
A Brief History of the Brief Summary

Amie C. Braman, Ph.D.
Social Science Analyst, DDMAC
FDA

DTC National, April 10, 2007

Overview

- Why don't I see brief summaries in other types of ads?
- Quick & easy regulation primer
- The Whole Ad and Nothing but the Whole Ad
- What does the brief summary look like?
- What *can* the brief summary look like?

We believe your car should have more airbags than cup holders.



Every new Hyundai Santa Fe comes with six airbags. And four cup holders. In fact, the all-new Santa Fe is nicely equipped with two advanced front airbags, two front side-impact airbags, and two side curtain airbags—helping it earn the rare and heralded

5-star crash test rating. With Electronic Stability Control, standard, starting at \$21,815*. Therefore, you can drive anywhere, feel safe, be secure, and relax with your soy decaf, double vanilla latte. Now, that's good thinking. Learn more at HyundaiUSA.com.

America's Best Warranty 10 years/100,000 miles



Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). Model tested with standard side-impact airbags (SABs). Safety belts should always be worn. Limited model shown. \$26,815. *MSRP for base model with manual transmission. MSRPs include freight, exclude taxes, title, license, and options. Dealer price may vary. Hyundai and Hyundai model names are registered trademarks of Hyundai Motor America. All rights reserved. ©2007 Hyundai Motor America.

WORKING MOTHER

BEST SMALL COMPANIES • SIMPLE STRESS BUSTERS • AWESOME FAMILY ADVENTURES

APRIL 2007

Here's an overactive-bladder treatment you can

stick with

Dry can be good — and not so good. If your OAB medicine makes your mouth so dry you don't feel like taking it, maybe it's time to talk with your doctor about something different. And that would be the OXYTROL® Patch. All you do is apply it to your hip, abdomen, or buttock. The patch delivers the medicine in a low, steady dose, so you can get all the benefits. Not all the dry mouth.

You should not use OXYTROL if you have certain types of stomach, urinary, or glaucoma problems. OXYTROL is generally well tolerated. The most common side effects are application site reactions, dry mouth, constipation, diarrhea, painful or difficult urination, and abnormal vision.

Ask your doctor about the only OAB treatment that comes in a patch.

See important patient information on the next page. Visit www.oxytrol.com or call 1.888.OXYTROL.

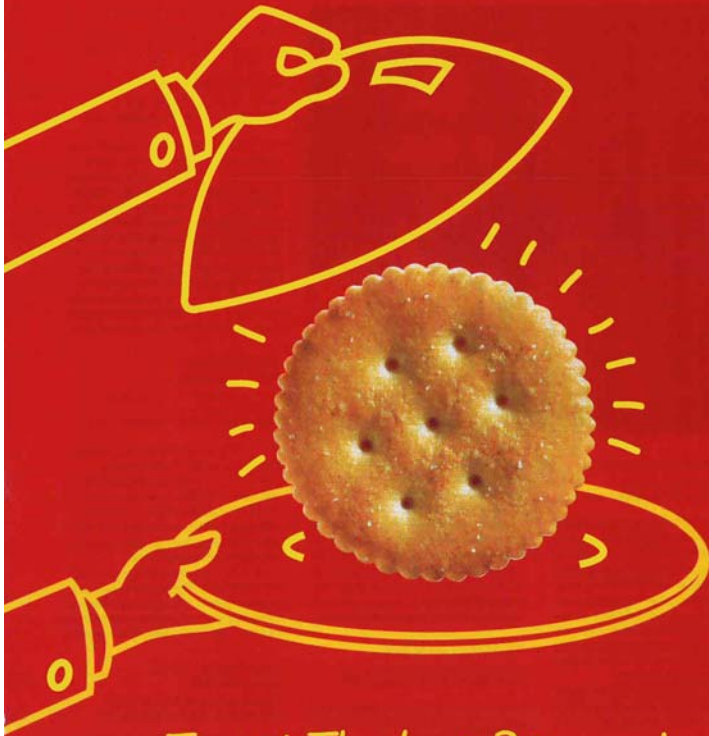


THERE'S ANOTHER WAY

WATSON Pharma, Inc.
A subsidiary of Watson Pharmaceuticals, Inc.
Warren, NJ 07062

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Printed in USA 02053

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Ta-da! The best Ritz ever!

Now there's more of the unique flaky, buttery, melt-in-your-mouth Ritz taste in every bite.



BATHROOM CONFIDENTIAL FROM AVODART



"One of these days, he'll actually come here to buy some gas."

You probably think you have a going problem. Instead, it might be a growing problem.

If you not only have to go to the bathroom often, but find it's hard to start once you get there. Or see that you're starting and stopping, or going often at night, you may have an enlarging prostate. And you don't have to put up with it. Ask your doctor if Avodart is right for you. Most medicines only treat urinary symptoms. Avodart, with time, actually shrinks the prostate and reduces symptoms. So it's an open road. Sit back and enjoy the ride.

Important Safety Information About Prescription AVODART® (dutasteride):

Avodart is used to treat urinary symptoms of Enlarging Prostate. Only your doctor can tell if your symptoms are from an enlarged prostate and not a more serious condition, such as prostate cancer. See your doctor for regular exams. Women and children should not take Avodart. Women who are or could become pregnant should not handle Avodart due to the potential risk of a specific

birth defect. Do not donate blood until at least six months after stopping Avodart. Tell your doctor if you have liver disease. Avodart may not be right for you. Possible side effects, including sexual side effects and swelling or tenderness of the breast, occur infrequently. See important information on next page.

Do you have an enlarging prostate? If you have any of these urinary symptoms, talk to your doctor.

- Urination starts and stops.
- Frequent urge to urinate.
- Difficulty emptying your bladder.
- Symptoms get in the way of your life.
- Getting up to urinate 2 or more times a night.



FOR YOUR GROWING PROBLEM



For more information, call 1-800-739-0402 or visit avodart.com. If you don't have prescription coverage, visit gskrx.org, or call 1-888-4PSA-NOW (1-888-477-2669)



FTC vs FDA

- **FTC** regulates advertising (cars, home mortgages, mopos, etc.)
- **FDA** regulates labeling (all legal drugs, medical devices, foods)
- *Memorandum of Understanding - Ads*
 - **FTC** regulates ads for foods, OTC drugs, non-restricted devices, cosmetics, dietary supplements
 - **FDA** regulates ads for prescription drugs and restricted medical devices

FDA Regulations

“All advertisements for any prescription drug...shall present a true statement of information in **brief summary** relating to side effects, contraindications...and effectiveness.”

- 21 CFR § 202.1(e)

FDA Regulations

- “...side effects, contraindications” include side effects, warnings, precautions, and contraindications, and include any such information under such headings as cautions, special considerations, important notes, etc...”

- 21 CFR § 202.1(e)

FDA Regulations

- Translation:
 - The brief summary should be a comprehensive look at risk information related to a drug product

- Big Picture:
 - FDA is committed to ensuring access to accurate and useful information

The Whole Ad

- FDA considers the brief summary to be part of the ad
- Adding brief summary does not get you off the hook
- Recent enforcement letters for omission of risk, despite risk information pages:
 - Vitrase, November 2005
 - Infergen, March, 2006

NEW Thimerosal-Free

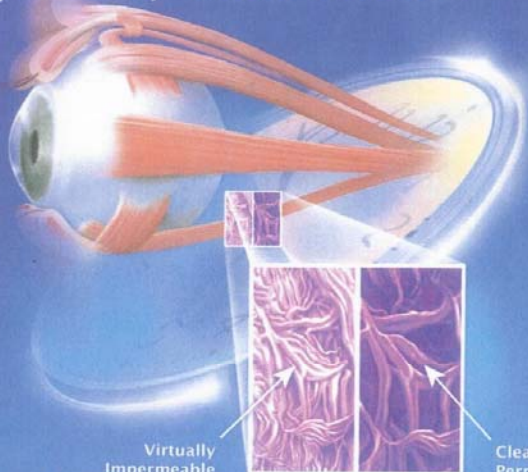
Vitrase (hyaluronidase injection) Ovine, 200 USP Units/mL and

Vitrase (hyaluronidase for injection) Lyophilized, Ovine 6200 USP Units

A Pure Ovine Hyaluronidase Formulation.

FDA APPROVED

Simply Better, Faster Results!



Virtually Impermeable Extracellular Matrix

Clearly Permeable Extracellular Matrix

Better, Faster Results vs Anesthetic Alone.

- At 10 minutes post-injection, hyaluronidase achieved over 3 times as many successful blocks as the anesthetic-only control group
- The first pure, preservative-free, ovine-based hyaluronidase
- Hyaluronidase increases hyaluronic acid permeability and porosity

Vitrase (hyaluronidase for injection) Lyophilized, Ovine, is indicated as an adjuvant to increase the absorption and dispersion of other injected drugs, for hypodermoclysis, and as an adjunct in subcutaneous urography for improving resorption of radiopaque agents.

The most frequently reported adverse experiences have been local injection site reactions. Hyaluronidase has been reported to enhance the edema events associated with co-administered drug products. Edema has been most frequently associated with hypodermoclysis. Allergic reactions (urticaria, angioedema) have been reported in less than 0.1% of patients receiving hyaluronidase.

Reference: 1. Nicol JM, Thureisen B, Acharya PA, Athien K, James M. Retrobulbar anesthesia: the role of hyaluronidase. Anesth Analg. 1966;60(12):1324-1328.

To Order, Call (866) 264-8568

NEW Thimerosal-Free

Vitrase (hyaluronidase injection) Ovine, 200 USP Units/mL

Vitrase (hyaluronidase for injection) Lyophilized, Ovine 6200 USP Units

Pure Science of Time



www.istavision.com

© 2002 ISTA Pharmaceuticals, Inc. All rights reserved. Vitrase is a registered trademark of ISTA Pharmaceuticals, Inc. Please see brief summary of prescribing information on next page.

VX101-004

VITRASE® (hyaluronidase injection) Ovine, 200 USP Units/mL

Brief Summary of Prescribing Information

INDICATIONS AND USAGE

Vitrase (hyaluronidase injection) is indicated as an adjuvant to increase the absorption and dispersion of other injected drugs, for hypodermoclysis, and as an adjunct in subcutaneous urography for improving resorption of radiopaque agents.

CONTRAINDICATIONS

Hypersensitivity to hyaluronidase or any other ingredient in the formulation is a contraindication to the use of the product.

WARNINGS

Discard (Do not use) hyaluronidase for injection if emulsion occurs.

Hyaluronidase should not be used to enhance the absorption and dispersion of radioactive iodine uptake agents.

Hyaluronidase should not be used to reduce the swelling of lacerations or abrasions.

Hyaluronidase should not be used to reduce the swelling of bites or stings.

Hyaluronidase should not be used for intravenous injection because the enzyme is rapidly inactivated.

PRECAUTIONS

General

Formamide, the formaldehyde and phenol have been found to be incompatible with hyaluronidase.

When considering the administration of any other drug with hyaluronidase, it is recommended that appropriate reference be consulted to determine the usual precautions for the use of the other drug, e.g., when administering a local anesthetic with hyaluronidase, the precautions for the use of epinephrine in cardiovascular disease, mental disease, diabetes, rigid heart block, ischemia of the fingers and toes, etc., should be observed.

Laboratory Tests

A laboratory test for the compatibility of Vitrase can be performed. The test is made by an intradermal injection of approximately 0.2 mL (2 drops) of a 1% solution, solution form "Vitrase and Anesthetic" of full prescribing information. A positive reaction consists of a wheel with pseudopods appearing within 3 minutes and persisting for 20 to 30 minutes and accompanied by localized itching. Tumor resorption at the site of the test, i.e., urticaria, is a positive reaction.

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When hyaluronidase is added to a local anesthetic agent, it reduces the onset of anesthesia and tends to reduce the swelling caused by local anesthesia, but the wider spread of the local anesthetic solution increases its duration. This increases the duration of action and tends to increase the incidence of systemic reactions.

Patients receiving large doses of alkaloids, carbonates, ACTH, ergotamine, or anticholinergics may require larger amounts of hyaluronidase for equivalent dosing effect, since these drugs apparently render tissues partly resistant to the action of hyaluronidase.

Cardiovascular: Myocardial infarction, impairment of fertility

Long-term animal studies have not been performed to assess the carcinogenic or mutagenic potential of hyaluronidase. Hyaluronidase is found in most tissues of the body.

Long-term animal studies have not been performed to assess whether hyaluronidase impairs fertility. However, it has been reported that systemic injection of hyaluronidase results in a hypersensitivity reaction that may be associated with the effect of a drug.

It is not known whether hyaluronidase has an effect on the fetus if used during labor. The effect of hyaluronidase on the later growth, development, and lactation of the mother is unknown.

Nursing Mothers

It is not known whether hyaluronidase is secreted in human milk. Because many drugs are secreted in human milk, caution should be exercised when hyaluronidase is administered to a nursing woman.

Adverse Reactions

The most frequently reported adverse experiences have been local injection site reactions. Hyaluronidase has been reported to enhance the edema events associated with co-administered drug products. Spasms have been reported most frequently in association with hypodermoclysis. Allergic reactions (urticaria, angioedema) have been reported in less than 0.1% of patients receiving hyaluronidase. Hypersensitivity reactions following intrathecal block or intravenous reactions have occurred, rarely.

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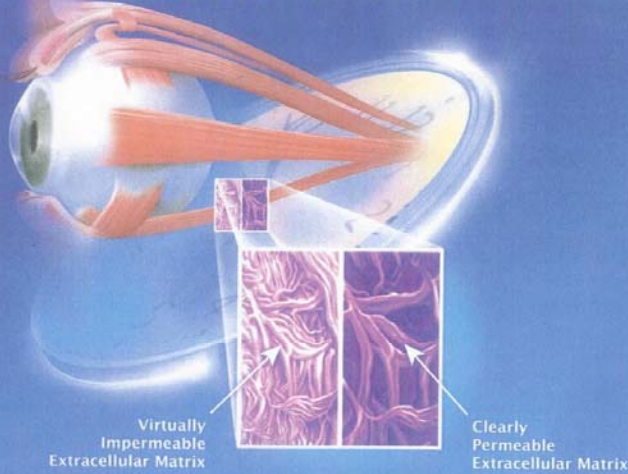
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Better, Faster Results vs Anesthetic Alone.

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VT301-9104

1 - prescribed brand of intermediate/long-acting insulin among endocrinologists!*



To help reach target control for diabetes
24-hour Lantus

Finally, there's a long-acting insulin that keeps the same hours as diabetes

For adults with type 2 diabetes or adults and children (6-15 years old) with type 1 diabetes. **DO NOT DILUTE OR MIX LANTUS WITH ANY OTHER INSULIN OR SOLUTION.** It will not work as intended and you may lose blood sugar control, which could be serious.

The syringe must not contain any other medicine or residue.

As with any insulin therapy, possible side effects may include blood sugar levels that are too low (hypoglycemia), injection-site reactions, including changes in fat tissue at the injection site, allergic reactions; itching, and rash.

In clinical studies in adult patients, there was a higher incidence of injection-site pain (2.7% vs 0.7%) among insulin glargine patients compared with NPH human insulin. The reports were usually mild and did not result in discontinuation of therapy.

To find out more, call 1-800-675-3240 or visit www.lantus.com/alm/



WORKS AROUND THE CLOCK WITH JUST ONE SHOT

*Based on NRx and TRx. IMS Health. NPA, May-October 2002. Please see additional important information on next page.



Only Infergen® offers a proven treatment option for the significant and growing number of nonresponders and relapsers.†

You don't have to rewind and retreat with another interferon alfa-2 or watch and wait for a new therapy. It's your move.

Move forward with the unique interferon—bioengineered Infergen.

Infergen is indicated for the treatment of chronic HCV infection in patients 18 years of age or older with compensated liver disease. Other causes of hepatitis, such as viral hepatitis B or autoimmune hepatitis, should be ruled out prior to initiation of therapy with Infergen.

The most commonly reported adverse events during initial and subsequent treatment were flu-like symptoms (eg, headache, fatigue, fever, myalgia, and rigors).

Alpha interferons, including Interferon alfacon-1, cause or aggravate fatal or life-threatening neuropsychiatric, autoimmune, ischemic, and infectious disorders. Patients should be monitored closely with periodic clinical and laboratory evaluations. Patients with persistently severe or worsening symptoms of these conditions should be withdrawn from therapy. In many but not all cases, these disorders resolve after stopping Interferon alfacon-1 therapy. See WARNINGS and ADVERSE REACTIONS in full prescribing information.

Please see brief summary of prescribing information and references on following page.

The Consensus Interferon
INFERGEN™
Interferon alfacon-1

A First Choice for a Second Chance

For more information visit www.infergen.com



This family of dust-pollen-molds can now lay down wall-to-wall carpeting.

Does your family's allergy medicine treat both indoor and outdoor allergies?

If not, ask your doctor about switching to Zyrtec.

To learn more, visit www.zyrtec.com or call 1-800-ZYRTEC-2.

Allergies tend to run in families. Unlike some allergy medicines, prescription Zyrtec® is approved to treat all your family's indoor and outdoor allergies. Like grass. Ragweed. Dust. Mold. And even pet dander.

In fact, no other antihistamine is approved to treat more allergies than Zyrtec. Ask your doctor for free samples of Zyrtec pills or syrup.

In adults, the most common side effect was feeling drowsy. Some of the others were feeling tired and dry mouth. In children, 2 to 11 years old, some of the side effects were headache and stomach pain. Others were feeling drowsy and sore throat. Most were mild to moderate.

ZYRTEC®
cetirizine HCl

Lots of allergies. Just one Zyrtec.™
(Zur'-tek)

Please see important information about Zyrtec 5-mg and 10-mg tablets and 1-mg/mL syrup on the next page.

Professional vs. DTC

- Regulations do not distinguish
- Historically, approved physician labeling was reprinted as brief summary

ZYRTEC
cetirizine HCl

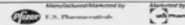
For Seasonal and Year-round Allergies and Chronic Idiopathic Urticaria. Use caution should be exercised when driving a car or operating potentially dangerous machinery.

BRIEF SUMMARY ZYRTEC (CETIRIZINE HYDROCHLORIDE) TABLETS AND SYRUP FOR ORAL USE (FOR FULL PRESCRIBING INFORMATION, CONSULT PACKAGE INSERT)

CONTRAINDICATIONS: ZYRTEC is contraindicated in those patients with a known hypersensitivity to it or any of its ingredients or hydroxyzine. **PRECAUTIONS:** Activities Requiring Mental Alertness: In clinical trials, the occurrence of somnolence has been reported in some patients taking ZYRTEC. Use caution should therefore be exercised when driving a car or operating potentially dangerous machinery. Concurrent use of ZYRTEC with alcohol or other CNS depressants should be avoided because additional sedation and additional impairment may occur. **Drug-Drug Interactions:** No clinically significant drug interactions have been found with theophylline at a low dose, astemizole, pseudoephedrine, lorazepam, or erythromycin. There was a small decrease in the clearance of cefixime caused by a 400-mg dose of theophylline. It is possible that larger theophylline doses could have a greater effect. **Carcinogenesis, Mutagenesis and Impairment of Fertility:** In a 2-year carcinogenicity study in rats, cetirizine was not carcinogenic at dietary doses up to 20 mg/kg (approximately 15 times the maximum recommended daily oral dose in adults on a mg/m² basis, or approximately 10 times the maximum recommended daily oral dose in children on a mg/m² basis). In a 2-year carcinogenicity study in mice, cetirizine caused an increased incidence of benign liver tumors in males at a dietary dose of 16 mg/kg (approximately 6 times the maximum recommended daily oral dose in adults on a mg/m² basis, or approximately 4 times the maximum recommended daily oral dose in children on a mg/m² basis). No increase in the incidence of liver tumors was observed in mice at a dietary dose of 4 mg/kg (approximately 2 times the maximum recommended daily oral dose in adults on a mg/m² basis, or approximately equal to the maximum recommended daily oral dose in children on a mg/m² basis). The clinical significance of these findings during long-term use of ZYRTEC is not known. Cetirizine was not mutagenic in the Ames and not clastogenic in the human lymphocyte assay, the mouse lymphoma assay, and in vivo micronucleus test assays. In a fertility and general reproductive performance study in mice, cetirizine did not impair fertility at an oral dose of 64 mg/kg (approximately 25 times the maximum recommended daily oral dose in adults on a mg/m² basis). **Pregnancy Category B:** In rats, cats, and rabbits, cetirizine was not teratogenic at oral doses up to 96, 225, and 135 mg/kg, respectively (approximately 40, 100 and 200 times the maximum recommended daily oral dose in adults on a mg/m² basis). There are no adequate and well-controlled studies in pregnant women. Because animal studies are not always predictive of human response, ZYRTEC should be used in pregnancy only if clearly needed. **Nursing Mothers:** In mice, cetirizine caused reduced pup weight gain during lactation at an oral dose in dams of 56 mg/kg (approximately 40 times the maximum recommended daily oral dose in adults on a mg/m² basis). Studies in beagle dogs indicated that approximately 2% of the dose was excreted in milk. Cetirizine has been reported to be excreted in human breast milk. Because many drugs are excreted in human milk, use of ZYRTEC in nursing mothers is not recommended. **Geriatric Use:** In placebo-controlled trials, 106 patients aged 65 to 94 years received doses of 5 to 20 mg of ZYRTEC per day. Adverse events were similar in this group to patients under age 65. Subgroup analysis of efficacy in this group was not done. **Pediatric Use:** The safety of ZYRTEC, at daily doses of 5 or 10 mg, has been demonstrated in 376 pediatric patients aged 2 to 11 years in placebo-controlled trials lasting up to four weeks and in 254 patients in a non-placebo-controlled 12-week trial. The safety of cetirizine has been demonstrated in 160 patients aged 2 to 5 years in placebo-controlled trials of 4 to 6 weeks duration. On a mg/m² basis, most of the 160 patients received between 0.2 and 0.4 mg/kg of cetirizine HCl. The effectiveness of ZYRTEC for the treatment of seasonal and perennial allergic rhinitis and chronic idiopathic urticaria in pediatric patients aged 2 to 11 years is based on an extrapolation of the demonstrated efficacy of ZYRTEC in adults in these conditions and the likelihood that the disease course, pathophysiology and the drug's effect are substantially similar between these two populations. The recommended doses for the pediatric population are based on cross-study comparisons of the pharmacokinetics and pharmacodynamics of cetirizine in adult and pediatric subjects and on the safety profile of cetirizine in both adult and pediatric patients at doses equal to or higher than the recommended dose. The studies A17 and G16 in pediatric subjects aged 2 to 5 years who received a single dose of 5 mg of cetirizine syrup and in pediatric subjects aged 6 to 11 years who received a single dose of 10 mg of cetirizine syrup were estimated to be intermediate between that observed in adults who received a single dose of 10 mg of cetirizine tablets and those who received a single dose of 20 mg of cetirizine tablets. The safety and effectiveness of cetirizine in pediatric patients under the age of 2 years have not yet been established. **ADVERSE REACTIONS:** Controlled and uncontrolled clinical trials conducted in the United States and Canada included more than 6000 patients aged 12 years and older, with more than 3000 receiving ZYRTEC at doses of 5 to 20 mg per day. The duration of treatment ranged from 1 week to 8 months, with a mean exposure of 30 days. Most adverse reactions reported during therapy with ZYRTEC were mild or moderate. In placebo-controlled trials, the incidence of discontinuations due to adverse reactions in patients receiving ZYRTEC 5 or 10 mg was not significantly different from placebo (2.9% vs. 2.4%, respectively). The most common adverse reaction in patients aged 12 years and older that occurred more frequently with ZYRTEC than placebo was somnolence. The incidence of somnolence associated with ZYRTEC was dose related: 6% placebo, 11% at 5 mg and 14% at 10 mg. Discontinuations due to somnolence for ZYRTEC were uncommon (1.0% on ZYRTEC vs. 0.6% on placebo). Fatigue and dry mouth also appeared to be treatment-related adverse reactions. There were no differences by age, race, gender or by body weight with regard to the incidence of adverse reactions. **Table 1:** Adverse experiences in patients aged 12 years and older which were reported for ZYRTEC 5 and 10 mg in controlled clinical trials in the United States and in Group 1 patients who were more common with ZYRTEC than placebo. **Table 2:** Adverse Experiences Reported in Patients Aged 12 Years and Older in Placebo-Controlled United States ZYRTEC Trials (Maximum Dose of 10 mg) at Rates of 2% or Greater (Percent Incidence) ZYRTEC (N=2034) Placebo (N=1612) respectively: Somnolence (13.7 vs 6.3) Fatigue (5.5 vs 2.6) Dry Mouth (1.6 vs 2.8) Pharyngitis (2.0 vs 1.5) Cough (2.0 vs 1.2) In addition, headache and nausea occurred more than 2% of the patients but were more common in placebo patients. Pediatric studies were also conducted with ZYRTEC. More than 1300 pediatric patients aged 6 to 11 years with more than 800 treated with ZYRTEC at doses of 1.25 to 10 mg per day were included in controlled and uncontrolled clinical trials conducted in the United States. The duration of treatment ranged from 2 to 12 weeks. Placebo-controlled trials up to 4 weeks duration included 160 pediatric patients aged 2 to 5 years who received cetirizine. The majority of whom received single-daily doses of 5 mg. The majority of adverse reactions reported in pediatric patients aged 2 to 11 years with ZYRTEC were mild or moderate. In placebo-controlled trials, the incidence of discontinuations due to adverse reactions in pediatric patients receiving up to 10 mg of ZYRTEC was uncommon (0.4% on ZYRTEC vs. 1.0% on placebo). **Table 2:** Adverse experiences which were reported for ZYRTEC 5 and 10 mg in pediatric patients aged 6 to 11 years in placebo-controlled clinical trials in the United States and were more common with ZYRTEC than placebo. Of these, abdominal pain was considered treatment-related and somnolence appeared to be dose-related. 1.3% in placebo, 1.5% at 5 mg and 4.2% at 10 mg. The adverse experiences reported in pediatric patients aged 2 to 5 years in placebo-controlled trials were qualitatively similar in nature and generally similar in frequency to those reported in trials with children aged 6 to 11 years. **Table 2:** Adverse Experiences Reported in Pediatric Patients Aged 6 to 11 Years in Placebo-Controlled United States ZYRTEC Trials (5 or 10 mg Dose) Which Occurred at a Frequency of 2% or Greater (Percent Incidence) ZYRTEC (N=161) vs placebo (N=203) respectively: Headache (11.0% vs 4.0%), 10 mg; 12.3% placebo; Pharyngitis (2.5% vs 2.2%), 10 mg; 2.7% placebo; Abdominal pain (4.4% vs 5.6%), 10 mg; 1.5% placebo; Cough (4.4% vs 2.8%), 10 mg; 3.9% placebo; Somnolence (1.5% vs 4.2%), 10 mg; 1.3% placebo; Diarrhea (3.1% vs 5.9%), 10 mg; 1.3% placebo; Epistaxis (0.3% vs 0.1%), 10 mg; 1.9% placebo; Fever (0.6% vs 0.1%), 10 mg; 1.5% placebo; Nausea (0.9% vs 0.5%), 10 mg; 1.9% placebo; Vomiting (2.5% vs 2.3%), 10 mg; 1.0% placebo. The following events were observed infrequently (less than 2%), in either 2882 adults and children 12 years and older or in 650 pediatric patients aged 6 to 11 years who received ZYRTEC in U.S. trials, including an open adult study of six months' duration. A causal relationship of these infrequent events with ZYRTEC administration has not been established. **Autonomic Nervous System:** anorexia, flushing, increased salivation, urinary retention. **Cardiovascular:** cardiac failure, hypertension, palpitation, tachycardia. **Central and Peripheral Nervous System:** abnormal coordination, ataxia, confusion, dizziness, hyposthesia, hyperreflexia, hyperreflexia, hyporeflexia, leg cramps, migraine, myelitis, paralysis, paresthesia, ptosis, syncope, tremor, twitching, vertigo, visual field defect. **Gastrointestinal:** abnormal gastric function, aggravated constipation, constipation, depression, eructation, flatulence, gastroenteritis, hemorrhoids, increased appetite, melena, rectal hemorrhage, stomatitis including ulcerative stomatitis, tongue discoloration, tongue edema. **Genitourinary:** cystitis, dysuria, hematuria, micturition frequency, polyuria, urinary incontinence, urinary tract infection. **Hearing and Vestibular:** deafness, tinnitus, otitis media with effusion. **Metabolic/Nutritional:** dehydration, diabetes mellitus, thirst. **Musculoskeletal:** arthralgia, arthritis, arthrosis, muscle weakness, myalgia. **Psychiatric:** abnormal thinking, agitation, amnesia, anxiety, decreased libido, depersonalization, depression, emotional lability, euphoria, euphoric intoxication, insomnia, nervousness, sleep disorder. **Respiratory System:** bronchitis, dyspnea, hyperventilation, increased sputum, pneumonia, respiratory disorder, rhinitis, sinusitis, upper respiratory tract infection. **Reproductive:** dysmenorrhea, female breast pain, intermenstrual bleeding, leukorrhea, menorrhagia, vaginitis. **Reflex/Orthopedic:** lymphadenopathy. **Skin:** acne, alopecia, angioedema, furuncle eruption, dermatitis, dry skin, eczema, erythematous rash, furunculosis, hyperkeratosis, hyperhidrosis, increased sweating, maculopapular rash, photosensitivity reaction, photosensitivity-like reaction, pruritus, purpura, rash, subconjunctival skin disorder, skin nodule, urticaria. **Special Senses:** parosmia, taste loss, taste perversion. **Vision:** blindness, conjunctivitis, eye pain, glaucoma, loss of accommodation, ocular hemorrhage, serophthalmia. **Body as a Whole:** accidental injury, asthma, back pain, chest pain, enlarged abdomen, back edema, knee general edema, hot flashes, increased weight, hypotension, malaise, nasal polyps, pain, pain, periorbital edema, peripheral edema, rigors. Occasional instances of transient, reversible hepatic transaminase elevations have occurred during cetirizine therapy. Hepatitis with significant transaminase elevation and elevated bilirubin in association with the use of ZYRTEC has been reported. In foreign marketing experience the following additional side, but potentially severe adverse events have been reported: anaphylaxis, cholestatic, glomerulonephritis, hemolytic anemia, hepatitis, ocular dyskinesia, severe hypotension, stillbirth, and thrombocytopenia. **DRUG ABUSE AND DEPENDENCE:** There is no information to indicate that abuse or dependency occurs with ZYRTEC. **OVERDOSSAGE:** Overdose has been reported with ZYRTEC. In one adult patient who took 100 mg of ZYRTEC, the patient was somnolent but did not display any other clinical signs or abnormal blood chemistry or hematology results. In an 18-month-old pediatric patient who took an overdose of ZYRTEC (approximately 180 mg), emesis, drowsiness and irritability were observed initially. This was followed by drowsiness. Should overdose occur, treatment should be symptomatic or supportive, taking into account any concomitantly ingested medications. There is no known specific antidote to ZYRTEC. ZYRTEC is not effectively removed by dialysis, and dialysis will be ineffective unless a dialysable agent has been concomitantly ingested. The acute minimal lethal oral doses were 237 mg/kg in mice (approximately 35 times the maximum recommended daily oral dose in adults on a mg/m² basis, or approximately 30 times the maximum recommended daily oral dose in children on a mg/m² basis) and 500 mg/kg in rats (approximately 40 times the maximum recommended daily oral dose in adults on a mg/m² basis, or approximately 270 times the maximum recommended daily oral dose in children on a mg/m² basis). In rodents, the target of acute toxicity was the central nervous system, and the target of multiple-dose toxicity was the liver.

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hydroxyzine. **PRECAUTIONS Activities Requiring Special Caution:** Drowsiness has been reported in some patients taking ZYRTEC; due to this effect, patients should be cautioned about operating dangerous machinery. Concurrent use of ZYRTEC with alcohol may result in further drowsiness and reductions in alertness and additional impairment. **Concomitant Use with Other Medications:** Significant drug interactions have been found with erythromycin. There was a small decrease in the clearance of erythromycin when given with larger theophylline doses could have a greater effect. **Carcinogenicity:** In a 2-year carcinogenicity study in rats, cetirizine was not carcinogenic at the recommended daily oral dose in adults on a mg/m² basis (approximately 4 times the maximum recommended daily oral dose in adults on a mg/m² basis). In a 2-year carcinogenicity study in mice at a dietary dose of 16 mg/kg (approximately 4 times the maximum recommended daily oral dose in adults on a mg/m² basis, or approximately equal to the clinical significance of these findings during long-term studies), cetirizine was not carcinogenic and not clastogenic in the human lymphocyte assay. **Reproductive Toxicology:** In a general reproductive performance study in mice, cetirizine was not teratogenic at oral doses up to 96, 225, and 450 mg/kg (approximately 4, 10, and 20 times the maximum recommended daily oral dose in adults on a mg/m² basis, respectively). Because animal studies are not always predictive of human response, caution should be exercised when ZYRTEC is administered to pregnant women. **Nursing Mothers:** In mice, cetirizine caused reduced milk production. In humans, approximately 3% of the dose was excreted in breast milk. In controlled trials, 186 patients aged 65 to 94 years received ZYRTEC compared to patients under age 65. Subset analysis of patients aged 65 to 94 years at doses of 5 or 10 mg, has been demonstrated in 371 patients in placebo-controlled trials of up to 12 weeks and in 254 patients in a non-placebo-controlled trial. In pediatric patients aged 2 to 5 years in placebo-controlled trials of up to 12 weeks, the effective dose was 0.2 and 0.4 mg/kg of cetirizine HCl. The effective dose in pediatric patients aged 2 to 5 years is similar to the effective dose in adults in these conditions and the likelihood that the pharmacokinetics and pharmacodynamics of cetirizine are similar in pediatric patients at doses equal to or higher than the effective dose in adults. In clinical trials conducted in the United States and Canada, 3900 patients received ZYRTEC at doses of 5 to 20 mg per day for up to 30 days. Most adverse reactions reported were similar to those reported in placebo (2.9% vs. 2.4%, respectively). The most common adverse reaction reported more frequently on ZYRTEC than placebo was somnolence (11% at 5 mg and 14% at 10 mg vs. 0.6% on placebo). Fatigue and dry mouth also appeared more frequently on ZYRTEC than placebo (11% vs. 0.6% on placebo).

Professional vs. DTC

- Regulations do not distinguish
- Historically, approved physician labeling was reprinted as brief summary
- When broadcast started, brief summary also used as part of adequate provision in 1997

Brief summary draft guidance

- Published February 2004
- Main points:
 - Using physician labeling is OK, but not preferable
 - Most serious and most common risks are essential
 - Request for comment and research
 - Format options

Format Options

- Approved Patient Package Insert
 - Often, but not always, in Q & A format

SINGLAIR® (SING-u-lair) Tablets, Chewable Tablets, and Oral Granules
Generic name: montelukast (mon-te-LOO-kast) sodium

Read this information before you start taking SINGLAIR®. Also, read the leaflet you get each time you refill SINGLAIR, since there may be new information in the leaflet since the last time you saw it. This leaflet does not take the place of talking with your doctor about your medical condition and/or your treatment.

What is SINGLAIR®?

- SINGLAIR is a medicine called a leukotriene receptor antagonist. It works by blocking substances in the body called leukotrienes. Blocking leukotrienes improves asthma and allergic rhinitis. SINGLAIR is not a steroid. Studies have shown that SINGLAIR does not affect the growth rate of children. (See the end of this leaflet for more information about asthma and allergic rhinitis.)

SINGLAIR is prescribed for the treatment of asthma and allergic rhinitis:

- Asthma.** SINGLAIR should be used for the long-term management of asthma in adults and children ages 12 months and older.

Do not take SINGLAIR for the immediate relief of an asthma attack. If you get an asthma attack, you should follow the instructions your doctor gave you for treating asthma attacks.

- Allergic Rhinitis.** SINGLAIR is used to help control the symptoms of allergic rhinitis (sneezing, stuffy nose, runny nose, itching of the nose). SINGLAIR is used to treat seasonal allergic rhinitis (outdoor allergies that happen part of the year) in adults and children ages 2 years and older, and perennial allergic rhinitis (indoor allergies that happen all year) in adults and children ages 6 months and older.

Who should not take SINGLAIR?

Do not take SINGLAIR if you are allergic to SINGLAIR or any of its ingredients.

The active ingredient in SINGLAIR is montelukast sodium.

See the end of this leaflet for a list of all the ingredients in SINGLAIR.

What should I tell my doctor before I start taking SINGLAIR?

- Tell your doctor about:
- Pregnancy:** If you are pregnant or plan to become pregnant, SINGLAIR may not be right for you.
 - Breast-feeding:** If you are breast-feeding, SINGLAIR may be passed in your milk to your baby. You should consult your doctor before taking SINGLAIR if you are breast-feeding or intend to breast-feed.
 - Medical Problems or Allergies:** Talk about any medical problems or allergies you have now or had in the past.
 - Other Medicines:** Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, and herbal supplements. Some medicines may affect how SINGLAIR works, or SINGLAIR may affect how your other medicines work.

How should I take SINGLAIR?

For adults and children 12 months of age and older with asthma:

- Take SINGLAIR once a day in the evening.
- Take SINGLAIR every day for as long as your doctor prescribes it, even if you have no asthma symptoms.
- You may take SINGLAIR with food or without food.
- If your asthma symptoms get worse, or if you need to increase the use of your inhaled rescue medicine for asthma attacks, call your doctor right away.
- Do not take SINGLAIR for the immediate relief of an asthma attack. If you get an asthma attack, you should follow the instructions your doctor gave you for treating asthma attacks.
- Always have your inhaled rescue medicine for asthma attacks with you.
- Do not stop taking or cover the dose of your other asthma medicines unless your doctor tells you to.
- If your doctor has prescribed a medicine for you to use before exercise, keep using that medicine unless your doctor tells you not to.

For adults and children 2 years of age and older with seasonal allergic rhinitis, or for adults and children 6 months of age and older with perennial allergic rhinitis:

- Take SINGLAIR once a day, at about the same time each day.
- Take SINGLAIR every day for as long as your doctor prescribes it.
- You may take SINGLAIR with food or without food.

How should I give SINGLAIR oral granules to my child?

Do not open the packet until ready to use.

SINGLAIR 4-mg oral granules can be given:

- directly in the mouth;
 - dissolved in 1 teaspoonful (5 mL) of cold or room temperature baby formula or breast milk;
 - mixed with a spoonful of one of the following soft foods at cold or room temperature: applesauce, mashed carrots, rice, or ice cream.
- Be sure that the entire dose is mixed with the food, baby formula, or breast milk and that the child is given the entire spoonful of the food, baby formula, or breast milk mixture right away (within 15 minutes).

IMPORTANT: Never store any oral granules mixed with food, baby formula, or breast milk for use at a later time. Throw away any unused portion.

Do not put SINGLAIR oral granules in any liquid drink other than baby formula or breast milk. However, your child may drink liquids after swallowing the SINGLAIR oral granules.

What is the daily dose of SINGLAIR for asthma or allergic rhinitis?

For Asthma (Take in the evening):

- One 10-mg tablet for adults and adolescents 15 years of age and older,
- One 5-mg chewable tablet for children 6 to 14 years of age,
- One 4-mg chewable tablet or one packet of 4-mg oral granules for children 2 to 5 years of age, or
- One packet of 4-mg oral granules for children 12 to 23 months of age.

For Allergic Rhinitis (Take at about the same time each day):

- One 10-mg tablet for adults and adolescents 15 years of age and older,
- One 5-mg chewable tablet for children 6 to 14 years of age,
- One 4-mg chewable tablet for children 2 to 5 years of age, or
- One packet of 4-mg oral granules for children 2 to 5 years of age with seasonal allergic rhinitis, or for children 6 months to 5 years of age with perennial allergic rhinitis.

What should I avoid while taking SINGLAIR?

If you have asthma and if your asthma is made worse by aspirin, continue to avoid aspirin or other medicines called non-steroidal anti-inflammatory drugs while taking SINGLAIR.

What are the possible side effects of SINGLAIR?

The side effects of SINGLAIR are usually mild, and generally did not cause patients to stop taking their medicine. The side effects in patients treated with SINGLAIR were similar in type and frequency to side effects in patients who were given a placebo (a pill containing no medicine).

The most common side effects with SINGLAIR include:

- stomach pain
- stomach or intestinal upset
- heartburn
- tiredness
- fever
- stuffy nose
- cough
- flu
- upper respiratory infection
- dizziness
- headache
- rash

Less common side effects that have happened with SINGLAIR include (listed alphabetically): agitation including aggressive behavior, allergic reactions (including swelling of the face, lips, tongue, and/or throat, which may cause trouble breathing or swallowing), hives, and itching, bad/dreams, increased bleeding tendency, bruising, diarrhea, drowsiness, hallucinations (seeing things that are not there), hepatitis, indigestion, inflammation of the pancreas, irritability, joint pain, muscle aches and muscle cramps, nausea, palpitations, pins and needles/numbness, restlessness, seizures (convulsions or fits), swelling, trouble sleeping, and vomiting.

Rarely, asthmatic patients taking SINGLAIR have experienced a condition that includes certain symptoms that do not go away or that get worse. These occur usually, but not always, in patients who were taking steroid pills by mouth for asthma and those steroids were being slowly lowered or stopped. Although SINGLAIR has not been shown to cause this condition, you must tell your doctor right away if you get one or more of these symptoms:

- a feeling of pins and needles or numbness of arms or legs
- a flu-like illness
- rash
- severe inflammation (pain and swelling) of the sinuses (sinusitis)

These are not all the possible side effects of SINGLAIR. For more information ask your doctor or pharmacist.

Talk to your doctor if you think you have side effects from taking SINGLAIR.

General information about the safe and effective use of SINGLAIR

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not use SINGLAIR for a condition for which it was not prescribed. Do not give SINGLAIR to other people even if they have the same symptoms you have. It may harm them. Keep SINGLAIR and all medicines out of the reach of children.

Store SINGLAIR at 25°C (77°F). Protect from moisture and light. Store in original package.

This leaflet summarizes information about SINGLAIR. If you would like more information, talk to your doctor. You can ask your pharmacist or doctor for information about SINGLAIR that is written for health professionals.

What are the ingredients in SINGLAIR?

Active ingredient: montelukast sodium

SINGLAIR chewable tablets contain aspartame, a source of phenylalanine. Phenylethanamine: SINGLAIR 4-mg and 5-mg chewable tablets contain 0.674 and 0.842 mg phenylalanine, respectively.

Inactive ingredients:

- 4-mg oral granules: mannitol, hydroxypropyl cellulose, and magnesium stearate.
- 4-mg and 5-mg chewable tablets: mannitol, microcrystalline cellulose, hydroxypropyl cellulose, red ferric oxide, croscarmellose sodium, cherry flavor, aspartame, and magnesium stearate.
- 10-mg tablet: microcrystalline cellulose, lactose monohydrate, croscarmellose sodium, hydroxypropyl cellulose, magnesium stearate, hydroxypropyl methylcellulose, titanium dioxide, red ferric oxide, yellow ferric oxide, and carnauba wax.

What is asthma?

Asthma is a continuing (chronic) inflammation of the bronchial passageways which are the tubes that carry air from outside the body to the lungs.

Symptoms of asthma include:

- coughing
- whoezing
- chest tightness
- shortness of breath

What is allergic rhinitis?

- Seasonal allergic rhinitis, also known as hay fever, is triggered by outdoor allergens such as pollens from trees, grasses, and weeds.
- Perennial allergic rhinitis may occur year-round and is generally triggered by indoor allergens such as dust mites, animal dander, and/or mold spores.
- Symptoms of allergic rhinitis may include:
 - stuffy, runny, and/or itchy nose
 - sneezing

Rx only

US Patent No.: 5,565,473

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Patient Information

AVODART® (dutasteride) Soft Gelatin Capsules
AVODART is for use by men only.

Read this information carefully before you start taking AVODART. Read the information you get with AVODART each time you refill your prescription. There may be new information. This information does not take the place of talking with your doctor.

0.5 mg/Once Daily

AVODART
(dutasteride)

What is AVODART?

AVODART is a medication for the treatment of symptoms of benign prostatic hyperplasia (BPH) in men with an enlarged prostate to:

- Improve symptoms
- Reduce the risk of acute urinary retention (a complete blockage of urine flow)
- Reduce the risk of the need for BPH-related surgery

AVODART is not a treatment for prostate cancer. See the end of this leaflet for information about how AVODART works.

Who should NOT take AVODART?

- Women and children should not take AVODART. A woman who is pregnant or capable of becoming pregnant should not handle AVODART capsules. See "What are the special warnings for women about AVODART?"
- Do not take AVODART if you have had an allergic reaction to AVODART or any of its ingredients.

What are the special warnings for women about AVODART?

- Women should never take AVODART.
- Women who are pregnant or may become pregnant should not handle AVODART Capsules. If a woman who is pregnant with a male baby gets enough AVODART into her body after swallowing it or through her skin after handling it, the male baby may be born with abnormal sex organs.

What are the special precautions about AVODART?

- Men treated with AVODART should not donate blood until at least 6 months after their final dose to prevent giving AVODART to a pregnant female through a blood transfusion.
- Tell your doctor if you have liver problems. AVODART may not be right for you.

How should I take AVODART?

- Take 1 AVODART capsule once a day.
- Swallow the capsule whole.
- You can take AVODART with or without food.
- If you miss a dose, you may take it later that day. Do not make up the missed dose by taking 2 doses the next day.
- You may find it helpful to take AVODART at the same time every day to help you remember to take your dose.

What are the possible side effects of AVODART?

Possible side effects are impotence (trouble getting or keeping an erection), a decrease in libido (sex drive), enlarged breasts, a decrease in the amount of semen released during sex, and allergic reactions such as rash, itching, hives, and swelling of the lips or face. These events occurred infrequently.

Talk with your doctor if you have questions about these and other side effects that you think may be related to taking AVODART.

How should I store AVODART?

AVODART is a soft gelatin capsule that may become soft and leak or may stick to other capsules if kept at high temperatures. Store AVODART capsules at room temperature of 77°F (25°C) or lower.

If your capsules are cracked or leaking, don't use them, and contact your pharmacist.

General information about AVODART.

- Do not use AVODART for a condition for which it was not prescribed.
- Do not share your AVODART.
- Ask your doctor about how often you should return for a visit to check your BPH.
- A blood test called PSA (prostate-specific antigen) is sometimes used to detect prostate cancer. AVODART will reduce the amount of PSA measured in your blood. Your doctor is aware of this effect and can still use PSA to detect prostate cancer in you.
- If you have questions about AVODART, ask your doctor or pharmacist. They can show you detailed information about AVODART that was written for healthcare professionals.

How does AVODART work?

Prostate growth is caused by a hormone in the blood called dihydrotestosterone (DHT). AVODART lowers DHT production in the body, leading to shrinkage of the enlarged prostate in most men. Just as your prostate became large over a long period of time, reducing the size of your prostate and improving your symptoms will take time. While some men have fewer problems and symptoms after 3 months of treatment with AVODART, a treatment period of at least 6 months is usually necessary to see if AVODART will work for you. Studies have shown that treatment with AVODART for 2 years reduces the risk of complete blockage of urine flow (acute urinary retention) and/or the need for surgery for benign prostatic hyperplasia.



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Format Options

- Approved Patient Package Insert
 - Often, but not always, in Q & A format
- Consumer-friendly highlights
 - Content and Format Rule, January 2006

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use Fantom safely and effectively. See full prescribing information for Fantom.

FANTOM (motnaf) INJECTION

Initial U.S. Approval: 2003

WARNING: ANAPHYLAXIS

See full prescribing information for complete boxed warning

- Anaphylaxis and severe hypersensitivity reactions, some of which were fatal, occurred in 2-4% of patients (5.1).
- Premedicate patients with a corticosteroid, diphenhydramine, and an H² antagonist (2.4, 5.1)
- Fatal reactions have occurred despite premedication (5.1)

INDICATIONS AND USAGE

Fantom is an antineoplastic indicated for:

Advanced Carcinoma of the Ovary (1.1)

- First-line, in combination with cisplatin, and as subsequent therapy for the treatment of advanced carcinoma of the ovary.

Breast Cancer (1.2)

- After failure of combination chemotherapy for metastatic disease or after relapse within 6 months of adjuvant chemotherapy. Prior therapy should have included an anthracycline unless clinically contraindicated. Fantom has not been shown to be beneficial in patients with estrogen and progesterone-receptor-positive tumors.
- Adjuvant treatment of node-positive breast cancer following doxorubicin-containing combination chemotherapy.

DOSAGE AND ADMINISTRATION

Fantom should not be prepared or administered using PVC containers and administration sets.

Advanced Carcinoma of the Ovary (2.1)

Previously untreated:

- 135 mg/m² over 24 hours or 175 mg/m² over 3 hours followed by cisplatin 75 mg/m² every 3 weeks

Prior chemotherapy:

- 135 mg/m² or 175 mg/m² over 3 hours every 3 weeks

Breast Cancer (2.2)

After failure of combination chemotherapy for metastatic disease or after relapse within 6 months of adjuvant chemotherapy:

- 175 mg/m² over 3 hours every 3 weeks

Adjuvant treatment of node-positive breast cancer:

- 175 mg/m² over 3 hours every 3 weeks for 4 courses, given after doxorubicin-containing combination chemotherapy.

Premedication (2.4)

- Dexamethasone 20 mg PO 12 hours pretreatment
- Diphenhydramine 50 mg IV 30 minutes pretreatment
- Cimetidine 300 mg IV or Ranitidine 50 mg IV 30 minutes pretreatment

See full prescribing information for subsequent courses (2.3) and IV administration instructions (2.5).

DOSAGE FORMS AND STRENGTHS

- 50 mg/5 ml multidose vial (3)
- 100 mg/10 ml multidose vial (3)

CONTRAINDICATIONS

History of hypersensitivity to Fantom or other drugs formulated with Xenophor XL (polyoxymethylated sunflower oil). (4)

WARNINGS AND PRECAUTIONS

- Anaphylaxis and hypersensitivity reactions (5.1)
- Bone marrow suppression, primarily neutropenia (5.2)
- Severe conduction abnormalities in < 1% of patients (5.4)
- Hypotension, bradycardia, and hypertension (5.4)
- Peripheral neuropathy, in some cases severe (5.6)
- Injection site reactions, including delayed and recall reactions (5.7)

ADVERSE REACTIONS

Most common adverse reactions (>50%) are neutropenia, alopecia, anemia, peripheral neuropathy, myalgia/arthralgia, and nausea and vomiting (6).

To report SUSPECTED ADVERSE REACTIONS, contact (manufacturer) at (phone # and Web address) or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch

DRUG INTERACTIONS

- Cisplatin may decrease clearance of Fantom, which can result in severe myelosuppression (5.3, 7.1)
- Drugs metabolized by cytochrome P450 isoenzymes CYP2C8 and CYP3A4 may decrease clearance of Fantom (7.2)
- Doxorubicin levels may be increased (7.3)

USE IN SPECIFIC POPULATIONS

- Fantom can cause fetal harm when used during pregnancy (5.8, 8.1)
- The concentration of dehydrated alcohol in the Fantom vehicle may cause CNS toxicity in pediatric patients when Fantom is administered over a short period of time (5.5, 8.4)

See 17 for PATIENT COUNSELING INFORMATION.

Revised: 5/200X

Other formats?

- FDA recognizes other ways to present information may be appropriate
- Currently conducting research
- Happy to review new brief summary formats

Contact Information

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