Barry M. Popkin, Ph.D.

Dr. Popkin is Professor of Nutrition at UNC-CH where he heads the Division of Nutrition Epidemiology in the Schools of Public Health and Medicine. He also directs the UNC-CH's NIH roadmap-funded Interdisciplinary Center for Obesity. He is an economist specializing in the study of the determinants and consequences of nutritional, health, and demographic behaviors and their interrelationships. He has a special interest in the Nutrition Transition, the study of the dynamic shifts in dietary intake and physical activity patterns and trends and obesity and their socio-economic and demographic determinants. Dr. Popkin has an active US research program in understanding dietary behavior with a focus on eating patterns, trends, and socio-demographic determinants. He has also been involved in selected program evaluation research as it relates to US food and nutrition programs. He directs a series of studies that examine the built and economic environment and their effects on diet and physical activity in two cohort studies—the National Longitudinal Study of Adolescent Health and CARDIA. These are longitudinal research efforts. The rest of his US-related and international research program focus on the nutrition transition, particularly the environmental and socio-demographic determinants. He also has longterm research on the nutrition transition in a number of other several countries. This includes detailed longitudinal studies that he directs in China and Russia, active involvement with longitudinal studies in the Philippines and South Africa, and related work in a number of other countries. Dr. Popkin serves on several scientific advisory organizations including Chair, the Nutrition Transition Committee for the International Union for the Nutritional Sciences and a number of other advisory committees in the US and abroad. He has published more than 220 journal articles along with many book chapters and a few monographs.