SMI Resources

RESOURCE	DESCRIPTION	ORDERING, DOWNLOADING, AND/OR URL INFORMATION
U.S. Department of Agriculture, Food and Nutrition Service, <i>A Menu Planner for Healthy School Meals</i> , 1998	Manual presents the basic concepts of the School Meals Initiative for Healthy Children and explains how to translate the concepts into real meals for real children in real schools. It will help you plan, prepare, serve, and market appealing meals.	www.teamnutrition.usda.gov/resources/menuplanner.html
U.S. Department of Agriculture, Food and Nutrition Service, Accommodating Children with Special Dietary Needs in the School Nutrition Programs – Guidance for School Food Service Staff, 2001	Guidance presents information on how to handle situations that may arise and offers advice about such issues as funding and liability. It also describes some of the factors which must be considered in the early phases of planning, and suggests ways in which the school food service can interact with other responsible parties in the school and the community at large to serve children with disabilities. Guidance is based on the policy guidelines outlined in FNS Instruction 783-2, Revision 2, Meal Substitutions for Medical or Other Special Dietary Reasons.	www.fns.usda.gov/cnd/ Guidance/special_dietary_ needs.pdf

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U.S. Department of Agriculture, Food and Nutrition Service, Changing the Scene: Improving the School Nutrition Environment – A Guide to Local Action, 2000	Tool kit addresses the entire school nutrition environment including a commitment to nutrition and physical activity, pleasant eating experiences, quality school meals, other healthy food options, nutrition education, and marketing the issue to the public. This kit can help local people take action to improve their school's nutrition environment. The kit includes a variety of tools for use at the local level to raise awareness and address school environment issues that influence students' eating and physical activity practices.	www.fns.usda.gov/tn/ Resources/changing.html
U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, Choice Plus: A Reference Guide For Foods and Ingredients 1997	This manual is a resource on foods and ingredients to assist purchasers in developing food specifications consistent with nutritional goals and knowledge. Provides information to help program operators make informed decisions when purchasing products for use in school lunch and breakfast programs.	www.nfsmi.org/Information/ choice_plus.htm

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U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, Choice Plus – Food Safety Supplement 2003	This resource gives guidance on purchasing safe food. Discusses on-site visits to distributors, food recalls, safety language, food dating, manufacturer HACCP, and estimated product storage life.	www.nfsmi.org/Information/ choice-plus-food-safety- supplement.pdf
U.S. Department of Agriculture, Food and Nutrition Service, Commodity Food Fact Sheet Database Food Distribution Programs http://www.fns.usda gov/fdd/ default.htm	Web page provides links to the online commodity fact sheets database maintained for all Food Distribution Programs. Each fact sheet gives a basic description of the available USDA product, suggested uses, preparation and storage tips, and nutrition information.	www.fns.usda.gov/fdd/facts/ commodityfacts.htm
U.S. Department of Agriculture and the U.S. Department of Health and Human Services, <i>Dietary Guidelines for Americans</i> , 2005	Guidelines are published every 5 years and provide authoritative advice for people two years and older about how good dietary habits can promote health and reduce risk for major chronic diseases. They serve as the basis for Federal food and nutrition education programs.	www.cnpp.usda.gov/ dietaryguidelines.htm

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U.S. Department of Agriculture, Food and Nutrition Service, Eat Smart. Play Hard.™	The web link to Eat Smart. Play Hard. TM is about making America's children healthier. It's about practical suggestions that will help you motivate children and their caregivers to eat healthy and be active. The Eat Smart. Play Hard. TM Campaign messages and materials are fun for children and informative for caregivers. To make your job easier, we have kid-tested the messages and based them on the Food Guide Pyramid and Dietary Guidelines for Americans.	www.fns.usda gov/ eatsmartplayhard/
U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, First Choice: A Purchasing Systems Manual for School Food Service, 2nd Edition, 2002	A resource to guide child nutrition professionals in their procurement procedures. Topics include steps in purchasing, the marketplace regulations, product movement, bid units, specifications, brand approval, receiving, and more.	www.nfsmi.org/Information/ firstchoice/fcindex.html
U.S. Department of Agriculture, Food and Nutrition Service, Food Buying Guide for Child Nutrition Programs, 2001	Tool to determine the contribution foods make toward the meal pattern requirements. It helps foodservice personnel to purchase the right amount of food and serve reimbursable meals (foodbased menu planning).	www. teamnutrition.usda.gov/ resources/foodbuyingguide.html To order a hard copy, visit the Team Nutrition website, www.teamnutrition.usda.gov

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U.S. Department of Agriculture, Food and Nutrition Service, Fruit and Vegetables Galore, 2004	This tool provides a wide range of information to directly assist schools in serving more fruits and vegetables in ways that motivate students to eat more fruits and vegetables. Resource includes three publications and five posters. Also included is a self-tutorial CD-ROM for foodservice staff.	www.fns.usda.gov/tn/ Resources/fv_galore.html
U.S. Department of Agriculture, Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process Approach to HACCP Principles	This document serves as USDA guidance for the implementation of HACCP-based food safety programs in schools participating in the National School Lunch Program (NSLP) or the School Breakfast Program (SBP). It identifies the minimum elements that must be included in a food safety program based on HACCP principles.	www.fns.usda.gov/cnd/Lunch/ Downloadable/HACCPGuidance. pdf
U.S. Department of Agriculture, National Agricultural Library, Healthy Schools Meals Resource Center	Web link to the Healthy School Meals Resource System (HSMRS). The HSMRS, as USDA's Training and Technical Assistance Component, assists state and local school foodservice programs meet the Dietary Guidelines for Americans.	http://schoolmeals.nal.usda.gov

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U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, Measuring Success with Standardized Recipes, 2002	Manual describes recipe standardization techniques in detail and includes examples, practice exercises, and reference materials. It is a "how-to" guide on recipe standardization for managers and cook-level employees. Includes a video and CD ROM.	www.nfsmi.org/Information/ stdrecipes/complete.pdf
U.S. Department of Agriculture, Food and Nutrition Service, Nutrient Analysis Protocols – How to Analyze Menus for USDA's School Meals Programs	This guidance manual establishes procedures to conduct an accurate nutrient analysis of school meals.	www.fns.usda.gov/tn/ Resources/nutrientanalysis.html
U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, Offer Versus Serve in the School Nutrition Programs	The package contains training modules for each of the menu-planning approaches. Each module includes all the information and tools you'll need to successfully train staff on OVS. The package includes a resource guide, training video, and training materials.	http://www.fns.usda.gov/tn/ Resources/offer_v_serve.html

RESOURCE	DESCRIPTION	ORDERING, DOWNLOADING, AND/OR URL INFORMATION
U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, Serving It Safe: A Manager's Tool Kit, 2nd Edition	Describes why food safety is important and gives guidance on how foodservice personnel can assure the preparation and service of safe foods. Provides information based on the 2001 Food Code. Package includes 119-page manual, 102-page instructor guide, and 25-1/2" x 33" English/ Spanish posters. Instructor guide provides an outline for conducting 10 hours of group training.	http://schoolmeals.nal.usda. gov/Safety/safe.html www.teamnutrition.usda.gov/ Resources/Serving_Safe.html
U.S. Department of Agriculture, Food and Nutrition Service, Team Nutrition Getting It Started and Keeping It Going: A Guide For Team Nutrition Leaders	The guide focuses on the critical first steps in initiating and implementing Team Nutrition, and also provides how to's, ideas in action, available resources, and real world challenges and solutions identified by participating States and schools in the USDA's Team Nutrition Demonstration Project.	www.teamnutrition.usda.gov/ Resources/gettingitstarted.html
U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, USDA Recipes for Schools	These updated recipes from the 1988 Quantity Recipes for School Food Service and the 1995 Tool Kit for Healthy School Meals have been edited and reflect the changes made in the newest edition of the Food Buying Guide for Child Nutrition Programs.	www.teamnutrition.usda.gov/ Resources/usda_recipes.html