

HOW TO FIND RELIABLE HIV/AIDS TREATMENT INFORMATION ON THE INTERNET

Evaluating Health Information on the Internet

The World Wide Web contains an abundance of free health information, available 24 hours per day. However, one must be cautious to evaluate that information because much of it is unreliable. The **National Library of Medicine** (NLM) is a good place to start to find trustworthy, up-to-date health information. Beyond that, there are some important criteria you should consider to determine if a site is trustworthy. Briefly, the categories you should consider are the following:

- Authority and Accuracy
- Coverage
- Currentness
- Objectivity
- Design Features

<u>Savvy Health Surfing</u> (see following page), a printable reference guide from the National Library of Medicine, provides a detailed list of these criteria with sample questions for each to assist you.

Additional Resources

For further information, we recommend these additional resources:

- ► HON Code of Conduct for Medical and Health Web Sites
- ▶ Evaluating Internet Health Information: A Tutorial from the National Library of Medicine
- ► MedlinePlus—Evaluating Health Information
- ► National Network of Libraries of Medicine—Is this health information good for me? (en Español)
- Quackwatch

Savvy Health Surfing

Questions to Ask About Health-Related Web Sites

Authority and Accuracy

- Who is the author or source?
- Can you verify their credentials?
- Do they represent a recognized organization or is it a personal page?
- Is affiliation information provided?
- Does the Web site have an advisory board?
- Can the information be verified through links to the sources?
- If the site offers advice, do qualified health professionals provide it?
- Is contact information provided?

Coverage

- Who is the intended audience for this site?
- What is the purpose of the site?
- Does the site promote or advocate a viewpoint?
- Is the depth of coverage on the site reasonable?
- Is the information primary or secondary?
- If appropriate, are there links to additional information?

Currentness

- When was the site created?
- When was the site last updated?
- When was the data or information collected?
- Are the links kept up to date?

Objectivity

- Is the purpose of the site clearly stated?
- Is the information presented objectively?
- Is any sponsorship clearly acknowledged?

Design Features

- Is the site well-organized and user-friendly?
- Is the site easy to navigate?
- ▶ Is the graphic layout of the site pleasing? Is it clear and uncluttered?
- Are there any features that increase or decrease usability? Do you need additional viewers or plug-ins?
- ▶ Is there an internal search engine on the site?
- Are there customizable options?
- Can you ask questions or provide feedback?
- Is the site accessible to individuals with disabilities?

HIV/AIDS Treatment Web Sites

This list of HIV/AIDS treatment resources on the Web is arranged alphabetically by topic. Topic names were assigned based on the quality and quantity of information available. Click any topic to go to that topic in this document. Beginning with the following page, a topic navigation bar is provided on the left. The Home button on the top right of each following page will return you to this page.

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Disclaimer: Every effort has been made to ensure that the links in this document are accurate at the time of publication. However, due to the frequency of Web updates, the links may have changed.

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Alternative and Complementary Therapy

- **X** The AIDS InfoNet
 - Alternative and Complementary Therapies
- The Alternative Medicine Home Page
 - AIDS & HIV: Alternative Medicine Resources
- R Bastyr University AIDS Research Center
- The Body
 - Beyond Medications: Healthy Living for HIVers
- Community AIDS Treatment Information Exchange
 - A Practical Guide to Complementary Therapies for People Living with HIV
 - A Practical Guide to Herbal Therapies for People Living with HIV
 - The Positive Side
 - Treating HIV
- MedlinePlus
 - Complementary and Alternative Medicine
- **National Center for Complementary and Alternative Medicine**
- University of New Mexico Health Sciences Center
 - The AIDS InfoNet Alternative and Complementary Therapies

Ask the Expert

- The Body
 - Ask the Experts Forums
- # HIVandHepatitis.com
 - Questions from Readers and Answers by Medical Experts ...
- Johns Hopkins AIDS Service
 - Question and Answer Forum

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Medscape™ HIV/AIDS

Ask the Experts: HIV/AIDS

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- The AIDS Clinical Trials Group
- AIDSinfo
 - Clinical Trials
- **X** Canadian HIV Trials Network
- **R** CenterWatchSM Clinical Trials Listing Service™
- ClinicalTrials.gov
- Canadian AIDS Treatment Information Exchange
 - Clinical Trials
- Food and Drug Administration
 - Clinical Trials
- # HIV InSite
 - Links: Clinical Research and Trials
- International Maternal Pediatric Adolescent AIDS Clinical Trials **Group (IMPAACT)**
- National Institute of Allergy and Infectious Diseases
 - <u>Division of Acquired Immunodeficiency Syndrome</u>

Conferences

- AIDS.gov
 - Events
- ? The Body
 - AIDS Conferences
- # HIV InSite
 - Conferences with HIV/AIDS Information

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- International AIDS Society
- International Association of Physicians in AIDS Care
- Medscape™ HIV/AIDS
 - HIV/AIDS Conferences
- The National AIDS Treatment Advocacy Project
 - Conference Reports
- National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
 - Publications and Meeting Summaries
- NLM Gateway: Search Meeting Abstracts

Continuing Education

- Medscape® HIV/AIDS
 - HIV/AIDS CME

Current News Updates

- AIDS.gov
 - HIV/AIDS News
- AIDS Education Global Information System
 - Today's News
- **AIDSinfo**
 - Highlights and Features (Archive)
- AIDScience
 - Literature and News
- AIDSMAP
 - News

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- AIDSmeds.com
 - Treatment News
- MedlinePlus
 - AIDS News
- Medscape® HIV/AIDS
 - HIV/AIDS News

Drug Information

NOTE: Many Web sites have information about HIV/AIDS drugs. These sites are good starting points.

Drug Information (General)

- AIDS Education Global Information System
 - Key Topics: Treatment
- AIDSinfo
 - AIDSinfo Drug Database
- AIDSmeds.com
 - Check My Meds
- The Body
 - HIV Treatment
- DailyMed®
- Dietary Supplements Labels Database
- Drug Digest: Pill Images
- **R** Drug Information Portal
- Food and Drug Administration
 - Buying Medicines and Medical Products Online
 - HIV/AIDS Therapeutics
- # HIV InSite
 - <u>Database of Antiretroviral Drug Interactions</u>

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- Antiretroviral Drug Profiles
- Knowledge Base
- **X** HIV Medication Guide
- # HIVandHepatitis.com
 - FDA-approved HIV and AIDS Treatments
- Liverpool HIV Pharmacology Group (LPHG)
- National HIV/AIDS Clinicians' Consultation Center
 - Pharmacy Central
- National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
 - Database for Anti-HIV Compounds
- **R** Physicians' Research Network®
- **8** Pill Identification Wizard
- **Representation Note:** Project Information
 - Dealing with Drug Side Effects
 - Drug Interactions
 - Standard Dosing Chart for Anti-HIV Drugs

Drug Adherence

- AIDSMAP
 - Adherence
- AIDSmeds.com
 - The Importance of Adhering to Your Treatment Regimen
- # HIV InSite
 - Adherence to HIV Antiretroviral Therapy: Related Resources
- International Association of Physicians in AIDS Care

Drug Monitoring

- R Delphic Diagnostics
- **X** HIV Medication Guide

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- AIDSMAP
 - HIV Drug Resistance
- AIDSmeds.com
 - Understanding Drug Resistance
- The Body
 - Drug Resistance
- National HIV/AIDS Clinicians' Consultation Center
 - Consultation Library
 - Resistance Panel Reports

Drug Side Effects

- AIDSmeds.com
 - Side Effects & Other Health Problems
- The Body
 - Managing Side Effects of HIV Treatment
 - Side Effects, Opportunistic Infections and Coinfections
- Canadian AIDS Treatment Information Exchange
 - A Practical Guide to HIV Drug Side Effects
- MedWatch

E-mail Lists

- AIDSinfo
 - Subscribe to E-mail Updates
- FDA
 - FDA HIV/AIDS E-mail List
- National Minority AIDS Council
 - NMAC E-Alerts

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- AIDS.gov
- **AIDS InfoNet**
- **AIDS Treatment Data Network**
- **AIDSinfo**
- **!** AIDSMAP
- Community AIDS Treatment Information Exchange
- **X** HIVInSite
- Project Inform
 - HIV treatment information, by subject

Financial Assistance

Assistance Paying for Drugs

- **AIDS** Treatment Data Network
 - The Access Project
- The Body
 - HIV/AIDS Drug Payment Assistance
 - HIV and Financial Issues
- **X** Health Resources and Services Administration HIV/AIDS Bureau
 - AIDS Drug Assistance Program

Medicaid

- The Body
 - U.S. Government Assistance: Medicare/Medicaid
- **X** Centers for Medicare & Medicaid Services
- # Health Resources and Services Administration HIV/AIDS Bureau
 - Opportunities to Use Medicaid in Support of Access to Health Care Services

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Kaiser Family Foundation

· Kaiser Commission on Medicaid and the Uninsured

Social Security

- The Body
 - HIV and Financial Issues
 - Social Security for HIV-Positive Americans
- Social Security Administration
 - Disability Programs
 - Social Security For People Living With HIV/AIDS

Fitness

- The Body
 - Exercise & HIV
- **&** Gay Men's Health Crisis
 - Exercise and HIV

Fraud

- **X** Food and Drug Administration HIV and AIDS Activities
 - FDA/State AIDS Health Fraud Task Forces: Evaluating Medical Therapies
- QuackwatchSM

Health Care Providers

- **1 The AIDS Clinical Trials Group**
- Health Resources and Services Administration HIV/AIDS Bureau
 - AIDS Education and Training Centers (AETCs) National Resource Center
 - The AIDS Education and Training Centers Program
 - A Guide to the Clinical Care of Women with HIV/AIDS, 2005 edition

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- # HIV InSite
 - Links: Databases and Listings of HIV/AIDS Service Providers
- **X** HIVdent
- International Association of Physicians in AIDS Care
- Johns Hopkins AIDS Service
- **X** Medem[™] Medical Library
- Medscape® HIV/AIDS
- National HIV/AIDS Clinicians' Consultation Center
- National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
- **Research Network®**
- **X** The University of North Carolina Center for Infectious Diseases

Hepatitis

- The Body
 - Hepatitis Treatment and Prevention
- # HIVandHepatitis.com
- **X** The National AIDS Treatment Advocacy Project
 - Hepatitis
- Physician's Research Network®
 - PRN's Updated Chronic Hepatitis B and HIV Coinfection Algorithm
- X Veterans Affairs National Hepatitis C Program

Hotlines

- **AIDS.ORG**
- **AIDSinfo** Live Help
- **# HIV InSite**

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National HIV/AIDS Clinicians' Consultation Center

- PEPline
- Warmline: The National HIV Telephone Consultation Service

Project Inform

National HIV/AIDS Treatment Hotline

Journal Articles/Abstracts

- **X** AIDS Action Committee of Massachusetts
 - Online HIV Health Library
- # HIV InSite
 - Literature Databases
 - Medical Newsletters for a General Audience
- **%** Medem™ Medical Library
 - HIV/AIDS Medical Journals/Professional Resources
- Medscape™ HIV/AIDS
 - The Medscape Journal of Medicine (formerly MedGenMed)
- PubMed
- San Francisco AIDS Foundation
 - Treatment

Mental Health

- **%** The Body
 - Mental Health
 - Mental Health and HIV
- National Institute of Mental Health
 - Center for Mental Health Research on AIDS
 - Depression and HIV/AIDS
- Substance Abuse and Mental Health Services Administration
 - Mental Health AIDS

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- AIDSmeds.com
 - Graph My Labs
- **R** Delphic Diagnostics
- **X** HIV Medication Guide

Nutrition

- **& Association of Nutrition Services Agencies**
- AIDSMAP
 - Patient Information Booklets
- The Body
 - Diet, Nutrition & HIV
- Canadian AIDS Treatment Information Exchange
 - HIV and Nutrition by Chester Myers
 - A Practical Guide to Nutrition for People Living with HIV
- Food and Agriculture Organization of the United Nations
 - Living well with HIV/AIDS
- Food and Drug Administration HIV and AIDS Activities
 - <u>FDA/State AIDS Health Fraud Task Forces: Evaluating Medical</u> Therapies
- Food and Nutrition Information Center AIDS/HIV
- **1** International Bibliographic Information on Dietary Supplements
- **X** Tufts Nutrition / Infection Unit
 - HIV Nutrition & Health

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- **X** HIVdent
- National Institute of Dental and Craniofacial Research
 - Mouth Problems and HIV

Organization Directories

- **8 DIRLINE**
- National Minority AIDS Council
 - POZ AIDS Services Directory
- National Prevention Information Network
 - Search for Organizations

Post-Exposure Prophylaxis (PEP)

- Centers for Disease Control and Prevention Divisions of HIV/AIDS Prevention
 - Treatment
- **National HIV/AIDS Clinicians' Consultation Center**

Spanish Language Resources

- **AIDS Action Committee of Massachusetts, Inc.**
- **& AIDS Education Global Information System**
- AIDS InfoNet
- The Body
 - Tratamientos del VIH/SIDA
- Forum Cientifico HIV & AIDS
- # infoSIDA

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- MedlinePlus
 - SIDA
- National Prevention Information Network
 - Resources by Topic, Hispanics and Latinos
- Project Inform

Special Populations

Communities of Color

- AIDS.gov
- AIDS Research Community Handbook
 - HIV/AIDS Clinical Trials & People of Color

Gay, Lesbian, and Transgender

- **AIDS.gov**
- AIDS Research Community Handbook
 - Transgender Community and HIV/AIDS Research
- **R** Gay Men's Health Crisis

Infants and Children

- AIDSmeds.com
 - Special Issues for Women & Children
- The Body
 - Pediatric HIV Treatment Issues
 - HIV & Pregnancy
- Elizabeth Glaser Pediatric AIDS Foundation
- **X** National Pediatric AIDS Network

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Prisoners

- **& AIDS.gov**
- The Body
 - Prisoners & HIV/AIDS
- # HIV Resources and References for California Correctional Health Care Providers
- Centers for Disease Control and Prevention
 - Correctional Health
- **National Criminal Justice Reference Service, Dept. of Justice**
 - Inmate Assistance > Health
- National Hepatitis C Prison Coalition
 - Hepatitis C Awareness Project
- **X** National Library of Medicine
- National Minority AIDS Council
 - Prison Initiative
- University of California, San Francisco, Center for AIDS Prevention Studies
 - What is the Role of Prisons in HIV, Hepatitis, STD and TB Prevention?

Seniors

- **AIDS.gov**
- AIDS InfoNet
 - Older People and HIV
- AIDS Research Community Handbook
 - HIV/AIDS Clinical Trials & Seniors
- The Body
 - Aging and HIV

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- 8 Broward County Health Department
 - SHIP: Seniors HIV Intervention Project
- National Institutes on Aging
 - · HIV, AIDS, and Older People

Substance Users

AIDS.gov

Veterans

- AIDS.gov
- United States Department of Veterans Affairs

Women

- **& AIDS.gov**
- **X** AIDS Research Community Handbook
 - HIV/AIDS Clinical Trials & Women
- AIDSmeds.com
 - Special Issues for Women & Children
- The Body
 - HIV & Pregnancy
 - HIV Treatment & Women
- Health Resources and Services Administration HIV/AIDS Bureau
 - A Guide to the Clinical Care of Women with HIV/AIDS, 2005 edition
- Medem™ Medical Library
 - Women and HIV Infection
- MedlinePlus
 - AIDS and Pregnancy
- The National AIDS Treatment Advocacy Project
 - Women & HIV

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Project Inform

Treatment information for women and their providers

Youth

- AIDS.gov
- AIDS Research Community Handbook
 - HIV/AIDS Clinical Trials & Youth

Traveling with HIV

- **AIDSinfo**
 - HIV & Travel
- MedlinePlus
 - Traveler's Health

Treatment

NOTE: All resources in this guide contain treatment information. These sites are good starting points.

- AIDS.gov
 - Treatment and Care
- AIDS Education Global Information System
 - Key Topics: Treatment
- **& AIDS Survival Project**
- **AIDS Treatment Data Network**
- **& AIDSinfo**
- **AIDSmeds.com**
- **X** AVERT
 - HIV/AIDS Treatment and Care

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 - Switching/Simplifying Treatment
 - HIV Treatment
- Canadian AIDS Treatment Information Exchange (CATIE)
- **X** Centers for Disease Control and Prevention
- Henry J. Kaiser Family Foundation HIV/AIDS: Treatment and Care
- Journal Watch®
 - Comprehensive Clinical Care: Managing HIV as a Chronic Illness
- New York Online Access to Health (NOAH) AIDS/HIV

Treatment Guidelines

- **&** AIDSinfo
 - Treatment Guidelines
- AIDSmeds.com
 - Lessons
- **8** American Psychiatric Association
 - Practice Guideline for the Treatment of Patients with HIV/AIDS
- National HIV/AIDS Clinicians' Consultation Center
 - Guidelines
- **X** U.S. Department of Veterans Affairs
 - Guidelines for the Use of Antiretroviral Agents in HIV-1-Infected Adults and Adolescents

Tutorials/Manuals

- NLM Training Manuals and Resources
 - Equal Access Initiative: HIV/AIDS Information Resources from the National Library of Medicine
 - NLM Gateway and ClinicalTrials.gov

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- PubMed
- PubMed Tutorial
- PubMed Tutorial (Spanish version)

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<u>Fraud</u>

Health Care Providers

Hepatitis

<u>Hotlines</u>

Journal Articles/ Abstracts

Mental Health

Monitoring Progress

Nutrition

Oral Health

Organization Directories

Post-Exposure Prophylaxis (PEP)

Spanish Resources

Special Populations

Traveling with HIV

Treatment

Treatment Guidelines

Tutorials/Manuals

<u>Vaccines</u>

Viral Load

Vaccines

- AIDSinfo
 - Vaccines
- ClinicalTrials.gov
- **X** HIV Vaccine Trials Network (HVTN)
- # HIVandHepatitis.com
 - HIV Vaccines
- National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome
 - Resource Guide for the Development of AIDS Therapies

- AIDSMAP
 - Viral Load & CD4
- AIDSmeds.com
 - The Blood Tests You'll Need
- The Body
 - Understanding Your Labs
 - Viral Load Testing
- Food and Drug Administration HIV and AIDS Activities
 - HIV Testing
- # HIVandHepatitis.com
 - Laboratory Tests for Monitoring HIV-1 Infection