### Personalized Medicine – Quo Vadis?

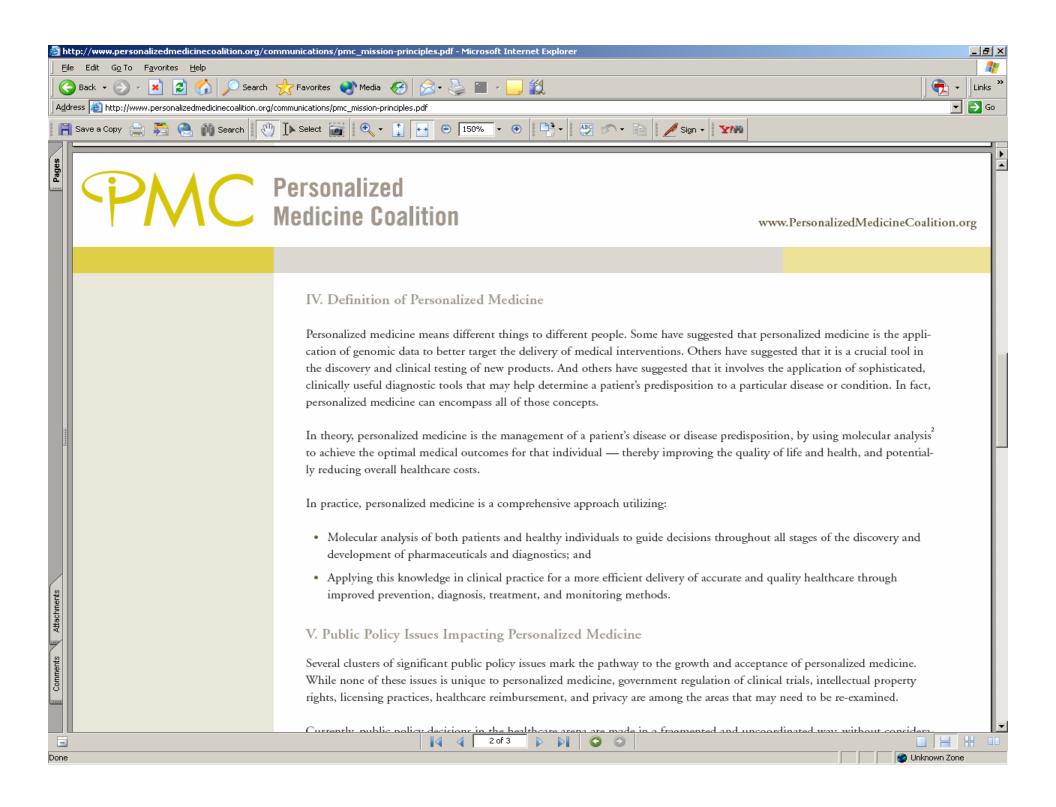
#### Conference on Personalized Medicine: Breaking Down the Barriers and Achieving Results

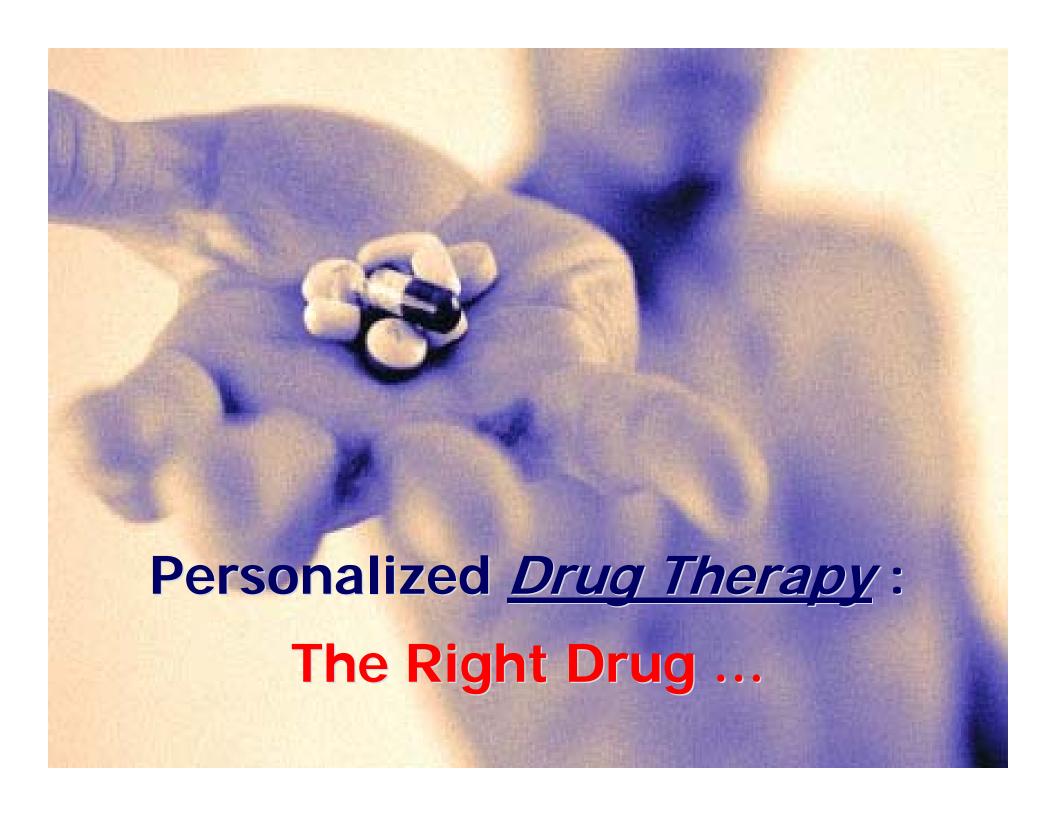
Harvard Medical School October 11, 2007

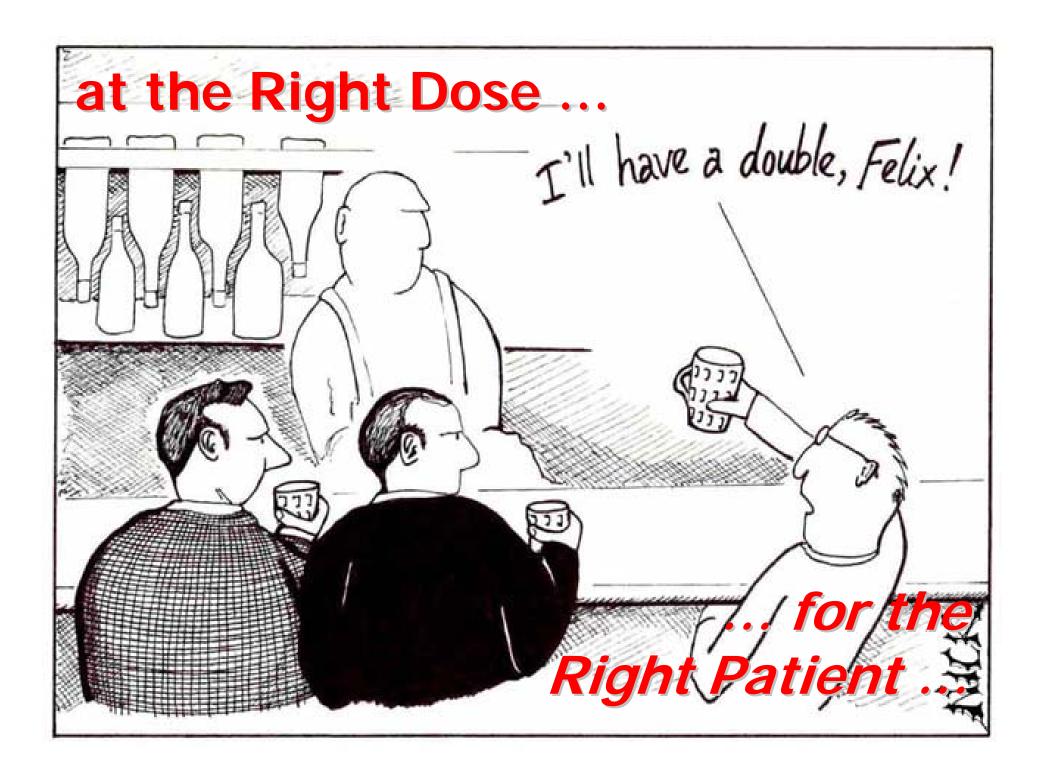
Felix W. Frueh, PhD
Office of Clinical Pharmacology
CDER/FDA

### **Outline**

- Personalized Medicine what is it?
- Then and now what we can do today that we couldn't do before
- Biomarkers and (genetic) testing
- Dose and drug selection some key points to consider
- Drug-test co-development a paradigm change?
- Other considerations on the quest to get medicine less impersonal
- Theme: Evidence and Benefit Risk considerations







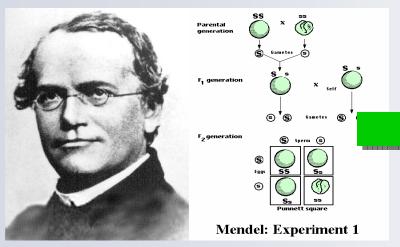
## ... at the Right Time.



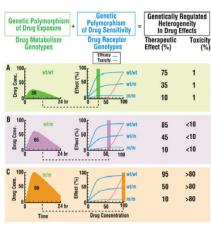
### (Personalized) Medicine: Then and Now



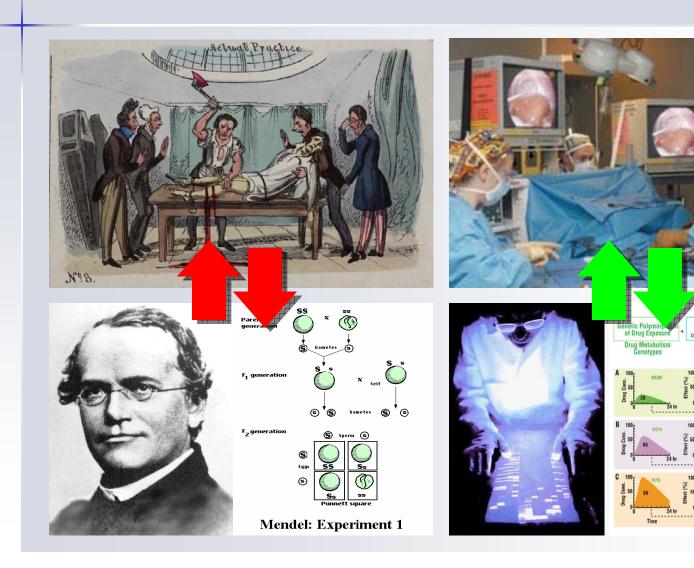








### (Personalized) Medicine: Then and Now



# **Example: Leukemia and Lymphoma**

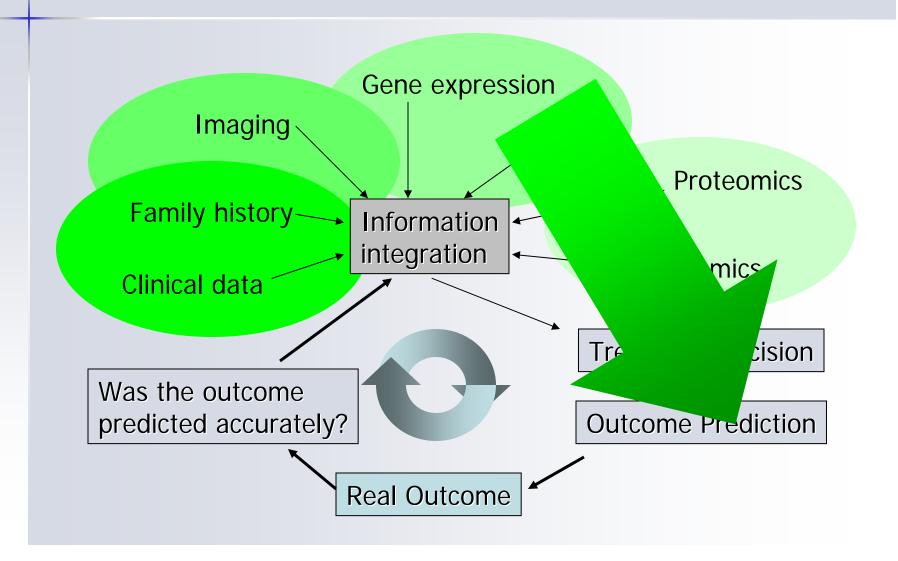
1950	"Disease of the Blood"	
1960	Leukemia	Lymphoma
1970	Chronic Leukemia Acute Leukemia Preleukemia	Indolent Lymphoma Aggressive Lymphoma
2007	~38 Leukemia types identified: Acute myeloid leukemia (~12 types) Acute lymphoblastic leukemia (2 types) Acute promyelocytic leukemia (2 types) Acute monocytic leukemia (2 types) Acute erythroid leukemia (2 types) Acute megakaryoblastic leukemia Acute myelomonocytic leukemia (2 types) Chronic myeloid leukemia Chronic myeloproliferative disorders (5 types) Myelodysplastic syndromes (6 types) Mixed myeloproliferative/myelodysplastic syndromes (3 types)	~51 Lymphomas identified:  Mature B-cell lymphomas (~14 types)  Mature T-cell lymphomas (15 types)  Plasma cell neoplasm (3 types)  Immature (precursor) lymphomas (2 types)  Hodgkin's lymphoma (5 types)  Immunodeficiency associated lymphomas (~5 types)  Other hematolymphoid neoplasms (~7 types)

5 Year Survival

~ 0%

~ 70%

## Idea: Use Molecular Markers to Make Better Treatment Decisions





August 16, 2007

#### PAGE ONE

PERSONAL DOSE
In Milestone, FDA Pushes
Genetic Tests Tied to Drug

Agency Seeks to Tame Risks of Blood Thinner; Some Doctors Protest



#### Genetic Test Approved for Sensitivity to Blood Thinner

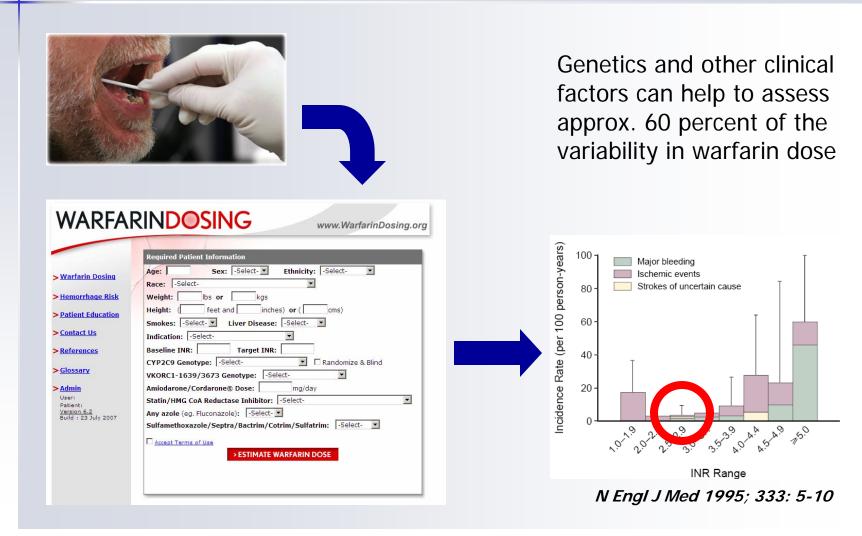
Some people who take Coumadin at higher risk of bleeding

The lower initiation

doses should be considered for patients with certain genetic variations in CYP2C9 and VKORC1 enzymes as well as for elderly and/or debilitated patients and patients with potential to exhibit greater than expected PT/INR responses to COUMADIN (see CLINICAL PHARMACOLOGY and PRECAUTIONS).

http://www.fda.gov/cder/foi/label/2007/009218s105lblv2.pdf

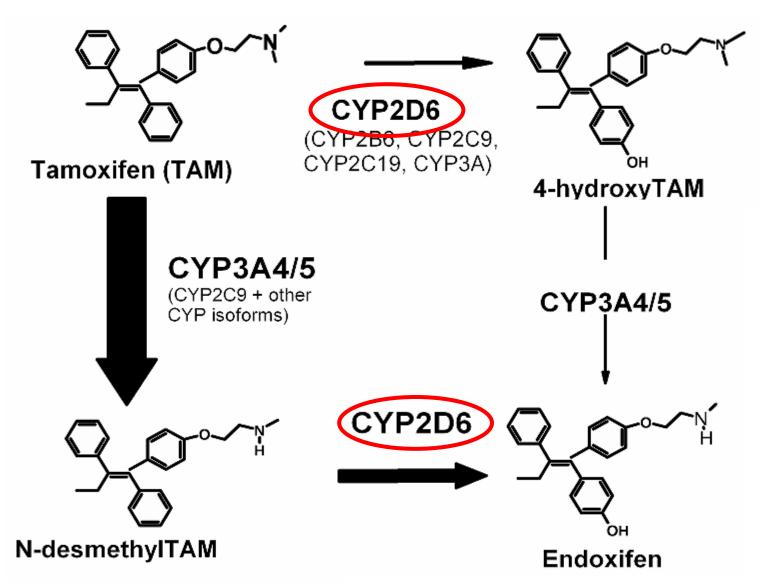
## **CYP2C9 and VKORC1 Testing – Better Estimation of Warfarin Starting Dose**



#### **KEY POINTS TO KEEP IN MIND...**

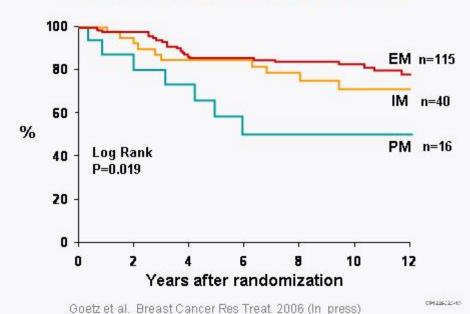
- Genetic tests not required
- Encourage doctors to consider genetics in initial warfarin doses
- Genetic tests are available
- Prevalence of genetic variants in different ethnic/racial groups
- Non-genetic factors also important
- INR monitoring is still essential

## **Tamoxifen Metabolic Pathway**

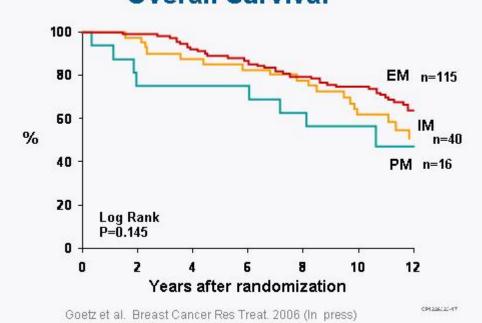


14

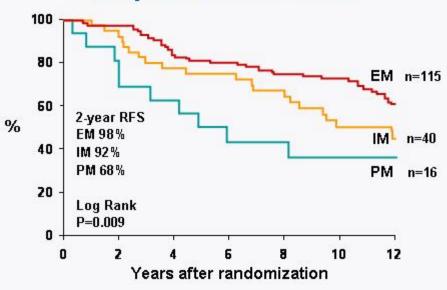
#### **Time to Breast Recurrence**



#### Overall Survival



#### Relapse-Free Survival



Goetz et al. Breast Cancer Res Treat. 2006 (In press)

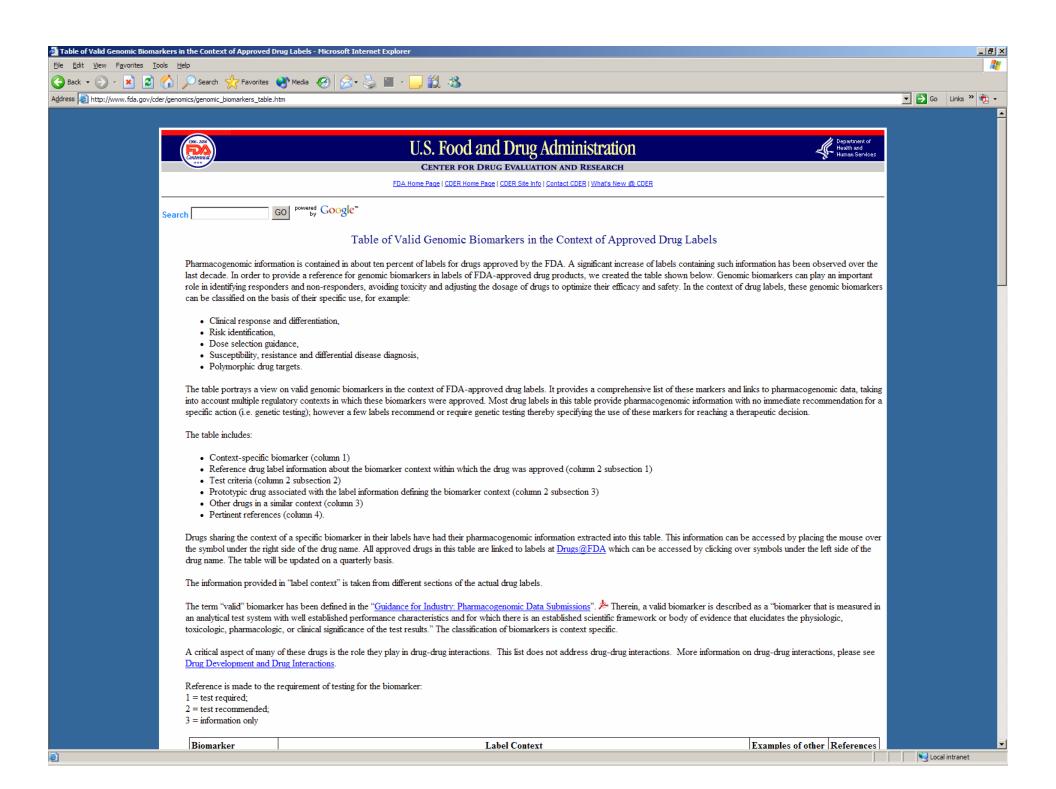
#### Conclusion

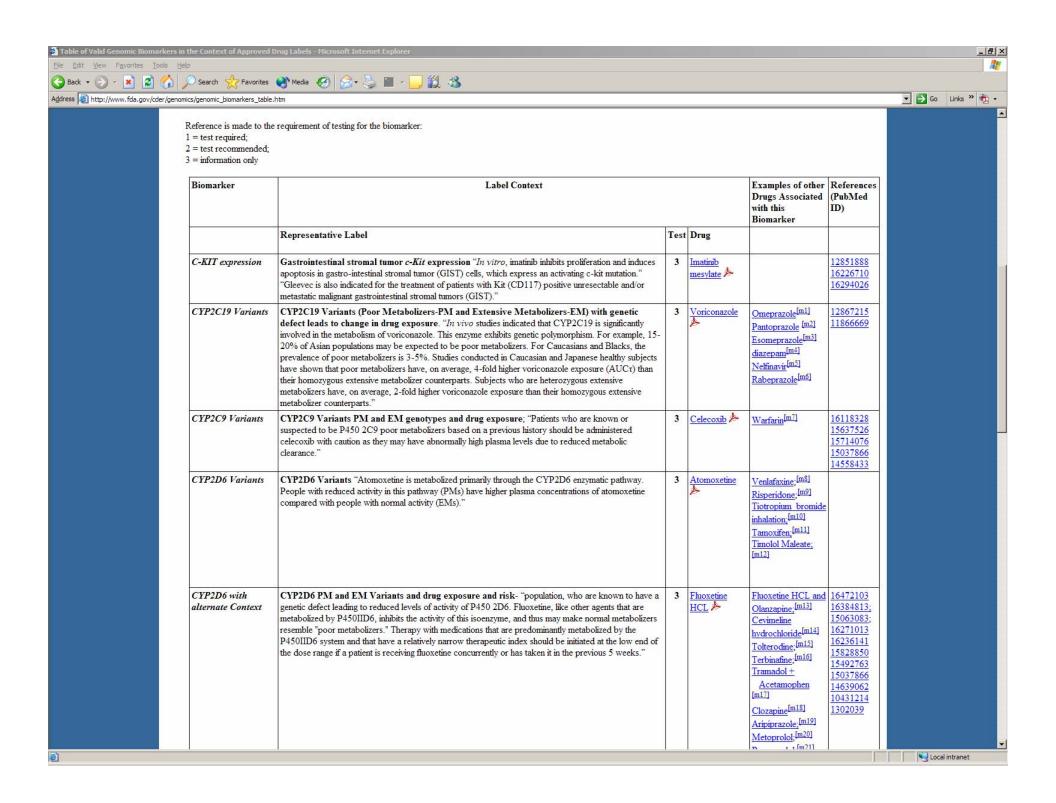
CP423612146

- In this trial, CYP2D6 metabolism was an independent predictor of clinical outcome in postmenopausal women with ER positive early breast cancer
- The effect of impaired metabolism was most marked in poor metabolizers
- Consistent with clinical data that tamoxifen activation to endoxifen is dependent upon CYP2D6
- These data suggest that determination of CYP2D6 genotype may be of value in selecting adjuvant hormonal therapy and moderate/potent CYPY2D6 inhibitors should not be co-administered with tamoxifen

# Useful, because alternatives exist: Hormonal Therapies of Breast Cancer

- Selective Estrogen Receptor Modulator
  - Tamoxifen
- Aromatase Inhibitors
  - Anastrazole (Arimidex)
  - Letrozole (Femara)
  - Exemestane (Aromasin)



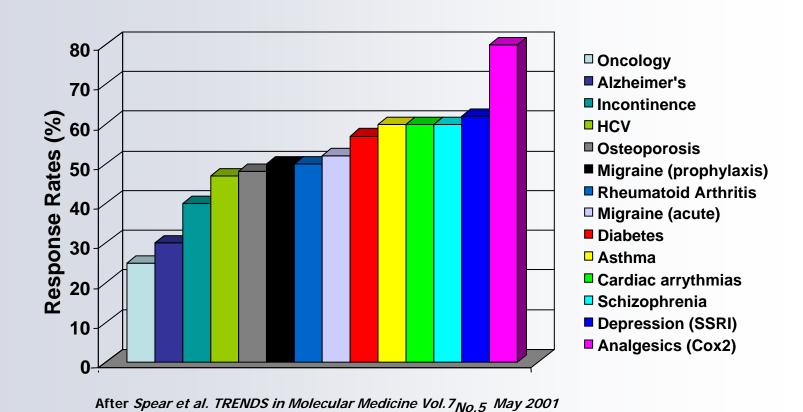


### In the Works

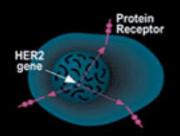
- New guidance for industry on "Clinical Pharmacogenomics in early drug development"
- Related to PK/PD and Pharmacogenomics (e.g. what should we do with pharmacogenomics and drug metabolism genotypes)
- Determine:
  - Details on "what are the questions" (i.e., the goals of a PGx study)
  - How to go about getting results that matter (i.e., study designs and the use of M/S to design adequate studies)
  - What to do with the results of PGx studies (i.e., data analysis and labeling)
- Planned to have a draft ready in early 2008

# The Right Drug for the Wrong Patient?

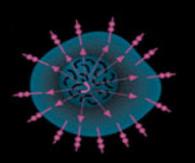
The response rate to current medicines is often unacceptably low:



## Trastuzumab (Herceptin®)

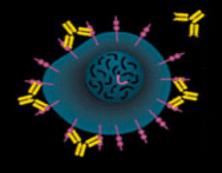


In a normal breast tissue cell, the Her-2 gene is expressing cell surface receptor required for normal cell growth.



In certain types of breast cancers, the Her-2 gene is over-expressing this cell surface receptor, contributing to cancerous cell growth.

This is the case in ~30% of breast cancers.



Herceptin (trastuzumab) is an antibody that blocks the cell surface receptor and thereby prevents further growth. As a result, disease progression is slowed down.

## Gefitinib (Iressa)

- Selective inhibitor of EGFR tyrosine kinase domain
- Approved under sub-part H (accelerated approval) for treatment of NSCLC in 2004
- In Dec 2004, pivotal trial (ISEL) did not show survival benefit over placebo
- Nevertheless a subset of patient (~10%) showed significant improvements
- Market witdrawal and access program put in place in 2005
- Current indication: IRESSA is indicated as monotherapy for the continued treatment of patients with locally advanced or metastatic non-small cell lung cancer after failure of both platinum-based and docetaxel chemotherapies who are benefiting or have benefited from IRESSA

## Gefitinib (Iressa), cont'd

# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

MAY 20, 2004

VOL. 350 NO. 21

#### Activating Mutations in the Epidermal Growth Factor Receptor Underlying Responsiveness of Non–Small-Cell Lung Cancer to Gefitinib

Thomas J. Lynch, M.D., Daphne W. Bell, Ph.D., Raffaella Sordella, Ph.D., Sarada Gurubhagavatula, M.D., Ross A. Okimoto, B.S., Brian W. Brannigan, B.A., Patricia L. Harris, M.S., Sara M. Haserlat, B.A., Jeffrey G. Supko, Ph.D., Frank G. Haluska, M.D., Ph.D., David N. Louis, M.D., David C. Christiani, M.D., Jeff Settleman, Ph.D., and Daniel A. Haber, M.D., Ph.D.

### Gefitinib (Iressa), cont'd

New exploratory biomarkers for prediction of response to gefitinib have been identified:

#### Genetic variations in tumor

- Positive results of (small) prospective trials
  - Example: results published at ASCO 2007; abstract #7504, Sequist et al; 31 patients with genetic variations in EGFR treated; RR 58% problem is, that there are no matched controls, i.e. we don't know how a patient with the same genetic variation would progress without treatment

#### EGFR gene copy number

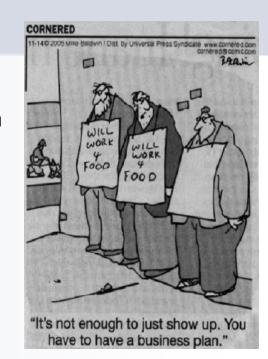
- In same study, 71% of treated patients had also gene amplification or polysomy
- Several other reports illustrate that gene copy number (FISH) could be an important predictive factor for gefitinib therapy

# Some Key Questions About Getting This Evidence and Consequences

- At what point is retrospective data good enough?
  - E.g., recent warfarin study results confirm conclusions reached two years ago based on retrospective data
  - How can we better use existing data sources?
- When are randomized controlled trials to create the evidence for genetic testing really needed?
  - E.g., warfarin trial: when should genetic test be performed?
- But: multivariate problem with highly complex tests: how to avoid random and meaningless associations?

## **Breaking Down the Barriers**

- ... two fundamental aspects of personalized medicine that don't fit our current paradigm of drug development and approval:
  - "Superiority" on a population basis does not necessarily reflect the best choice for an individual
    - (A treatment with a 10% advantage over a comparator may still be the wrong treatment for a lot of people)



- "Low efficacy" can still mean that a subset of patients has a dramatic response – how can we ensure that these patients are identified and the drug is being developed?
- New and innovative approaches are needed...

## **Genome-wide SNP Analyses**

The Pharmacogenomics Journal (2007), 1–10 © 2007 Nature Publishing Group All rights reserved 1470-269X/07 \$30.00



**ORIGINAL ARTICLE** 

Genome-wide pharmacogenetic investigation of a hepatic adverse event without clinical signs of immunopathology suggests an underlying immune pathogenesis

A Kindmark<sup>1</sup>, A Jawaid<sup>2</sup>, CG Harbron<sup>2</sup>, BJ Barratt<sup>2</sup>, OF Bengtsson<sup>1</sup>, TB Andersson<sup>1</sup>, S Carlsson<sup>1</sup>, KE Cederbrant<sup>3</sup>, NJ Gibson<sup>2</sup>, M Armstrong<sup>2</sup>, ME Lagerström-Fermér<sup>1</sup>, A Dellsén<sup>1</sup>, EM Brown<sup>2</sup>, M Thornton<sup>2</sup>, C Dukes<sup>2</sup>, SC Jenkins<sup>2</sup>, MA Firth<sup>2</sup>, GO Harrod<sup>2</sup>, TH Pinel<sup>2</sup>, SME Billing-Clason<sup>1</sup>, LR Cardon<sup>4</sup> and RE March<sup>2</sup>

<sup>1</sup> AstraZeneca, R&D, Mölndal, Sweden; <sup>2</sup> AstraZeneca, R&D, Alderley Park, Macclesfield, UK; <sup>3</sup> AstraZeneca, R&D, Södertälje, Sweden and <sup>4</sup> Wellcome Trust Centre for Human Genetics, University of Oxford, UK

Correspondence: Dr RE March, AstraZeneca, Mereside, Alderley Park, Macclesfield SK10 4TG, UK.

E-mail: Ruth.March@astrazeneca.com

One of the major goals of pharmacogenetics is to elucidate mechanisms and identify patients at increased risk of adverse events (AEs). To date, however, there have been only a few successful examples of this type of approach. In this paper, we describe a retrospective case–control pharmacogenetic study of an AE of unknown mechanism, characterized by elevated levels of serum alanine aminotransferase (ALAT) during long-term treatment with the oral direct thrombin inhibitor ximelagatran. The study was based on 74 cases and 130 treated controls and included both a genome-wide tag single nucleotide polymorphism and large-scale candidate gene analysis. A strong genetic association between elevated ALAT and the MHC alleles DRB1\*07 and DQA1\*02 was discovered and replicated, suggesting a possible immune pathogenesis. Consistent with this hypothesis, immunological studies suggest that ximelagatran may have the ability to act as a contact sensitizer, and hence be able to stimulate an adaptive immune response.

The Pharmacogenomics Journal advance online publication, 15 May 2007; doi:10.1038/sj.tpj.6500458

Keywords: pharmacogenetics; pharmacogenomics; adverse event; immune system; liver injury

#### Introduction

Ximelagatran, marketed as Exanta, was developed for the prevention and treatment of thromboembolism. In patients treated with ximelagatran for more

"Our data further suggest that a biomarker test based on DRB1\*07 would have been able to detect patients at risk of the AE with sensitivity of 47% and specificity of 83%."

#### What does FDA think?

If at-risk patients can be excluded, a suspected hepatotoxic drug would be potentially approvable, in the context of the overall risk/benefit analysis for the drug.

#### **Whole Genome Scans**

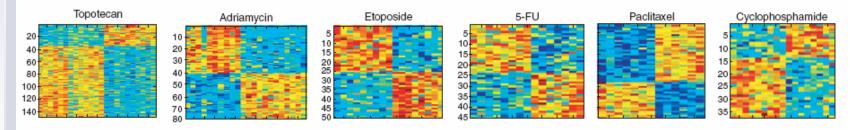
"Man, that record came out and was real big in Memphis. They started playing it, and it got real big. Don't know why – the lyrics had no meaning."

Elvis Presley

# New gene expression approaches to guide the use of existing chemotherapy

## Genomic signatures to guide the use of chemotherapeutics

Anil Potti<sup>1,2</sup>, Holly K Dressman<sup>1,3</sup>, Andrea Bild<sup>1,3</sup>, Richard F Riedel<sup>1,2</sup>, Gina Chan<sup>4</sup>, Robyn Sayer<sup>4</sup>, Janiel Cragun<sup>4</sup>, Hope Cottrill<sup>4</sup>, Michael J Kelley<sup>2</sup>, Rebecca Petersen<sup>5</sup>, David Harpole<sup>5</sup>, Jeffrey Marks<sup>5</sup>, Andrew Berchuck<sup>1,6</sup>, Geoffrey S Ginsburg<sup>1,2</sup>, Phillip Febbo<sup>1–3</sup>, Johnathan Lancaster<sup>4</sup> & Joseph R Nevins<sup>1–3</sup>



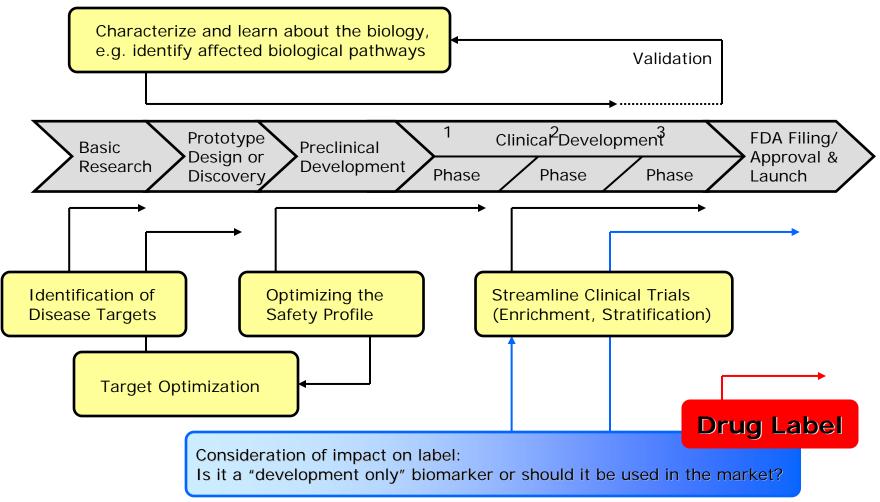
Potti et al Nature Medicine (2006) 12(11):1294-1300

## Genomic signatures to guide the use of chemotherapeutics

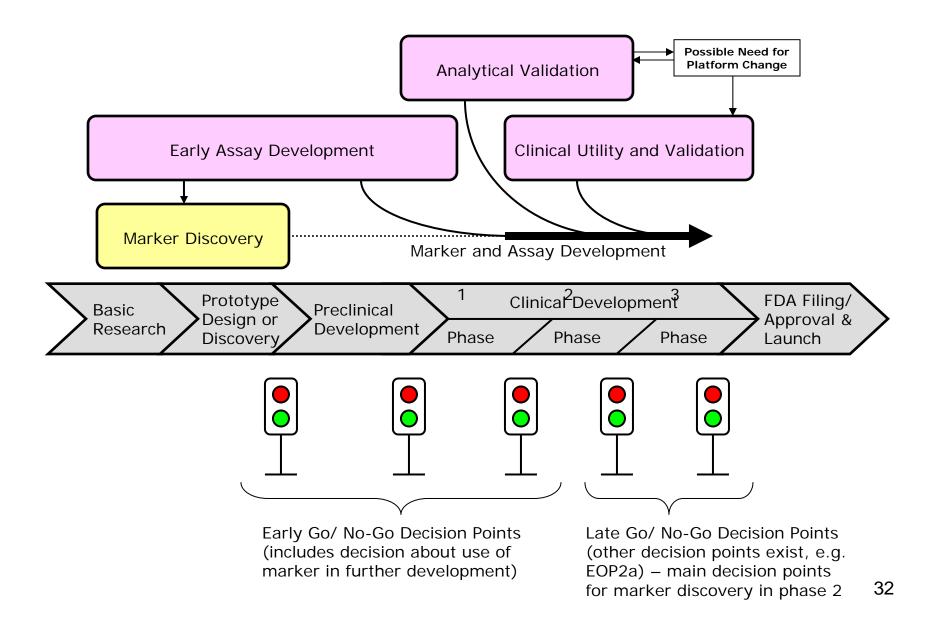
Anil Potti<sup>1,2</sup>, Holly K Dressman<sup>1,3</sup>, Andrea Bild<sup>1,3</sup>, Richard F Riedel<sup>1,2</sup>, Gina Chan<sup>4</sup>, Robyn Sayer<sup>4</sup>, Janiel Cragun<sup>4</sup>, Hope Cottrill<sup>4</sup>, Michael J Kelley<sup>2</sup>, Rebecca Petersen<sup>5</sup>, David Harpole<sup>5</sup>, Jeffrey Marks<sup>5</sup>, Andrew Berchuck<sup>1,6</sup>, Geoffrey S Ginsburg<sup>1,2</sup>, Phillip Febbo<sup>1–3</sup>, Johnathan Lancaster<sup>4</sup> & Joseph R Nevins<sup>1–3</sup>

- Gene expression signatures predict sensitivity to individual chemotherapeutic drugs
- Signatures can accurately predict clinical response
- When combined, could also predict response to multidrug regimens
- "The development of gene expression profiles that can predict response to commonly used cytotoxic agents provides opportunities to **better use** these drugs, including using them in combination with existing targeted therapies"
  - → Useful for drug selection!
- But how can we better develop these drugs in the first place?
  - Drug-Test Co-Development: making the biomarker an integral part of the drug development process

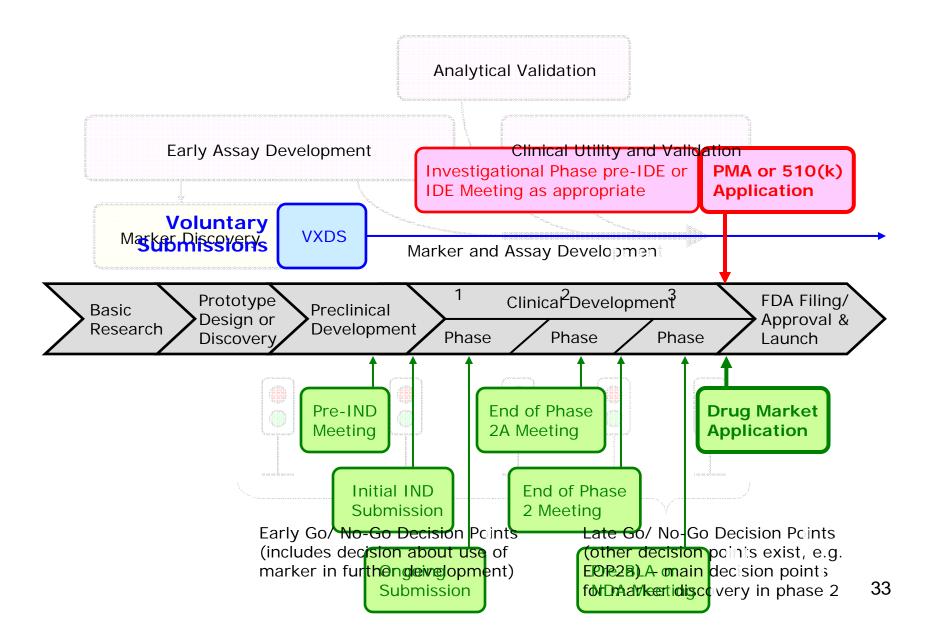
### **Drug-Test Co-Development**



### Biomarker and assay development process



### Sponsor - Regulator Interactions



But why stop learning when the drug is on the market? A proposal to create larger safety and efficacy databases, assess biomarkers Monitor the first e.g. 100,000 patients that receive the drug, collect samples from patients experiencing an AE and from matched controls, conduct e.g. WGA to identify genetic basis for AE and what could be done **Biomarker Characterization** to prevent it in future **Monitored** Full Exploratory (Learn) Validation (Confirmatory) Release Release Initial Full Approval **Approval** Modeling and Simulation Continuous Interaction with health authorities

### What We Could Learn Using this Approach

- Who really benefits from a particular treatment
- Who might be at risk for an adverse event
  - (this is the only strategy that would help us to learn more about the molecular mechanisms of rare adverse events: "retrospective" sample collection approaches do not work)
- If indeed we have the right dose
- Comparative effectiveness
- Clinical utility of testing (reimbursement?)
- Actual response rate and what factors may influence it
- Aspects of compliance
- How to educate physicians about molecular medicine
- ...

**Translation into Clinical Practice –** The two Elephants in the Room:

# Reimbursement – How Much Evidence Is Needed?



## Alternative Reimbursement

"Drug companies like to say that their most expensive products are fully worth their breathtaking prices.



Now one company is putting its money where its mouth is — by offering a money-back guarantee.

Johnson & Johnson has proposed that Britain's national health service pay for the cancer drug Velcade, but only for people who benefit from the medicine, which can cost \$48,000 a patient. The company would refund any money spent on patients whose tumors do not shrink sufficiently after a trial treatment."

### **Flipside**

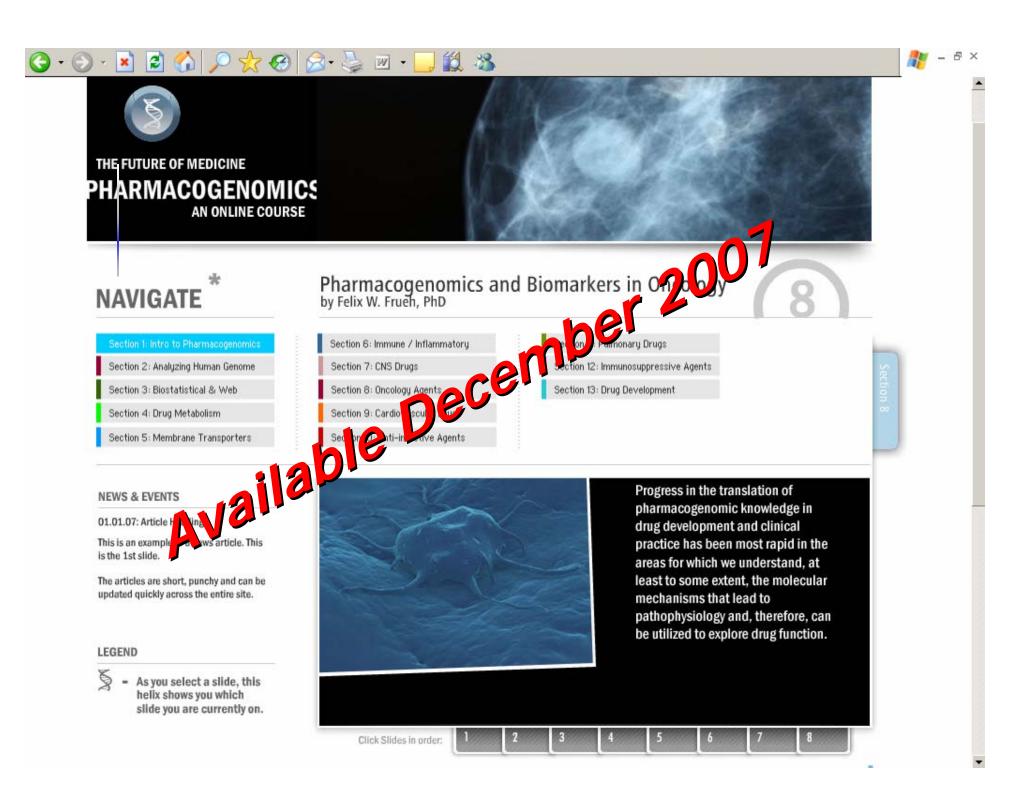


"I and others suggested a money-back guarantee on a cancer drug looked silly," said Dr. Tunis, who is now director of the nonprofit Center for Medical Technology Policy.

" 'Oh, I'm sorry your grandma died. Here's your money back.' "

Pricing Pills by the Results - Andrew Pollack, The New York Times, July 14, 2007





## Lastly, New Legislation

#### For example:

- Genetic Information Nondiscrimination Act (GINA)
- Genomics and Personalized Medicine Act

110TH CONGRESS 1ST SESSION H. R. 493

To prohibit discrimination on the basis of genetic information with respect to health insurance and employment.

#### IN THE HOUSE OF REPRESENTATIVES

January 16, 2007

Ms. Slaughter (for herself, Mrs. Biggert, Ms. Eshoo, Mr. Walden of Oregon, Mr. George Miller of California, Mr. Dingell, Mr. Rangel, Mr. Ackerman, Mr. Alexander, Mr. Allen, Mr. Bachus, Mr. Baker, Ms. Baldwin, Mr. Bartlett of Maryland, Mr. Bilirakis, Mrs. Blackburn, Mr. Blumenauer, Mrs. Bono, Mr. Boustany, Mr. Brown of South Carolina, Ms. Ginny Brown-Waite of Florida, Mr. Burton of Indiana, Mr. Calvert, Mrs. Capito, Mrs. Capps, Mr. Capuano, Mr. Castle, Mr. Chabot, Mr. Chandler, Mr. Cole of

110TH CONGRESS 1ST SESSION S. 976

To secure the promise of personalized medicine for all Americans by expanding and accelerating genomics research and initiatives to improve the accuracy of disease diagnosis, increase the safety of drugs, and identify novel treatments.

#### IN THE SENATE OF THE UNITED STATES

March 23, 2007

Mr. Obama (for himself and Mr. Burr) introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

#### A BILL

To secure the promise of personalized medicine for all Americans by expanding and accelerating genomics research and initiatives to improve the accuracy of disease diagnosis, increase the safety of drugs, and identify novel treatments.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- This Act may be cited as the "Genomics and Person-
- 5 alized Medicine Act of 2007".

### Summary



All of the fruits of the tremendous explosion in innovation that's been occurring in biomedical research — which make the molecular metamorphosis possible — fulfill their purpose only when they are translated into interventions and solutions that are applied to patients.

Dr. A. von Eschenbach, April 6, 2006

## THANK YOU!

www.fda.gov/cder/genomics

Felix.Frueh@hhs.fda.gov
Office of Clinical Pharmacology
FDA/CDER