

**Table 6.19A Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Detailed Age Categories: Numbers in Thousands, 2002 and 2003**

Age Category	Total		SERIOUS MENTAL ILLNESS <sup>1</sup>			
			Yes		No	
	2002	2003	2002	2003	2002	2003
<b>TOTAL 18 OR OLDER</b>	27,322	28,056	8,355 <sup>a</sup>	9,253	18,968	18,803
18	431	492	153	193	277	298
19	407	400	170	195	237	206
20	377	402	137	172	240	230
21	469	462	209	191	260	270
22	398	447	168	186	230	261
23	427	467	189	197	238	269
24	396	428	155 <sup>a</sup>	217	240	211
25	380	444	213	199	166 <sup>b</sup>	246
26-29	1,738	1,615	595	663	1,142	952
30-34	2,811	2,864	1,051	990	1,760	1,874
35-39	3,006	2,976	1,052	1,084	1,954	1,892
40-44	3,668	3,357	1,312	1,148	2,356	2,209
45-49	3,333	3,743	1,163	1,258	2,171	2,485
50-54	2,900	3,219	*	1,102	2,044	2,117
55-59	2,408	2,305	*	*	1,876	1,809
60-64	1,188	1,509	*	*	1,082	1,224
65 or Older	2,988	2,926	*	*	2,694	2,251

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

<sup>a</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.05 level.

<sup>b</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.01 level.

<sup>1</sup>Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

**Table 6.19B Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Detailed Age Categories: Percentages, 2002 and 2003**

Age Category	Total		SERIOUS MENTAL ILLNESS <sup>1</sup>			
			Yes		No	
	2002	2003	2002	2003	2002	2003
<b>TOTAL 18 OR OLDER</b>	13.0	13.2	47.9	47.3	9.9	9.8
18	9.9	10.7	28.4	30.0	7.3	7.5
19	10.0	10.3	33.1	31.6	6.6	6.3
20	9.5	10.0	26.8	30.0	6.9	6.7
21	11.6	11.8	36.6	35.1	7.5	8.0
22	10.3	11.2	31.5	36.9	6.9	7.5
23	11.2	11.7	36.6	38.2	7.2	7.8
24	11.2	11.8	36.4	39.8	7.8	6.9
25	11.4	12.3	45.4	42.4	5.8 <sup>a</sup>	7.8
26-29	11.4	11.0	41.0	38.4	8.3	7.3
30-34	14.2	14.2	49.3	50.3	9.9	10.3
35-39	13.7	14.2	52.7	48.1	9.8	10.1
40-44	16.8	14.9	58.7	51.1	12.0	10.9
45-49	15.8	17.5	68.5 <sup>b</sup>	56.7	11.2	13.0
50-54	15.4	16.2	*	64.6	11.7	11.6
55-59	16.4	15.4	*	*	13.6	13.0
60-64	10.3	12.8	*	*	9.7	10.9
65 or Older	8.8	8.6	*	*	8.2	6.9

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

<sup>a</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.05 level.

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<sup>1</sup>Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

**Table 6.20A Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Demographic Characteristics: Numbers in Thousands, 2002 and 2003**

Demographic Characteristic	Total		SERIOUS MENTAL ILLNESS <sup>1</sup>			
			Yes		No	
	2002	2003	2002	2003	2002	2003
<b>TOTAL</b>	27,322	28,056	8,355 <sup>a</sup>	9,253	18,968	18,803
<b>AGE</b>						
18-25	3,283	3,542	1,394	1,551	1,888	1,991
26-49	14,556	14,555	5,173	5,144	9,383	9,412
50 or Older	9,483	9,958	1,787 <sup>b</sup>	2,558	7,696	7,400
<b>GENDER</b>						
Male	8,784	8,716	2,376	2,649	6,408	6,068
Female	18,538	19,340	5,978	6,604	12,560	12,735
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	25,277	26,007	7,703 <sup>a</sup>	8,571	17,574	17,436
White	22,014	22,999	6,547 <sup>a</sup>	7,548	15,467	15,451
Black or African American	1,973	2,023	750	725	1,223	1,298
American Indian or Alaska Native	228	136	*	*	134	84
Native Hawaiian or Other Pacific Islander	29	*	*	*	24	*
Asian	682	424	*	91	486	333
Two or More Races	352	374	*	*	240	226
Hispanic or Latino	2,045	2,049	651	682	1,394	1,367
<b>EDUCATION</b>						
< High School	4,311	3,965	1,404	1,666	2,907 <sup>a</sup>	2,299
High School Graduate	7,912	8,367	2,631	2,821	5,281	5,546
Some College	7,528	7,801	2,576	2,729	4,952	5,071
College Graduate	7,571	7,923	1,743	2,036	5,828	5,887
<b>CURRENT EMPLOYMENT</b>						
Full-Time	13,090	13,844	3,796	4,061	9,295	9,783
Part-Time	3,901	4,158	1,346	1,368	2,554	2,790
Unemployed	1,077	1,049	457	444	620	604
Other <sup>2</sup>	9,255	9,005	2,756 <sup>a</sup>	3,380	6,499 <sup>a</sup>	5,625

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

<sup>a</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.05 level.

<sup>b</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.01 level.

<sup>1</sup>Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup>Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

**Table 6.20B Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Demographic Characteristics: Percentages, 2002 and 2003**

Demographic Characteristic	Total		SERIOUS MENTAL ILLNESS <sup>1</sup>			
			Yes		No	
	2002	2003	2002	2003	2002	2003
<b>TOTAL</b>	13.0	13.2	47.9	47.3	9.9	9.8
<b>AGE</b>						
18-25	10.6	11.2	34.2	35.2	7.0	7.3
26-49	14.6	14.6	54.4 <sup>a</sup>	49.4	10.4	10.5
50 or Older	12.0	12.3	46.4	54.0	10.3	9.7
<b>GENDER</b>						
Male	8.7	8.5	39.5	38.5	6.8	6.4
Female	17.0	17.6	52.3	52.1	12.8	13.1
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	13.7	13.9	49.0	49.7	10.4	10.3
White	14.7	15.3	51.9	52.8	11.3	11.3
Black or African American	8.5	8.5	36.9	36.6	5.8	6.0
American Indian or Alaska Native	17.8	12.6	*	*	11.9	8.5
Native Hawaiian or Other Pacific Islander	3.9	*	*	*	3.5	*
Asian	8.5 <sup>a</sup>	4.9	*	17.0	6.6	4.1
Two or More Races	16.6	17.5	*	*	13.1	12.1
Hispanic or Latino	8.2	8.0	37.8	29.3	6.0	5.8
<b>EDUCATION</b>						
< High School	11.7	10.5	39.3	39.0	8.7 <sup>a</sup>	6.9
High School Graduate	11.7	12.5	45.1	44.4	8.5	9.2
Some College	14.3	14.9	51.7	50.9	10.4	10.8
College Graduate	14.4	14.4	57.1	57.1	11.8	11.4
<b>CURRENT EMPLOYMENT</b>						
Full-Time	11.3	11.9	45.0	42.4	8.6	9.1
Part-Time	14.2	14.5	50.7	47.9	10.3	10.8
Unemployed	14.2	13.0	42.4	36.4	9.6	8.8
Other <sup>2</sup>	15.8	15.3	52.2	57.2	12.2	10.6

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

<sup>a</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.05 level.

<sup>b</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

**Table 6.21A Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Geographic Characteristics: Numbers in Thousands, 2002 and 2003**

Geographic Characteristic	Total		SERIOUS MENTAL ILLNESS <sup>1</sup>			
			Yes		No	
	2002	2003	2002	2003	2002	2003
<b>TOTAL</b>	27,322	28,056	8,355 <sup>a</sup>	9,253	18,968	18,803
<b>GEOGRAPHIC DIVISION</b>						
Northeast	5,597	5,582	1,745	1,666	3,852	3,916
New England	1,828	1,828	653	548	1,175	1,281
Middle Atlantic	3,769	3,754	1,092	1,119	2,677	2,635
Midwest	6,208 <sup>a</sup>	6,860	1,912	2,231	4,297	4,629
East North Central	4,192	4,594	1,330	1,381	2,861	3,214
West North Central	2,017	2,265	581 <sup>b</sup>	850	1,435	1,415
South	9,239	9,908	2,999	3,464	6,239	6,444
South Atlantic	4,846	5,367	1,594	1,837	3,252	3,531
East South Central	1,747	1,697	636	582	1,110	1,115
West South Central	2,646	2,844	769 <sup>a</sup>	1,046	1,877	1,798
West	6,278	5,705	1,699	1,892	4,580 <sup>a</sup>	3,814
Mountain	1,810	1,916	507	715	1,303	1,201
Pacific	4,468	3,789	1,191	1,176	3,276 <sup>a</sup>	2,613
<b>COUNTY TYPE<sup>2</sup></b>						
Large Metro	14,159	14,237	4,056	4,433	10,103	9,805
Small Metro	8,587	8,869	2,774	3,046	5,814	5,822
250K - 1 Mil. Pop.	5,614	5,758	1,704	2,052	3,910	3,706
< 250K Pop.	2,973	3,111	1,070	994	1,904	2,116
Nonmetro	4,576	4,950	1,525	1,774	3,051	3,176
Urbanized	2,134	2,293	689	828	1,445	1,465
Less Urbanized	2,096	2,200	731	788	1,365	1,412
Completely Rural	346	456	*	*	241	299

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

<sup>a</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.05 level.

<sup>b</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.01 level.

<sup>1</sup>Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup>Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

**Table 6.21B Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Mental Illness and Geographic Characteristics: Percentages, 2002 and 2003**

Geographic Characteristic	Total		SERIOUS MENTAL ILLNESS <sup>1</sup>			
			Yes		No	
	2002	2003	2002	2003	2002	2003
<b>TOTAL</b>	13.0	13.2	47.9	47.3	9.9	9.8
<b>GEOGRAPHIC DIVISION</b>						
Northeast	13.8	13.7	50.7	49.0	10.4	10.5
New England	17.2	17.1	64.9	57.7	12.2	13.2
Middle Atlantic	12.6	12.5	44.9	45.7	9.8	9.6
Midwest	13.0 <sup>a</sup>	14.3	47.5	52.1	9.9	10.6
East North Central	12.6	13.7	47.4	46.9	9.4	10.5
West North Central	14.1	15.8	47.8 <sup>b</sup>	63.4	11.0	10.9
South	12.3	13.1	47.5	47.6	9.1	9.4
South Atlantic	12.3	13.5	47.6	50.4	9.0	9.7
East South Central	13.8	13.3	53.3	44.9	9.7	9.7
West South Central	11.6	12.3	43.5	44.7	8.9	8.7
West	13.4	11.9	46.3	41.1	10.6 <sup>a</sup>	8.8
Mountain	13.3	13.8	45.4	48.5	10.4	9.7
Pacific	13.4 <sup>a</sup>	11.1	46.7	37.6	10.6 <sup>a</sup>	8.5
<b>COUNTY TYPE<sup>2</sup></b>						
Large Metro	12.6	12.7	46.5	45.0	9.8	9.6
Small Metro	13.9	13.9	51.3	49.4	10.3	10.1
250K - 1 Mil. Pop.	13.9	13.8	49.2	50.4	10.6	9.8
< 250K Pop.	13.9	14.1	54.9	47.3	9.8	10.6
Nonmetro	12.8	13.8	45.9	50.1	9.4	9.8
Urbanized	14.9	14.3	54.0	51.2	11.1	10.2
Less Urbanized	12.0	13.6	43.2	47.7	8.7	9.7
Completely Rural	8.8	12.5	*	*	6.7	8.8

\*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

<sup>a</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.05 level.

<sup>b</sup>Difference between estimate and 2003 estimate is statistically significant at the 0.01 level.

<sup>1</sup>Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup>Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.