# Clostridium sordellii toxic shock syndrome following medical abortion

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#### Clostridium sordellii

- Gram positive anaerobic bacillus that resides in soil
- Colonizes gastrointestinal or genital tract of healthy humans
  - Uncommonly found in surveys of stool and vaginal flora
  - Isolated from musculoskeletal tissue of 3% (26/795) cadaver donors
- Virulence and clinical manifestations determined by two cytotoxins (i.e., Lethal toxin and Hemorrhagic Toxin)
  - Variably expressed by different C. sordellii strains
  - Cytopathic effects altered by environmental conditions (e.g., pH)



# C. sordellii case reports and series

- Pneumonia
- Endocarditis
- Arthritis
- Peritonitis
- Corneal ulcer
- Bacteremia



#### C. sordellii wound infections

- Necrotizing fasciitis
- Myonecrosis
- Tissue allograft infections
- Neonatal omphalitis
- Postpartum endometritis
- Episiotomy infection



## C. sordellii Toxic Shock Syndrome

- Acute onset and rapid progression
- Afebrile or low grade fever
- Refractory tachycardia and hypotension
- Local and spreading edema
- Leukemoid reaction
- Hemoconcentration
- High case fatality



## C. sordellii toxic neonatal omphalitis 1976-1993

- 6 cases reported in the literature
- Infants 2-11 days old
- Clinical findings included abdominal wall swelling, periumbilical erythema/discharge, and elevated WBCs
- 5 (83%) died
- C. sordellii isolated from the umbilicus (n=5), peritoneal fluid (n=2), and blood (n=1)



#### C. sordellii TSS among IDUs, 1992-2000

- Four clusters of wound infections among black tar heroin injecting drug users (IDUs) in California
- Often mixed infections with C. sordellii, C. perfringens, and other soil contaminants
- C. sordellii isolation associated with toxic shock-like syndrome and a high case fatality rate

Kimura et al. Clin Infect Dis 2004;38:e87
Bansberg et al. Arch Intern Med 2002;162:517.
Chen et al. Clin Infect Dis 2001;33:6.
Callahan et al. Arch Surg 1998;133:812.



#### C. sordellii allograft infection, 2001

- 23 year old male died of *C. sordellii* sepsis and TSS after receiving a contaminated tissue allograft
- Prompted a national investigation of Clostridium sp. infections associated with tissue allografts
  - 13 additional cases identified
  - All due to *C. septicum* or *C. bifermentans*
  - None were fatal

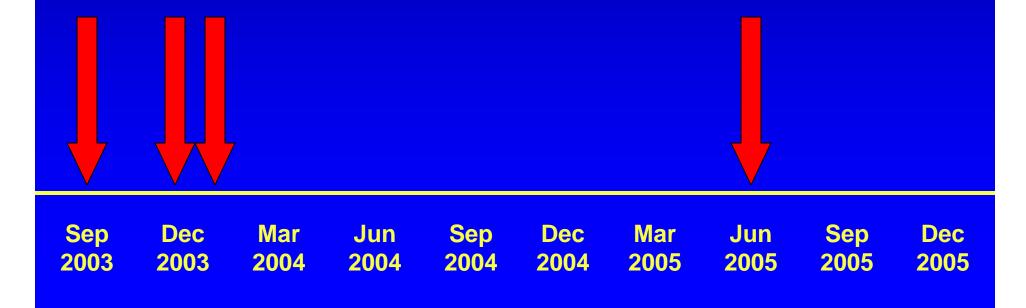
CDC. MMWR 2001;50:1035. Kainer et al. N Engl J Med 2004;350:25.



#### C. sordellii genital tract infections and TSS,1977-2001

	(n=	=10)
Age in years (median, range)	25 yrs	(23-40)
Died (n, %)	10	(100%)
Preceding event (n, %)		
Childbirth	8	(80%)
Medical abortion	1	(10%)
Time course in days (median, range)		
Event to symptoms	3 days	(2-5)
Hospitalization to death	0 days	(0-3)
Laboratory findings (n, %)		
Leukemoid reaction (WBC >50,000)	8	(80%)
Hemoconcentration (Hct ≥50%)	7	(70%)

Four deaths occur among women following medical abortions



#### Mifepristone plus misoprostol for medical abortion

- Mifepristone plus misoprostol approved for medical termination of pregnancy ≤7 wks gestation
  - Mifepristone: synthetic steroid with anti-progesterone effects
  - Misoprostol: prostaglandin analog, causes uterine contractions
- FDA-approved regimen
  - 600 mg oral mifepristone followed within 2 days by
  - 400 µg oral misoprostol
- These patients received a common "off-label" regimen
  - 200 mg oral mifepristone followed by
  - 800 µg <u>vaginal</u> misoprostol

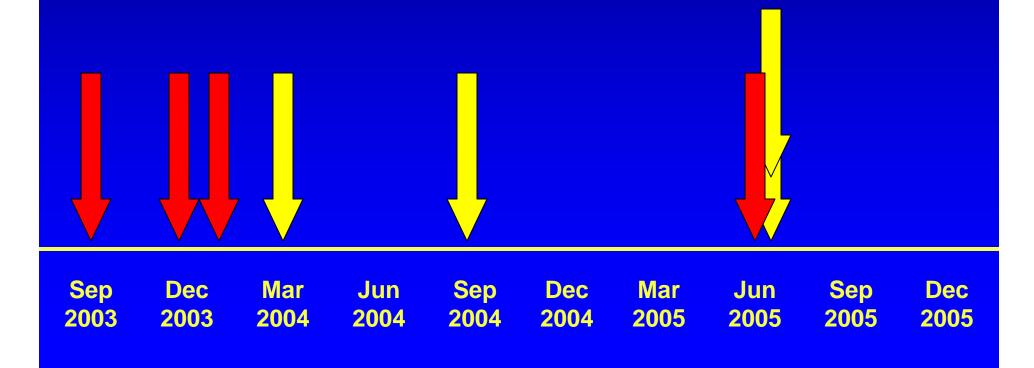


## **Initial investigation**

- Fulminant toxic shock-like syndrome
- Similar to a fatal case of C. sordellii TSS that occurred following medically-induced abortion in Canada in 2001
- Canadian patient had received the same off-label regimen of mifepristone and misoprostol as these cases



- Four deaths occur among women following medical abortions
- Cases reported to CDC Unexplained Deaths project (UNEX)



# Patient demographics (n=4)

Age in years (median, range)	22 yrs	(18-34)
Race (n, %)		
White	2	(50%)
Black/ African American	1	(25%)
Asian	1	(25%)
	4	(4000()
California resident (n, %)	4	(100%)



#### Illness course and outcome (n=4)

Underlying medical conditions (n, %) 0 (0%)

Died (n, %) 4 (100%)

Time course in days (median, range)

Mifepristone to symptom onset 5 days (4-5)

Hospitalization to death 0 days (0-1)



# Clinical signs and symptoms (n=4)

	n	( (%)
Temperature >38.0 C	1	(25%)
Tachycardia	4	(100%)
Hypotension	4	(100%)
Vomiting or diarrhea	4	(100%)
Abdominal pain	4	(100%)
Rash	0	(0%)



# Clinical laboratory findings (n=3)

	n	(%)
Leukemoid reaction (WBC >80,000)	3	(100%)
Hemoconcentration (Hct >50%)	2	(66%)
Thrombocytopenia (Plts <100,000)	2	(66%)
Renal insufficiency (Creatinine >1.1)	1	(33%)
Elevated liver function tests	0	(0%)



#### **Bacterial culture results**

	Positive / Performed
Blood culture	0 / 3
Peritoneal fluid	0 / 1
Vaginal swab	1* / 1
Endometrial tissue	1† / 1

<sup>\*</sup>Gardnerella species

†Escherichia coli and an anaerobic gram-positive bacillus

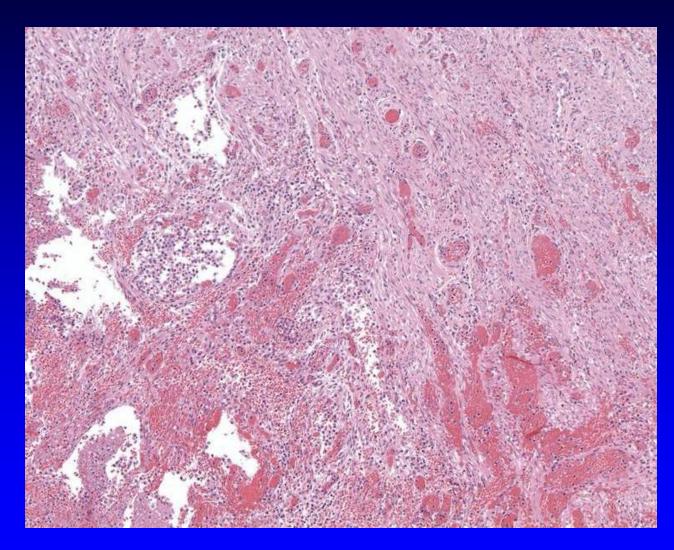


## Radiographic and gross autopsy findings (n=4)

	n	( (%)
Pleural or peritoneal effusions	3	(75%)
Pulmonary infiltrates/ edema	3	(75%)
Retained fetal or placental tissue	0	(0%)



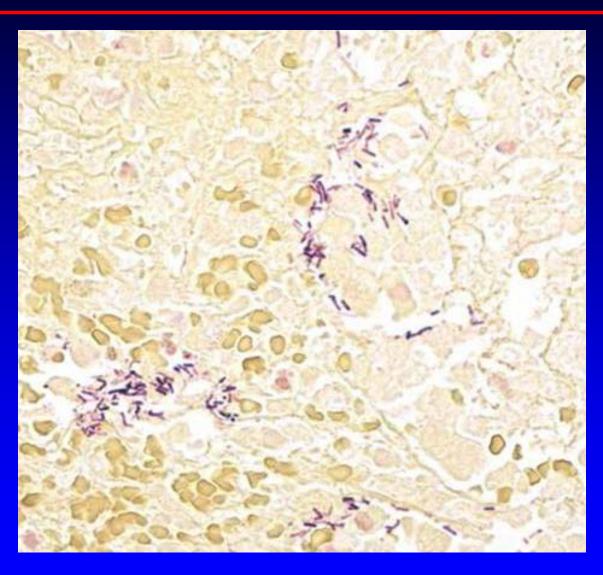
## Hematoxylin & eosin staining of uterine tissue



Hemorrhage, inflammation and necrosis of endometrium

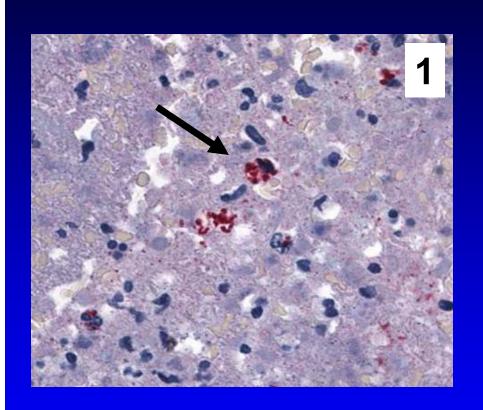
#### **Gram's stain of uterine tissue**

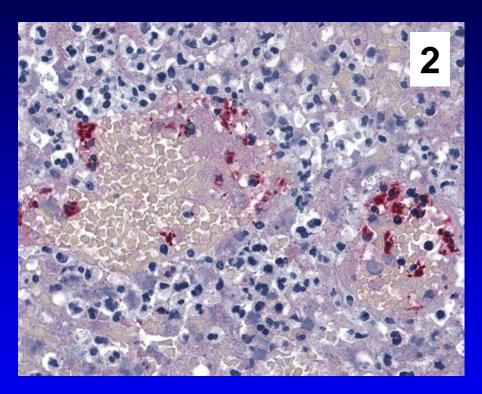
Figure



Abundant gram positive bacilli in necrotic endometrial tissue

#### Clostridium sp. IHC of uterine tissue





Immunohistochemical staining (IHC) of *Clostridium* sp. antigens inside inflammatory cells in necrotic endometrial tissue (image 1) and myometrial blood vessels (image 2).

#### Positive IHC results on uterine tissue (n=4)

Clostridium species IHC 4 (100%)

Staphylococcus aureus IHC 1\* (25%)

Group A streptococcus IHC 0 (0%)

Neisseria species IHC 0 (0%)



<sup>\*</sup>Antibody staining present on endometrial surface only

#### Positive PCR results on uterine tissue (n=4)

Broad-range 16S rRNA gene PCR*	4 1(100%)
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C. sordellii 16S rRNA gene PCR 4 (100%)

C. sordellii cytotoxin L gene 4 (100%)

C. sordellii phospholipase C gene 4 (100%)

C. perfringens alpha toxin gene 0 (0%)



<sup>\*</sup>Amplified product sequences showed ≥97% identity with C. sordellii

#### **Conclusions**

- Four deaths attributed to C. sordellii endometritis and TSS
- Clinical and pathologic findings similar to 10 other cases of
   C. sordellii genital tract infections previously reported
- Serious infection can occur after medically-induced abortion
- Many questions remain regarding the possible association between mifpristone/misoprostol and *C. sordellii* TSS



## Hypotheses for potential association

- Product contamination
- Reporting or case detection bias
- Changes in vaginal flora or environment (e.g., pH)
- Incomplete abortion with necrotic decidual tissue
- Immunosuppressive effects of mifepristone
- Increased pathogen virulence (e.g., toxin prevalence)
- Altered host susceptibility
- Interaction of multiple factors



#### **Product contamination ruled out**

- No epidemiologic links between the patients
- Medications obtained from different clinics and providers
- Medications received were from different lots.
- FDA tested drug from manufacturing lots of mifepristone and misoprostol and found no contamination with Clostridium sordellii



## Reporting or case detection bias

- Regional attention and reporting in California
- Enhanced laboratory testing of cases associated with these medications
- No centralized reporting of other pregnancy-associated infections or deaths



#### **Enhanced surveillance activities**

#### Objective

 Identify additional cases of severe infection or toxic shock syndrome associated with pregnancy, childbirth or abortion

#### Mechanisms

- Stimulated passive reporting from MMWR or NEJM articles
- Infectious Disease Society of Ob/Gyn (IDSOG)
- National Association of Medical Examiners (NAME)
- Unexplained Deaths Project (UNEX) ongoing surveillance
- Retrospective death certificate review, CA Dept of Health Services

## Remaining questions

- Are women who use mifepristone or misoprostol at increased risk of *C. sordellii* infection or TSS compared to other woman following surgical abortion, spontaneous abortion, or childbirth?
- If so, what is the mechanism of that increased risk, and is it limited to C. sordellii?
- How can we further reduce the risk and improve the treatment of all *C. sordellii* infections?



# Acknowledgements

- Sarah Reagan
- Sherif Zaki
- Julu Bhatnagar
- Jeannette Guarner
- Wun-Ju Shieh
- Chris Paddock
- John Sumner
- Nancy Rosenstein

- Anthony Iton
- Sharon Van Meter
- Vadims Poukens
- David Whiteman
- Michele Cheung
- David Dassey
- Jill Hacker
- Christine Ho

- Clifford McDonald
- Dan Jernigan
- Rebecca Sunenshine
- Adam Cohen
- Suzanne Zane
- Cynthia Berg
- Daniel Davis
- Florence Houn

The views expressed are those of the authors and do not necessarily represent the views of the Department of Health and Human Services.



# Establishing a research agenda

- Further evaluate the possible association between medical abortion and *C. sordellii* infections
- Define the incidence and full spectrum of illness for pregnancy-associated *C. sordellii* infections
- Reduce the risk and improve the treatment of C. sordellii Toxic Shock Syndrome



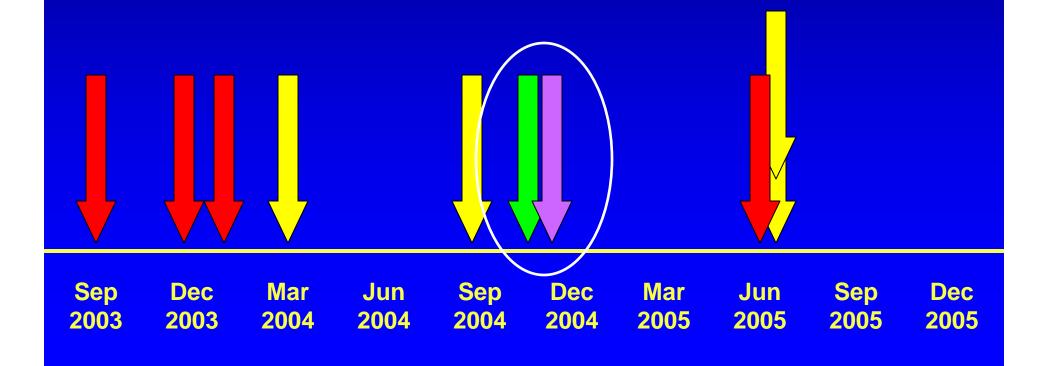
# **Primers used in PCR reactions**

Gene target	Primer	Sequence (5'-3')	Product size (bp)
16S rRNA	F8 357R	AGT TTG ATC CTG GCT CAG CTG CTG CCT CCC GTA	330
16S rRNA	CISOR-F CISOR-R	TCG AGC GAC CTT CGG CAC CAC CTG TCA CCA T	944
CytL	CLS-F1 CLS-R1	ATG AAC TTA GTT AAC AAA GCC CAA AAT ACT TCC ATA GTT AGA TAT TCT TTA	250
Csp	CLS-F2 CLS-R2	TAA AGA TGC AGT AGC TAA TAA GGA TTT TTC CTG AAA TTT GAT CTT CTG AAA CC	223

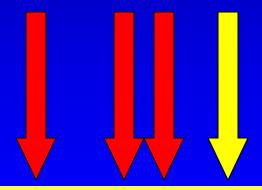
# Sequence analysis of PCR products showing percent nucleotide identity for each case

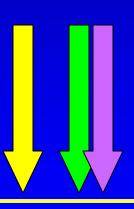
Case	16S rDNA (944 bp)	CytL gene (250 bp)	Csp gene (223 bp)
1	98	99	97
2	98	98	97
3	97	99	98
4	98	98	97

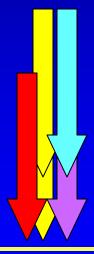
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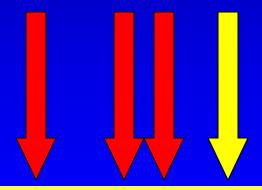


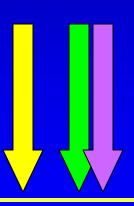


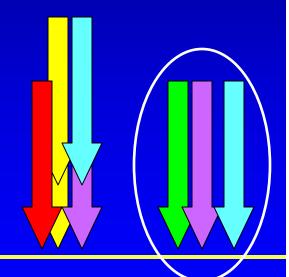


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