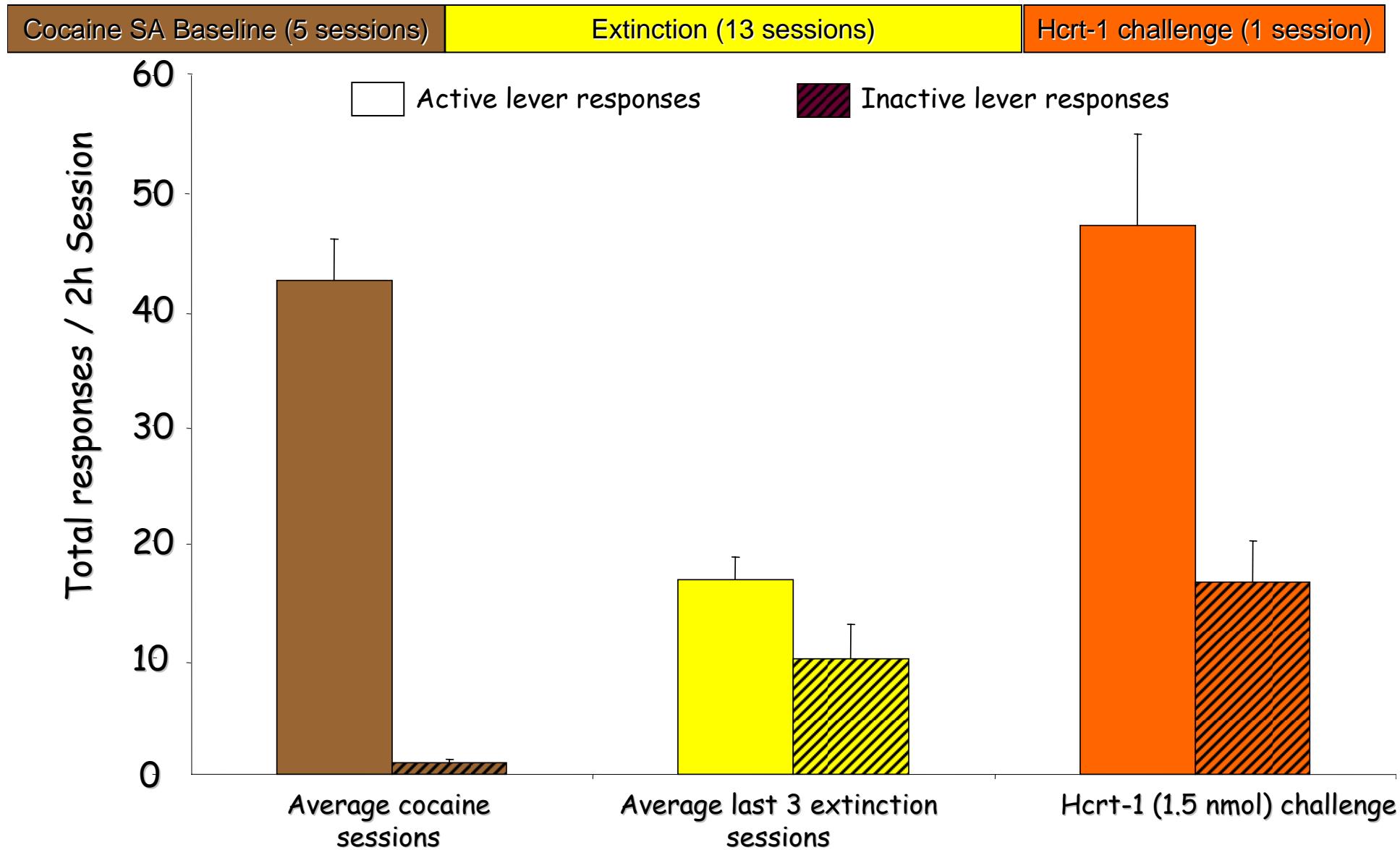


Neuronal circuits involved in reinstatement

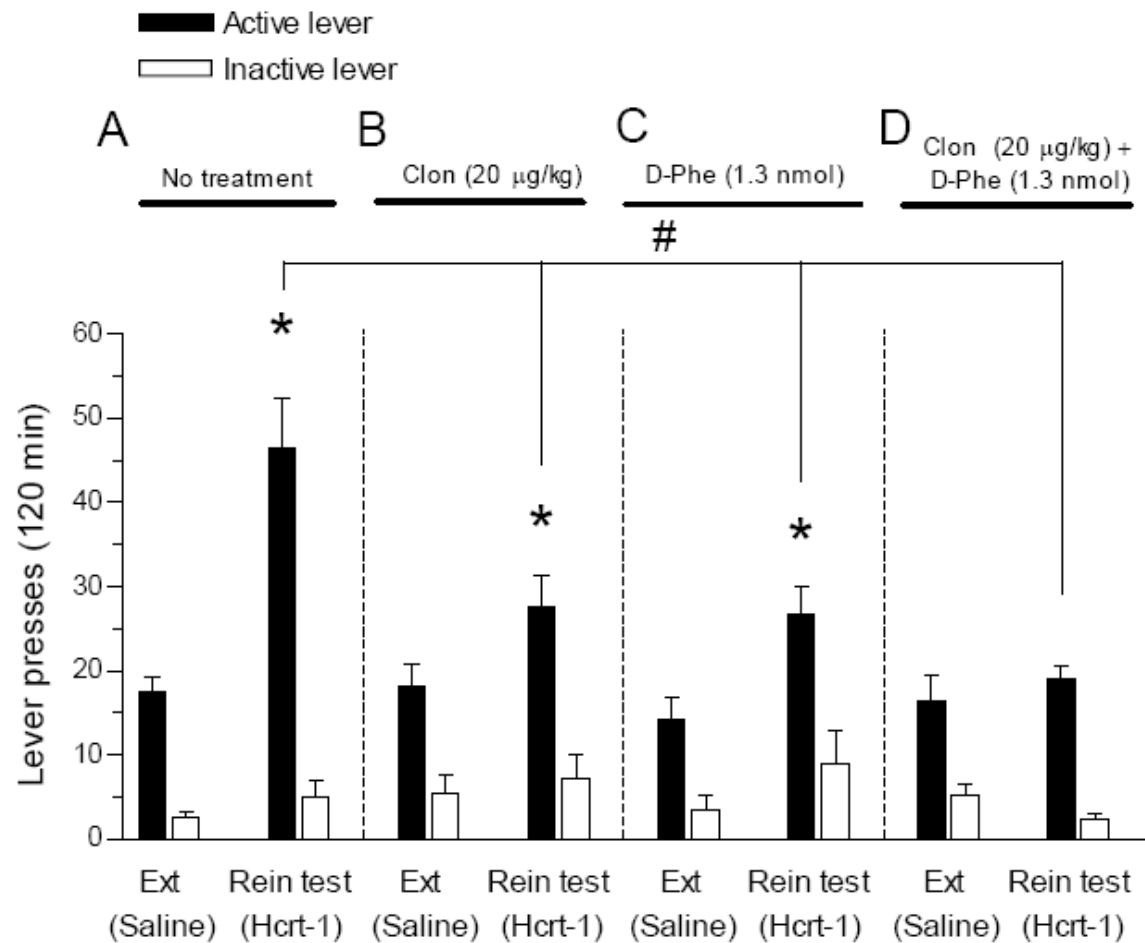


Shalev and Shaham, 2003

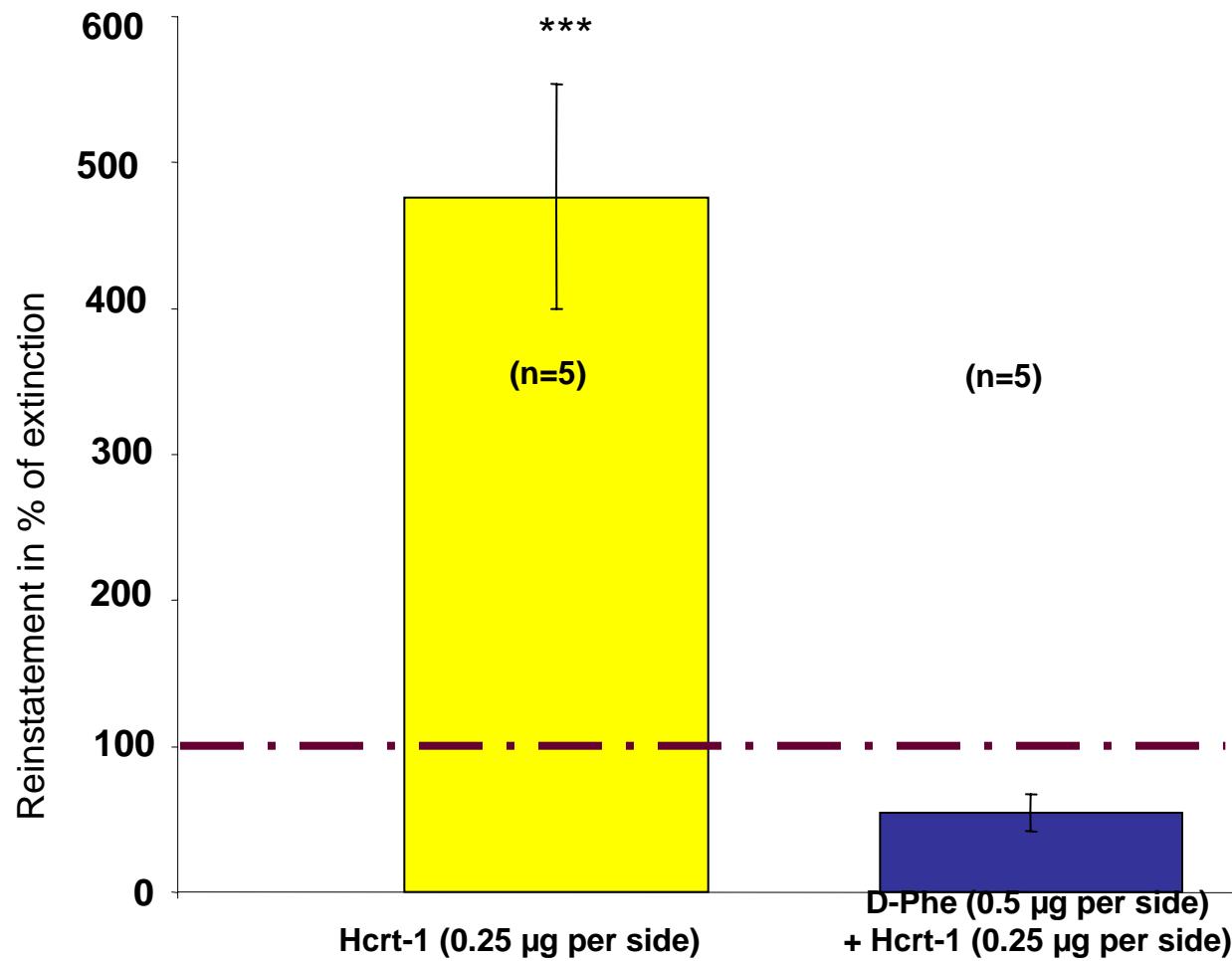
Hcrt1 (icv) reinstates cocaine-seeking behavior



Blockade of both CRF and NE prevents Hcrt-induced reinstatement

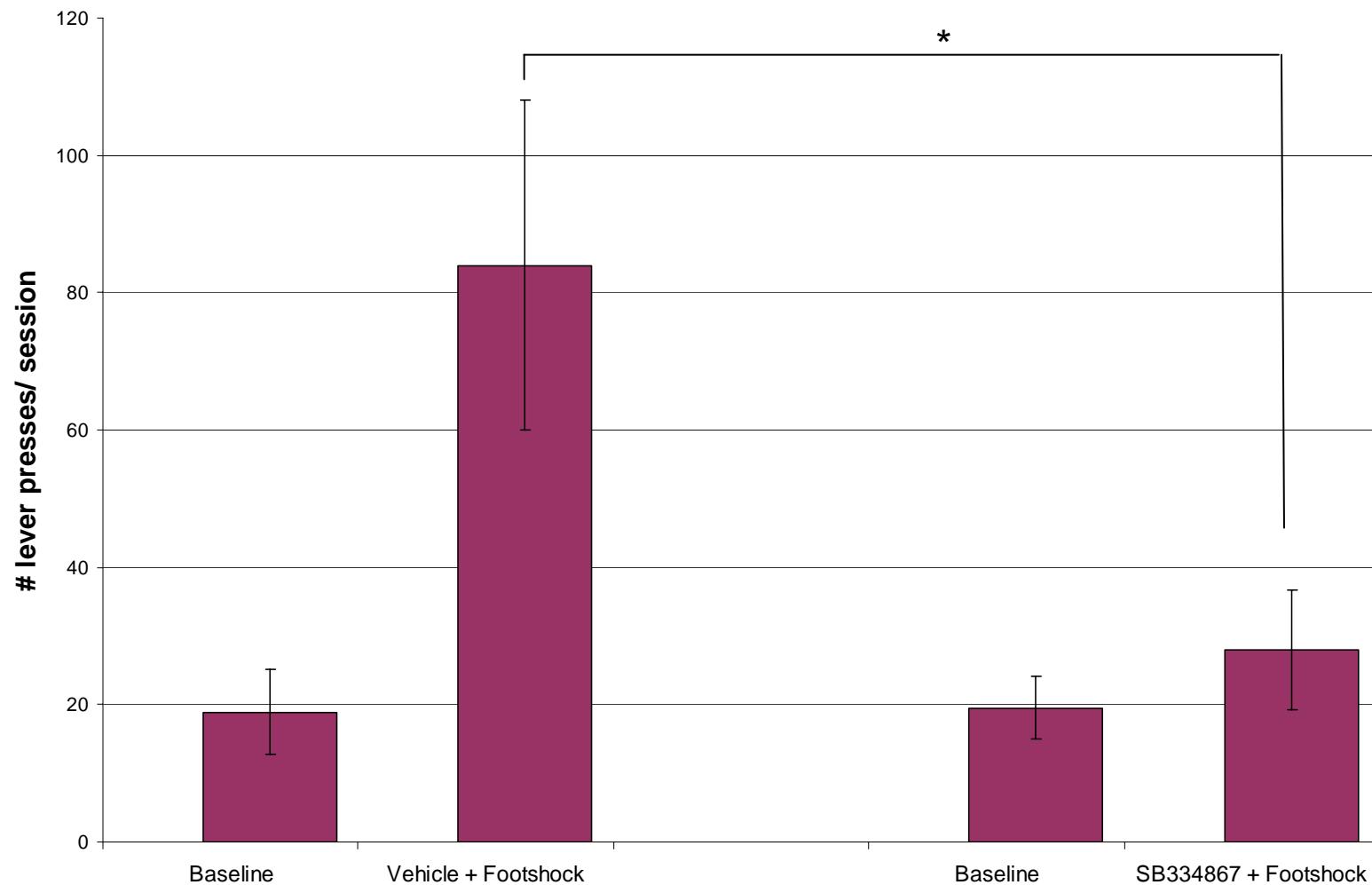


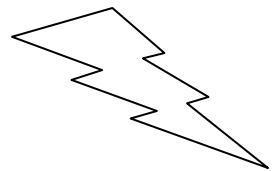
The BNST is involved in hypocretin-induced reinstatement



- Stress induces CRF
- CRF stimulates hcrt neurons
- CRF produces reinstatement
- Hcrt produces reinstatement
- CRF-R antagonists block stress-induced reinstatement
- Do Hcrt antagonists block stress-induced reinstatement?

Hcrt receptor antagonist blocks stress-induced reinstatement





Footshock stress

Addiction state



Hcrt

HPA axis

Allo
Reinstatement of
Drug seeking

Acknowledgements

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