

Sherée Thaxton Vodicka, MA, RD, LDN

Sherée Thaxton Vodicka coordinates the North Carolina Healthy Weight Initiative for the NC Division of Public Health, ensuring continued progress in the implementation of North Carolina's plan to improve the physical activity and eating patterns of the state's children and youth. She also serves as the Physical Activity and Nutrition Branch's primary media contact. Sherée has conducted training and continuing education programs for educators, health professionals and consumer leaders.

Sherée is a registered dietitian with 16 years experience interpreting complex nutrition and health information for the public. As a nutrition communicator, Sherée has conducted hundreds of TV, radio and newspaper interviews throughout the state and nation. Prior to joining the NC Division of Public Health's Physical Activity and Nutrition Branch, Sherée served the Southeast United Dairy Industry Association, Inc. as a nutrition communicator and program coordinator. Sherée also has educated patients and managed medical nutrition therapy programs at The Ohio State University Hospitals in Columbus, Ohio, and Duke University Medical Center in Durham, N.C. She provided personal training and nutrition counseling services to clients at North Ridge Country Club and Raleigh Community Hospital's Cardiac Rehabilitation Center, in Raleigh, N.C., and provided medical nutrition therapy and community education services at Venice Hospital, in Venice, Fl.

Sherée received a Bachelor of Science degree in dietetics from the University of Kentucky and a Master of Arts degree in mass communication from the University of North Carolina at Chapel Hill, where she was a Park Fellow. She is an active member of the American Dietetic Association, the North Carolina Dietetic Association and the Raleigh District Dietetic Association.