

1 Most epidemiology is not conducive to
2 doing that, for example.

3 DR. KIEBURTZ: And I presume all the panel
4 members read and thought about the information not
5 with just are the reference doses and the reference
6 concentrations accurate and good measures, but the
7 totality of the risk.

8 Dr. Zero.

9 DR. ZERO: I'm just trying to understand
10 where in this reference dose analysis we have the data
11 to understand what would happen in an adult patient
12 that has a chronic body burden from various sources of
13 mercury. And then on top of that, we put in an acute
14 exposure. Where is that information, in any of the
15 analyses that we've been looking at?

16 DR. KIEBURTZ: I don't think we have that.

17 DR. ZERO: And that goes back to the open
18 research question, is what is the off-gassing mercury
19 vapor from amalgams, either in the acute window, which
20 I don't think--I think there is data on that but I
21 haven't seen it. I think Dr. O'Brien had some in
22 vitro data for off-gassing of mercury from amalgams.
23 So we do have data.

24 And in the chronic window, when it's just
25 a little bit eking out each day, and then the episodic

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1 increase, I don't know that we have data on that
2 either. That seems to be a data gap.

3 DR. KIEBURTZ: Dr. Honein.

4 DR. HONEIN: Yes. I just wanted to share
5 Dr. Goldman's concern about fetal exposures and that
6 being a fairly significant research gap, and what we
7 do understand is what effect it might have, especially
8 during early development, and to that end, I was
9 wondering if the practicing dentists on the committee
10 could shed any light on the standard of care for
11 pregnant women in the U.S. currently.

12 Is it only emergency care for, you know,
13 things that cannot wait until after pregnancy?

14 Is it fairly typical to be removing and
15 installing fillings during pregnancy?

16 What would be the typical standard of
17 care?

18 Dr. Fleming.

19 DR. FLEMING: Well, I can tell you this.
20 That, for example, to give you an example of the
21 unique situation, it's in the hygiene department of
22 your practice. I personally would never think of
23 replacing, removing or installing anything in a woman
24 who was pregnant.

25 So that's my personal view. The issue in

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1 hygiene departments is that the hygienist will take a
2 prophylaxis cup, if the patient has amalgams, and
3 they'll polish those amalgams and the mercury release
4 rates are dramatically increased. That's the acute
5 "hit" that they get. Not to mention the "hit" that
6 the hygienist gets in the field around the oral
7 cavity.

8 So the big problem I think that you face
9 with pregnant women is not so much the installation
10 removal in the pregnant woman, but it's in the
11 maintenance that's often emphasized during their
12 pregnancy.

13 For example, dentists are very quick to
14 recommend that they need to be cleaned because they
15 can get pregnancy gingivitis and things of that sort.

16 So the cleanings are emphasized. So I
17 think some attention needs to be given to keeping that
18 prophylaxis cup off that amalgam.

19 DR. KIEBURTZ: Dr. Burton.

20 Are we done?

21 DR. FLEMING: Yes; yes. That's just my
22 perspective on it.

23 DR. BURTON: I guess my comment would be a
24 little different. I haven't practiced general
25 dentistry for a while but I've managed large dental

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1 clinics, both in the military and where I'm currently
2 at, where we have both a number of hygienists and a
3 number of general dentists.

4 And my thought would be that there really
5 is not particularly, in terms of providing general
6 dental care, which is what I would put this under,
7 whether you're replacing initial restorations or
8 replacing restorations, there's really not a
9 restriction that I'm aware of, that I've ever had in
10 any of those facilities. So at least potentially, if
11 someone came in and they've broken a filling, they're
12 always very acute--or during a pregnancy are more
13 aware of their overall health and well-being, and I
14 can honestly say I know that those are replaced.

15 And in our particular state, where we also
16 take care of a number of Medicaid and Title 19
17 patients, interestingly enough, some of them become
18 eligible for care because they're pregnant.

19 So they will come in and get large amounts
20 of treatment done during their pregnancy because it
21 becomes covered during that period.

22 So I guess I would say, you know, in
23 answer to your question, yes, I think that the
24 standard of care--and I'm not trying to describe what
25 that is--but I would say I'm not aware of anything out

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1 there that says no, you would not treat them, you
2 limit care, those kind of things.

3 So they are going to be exposed to either
4 initial restoration placement or potentially
5 replacement during the time that they're pregnant.

6 DR. KIEBURTZ: Dr. Goldstein.

7 DR. GOLDSTEIN: As I'm thinking about
8 this, again, I'm not a toxicologist and I'm not a
9 dentist, so I'm just looking at it, just standing back
10 a little bit. You know, we're looking at these levels
11 as if these are dichotomist variables, that you reach
12 this threshold and all of a sudden there's risk and
13 below this threshold there is no risk.

14 And these are clearly continuous
15 variables. They're not dichotomous. So setting a,
16 quote, level that's safe, to some degree is sort of in
17 the eye of the beholder, and depends upon all these
18 other factors that we've been talking about.

19 Is there a population that may be at risk
20 at whatever level? Are there genetic variations that
21 increase total body burden, that may have an effect?

22 And I don't know the answers to these
23 questions but, again, as we're thinking about gaps,
24 things that we don't know, those are things that we
25 don't know, and as we're looking at, you know,

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1 epidemiologic data, although they're very helpful, we
2 all know that we can be misled by epidemiologic data
3 because of unmeasured confounders in all sorts of
4 different directions.

5 So those, I think, are also things to
6 consider as we're looking at the totality of the data.

7 There is one question I also just have,
8 just as an aside.

9 One of the statements that we heard, over
10 and over again, through the public testimony from many
11 dentists, was that there is, was that resin don't
12 serve as a substitute, very often, for amalgam
13 fillings. The clinical trials that we have to review,
14 the prospective randomized clinical trials, none of
15 the people that were randomized were dropped because
16 of technical reasons, that a resin filling couldn't be
17 placed.

18 If you look at these things, there may
19 have been other reasons that people were dropped, but
20 technical reasons related to putting a filling in was
21 not a reason for excluding any of these folks, once
22 they were randomized, in any of these studies.

23 So if one of the other panel members who
24 knows about these things could tell me, you know, is
25 this really--you know, how big a problem is this?

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1 Because it didn't seem to be a problem in the
2 randomized trials.

3 DR. KIEBURTZ: Please.

4 DR. NG: Man Wai. I know something about
5 the New England amalgam trial, although I was not
6 involved in it. But I think it has to do with the
7 study design, and it was purposefully designed to
8 enroll children who are older and without medical
9 problems.

10 So by those two criteria alone, would
11 imply that the patients or the individuals would be
12 cooperative for both types of restorations.

13 DR. KIEBURTZ: Were you thinking about
14 other technical issues, or--

15 DR. GOLDSTEIN: Yes, some of the
16 discussions, again, from public comment, from
17 dentists--not being a dentist, I have no frame of
18 reference for this--was that there seemed to be not
19 only young kids that wouldn't sit still but other
20 technical reasons, especially in these back teeth.
21 All of these studies apparently did these things in
22 back teeth, so that didn't seem to be a problem.

23 I know that obviously, if you've got a
24 really young little kid that's squirming around, that
25 that might be an issue, but, again, I don't know the

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1 answer.

2 DR. NG: Oh, I'm sorry; go ahead.

3 DR. GOLDMAN: Clinically, as a
4 pediatrician, I can remember very well in the clinics,
5 I mean it's not just young kids squirming but you
6 have, you know, you have kids who are fairly big, who
7 are constantly seizing, that you need to treat, you
8 know, in some cases.

9 I mean, you can't stop the seizures and
10 you have to treat. So some of the situations truly
11 are very difficult and there's just no doubt of that.

12 DR. NG: And in terms of the study design,
13 again, it's looking at two different types of
14 restorations, but that doesn't preclude other
15 treatment options that may have been given to the
16 patients. For example, a tooth might have been
17 extracted because it was not restorable. A crown
18 could have been placed on because a filling was
19 thought not to be appropriate.

20 There was also mention about for anterior
21 teeth, that the restoration of choice was composite,
22 for aesthetic reasons.

23 DR. KIEBURTZ: You wanted to mention on
24 this topic, Dr. Burton?

25 DR. BURTON: I just want to comment. I

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1 mean, I think that from a dental standpoint, I mean
2 the transition between a composite restoration and an
3 amalgam has been primarily the fact that amalgam has
4 always been at least a stronger material, therefore
5 can support more load to it.

6 So you made a comment about back teeth.
7 Well, yes, there's more occlusal load on a back tooth
8 than an anterior tooth, and the fact is as you have
9 less and less tooth structure left, you're replacing
10 more of the tooth structure with an artificial
11 material, you need a material which then is inherently
12 stronger thanB it=s the difference between a plastic
13 and a metal, if you want to look at it that way, and
14 it would take more load.

15 And as dental materials have improved,
16 that line has blurred somewhat, between that
17 differentiation. But when I look at this, and again,
18 dealing in that age of a pediatric population, you
19 don't always have patients--those patients don't
20 always require big restorations. Okay. You know,
21 sometimes in adults, it's because they've had multiple
22 episodes. I had a tooth, they broke part of it off, I
23 had another filling, and that's why they end up with
24 larger amalgam-based restorations. But there are
25 always alternatives.

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1 DR. KIEBURTZ: Dr. Amar.

2 DR. AMAR: I wanted to comment on the
3 issue of pregnancy. Although I'm not a general
4 dentist but I know my academy, for example, prevents
5 us from treating pregnant women, and particularly in
6 the third trimester where you have the placental
7 barrier that is pretty loose and open for
8 contamination.

9 And usually that recommendation goes, if
10 there is no necessity of emergency, we should not
11 treat pregnant patients. So that's the recommendation
12 that we have on the American Academy of
13 Periodontology.

14 And on the other issue that I wanted to
15 comment, before addressing the white paper, I wanted
16 to see whether the committee would be in favor of
17 revisiting the approach of looking at the literature
18 and making sure that the literature has been addressed
19 properly with parameters of using two or three search
20 engines, to make sure that we give credit to the whole
21 situation, before addressing the whole white paper.

22 DR. KIEBURTZ: Can we come back to that,
23 leave that open on the table?

24 Dr. Sacco.

25 DR. SACCO: I was going back to the

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1 question that Dr. Goldstein raised. Having just had a
2 wisdom tooth, mercury filling I guess, replaced with a
3 composite, it's interesting to hear this whole
4 discussion. But I heard in the first speaker, that
5 there were other reasons of why amalgams may be better
6 than composite, including recurrent caries, and
7 bacterial infections.

8 So I think the risk benefit ratio between,
9 I sense, not just the cost issues we heard about, but
10 the amalgams versus the composite, brings up other
11 issues, and other potential issues besides just the
12 ability to do this in children. I'm a neurologist,
13 not a dentist, but I did hear some other benefits of
14 amalgams over composites.

15 DR. KIEBURTZ: Dr. Zero and Dr. Burton, do
16 you want to end.

17 DR. ZERO: By the way, I'm a preventive
18 dentist, so I try to avoid ever picking up a
19 handpiece. I chair a forum called Preventive and
20 Community Dentistry, and if we prevent disease in the
21 first place, there's no need for restoration, so--and
22 tooth decay, dental caries, is a totally preventable
23 disease. We have all the knowledge base to do that.
24 So I need to get that on the table at some point in
25 this discussion.

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1 And by the way, as a restorative dentist,
2 I went to Georgetown, graduated first in my class as a
3 restorative dentist trained, so I know how to do these
4 restorations. The one issue that does come up with
5 amalgam versus composite is salivary contamination,
6 and in certain areas of the mouth it's very, very
7 difficult to isolate the two, to place a restoration
8 without salivary contamination.

9 So that's one of the issues that has come
10 up by the speakers earlier in the session.

11 The other thing we need to also think
12 about is that material science is progressing and
13 newer and better materials are coming down the pike,
14 that probably will equal, maybe hopefully exceed the
15 qualities of amalgam.

16 So I think we have to think now and also
17 in the future, and I think there's things coming down
18 the pike.

19 DR. BURTON: I would like to agree with
20 that. I wanted to address what Dr. Amar said, in
21 fact, that it wasn't the thing that we advocate the
22 care, but is there a prohibition against it, shall I
23 say that? We do the same thing in terms of--the truth
24 is, many times women are unaware they're pregnant
25 during their first trimester, so again, they may have

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1 extensive treatment done because we normally don't
2 sedate patients during their pregnancy without
3 clearance from their OB, things like that.

4 And during the last trimester, we try to
5 stall them, because, you know, you've got some eight
6 month pregnant female, that's really not the ideal
7 time from positional issues and comfort and things
8 such as that.

9 But again I would agree with Dr. Zero,
10 that I think a lot of us, myself being at a dental
11 school 30 years, believe that material science will
12 take us past this point because the other issues you
13 mentioned, you know, salivary contamination, but also
14 the ability to isolate it. It produces a smoother
15 surface, which is more maintainable from a periodontal
16 standpoint.

17 There are other issues other than just
18 strength and things such as that. But again, probably
19 material science, bluntly, 20 years from this, may
20 take us past this point.

21 DR. KIEBURTZ: Dr. Fleming.

22 DR. FLEMING: I wanted to address Dr.
23 Goldstein again about--did I understand your question
24 to be the technical differences between the placement
25 of amalgam and composites, perhaps being a factor in

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1 the--

2 DR. GOLDSTEIN: It was a more general, it
3 was just more general question. You know, as I think
4 about these things, I think about risk benefit, okay,
5 and in some cases you have risk and you don't know the
6 level of risk and there may be vulnerable populations,
7 there may be not Then, you know, on the other side
8 there are potential benefits, and we read about some.
9 Maybe it's more resistance to caries, et cetera.

10 But then you have to also look at the
11 other side of the coin and that's what's the potential
12 alternative and what's the upsides and downsides to
13 that?

14 And my comment was based upon all the
15 comments we heard from yesterday and this morning,
16 from a number of dentists, saying that there is no
17 alternative in many cases, and then I was just
18 commenting just based on the randomized trials that we
19 have here, where all patients, once they were
20 randomized, were enrolled, and got one or the other,
21 and, you know, one answer to that was, well, it may be
22 an exception cohort bias, in that they only took
23 people who they could either, to begin with, although
24 I didn't see that being one of the criteria for
25 inclusion. But, again, I don't know the answer to

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1 that.

2 So the issue about that, you know, about
3 the saliva, if that were an issue, then I would have
4 thought that they couldn't have done it, you know, in
5 any of the, you know, in one group of kids or another,
6 and they would have been selected out, because we
7 tried doing it, we couldn't keep a dry eye, so we had
8 to do the other. But that didn't happen here.

9 DR. FLEMING: Right. So what I was
10 getting at was from a technical point of view. I do
11 composites very frequently, and so the technical
12 difficulties in installing them, once you've gained
13 experience, knowledge, and understanding as to how to
14 use them, you can use them in any indicated tooth,
15 including a wisdom tooth. It's not difficult to do
16 that. This business about moisture contamination, the
17 newer rubber dam materials that we have make this--it
18 isn't a non-issue but there are very few areas where I
19 cannot get a composite, if I want to get on in there,
20 with a rubber dam on.

21 I would just as soon have a rubber dam on
22 to eat lunch with, if I could do it. But we use it
23 routinely in the practice. I might add, vinyl dams
24 and not latex dams, which is another issue entirely.

25 But still, the technical difficulties

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1 become moot with experience and technical training.

2 DR. KIEBURTZ: Okay. I want to start to
3 redirect our thinking back to looking at some of the
4 questions, and I'm just going to surprise my
5 colleagues and friend, Dr. Hughes here. You commented
6 earlier about A, and direct evidence, and the
7 constraints on.

8 Where are you coming down that? I want to
9 make sure I understand your position.

10 DR. HUGHES: I guess part of the comment
11 was to make the point that there was direct evidence
12 in several of these studies, I think, about the issue
13 of adverse health effects of amalgams.

14 Whether they support or refute the
15 occurrence of adverse health effects I think is
16 unclear. I don't think any of these studies were
17 really designed, per se, to refute the question.

18 None of them were equivalent designs, non-
19 inferiority designs in the context of clinical trials.

20 But the point that I was trying to make was at least
21 the randomized trials certainly suggest in children,
22 that any true difference in the outcomes that were
23 assessed are likely to be relatively small.

24 But I think it's important to put the
25 caveat on we're really looking at quite short-term

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1 effects there, and a lot of the discussion has been
2 about the chronic long-term effects over potentially
3 several decades.

4 DR. KIEBURTZ: Thanks. I know it wasn't
5 part of the white paper but I did look at the Swedish
6 dental assessment, which is on the
7 dentalmaterial.gov.se, on this, and it's pretty much
8 consistent with the FDA white paper, aside from one
9 issue.

10 But I will just read a sentence. I
11 thought it was constructed rather well, considering it
12 was probably written by a Swede rather than a native
13 English speaker.

14 But it says, "At present, it may be
15 considered unproven, but not excluded, that
16 subclinical psychomotor function impairment caused by
17 mercury is demonstrable in groups at the mean exposure
18 level for amalgam bearers."

19 So let me just give you that again. "At
20 present, it may be considered unproven, but not
21 excluded, that subclinical psychomotor function
22 impairment caused by mercury is demonstrable in groups
23 at the mean exposure level for amalgam bearers."

24 It goes on to go through a number of other
25 clinical conditions and arrive at essentially the same

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1 conclusion. That although there are lots of concerns
2 and hypotheses, why it may be so, that this is the
3 conclusion. I think there's some important things
4 there. Unproven, not excluded, mean exposure level
5 for amalgam bearers.

6 Which leads us to some of the things, that
7 some of the designs have not been intended to exclude
8 the possibility but it is unproven, certainly at
9 predefined measured levels of toxicity, particularly
10 the three IQ points, for example, but that there are
11 at least from my read of looking at this, just the
12 data on people who, on the studies already alluded to,
13 there's a remarkable degree of variability on this
14 parameter, maybe not that remarkable in the
15 toxicologic world. Again, it's not a world that I
16 live in that much.

17 But there certainly are long tales of
18 urinary excretion levels and other things. It seems
19 like there are potentially vulnerable subsets, not in
20 the traditional sense, not children, pregnant women,
21 elderly, infirm, but those who, for whatever
22 biological characteristic, and we've seen data on some
23 of the potential explanations for that biologic
24 variability, there may be individuals that are poor
25 excreters, higher body burden accumulators, or

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1 whatever, that may be linked to some of these clinical
2 phenomena we've heard about.

3 Dr. Porter.

4 DR. PORTER: Well, I just want to
5 reiterate what you just said, because I've been saying
6 that earlier, that if you look at the brain levels,
7 there's tremendous variability, even among similar
8 groups with similar amalgams.

9 Now there's also a dose response curve.
10 The more amalgams you get, the more there is. But in
11 the high group, there was a range from 20 to 500. So
12 there's tremendous variability, even in small groups.

13 This was 18 cadavers. So what this would expand to,
14 if you expanded that or modeled it to the entire
15 population, you might end up with a tail, as you put
16 it, of patients who have very high levels in their
17 brain.

18 DR. KIEBURTZ: Dr. Diamond.

19 DR. DIAMOND: He made a very important
20 point and we see this often, you know, in
21 pharmacologic studies, where we try to model on
22 pharmacokinetics and pharmacodynamic parameters.

23 You can see efficacy in a large cohort of
24 patients and we can construct very nice population,
25 pharmacokinetics curves, but when you start looking at

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1 the individual patient's data, it's all over the
2 place.

3 So what you're saying about individual
4 variability I think is very important, not just from a
5 efficacy standpoint but also from a safety standpoint.

6 It's important data but it's just one piece of the
7 puzzle.

8 DR. KIEBURTZ: Dr. Li.

9 DR. LI: Yes. I would like to come back
10 to the question itself. The challenge I'm facing,
11 when I'm trying to answer the question, the first one
12 particularly, is probably related to the way the
13 question itself is stated. But it asks us for
14 evidence, particularly direct evidence to support or
15 dispute the possible adverse effect of amalgam.

16 In toxicology studies, many times you find
17 inactive results. That means you find no toxicologic
18 data, results, as defined by that particular test. I
19 know there have been debates regarding how to consider
20 significance of these inactive findings.

21 In 1980's, there was a discussion
22 regarding how we consider the significance of the
23 inactive finding in carcinogenesis study, and if we
24 find a chemical that does not induce any carcinogenic
25 effects, you know, particular study system, and

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1 whether that is significant.

2 Logically, it's much easier to prove
3 something that exists, like the testimonials we have
4 heard, they experienced this suffering, they are
5 there, it's easy to see, and it's easy to be
6 convinced.

7 Now how about the result, the finding that
8 did not find those adverse effects? Again, logically,
9 it is very difficult, if it is not impossible, to
10 prove something that do not exist. Now we do not find
11 the adverse effect. There are two possibilities. One
12 is the adverse effect, the significant adverse effect
13 may not truly exist.

14 But, on the other hand, it is also
15 possible our current technology is not good enough to
16 detect such an adverse effect. Just like the vapor
17 from amalgam.

18 When I was in dental school, we were
19 taught--quite a few people said that--they would not
20 emit the vapor but now we can find it. So coming back
21 to the question, if we have to have definitive
22 evidence that can dispute the adverse effects
23 associated with amalgam, that would be much more
24 difficult to do.

25 We need to probably consider what is the

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1 amount of the evidence, is adequate to support either
2 way. I think we need to take that into consideration
3 when we try to answer these questions.

4 DR. DOURSON: Yes. Just, Dr. Kieburtz, to
5 add to what you had said. If you take the safe--
6 again, going back to the safe concentrations that have
7 been established by different groups, chronically, and
8 then you go an estimate, as our colleagues at FDA have
9 done on page ten, the range of intakes that's
10 associated with amalgams, you find that the value of 5
11 micrograms per day is at, or very close to the amount
12 that you would get from a safe concentration per day.

13 And it therefore follows, if you're going to have
14 some people in excess of that, and 5 percent of the
15 people apparently are, then you're going to have 5
16 percent of the people in excess of the safe
17 concentration and maybe sensitive individuals would
18 start to exhibit effects.

19 That's consistent with what I believe the
20 Swedish authors are stating, put in a little bit more
21 quantitative way.

22 DR. KIEBURTZ: And if the 5 microgram
23 daily intake from amalgams is an underestimate, if
24 it's more likely ten--

25 DR. GOLDMAN: If it's an underestimate,

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1 then--

2 DR. KIEBURTZ: Then the average person may
3 be above the RFC.

4 DR. DOURSON: Right, and the usual
5 interpretation of exposures above the safe
6 concentration is effects are more likely, they're not
7 certain, but the higher you go, the more certain they
8 become, and the first individuals that would become,
9 that do exhibit effects, would obviously be the
10 sensitive individuals, by definition.

11 DR. KIEBURTZ: Let me be clear. I'm not
12 suggesting that the 5 microgram number is wrong or is
13 low. I'm just saying the state of knowledge is one
14 that is characterized more by uncertainty than
15 certainty, as best I can tell. But Dr. Goldman and
16 Dr. Amar.

17 DR. GOLDMAN: However, one thing that I
18 think that is important to note, and that is that we
19 are not looking at the cumulative impacts of the
20 amalgam-related mercury, the fish-related mercury, and
21 other sources. There's only one paper, that we got,
22 that attempts to look at both exposures to inorganic
23 and methylmercury, to see if those effects are
24 additive or competitive or synergistic, and it appears
25 to be at least additive, if not more.

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1 And that's, you know, another thing that
2 needs to be factored in, which is that people are not
3 starting out with a baseline of zero mercury. There
4 are other sources of mercury.

5 DR. AMAR: I just want to come back to Dr.
6 Hughes. Could you just comment on your readout of the
7 direct adverse effects that you mentioned from the
8 literature. I presume that we're talking about the
9 two randomized clinical trials. Am I correct?

10 DR. HUGHES: Primarily, yes.

11 DR. AMAR: The conclusions are--and I'm
12 reading what I see. None of the parameters evaluated
13 reached statistical significance. So if we look at
14 randomized clinical trials, we have to have
15 statistical significance, and in the absence of
16 statistical significance, I'm still wondering.

17 Unless I read you incorrectly.

18 DR. HUGHES: I think the point to make is
19 if you look at the primary end point of the U.S.
20 study, for example, it's looking at an IQ score, and
21 they powered the study to look for a three point
22 difference and judged that to be clinically
23 significant.

24 So this is a three point difference, on
25 average, between the amalgam arm and the composite

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1 arm. So they didn't find that difference. There was
2 no statistically significant difference.

3 Having shown that there's no significant
4 difference, within the paper there's also a confidence
5 interval for the difference between the two arms.

6 Now that confidence interval, one
7 interpretation of it is that it gives you a range of
8 true differences between the two arms, which are
9 compatible with the data that's been obtained, and
10 that confidence interval--I don't have the exact
11 numbers in front of me--but the bounds of the interval
12 are less than plus or minus three, if I recall
13 rightly.

14 So, in other words, the true difference is
15 reasonably likely to be smaller than the difference
16 which they considered clinically significant when they
17 designed the study.

18 So on that basis you might argue that it
19 provides direct evidence that the adverse effect with
20 respect to that particular neuropsychological outcome
21 is likely to be small, at least over the short term,
22 and not clinically significant.

23 DR. AMAR: But that would be, at best, for
24 the confidence interval, as you mentioned, of three
25 potential correlation and not direct evidence.

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1 DR. HUGHES: Well, it provides direct
2 evidence that the difference between using amalgam
3 fillings and composite fillings is not producing or it
4 seems unlikely to be producing a larger effect, on
5 average, on neuropsychological outcomes than the three
6 point difference that they thought was statistically
7 significant when they designed the study.

8 DR. KIEBURTZ: And, in fact, looking at
9 the data, some health outcomes are better in children
10 who are randomized to amalgams, and in a way, these
11 randomized studies, you know, come to the nub of the
12 question, which is it isn't whether you're going to
13 get a restoration or not. It's what the restoration's
14 going to be, amalgam versus something else. You know,
15 comparing just people with amalgams with no
16 restorations is not as good as the pointedness of this
17 question, at least to my read, and certainly as best
18 as I could read from these, and I understand the
19 difficulty in the external validity or the over-
20 generalization from a randomized study to other
21 populations, but at least in terms of the health
22 effects, ignoring the urinary excretion of mercury for
23 the time-being. There's really no difference between
24 the two. May be too short, may be--

25 Dr. AMAR: That's what I was alluding to.

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1 DR. KIEBURTZ: Yes.

2 DR. AMAR: That's what I was alluding, and
3 I'm truly trying to find the evidence here.
4 Wholeheartedly.

5 DR. DOURSON: Let me make sure I'm clear.
6 What we're saying here is there is evidence from
7 these studies that mercury vapor is not causing
8 problems. It, like any study, has limitations.
9 Follow-up. Okay. But that's what the studies are
10 saying and that's the evidence.

11 DR. GOLDMAN: I think that we have to say
12 that those studies are--they're well-designed clinical
13 trials. I can't really see much to criticize in terms
14 of the ways that they randomize the subjects, the
15 measures that they used, the neuropsychological
16 measures, the exposure measures that they use. The
17 follow-up. I thought they were done very well, and I
18 think that they were very clear, the authors, about
19 the limits, and the fact that one, there could be
20 effects that are smaller, but that they simply can't
21 observe because the studies may not be powered to
22 observe smaller effects; and two, that there could be
23 longer-term effects, effects in other dimensions.

24 One area that I am concerned about here,
25 and that these studies did not assess, and that we did

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1 not receive anything about them, there's nothing about
2 in the white papers, and that is the area of immune
3 effects. Immunologic effects that have been
4 documented in some of the toxicology literature for
5 mercury, were not assessed, and by design were not
6 assessed in these studies because they're newer.

7 And I don't think these studies tell you
8 anything about that. But they did, and I think it's
9 truly marvelous, they did look at cardiovascular
10 effects, which most studies haven't done, and as you
11 know, those were negative, or as you said, some of
12 them even going in the opposite direction.

13 So I think that they did provide some
14 evidence, and I think they're certainly very
15 reassuring, and that this committee ought to be able
16 to be clear, that if you have, you know, a child
17 that's not forming well in terms of IQ, that although
18 there is some chance that there are subpopulations
19 that are more impacted, there's no way that we can say
20 that, but that generally, we wouldn't expect to see an
21 effect on IQ from children having these fillings.

22 I think that's a very important thing to
23 be able to say, in terms of reassuring families, and,
24 you know, and I think those studies do show that, even
25 though they can't prove that there isn't some small

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1 subset of children, you know, that aren't more
2 impacted.

3 DR. KIEBURTZ: Dr. Hughes, and then Dr.
4 O'Brien.

5 DR. HUGHES: I think the other major
6 caveat with these studies is the amount of mercury
7 exposure, at least if you look at the urine
8 concentrations, the difference between the two arms
9 may be relatively small. So looking at the U.S.
10 study, the mean concentration at five years after
11 baseline was .9 in the composite group. Sorry. Point
12 nine in the amalgam group and .6 in the composite
13 group. So it's a relatively small difference in terms
14 of exposure, and obviously, if you have no difference
15 in exposure, and you think it's the mercury causing
16 the difference in the primary outcome, or it's the
17 mercury that would cause any difference, then no
18 exposure would mean no difference. So the difference
19 in exposure is relatively small.

20 DR. AMAR: Do you think the "n" number,
21 the "n" was not enough to provide sufficient power to
22 the study, and a larger study would allow to detect
23 minimal effect, if any? Because we're talking about
24 here an effect size; am I correct? And apparently the
25 effect size is minimal, to be picked up by the

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1 approaches that we have.

2 So my question is, would a larger
3 randomized clinical trial pick up minimal differences?

4 DR. HUGHES: You know, I work with a lot
5 of pediatric clinical trials, not in the dental
6 setting, but a three point difference in mean IQ score
7 is a relatively small difference. These studies were
8 well-powered to detect the sort of difference they
9 were interested in.

10 So I would consider, at least for the
11 primary end point, these studies were well-powered.

12 DR. AMAR: And the primary end point being
13 the IQ, and within the IQ, it's reassuring that
14 amalgam--am I getting this clear? That amalgam does
15 not affect the IQ?

16 DR. HUGHES: Certainly, it doesn't appear
17 to affect it, substantially, at the mercury exposures
18 observed in this study and over the duration of this
19 study.

20 DR. PAULE: Dr. O'Brien. I'm sorry.

21 DR. O'BRIEN: I'm very reassured by the
22 studies that are in the study, especially the recent
23 one, Journal of American Medical Association. But I
24 think we're missing another point. In other words,
25 words dental amalgam seems to be safe when used, from

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1 all these studies. However, there's a wider risk in
2 the real world and that is that mercury is ubiquitous
3 in the environment. Recent reports that I have heard,
4 that we are the "Saudi Arabia of coal," and especially
5 in Wyoming, the increase in coal is going to be much
6 higher, to make up for the lack of petroleum.

7 So that there is an inherent risk in
8 amalgam that other gold alloys don't have, for
9 example. They have a gold alloy, for example, or a
10 composite material. You don't have to have the risk
11 of "a perfect storm" of some individual, lives in a
12 house where there's a broken mercury thermometer, and
13 then eats fish three times a day. There's no risk
14 involved with these other restorative materials. That
15 you have potential in an amalgam because it's
16 cumulative.

17 So that the studies are reassuring,
18 there's nothing wrong with the amalgam procedures as
19 given, but in the total environment, in the system
20 that we live in, it has an inherent risk that needs to
21 be recognized, and in addition to dentists telling
22 their patients who receive a new amalgam, "Don't bite
23 on hard food," they might also advise them, "Don't eat
24 fish for a week."

25 DR. PAULE: I think it's a good point. I

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1 think that several speakers have alluded to, that
2 aside from amalgam which does appear to be the, or one
3 of the two major sources of mercury, there are other
4 sources of mercury in the environment and in the food
5 chain which add to the total risk, and needs to be in
6 that context.

7 Dr. Diamond, then Dr. Olson, then Dr.
8 Sacco.

9 DR. DIAMOND: I'd like to respond to Dr.
10 Amar's concerns. My old statistician professor had,
11 you know, told me that--and pretty much it's widely
12 accepted--that human beings have an incredibly
13 variable, you know, response to any kind of stimulus
14 or drug or any kind of treatment effect.

15 So in a controlled clinical trial, if
16 you're trying to focus on one particular outcome, you
17 have to eliminate as much of the variability as
18 possible. So the concerns, like, for example, in the
19 American study, they excluded any physician-diagnosed,
20 psychological, behavioral, neurological,
21 immunosuppressive, or renal disease as a confounder.
22 So you try to create as homogenous a population, as
23 possible, to permit a valid comparison of the two
24 treatment groups, to address issues of finding any
25 kind of safety concerns.

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1 Those are generally, you know, even from
2 many drug approval processes, where a lot of studies
3 are run with very large patient populations, a lot of
4 things you don't see until a product is released on
5 the market and, you know, you have a much broader
6 exposure in the population. So to pick up a safety,
7 even blip on the radar screen, you might need, you
8 know, tens of thousands of patients to be exposed
9 before you might see it, and you might not get this in
10 a well-controlled trial.

11 DR. KIEBURTZ: Dr. Olson.

12 DR. OLSON: Going along with some of the
13 discussion about other sources, I was struck, when I
14 first read both the Bellinger study and the DeRouen
15 study, that in the Bellinger study the mercury from
16 the composite group indicated that more than half the
17 mercury in the urine is from a source other than
18 dental amalgam, and similarly, in the DeRouen study,
19 it was two-thirds. Well, from other than a dental
20 amalgam, they didn't have it. So I thought this was
21 extremely interesting data that talks about using the
22 urine level with the creatinine that we've talked
23 about already, that if you think about that, and being
24 conservative, you could say okay, well, then at least
25 half of that doesn't come from dental amalgam, and it

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1 comes from obviously elsewhere in the environment.

2 So as I say, that struck me as being
3 important, considering about the toxicity of the
4 amalgam.

5 DR. KIEBURTZ: Dr. Sacco.

6 DR. SACCO: I wanted to go back a little
7 bit to this idea of the randomized trials, and I guess
8 "weigh in" again a little bit more heavily in terms of
9 the weight of the evidence. I think Larry mentioned,
10 and others mentioned, that in randomized trials we
11 grade these as level A, there are two of them, so we
12 have concordance between two different randomized
13 trials, albeit given the statistical considerations
14 that Dr. O'Brien has mentioned, they're there, but
15 these are still important findings and I think the
16 only thing I'd add is that we focused on the primary
17 outcome but there are secondary outcomes that also did
18 not show any differences, nor any differences in
19 multiple adverse health conditions reported during the
20 five year follow-up, that were even more frequent,
21 including things like allergies and skin disorders.

22 So I weigh these trials, at least when I
23 look at the data, as the heaviest, most direct
24 evidence that we have, that don't show that much of an
25 adverse health experience.

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1 DR. KIEBURTZ: I think there is a defense
2 force data is also, and is 20,000 people, I think it's
3 a large accumulation of people with exposure that's
4 also relevant, not of the same quality of evidence in
5 terms of inferential reasoning but still a large and
6 important accumulation of information. The same for
7 the ranch hands and for Dr. Factor-Litvak.

8 Other comments?

9 DR. LUSTER: Not to discuss the
10 epidemiology studies from this, but going back--and I
11 keep on hopping back to it--again is the earlier
12 studies by Fowler that were used to set the reference
13 concentrations, and Michael, you went through this, so
14 please correct me if I'm wrong, but as I see it, the
15 average exposure level in those workers, where there
16 was a small but observable effect, was about 25
17 micrograms per liter of urinary mercury, and given how
18 much of that's from--where that comes from we don't
19 know, I know, but--and then in the population, general
20 population with amalgam exposure, they average up to 3
21 or 4 micrograms per liter based upon the number of
22 amalgams, and can go up to 15 or 16 micrograms per
23 liter of urinary mercury in some individuals. That's
24 the high range. I don't know what the percent of that
25 population would have that high level but if it's the

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1 total U.S. population, that can get probably a goodly
2 number.

3 So the argument would be that you're
4 looking at a difference between 26 micrograms per
5 liter in a worker population versus 17 micrograms per
6 liter in the U.S. population, in the high range, which
7 might be significant numbers. How much of that is
8 contributed by amalgams, we don't know; but some of it
9 is. And we're not that far away. I mean, we're not
10 far away from levels that seem to have, potentially, a
11 universal effect.

12 DR. DOURSON: Yes, and although I go
13 through the numbers a little bit differently, I would
14 agree that what we would appear to have is exposures
15 to the general population with amalgams that are at or
16 very close to the safe concentration. So the Fowler
17 study was 25 micrograms per meter cubed of air, and
18 the way EPA and others took that information is they
19 adjusted it for continuous exposure, which was 24/7,
20 you know, 24 hours a day, seven days a week, cause the
21 workers didn't get exposed to that, then they took
22 that reduced level in air and they divided it by
23 uncertainty factor because the study was not perfect,
24 we haven't found one yet that was, and so you've got
25 to a thirtyfold uncertainty factor, net, and three

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1 different federal agencies, with the Dutch being the
2 third federal agency--all kind of characterize these
3 uncertainty factors differently but all come up with
4 the same end point.

5 And that safe concentration that's good,
6 say, 24/7, is in the range of where people seem to be
7 exposed from amalgams right now, on average, or I
8 think it wasn't on average--there's 95 percent, or
9 lower.

10 DR. LUSTER: So the average would be
11 around three but there is a group--but the range goes
12 up to seventeen.

13 DR. DOURSON: Right, and then the question
14 then becomes, is how do you track those urinary levels
15 back to, you know, what is due to vapor itself, which
16 is a question, that when you've got that
17 determination, what level is that consistent with in
18 air? Once you have that determination, you compare it
19 to the safety concentration, and you say you have a
20 problem or you don't. And that's the basic concept.

21 DR. KIEBURTZ: I think, you know, if we
22 were talking about an intervention that might
23 encompass 10,000 or a 100,000 people, we would not be
24 having the discussion we're having, because we're
25 talking about the very tales of distributions, but

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1 we're talking about an intervention that has hundreds
2 of millions of people, and the tales constitute maybe
3 tens of thousands of people.

4 Is that fair?

5 DR. GOLDMAN: I think there's, you know,
6 there's so many problems. I mean, one is these
7 numbers, when you dig into these numbers, for example,
8 the occupational numbers, the urinary numbers. Well,
9 I'm not sure that those numbers really are
10 representative of what the exposures were in those
11 work environments, looking at those studies, because
12 the studies were done at a certain point in time, and
13 probably many years earlier, many of those workers had
14 higher exposure levels that were not measured, you
15 see?

16 So just because, as I said before, just
17 because it's an occupational study and it's a higher
18 level, it doesn't mean that the data are done
19 accurately, and the effects could be from higher
20 levels earlier in those studies, but we don't have any
21 way of knowing that, looking at those. So it's hard
22 to do, kind of what is the MOE between those people
23 and people today, because those people weren't maybe
24 measured, you know, at times when they were more
25 highly exposed.

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1 DR. KIEBURTZ: MOE.

2 DR. GOLDMAN: And that margin of exposure.

3 And then the other thing that we see sometimes,
4 despite use of uncertainty factors like thirty--is
5 this an uncertainty factor? Well, we use uncertainty
6 factors because we're uncertain, and one of the things
7 we're usually the most uncertain of is uncertainty, or
8 I think Yogi Berra said something about, you know, the
9 only thing I'm sure about are the things I know that I
10 don't know; or something like that.

11 But one thing where we've been very far
12 off on uncertainty factors in the past, and why I keep
13 going back to this fetal exposure thing, is with the
14 gap in where we observe effects in the fetus and where
15 we observe effects in adults.

16 And those levels have sometimes been much
17 farther apart than thirty, sometimes, you know,
18 hundreds or even a thousandfold difference between a
19 level that causes an adverse effect during exposure to
20 the fetus and a level that causes an adverse effect to
21 an adult. So in my opinion, you see that thirtyfold
22 factor does not take that into account at all, and I'm
23 sure there is a way to take that into account. I
24 think you need to directly observe what's going on,
25 and that the studies that are available really don't

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1 do that.

2 DR. KIEBURTZ: Just thinking of question,
3 part sub C and D, getting to that, I mean indirect
4 evidence, I think there's no direct evidence of
5 impaired fetal outcome or gestational outcome in
6 amalgam-exposed people versus not, although there's a
7 lot of indirect evidence from animal data, and just
8 reasoning about mercury's ability to interfere with
9 the developmental process.

10 But just sort of the difference between
11 direct evidence--there is some direct evidence Swedish
12 workers exposed to mercury but include a number of
13 professions, including leather workers and other
14 things, associated with small for gestational age, but
15 I don't think there's any direct amalgam.

16 Dr. Goldman, then Dr. Fleming.

17 DR. GOLDMAN: Yes. I mean, I think we can
18 look at it more carefully, but I actually think that
19 there are some birth outcomes that have been examined
20 in humans, not with studies that are as good as the
21 studies, as high quality as the studies that have been
22 done, that we discussed earlier, about the actual
23 effects on, directly to people with fillings. But
24 there have been some birth outcome studies. There
25 have been some reproductive studies that did provide

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1 some evidence. But there have not been studies to
2 look at that specific issue with developmental
3 neurotoxicity, kind of like the Bellinger study, but
4 the design instead would be the mothers, whether the
5 mothers had mercury fillings or other kinds of
6 fillings, and then doing the same kinds of
7 assessments, the neuropsychological tests. There are
8 no studies like that, at all.

9 DR. KIEBURTZ: Neuropsychologic tests of
10 the subsequent delivered children?

11 DR. GOLDMAN: Yes, of the children, and
12 following them through grade school, and so forth, as
13 has been done, you know, for methylmercury and lead,
14 and some others.

15 DR. KIEBURTZ: Thank you. Dr. Fleming.

16 DR. FLEMING: Briefly, I just wanted to
17 introduce another confounding factor to this whole
18 business of exposure. One of the things that we have
19 to consider is the juxtaposition of other metals next
20 to amalgam or over amalgam, which would increase the
21 release rates dramatically.

22 So if you have a pregnant woman who has a
23 gold crown, or perhaps a nickel crown, or amalgams
24 adjacent or underneath, you're going to have a much
25 higher level of exposure, potentially, than you would

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1 in, say, a child in the amalgam trial who may have
2 only a few amalgams.

3 So it is a confounding factor in our
4 understanding of what the daily dosage would be. It
5 can be much higher in some individuals, very small in
6 others, and variable in the same individual from day
7 to day, hour to hour, meal to meal.

8 So that's another confounding factor in
9 risk assessment.

10 DR. KIEBURTZ: We're about to take a
11 break, which we will break shortly, I mean for a short
12 period of time when we break.

13 I just want to sort of summarize. We've
14 talked both about direct and indirect evidence, the
15 paucity of direct evidence showing any adverse health
16 effect of amalgams, the lack of information, the
17 uncertainty about the actual exposure from amalgams,
18 both the acute and, to a certain extent, in the
19 chronic setting, how to best measure body burden, and
20 apparently, a great deal of variability among
21 individuals in the exposure they experience from
22 amalgam use. I'm trying to think of what else we said
23 we didn't know much about.

24 DR. GOLDMAN: Can I? That last point that
25 was made, we heard a lot about that kind of thing in

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1 the cases that we heard about over the last couple of
2 days, the testimony that we heard, and if anybody on
3 the panel has factual information they can contribute
4 on that, I mean is there really something that can go
5 on with juxtaposition of these metals, and so forth?
6 I mean, I don't understand that, and so--

7 DR. KIEBURTZ: And a particular concern
8 about the possibility that the ratios between what is
9 relevant for an adult occupational exposure to what
10 might be potentially fetal toxic, we don't have a good
11 handle on what that ratio might be.

12 Dr. O'Brien.

13 DR. O'BRIEN: It's well-established that
14 if two metals are in contact in the mouth, with the
15 saliva as an electrolyte, their electrolytic cell will
16 be set up, and this is a common occurrence. In fact,
17 dentists will come and we get calls over the weekend,
18 in the course of a year. In the case of the amalgam
19 versus the gold, for example, the amalgam will be the
20 end note and will dissolve, electrolytically, rather
21 than just by solubility.

22 Well, dental schools, we warn the students
23 about that quite a bit. But I doubt if any of these,
24 what I call uninformed dentists, would end up in one
25 of the studies that you find published in the journal.

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1 So that when we look at these published studies,
2 they're done under the best conditions.

3 DR. GOLDMAN: These cases that we heard
4 about, that could be a possible thing going on with
5 some of these--with, you know--

6 DR. O'BRIEN: Yes. It can be the effect
7 that it's been reported in the news and actually
8 verified, that the electrical currents produced can
9 produce radio signals and the patients can hear radio
10 stations, and they get a buzz. But the common thing
11 is when an amalgam is put in, for all patients, if
12 they happen to touch the amalgam with a fork--this is
13 universal--they get a shock, or aluminum foil that
14 might be in some of the food that they're eating. So
15 that is another hazard but really is not, wouldn't be
16 a concern for the use of amalgam, but, rather the
17 correct use of it.

18 DR. KIEBURTZ: Very briefly.

19 DR. DOURSON: Very briefly.

20 Okay. Indirect evidence that we've, I
21 think all talked about, I just kind a clarified in my
22 mind, was the testimonies from the public, some of
23 which would probably be characterized as indirect
24 evidence, and also the Fowler studies which were
25 mercury vapor studies but not amalgams, and then

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1 taking that information and sifting it down into the
2 estimation of a safe concentration would be obviously
3 indirect, since it's not an amalgam study itself.

4 DR. KIEBURTZ: Right, and that in addition
5 to the other animal work we referred to for--okay.
6 Ten minutes. That means ten minutes from right now.
7 Thanks.

8 [Whereupon, the above-entitled matter went
9 off the record at 2:37 p.m. and resumed at 2:49 p.m.]

10 DR. KIEBURTZ: Dr. Alderson.

11 DR. ALDERSON: Mr. Chairman, let me raise
12 an issue for you and the committee, in listening to
13 your discussions, and this again relates to the
14 urinary level issue. We think we heard a number of
15 committee members raising the issue of the acute
16 impact of mercury vapor from amalgams as it relates to
17 urinary levels.

18 The question we have for you, we're having
19 difficulty understanding the relationship of that
20 concern with the end points or markers of toxicity
21 that are followed through the term of the studies, and
22 clarification on your concern for that would really be
23 helpful.

24 DR. KIEBURTZ: So let me make sure I
25 understand. Why are we interested in what the acute

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1 levels are, and how does that relate to the later
2 clinical effects?

3 DR. ALDERSON: That's right.

4 DR. KIEBURTZ: Why would we be interested
5 in it, for example?

6 DR. ALDERSON: Or how does it help us
7 assess the risk?

8 DR. KIEBURTZ: Right.

9 DR. ASCHER: I would say it doesn't help
10 you, necessarily, to look at the risk, but
11 theoretically, if you have a fetus that is exposed to
12 30 micrograms per day, for example, then you look two
13 years later, because of the redundancy in the CNS, you
14 might see nothing. It will take 20 or 30 years to see
15 an effect.

16 So I would have liked to know what the
17 urinary levels or the exposures are at the time of
18 placement of the amalgam, because there may be a
19 cumulative effect of exposure to very high levels of
20 mercury that may not be manifest until decades later,
21 especially--

22 DR. KIEBURTZ: I'm just looking to see who
23 we're missing before we go too terribly much longer.
24 Not too many. Okay. People are filtering in.

25 I think the other issue, at least as I've

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1 heard, is that if you get a spike up in concentration
2 for some brief period of time, and that happens to
3 happen at a critical part of fetal development, that
4 could be not a long-term consequence but a very short-
5 term consequence of two things happening at once that
6 will critically affect one another.

7 Other--if you want to speak to the issue
8 of acute level changes with manipulation and how--or
9 what the concern is as how that might relate to
10 clinical phenomena.

11 Dr. Diamond.

12 DR. DIAMOND: Yes. One thing, it might
13 provide some kind of insight into some of the
14 situations where people have developed some sort of
15 reaction very shortly after placement of the amalgam.

16 You know, in studying that, you know, it may be able
17 to provide some insight into it, even though the
18 people who might be studied may not react at all, but
19 at least it might provide some exposure level that
20 could possibly be used as a benchmark for individuals
21 who may be found to be susceptible for that sort of
22 acute response.

23 DR. KIEBURTZ: Go ahead. Did you want to
24 speak?

25 DR. DOURSON: Yes. Right to your

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1 question. I would think it's reasonable to ask our
2 colleagues at FDA to search for safe concentrations of
3 mercury vapor after an acute or short-term exposure.
4 I would expect that such safe doses are either at the
5 chronic level or higher; most likely higher. And I
6 think that would be fruitful.

7 I've checked the ATSDR Web site, which is
8 an agency that has a habit of doing that, and it
9 wasn't there. But that doesn't mean someone hasn't
10 done that worldwide, or maybe--and our FDA colleagues
11 are quite adept at doing that.

12 DR. KIEBURTZ: Some of the toxicokinetic
13 studies involved short-term eye administrations in
14 normal volunteers too.

15 DR. DOURSON: That's true. There is one
16 that was in the literature on that.

17 DR. KIEBURTZ: So inhaled. So you get
18 some sense of what--

19 DR. DOURSON: Right.

20 DR. KIEBURTZ: Well, I don't see anyone
21 eager to contribute, to comment right now. So I think
22 we have discussed question one. Does anyone else want
23 to comment on question one?

24 DR. AMAR: Just I heard from the FDA,
25 asking for surrogate markers other than urinary

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1 excretion of the mercury, and I was wondering,
2 particularly in a complex toxicity problem such as the
3 potential mercury exposure, could we suggest to add a
4 salivary content and exposure of mercury, similar to
5 what we do with clinical trials where we use two or
6 three surrogate markers that are converging towards
7 the same issue? I think that we should suggest other
8 surrogate markers. And one of them could be for the
9 acute, or later on, the salivary content of mercury.

10 DR. KIEBURTZ: I don't know about salivary
11 mercury measures.

12 DR. AMAR: I have it in front of me, so
13 it's in the literature.

14 DR. KIEBURTZ: Dr. Honein.

15 DR. HONEIN: I have a question, I think
16 for FDA, which relates back to sort of the first day's
17 presentation on mercury being up-classed to Class 2
18 instead of Class 1, and my recollection of what was
19 said about devices is that special controls could be
20 put in effect for that, and I was wondering if 1D, and
21 sort of the issue of reproductive outcomes--I think
22 that's 1D. Anyway, the possibility of looking closer
23 at people who are occupationally exposed to dental
24 amalgams for reproductive outcomes, if that's an
25 example of something that could be a special control

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1 for the future, because I feel like that data gap is
2 huge, and perhaps at the highest levels of exposure,
3 which I assume would be the occupational exposures, we
4 might gain more insight on the reproductive outcomes.

5 DR. KIEBURTZ: Let me just draw a
6 distinction between occupational exposure monitoring
7 and the device. So you're talking about those with
8 occupational exposure; is that correct?

9 DR. HONEIN: Correct.

10 DR. KIEBURTZ: Do you want to comment on
11 that, Ms. Rosecrans?

12 MS. ROSECRANS: Susan, will you see if you
13 can find Linda Cantu, too, please. Just see if she
14 can come in.

15 Obviously we regulate devices, and OSHA
16 does the OSHA part of it. Special controls can be a
17 guidance document, it can be a patient registry, and
18 then the law gave us "Other," and whatever the
19 circumstances fit for a device, if we can identify and
20 they can provide reasonable assurance of the safety
21 and effectiveness of that type device, then that
22 allows us to keep it in Class 2, cause we try to make
23 it the least burdensome level of control needed to
24 provide that assurance of safety and effectiveness.

25 So I think the overall answer is yes

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1 because we have that category of Other.

2 DR. KIEBURTZ: Let me just caution the
3 committee--our question is about the white paper, and
4 the task of drafting regulatory language and labeling
5 things, and special controls takes a lot of time and
6 effort. We have not talked about that nor have we
7 been charged with that. So we may make a
8 recommendation to the FDA that they should think about
9 that, but I don't want us to start getting into a
10 discussion about what we think the right labeling
11 pathway or special controls are for the device.

12 Dr. Alderson, did you--

13 DR. ALDERSON: I totally agree with you,
14 that is a whole other, probably advisory committee
15 meeting.

16 DR. KIEBURTZ: Dr. Goldman.

17 DR. GOLDMAN: While you're up here, cause
18 in the course, over the years, of regulating this
19 product, do you have data on the exposure levels that
20 are achieved when the product is used, either applied
21 new or drilled through in patients?

22 MS. ROSECRANS: I'm afraid I wouldn't be
23 the person able to answer that question. Dr.
24 Alderson?

25 DR. ALDERSON: I seriously doubt that we

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1 have that data at all. I'm not aware of it, if we do.

2 DR. KIEBURTZ: Dr. O'Brien.

3 DR. O'BRIEN: Do you have a name at OSHA
4 who's interested in mercury? I'm not going to get
5 into the issue. Just these links between the agencies
6 are very hard to find. Is there a mercury person over
7 there?

8 MS. ROSECRANS: I don't know about a
9 mercury person but we do have a person at OSHA that we
10 speak with.

11 DR. GOLDMAN: Actually, NIOSH has a person
12 and they've written a recommended standard, and so
13 forth. Over the years, they've worked on mercury
14 alot.

15 DR. KIEBURTZ: Dr. Dourson.

16 DR. DOURSON: Yes. Just a small addition
17 to my prior statement about, you know, estimated, a
18 safe short-term concentration. That ties into Dr.
19 Goldman's prior point about reproductive or
20 developmental toxicity. So, in utero exposure from
21 when you are pregnant, and then at a high short-term
22 exposure, and if you've got a safe dose on the basis
23 of a short-term exposure, it should look at those kind
24 of studies, and use those kind of studies, in part,
25 for determining such a safe concentration.

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1 DR. KIEBURTZ: Dr. Klaassen.

2 DR. KLAASSEN: Yes. I'd just like to come
3 back to the adults exposure, and ask a question of the
4 dentists in the room, and that is, have you ever made
5 amalgam fillings for a patient and the patient really
6 truly had what you would expect from elemental mercury
7 poisoning?

8 And from occupational exposure, we know
9 that one of the most easily measured things is
10 trembling. So has that been experienced in your
11 practice, or has this been indicated frequently, or
12 even a few times in the literature?

13 DR. KIEBURTZ: So I take it the question
14 is does anyone have a personal, sort of clinical
15 experience of after setting mercury-containing
16 amalgams, of someone looking like they have classic
17 mercury poisoning?

18 Dr. Taylor.

19 DR. TAYLOR: I've not seen that, and I'd
20 also add that I'm comfortable to say that we wouldn't,
21 in dental schools we wouldn't even be taught to look
22 for that. So we wouldn't even ask about--if we were
23 to call a patient, and other practicing dentists chime
24 in--if we were to call a patient as a follow-up, say
25 we had an extensive procedure and we did a large

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1 amalgam, and we were concerned about how the patient
2 was doing, that would not be on the check list.

3 DR. KIEBURTZ: Dr. Diamond.

4 DR. DIAMOND: Yes. I'd like to respond to
5 just the question about standards, is that in industry
6 what we do, we look for various standards, I guess the
7 ASTM or ISO, and if none exists, then we look to the
8 literature to see if there's some established levels,
9 or sometimes to proceedings that, to decisions where
10 insights that come out of meetings such as this, for
11 some kind of guidance with regard to that, and then
12 that's discussed with the FDA. But there's always a
13 scientific basis behind that.

14 DR. KIEBURTZ: Dr. Zero.

15 DR. ZERO: Part of my question earlier
16 about hypersensitivity was to understand this 6
17 percent and what that meant, and what was the full
18 range of the expression of that, and the reporting of
19 that. So I'm not sure if this is included in that, I
20 have no way of knowing because I don't know what that
21 means.

22 DR. ASCHER: Right. You know, what I was
23 getting at there is there are some things that we know
24 for sure, that elementary mercury will produce. And
25 then there's these hundred other things that people

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1 think it might be associated with. The one thing that
2 everybody agrees with is how steady your hand is, and
3 if no dentist has ever heard of that, or experienced
4 that, then it's not a problem for the adult. Correct?

5 Or is my logic wrong?

6 DR. TAYLOR: We wouldn't know. We
7 wouldn't know.

8 DR. ASCHER: If you can't hold your hand
9 still, you're going to go to somebody.

10 DR. KIEBURTZ: It may happen two days
11 later.

12 DR. TAYLOR: That's okay.

13 DR. ASCHER: They may not associate it
14 with--it doesn't sound like anyone has seen a clinical
15 standard phenomena of tremor after placement of
16 amalgams.

17 DR. KIEBURTZ: I guess I would then say we
18 don't have one example, from what I've just heard, of
19 anyone ever being poisoned by a classic example of
20 what happens with elemental mercury exposure; is that
21 correct?

22 DR. TAYLOR: Well, we have a limited set
23 of practitioners here at this table, for one thing.
24 But we have a huge opportunity to get a many of these
25 unknowns. NIDCR has established three very large

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1 practice-based research networks, and where the
2 questions that have come up from the testimony here,
3 these past couple days, as well as the questions that
4 we are raising, we have the exposure going on daily,
5 and we also now have an organized network from which
6 we could develop, suggest topics to discuss. The
7 turn-around time could also be potentially very quick,
8 to get at some of these unknowns that are important.
9 For example, the question about trembling, and acute
10 manifestations of mercury toxicity.

11 We certainly have a network in place.
12 When I say "we," that is the people of the United
13 States has a network in place to be able, to
14 potentially be able to get at some of those issues.

15 The sample of practitioners here could
16 answer questions but I certainly wouldn't draw any
17 inference on our experiences as they would be
18 generalizable to the population.

19 DR. KIEBURTZ: Dr. Fleming.

20 DR. FLEMING: Yes. I'll try to address
21 the issue of the tremor. The first comment I would
22 make is it's not like our patients drop dead over the
23 hitching post when they leave.

24 So what I think the issue is is that very
25 often, the first person they call when they have a

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1 problem of that magnitude or that sort, there'll be
2 accompanying symptoms of anxiety, sleeplessness,
3 perhaps excessive sweating, urination, things like
4 that, which I have seen in my practice, reported by
5 patients who were treated elsewhere.

6 The issue there is, again, the patients
7 are more likely to call their physician, not the
8 dentist. They're not going to call a dentist and say
9 I am sick, I am anxious, I cannot get out of bed, and
10 it may happen the next day, the next week, it may take
11 many, many months, or perhaps years of accumulation,
12 which doesn't fit the classical pattern of an acute
13 mercury exposure such as in the chlor-alkali industry,
14 for example.

15 DR. KIEBURTZ: Ms. Cowley, did you want to
16 add something?

17 MS. COWLEY: Yes. I can only say amen to
18 what Dr. Fleming said. One of the hardest, shall I
19 say perhaps the most dangerous situations we have in
20 this country, is this incredible gap between dentistry
21 and medicine, and speaking from the TMJ perspective,
22 our implant patients are treated by the dentist, they
23 get implants by the dentists, and just like examples
24 we heard from the patients yesterday, the dentists do
25 not address any of the medical health issues. It is

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1 totally out of their realm.

2 But then, when you go to a physician with
3 these incredible sequelae, there is absolutely no
4 understanding of what you have just gone through, or a
5 year later, and the implant is in your brain, and so
6 forth, and so on. So if anything this, the FDA has
7 done, is to bring together neurology with dentistry in
8 this room today. I think you have done a heck of a
9 service to the American people and I applaud you.

10 DR. KIEBURTZ: Dr. Rizzo.

11 DR. RIZZO: From the point of view of
12 neurology, we frequently see patients with tremor.
13 I'm not aware that it's common, or, really, even
14 occurs, that we see people who have tremors as a
15 result of amalgam restorations. When we see people
16 with tremor, it's generally from exaggerated
17 physiologic tremor, Parkinson's disease, inherited
18 disorders.

19 From the perspective of a neurologist,
20 when we evaluate tremor, amalgam isn't even on the
21 radar screen. So that's a different perspective.

22 DR. KIEBURTZ: Dr. Burton.

23 DR. BURTON: I guess I just have to, as an
24 oral max facial surgeon, have to answer Mrs. Cowley's
25 comment about dentists, and I've been fortunate

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1 enough, I've worked with her for many years on the
2 dental products panel. But I wouldn't say that the
3 dentists are clearly "quite off the screen." There
4 are large numbers of us, both in oral medicine and in
5 oral max facial surgery, and oral pathology, and
6 probably other specialties. I mean, I've worked in a
7 hospital for 25 years, and most of my dental
8 colleagues, at least the dental school I work with,
9 most of them claim I'm not more a dentist than the guy
10 who cleans the hallway, at this level of education.

11 So I guess I would defend the dental
12 profession, a little bit in this arena, in the fact
13 that I'm not sure that we're quite that unaware, nor
14 that unobservant, or perhaps unconcerned to not pay
15 attention to the symptoms. And I will tell you that
16 there are many disease processes that are picked up by
17 the dental profession, because of the fact that those
18 patients do bring symptoms that are somewhat
19 inexplicable at times to them, that they've taken to
20 their family physician, internists, etcetera, and have
21 not had answered.

22 DR. ZERO: Just a comment regarding the
23 availability or line of health care exposures for
24 neurotoxins or other toxins that we deal with in
25 dentistry. My particular practice, we can identify

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1 neurotoxin effects with a temporal pattern. I think
2 the discussions I've heard, these last two days, would
3 again maybe take amalgam, proposed mercury toxicity
4 out of that exposure, so we may not see that because--
5 or we may not see, or there may not be an existing
6 acute pathology or toxic effect.

7 So in my practice, as well as in our
8 dental schools= exposures, we just don't, I just have
9 not seen that, in particular.

10 DR. KIEBURTZ: Dr. Goldman.

11 DR. GOLDMAN: Yes. I mean, I think it's
12 important to understand, in terms of the way the
13 clinical world has looked at this issue, that I mean,
14 I've been involved in a number of exercises to come up
15 with just environmental history questions for
16 physicians to use, and triggered by different
17 indications, and most of us were taught, I was
18 certainly taught that exposure to mercury from amalgam
19 is minimal, and that one shouldn't think about mercury
20 toxicity from amalgam.

21 I have never included a question about
22 recent dentistry on an environmental exposure
23 questionnaire that I've worked on. It's never been
24 suggested.

25 Now I will have to say there is something-

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1 -I was recognizing this, and I appreciate your asking
2 that question, because there is something that's
3 happened in the last couple of days in these
4 discussions, to kind of at least move me a little bit
5 further over into being a little more concerned than I
6 was before, and I will tell you the two things that
7 concern me.

8 One is that some of these exposure data,
9 the range of exposures then--and there is a lot of new
10 science, even though the white paper kind of implies
11 there's not. But then it uses the studies, and there
12 are a lot of new studies that do show, that do
13 document an association between, you know, amalgam and
14 levels of mercury in urine, and more than I would
15 expect, given what I was taught. And I'm sure that
16 that's true for the others who were taught what I was
17 taught, because we were all taught that at one point.

18 And so I'm taking it more seriously, that
19 there could be exposures, A. Two, that there could be
20 acute exposures and that there could be symptoms
21 associated with that, and that maybe it is worth
22 inquiring about whether there's symptoms. We haven't
23 done that inquiry, and I just took a quick look at
24 PubMed, just to see, you know, if someone's published
25 on that question, and there are no publications, other

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1 than, you know, the Kingman study included a question
2 about tremor in the questionnaire, and that's about
3 it.

4 You know. So I think this is an area
5 where I don't think we can make a conclusion based on
6 the literature, you know, it's kind of silent, but I
7 will say on an indirect basis, I am more concerned
8 about this today than I was last week. Whatever that
9 means.

10 DR. KIEBURTZ: Movement disorder
11 neurologists, of which I am one, do ask about metals,
12 but we don't tend to ask about dental work. So
13 there's an association--you know, we think about
14 occupational and industrial exposures more than we
15 would think of--because of tremor.

16 DR. RIZZO: And when you suspect, you
17 check, and you do a 24-hour urine for heavy metals,
18 and the condition is also related to the company that
19 it keeps in terms of signs, and there can be evidence
20 of neuropathy, and so forth. So we do look but we
21 don't ask about mercury amalgam restorations.

22 DR. KIEBURTZ: No.

23 Dr. Sacco.

24 DR. SACCO: I would just caution about the
25 use of registries, like we've been hearing about, try

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1 to look at these questions, or even questionnaires. I
2 think if we wanted to look at this, we would do
3 studies, probably a little larger scale studies, and
4 some of them designed, perhaps like the Factor-Litvak
5 study, and perhaps like the Kingman study, which did
6 show us, in very well-documented outcomes, with an
7 exposure of interest, that there wasn't at least a
8 dose response relationship.

9 A registry with just questionnaires
10 attached to it on dental patients may not give us the
11 answer.

12 DR. KIEBURTZ: Okay. Question two.

13 Does the draft FDA white paper objectively
14 and clearly present the current state of knowledge
15 about the exposure and health effects related to
16 dental amalgam. We're going to go around.

17 Dr. Porter.

18 DR. PORTER: If you're going around, you
19 can start over here.

20 DR. KIEBURTZ: Very good. Yes or no?

21 DR. PORTER: No, and I'm only going to
22 stick to the one area in clinical pharmacology that I
23 think that I've certainly emphasized in this meeting,
24 and that is that I think that there is a very great
25 lack of a good PK and pharmacologic analysis of the

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1 data in this paper. There's enough data here, that
2 you could almost consider a second paper.

3 I think that it should include absorption
4 distribution, excretion, metabolism I'll leave out,
5 although it's important to note, as somebody did, that
6 it doesn't stay elemental mercury in the body.

7 It should include an evaluation of the two
8 human studies which are autopsy studies, looking at
9 brain levels, with an emphasis on the variability of
10 these numbers as well as the outliers, and preferably
11 with some modeling.

12 It should look at the issue of
13 accumulation for which there is some very good animal
14 data, at the very least. It should conclude the
15 dentist study, the Woods et al study, that shows that
16 there are high urinary levels in some of these
17 patients, or at least in some of these groups. It
18 should address the issue of excretion. Is this
19 urinary or it is mostly fecal? And is the urinary
20 technique that we've been using really the best
21 technique to use, to judge what kind of exposure a
22 patient has? I'm personally very doubtful of that.

23 Those are just the highlights, I think, of
24 what a good pharmacologic summary would be, and I
25 would guess that Dr. Larry Lesko's group is still here

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1 at the FDA. If it is, he would be an ideal person to
2 contact and work with, to generate such an addendum or
3 a section, or whatever you would like.

4 But I would say that in this regard, the
5 white paper is deficient.

6 DR. KIEBURTZ: I'd just note for the
7 record that our first four votes don't technically
8 count but I still want to know what you think.

9 Dr. Jang, who is a member of the PCNS
10 Advisory Committee, who's the consumer rep from the
11 Advisory Committee, who, on our committee is a voting
12 member, was scheduled to attend. She couldn't attend
13 because of a personal emergency, so she's not here.

14 Dr. Diamond.

15 DR. DIAMOND: I have to agree with Dr.
16 Porter. I don't think it reflects--let me qualify
17 that. Taken as a whole, it doesn't. From a
18 perspective of reflecting the current state of
19 knowledge with regard to controlled clinical studies,
20 it does, and I think it does an excellent job at
21 pointing out the benefits as well as deficiencies of
22 all of these studies.

23 So from that perspective I think it does.

24 Where I think it does not is in a broader picture, by
25 not looking at the studies, by excluding a lot of

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1 studies you're missing some of the potential insights
2 that may reflect, that might provide some insights
3 into some of these other reactions that, you know,
4 would not necessarily be seen in some of the more
5 controlled studies.

6 DR. KIEBURTZ: Dr. Fleming.

7 DR. FLEMING: I would go with no. The two
8 reasons that I would give are the tremendous data gap
9 in the methods of risk assessment, and connecting that
10 to symptomatology, very difficult to do, but we still
11 lack that information. And then secondly, allergy.
12 Frank allergy is simply not quantified.

13 DR. KIEBURTZ: Okay. I just want to
14 reiterate to the committee, does it present the
15 current state of knowledge, not whether the current
16 state of knowledge is adequate, but does the paper
17 adequately state what the current knowledge state is.

18 So just taking your comments at face value. I'm not
19 asking you to change what you said, but just bear in
20 mind, it's not a fault of the paper if there's
21 uncertainty. It is a fault of the paper if it
22 inadequately addresses a question or a knowledge
23 state.

24 Ms. Cowley.

25 MS. COWLEY: Not being the scientist on

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1 this panel, I don't think I can adequately assess
2 that, so I will pass.

3 DR. KIEBURTZ: Thank you.

4 DR. ASCHER: I have to agree with what was
5 said. I just think that the paper is way too focused
6 and not broad enough in considering a lot of other
7 things that have been published.

8 DR. KIEBURTZ: That's a no.

9 DR. ASCHER: It's a no.

10 DR. KIEBURTZ: Dr. Klaassen.

11 DR. KLAASSEN: I would say yes, I think it
12 does state and summarize the current knowledge. I
13 don't think it tells us everything that we would like
14 to know because it's basically not known, and it
15 doesn't give and suggest data gaps but I'm not sure
16 that that was part of the question.

17 So as far as going back to the original--
18 you know, does it state and summarize the current
19 knowledge? I think it does that very well.

20 DR. KIEBURTZ: Dr. Rizzo. Please turn on
21 your mike.

22 DR. RIZZO: I agree with Dr. Klaassen. I
23 think yes, it does a good job summarizing existing
24 evidence. I think that it could have done a better
25 job in terms of grading. I think that it could have

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1 given reasons for excluding studies that weren't
2 included in the data tables.

3 But, on the whole, I think it does a very
4 good job at summarizing what is known, and most of the
5 fault with what is not known is that the research
6 hasn't been done.

7 DR. KIEBURTZ: Dr. Sacco.

8 DR. SACCO: I think there are
9 deficiencies, so because there are deficiencies in
10 clearly reviewing the literature, I'm going to vote
11 no, and the deficiencies are some things that people
12 have already outlined. I think the literature search
13 strategy may be an issue. Weighing of the evidence.
14 I'd like to see a little bit more weight and
15 adjustments of the evidence, addressing vulnerable
16 populations, and I think as mentioned, I think gaps in
17 the literature do need to be identified, even though
18 it may not have been the remit of the paper.

19 DR. KIEBURTZ: Dr. Taylor.

20 DR. TAYLOR: I'd vote no, very consistent
21 with Dr. Sacco's comments. I'd also include a concern
22 for assessing the quality of the previous reviews from
23 which this was based.

24 DR. KIEBURTZ: Dr. Li.

25 DR. LI: I would vote yes, although this

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1 white paper is not broad enough, and having some
2 deficiencies, but based on the two new studies that
3 have recently published, that was carefully reviewed,
4 and I would have to think about the evidence pointing
5 to the results of it.

6 DR. KIEBURTZ: Dr. Olson.

7 DR. OLSON: I would vote yes. It asks
8 about the current state of our knowledge, and
9 certainly we know there are gaps, there are big
10 deficiencies of our knowledge that we don't have,
11 especially about subsets of vulnerable populations,
12 namely people who may have this substrate upon which a
13 mercury burden would give them additional, or give
14 them de novo problems.

15 But, on the other hand, when one looks at
16 the recent articles, especially the two in the JAMA,
17 that were well done, and even with their deficiency,
18 that we would like to see them go out longer in these
19 folks, and I assume that perhaps they would do that, I
20 think it gives us some good insights into the effect
21 of these devices.

22 DR. KIEBURTZ: Dr. Honein.

23 DR. HONEIN: I would say yes on number
24 two. I think it is an objective and clear
25 presentation. However, I would agree with the

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1 comments that it would be helpful to see an expansion
2 of the white paper to include a broader range of
3 papers, and both other research strategies as well as
4 potentially including more of the original 200 papers,
5 or a clear rationale for why each was excluded.

6 DR. KIEBURTZ: Dr. Luster.

7 DR. LUSTER: I have to say no. I felt
8 that the neurological issues were very well covered.
9 There were other issues, maybe not so much as frank
10 allergic responses, but there's been a lot of issues
11 with autoimmune disease and publications that weren't
12 included, and given I don't know the literature, I
13 don't want to make any specific comments on them.
14 They may not be that strong, papers, but it would have
15 been a more balanced presentation if it was included
16 as well, so we could at least see it.

17 DR. KIEBURTZ: Dr. Amar.

18 DR. AMAR: I have to say no for the
19 reasons that I alluded, really, to the searchers.
20 Most importantly, if a position paper is here to give
21 the current knowledge, it should be all-encompassing,
22 including the whole breadth of the literature, and
23 there is still some literature missing in the white
24 paper.

25 DR. KIEBURTZ: Dr. O'Brien.

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1 DR. O'BRIEN: I would say yes, but with a
2 caveat, and that we add to that sentence. Does the
3 draft FDA white paper objectively include, present the
4 current state of knowledge about the exposure and
5 health effects related to dental amalgam? And I would
6 add "used under clinical research conditions," because
7 in terms of the public, they should know that there's
8 a vast difference of what goes on in a research
9 clinical study and the average practitioner's office.

10 DR. KIEBURTZ: Dr. Dourson.

11 DR. DOURSON: I find that the FDA white
12 paper clearly and objectively presents the state of
13 knowledge on the health effects from chronic exposure
14 related to the dental amalgams. I would like the
15 white paper to emphasize, estimating a short-term safe
16 dose and a short-term concentration, and better
17 characterize case studies, which they specifically did
18 not, were asked not to do.

19 In contrast, I think that the
20 characterization for the exposure was deficient and
21 that in what should be done is to determine or find
22 the release of mercury from amalgams as it ages in
23 vitro and in vivo, giving both average and upper
24 bounds, and for different amalgam types.

25 DR. KIEBURTZ: That was a no, I think.

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1 DR. DOURSON: I think because--

2 DR. KIEBURTZ: Or is it a yes?

3 DR. DOURSON: --the sentence--because the
4 sentence says "exposure and health," I suppose the
5 answer would be no.

6 DR. KIEBURTZ: I don't want to--I was
7 interpreting. I should have asked you. I don't want
8 to--

9 DR. DOURSON: Well the sentence does say
10 exposure and health. I think the health is well-
11 characterized; the exposure is not. The word is "and"
12 and so therefore the answer has to be know. I'm
13 sorry.

14 DR. KIEBURTZ: Thank you.

15 Dr. Goldman.

16 DR. GOLDMAN: My answer would be no and I
17 do think that the paper was written clearly, and I do
18 think that it was written from an objective point of
19 view. So if you just read the question literally, it
20 would be hard to say no. But the fact that the
21 criteria for selection of studies is never laid out
22 and the criteria for ranking or rating studies are
23 very unclear, and in some cases I don't agree with
24 some of the things that were said about studies in
25 terms of, you know, it's implies, for example, that

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1 occupational cohort studies always have to have a non-
2 occupationally exposed cohort as well, and which is
3 not the case, and there are other things like that.

4 So I think that there's some problems. I
5 felt that there were some deficiencies on the outcome
6 side, in terms of a lot of studies related to immune
7 effects, cardiovascular effects, developmental
8 neurotoxic effects, just a few of those were not
9 reviewed, most of which I think came about because of
10 the choice to use the ATSDR and the EPA reviews as a
11 starting point, which I think may have been the wrong
12 decision to make, because the question that they asked
13 us, and that they seemed to be asking, were different
14 questions than the questions that EPA and ATSDR were
15 asking.

16 The exposure data is also not complete,
17 and I could easily find what I considered to be
18 relevant and important exposure information online,
19 that is not reviewed in this, and so there may have
20 been criteria that were used to not include those
21 data, but I don't understand what those criteria were,
22 on what the basis was for certain studies to be picked
23 out and others not. Then I have to say that it was
24 not objective and clearly presented.

25 DR. KIEBURTZ: Dr. Zero.

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1 DR. ZERO: I would say no, based on many
2 of the points raised, particularly, in my case, would
3 be lack of identifying the limitations of the
4 available data. I think that just reporting data and
5 giving it as it is--although there were some
6 qualifications of the data in terms of
7 generalizability, that I think there needs to be more
8 discussion about the limitations of the outcome
9 measures that are currently being used, and I think a
10 very important thing is the completeness of the data
11 in terms of the research strategies, which was also
12 raised earlier.

13 DR. KIEBURTZ: Dr. Goldstein.

14 DR. GOLDSTEIN: No, and again, just based
15 upon the generally accepted criteria for a quality
16 systematic review, does the clinical premise make
17 sense? I think we've had a big discussion about,
18 questions about even the underlying premise and some
19 of the underlying assumptions. The search strategy
20 was given but, again, we have major deficits in terms
21 of the way the search was carried out,
22 methodologically. There were exclusion criteria but
23 we don't have the list of papers that were excluded,
24 or the reasons why they were excluded, and again, just
25 looking at some of the materials we have, and as was

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1 stated, there seem to be other papers available that
2 may directly be relevant. There's no statistical
3 analysis of the data, looking at odds ratios or risk
4 factors, etcetera.

5 So from those standpoints alone, I'm
6 concerned.

7 DR. KIEBURTZ: Lynn, could you turn off
8 your mike.

9 DR. GOLDMAN: Yes. Sorry.

10 DR. ZERO: I would vote no. The primary
11 reason was, in at least my opinion, the sample
12 strategy, again, was concerning. A single search
13 engine sample would exclude possible other sources,
14 especially within other divisions, departments in the
15 agencies, or within the Government, Federal or local,
16 that could help provide more information on mercury
17 exposures as well as in relationship to the primary
18 concern, and I too would feel that the lack of the
19 information regarding why exclusions of some studies
20 deferred from a full evaluation.

21 DR. KIEBURTZ: Dr. Ng.

22 DR. NG: I think that the paper is fairly
23 well-written but I would also vote no, for the same
24 reasons that have been reiterated, particularly with
25 the limited literature review and the data gap that I

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1 think exists.

2 DR. KIEBURTZ: Dr. Hughes.

3 DR. HUGHES: I would vote no, for a lot of
4 the methodological reasons that have been given with
5 respect to doing a systematic review. I think they
6 fall short of the sort of current gold standard. Even
7 if it doesn't identify the papers, I think it really
8 affects the credibility of the white paper. I would
9 question the presumption of--I'm assuming that the
10 older reviews are still complete and that the standard
11 that we might expect today, and I would consider
12 reevaluating older studies as well in the context of
13 newer knowledge.

14 And I would look to see more consideration
15 to collation of information across the studies. I
16 think the draft paper really goes study by study,
17 individually, and doesn't really think, particularly
18 from a quantitative point of view, about the
19 information across studies.

20 The other big issue that I have with the
21 paper is that it's very focused on comparison of mean
22 levels in exposed, non-exposed populations, and I
23 think it's absolutely critical to think about the
24 distribution, whatever marker you look at, whether
25 it's urine mercury levels or any other marker, it's

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1 critical to look at the distribution of those markers
2 in the population that might be exposed to amalgam
3 fillings, and obviously with the dental talking about
4 essentially a general population. I think there's a
5 lot more information in these papers about the
6 distributions of exposures, and I think when you start
7 looking at information, you raise the concern that
8 there are some subjects in the population that may be
9 getting levels which are not too dissimilar from
10 levels which have been associated with neurologic
11 deficits, and so on, in certain studies.

12 I would also, I think--maybe this is going
13 beyond a white paper--but many of the recent studies,
14 it wouldn't be hard to contact the authors and get
15 relevant data which would help address the questions
16 at hand.

17 DR. KIEBURTZ: Dr. Burton.

18 DR. BURTON: I'll vote no, because of the,
19 really, as the last person--everybody else has sort of
20 said everything. I have to be very honest, though,
21 that I think it's sort of a semantical answer, because
22 I think that those--I have to be honest--I thought I
23 would vote yes because I think that the people who did
24 looked at the question and I think that the white
25 paper does, within limitations, objectively clear

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1 that, it clearly presents the state of knowledge, but
2 I think that we're all drawn to the various
3 shortcomings, whether it's search design or other
4 portions of that, that make us not support that, I
5 guess like I said.

6 So it's a no but it's a bit of a
7 semantical no, and I think those who voted yes voted
8 that because they answered the question, and I think
9 that, really, I think this is an important vote but I
10 think more of our concerns really are addressed in the
11 next question in terms of that, but I will vote no.

12 DR. KIEBURTZ: We have a procedural
13 dispute between the executive secretary and the chair.

14 In my committee I vote, as chair of the device
15 committee you don't vote unless there's a tie, but I'm
16 going to vote anyway, so--

17 [Laughter]

18 DR. KIEBURTZ: Using my prerogative. I
19 actually vote yes. I acknowledge the concerns about
20 the inadequacy in terms of a systematic review of the
21 data but I think I--this is an unusual circumstance.
22 Usually, in drug approval, where I mostly work, you
23 would get a document from the sponsor and a document
24 from the FDA, and they nicely play off one another
25 with different interpretations of the same data,

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1 different bodies of data being brought in in those
2 documents.

3 Here, it was a little bit of a challenge
4 in that we basically had a solitary document, so I
5 took it upon myself to act like the devil's advocate,
6 to go out and find everything they didn't find. In
7 fact, there are many things that were not noted here
8 and it was impossible to know why they weren't here.
9 But the substance of them was no different, in my
10 opinion. Now, that's not something one should need to
11 do, theoretically, in a systematic review, it should
12 be all laid out so that you can decide whether you
13 agree with the decisions that were made, or not.

14 But I think the findings were objectively
15 presented, I think they were clearly presented about
16 the knowledge.

17 I think though--but--yes, but--there was
18 not a sufficient categorization of the un-knowledge.

19 There is a significant, a fairly clear and
20 objective statement of what we do know, but it is
21 balanced by a great deal of, a lack of knowledge, and
22 I think it is worth, in this kind of setting,
23 quantifying what relevant un-knowledge there is, even
24 though it is not the FDA's task, at least in my
25 understanding, to go about conducting that research.

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1 It is part of understanding the exposure
2 and the health effects, to be able to clearly identify
3 what is not known and is potentially relevant. So
4 it's a yes, but. I would say that the, if you count
5 my vote, it's thirteen to six. Whoop. Thirteen to
6 seven. So it's for the record, for question two,
7 thirteen no, seven yes. Deep breath.

8 Question three, which you see on the
9 screen.

10 Given the amount and quality of the
11 information--mind you, you could vote no to two and
12 yes to three.

13 So given the amount and quality of the
14 information available for the draft FDA white paper,
15 are the conclusions reasonable? I would say Roman
16 numeral six, the final paragraph, would be taken to
17 be--it says "update slash review, conclusion." I
18 could read that, just--"Based on an evaluation of the
19 extensive literature reviews conducted by ATSDR and
20 EPA, and an assessment of the health effects based
21 exposure reference values for elemental mercury
22 derived by those agencies, and WHO and ACGIH, no
23 information was found that would change the
24 comprehension of health risks for inorganic or
25 elemental mercury and mercury in dental amalgam.

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1 An effort to obtain new information that
2 might improve understanding or change risk estimates
3 for the use of dental amalgam, 24 peer-reviewed
4 scientific articles, published primarily since the
5 reviews conducted by ATSDR and EPA, and 10 peer-
6 reviewed articles from ATSDR and/or EPA reviews deemed
7 to contain important and relevant information were
8 critically reviewed. Period.

9 Compared to previous analyses performed by
10 USPHS, Public Health Service, no significant new
11 information was discovered from the review of these 34
12 articles, that would change the risk estimates by FDA
13 for the use of dental amalgams.

14 No significant new information was
15 discovered that would change the risk estimates by FDA
16 for the use of dental amalgam. That's the conclusion.

17 The question is: Based on the information
18 in the white paper, amount and quality of information
19 available for the draft white paper--available for the
20 draft white paper, not necessarily in it--are the
21 conclusions reasonable?

22 So I'll go in reverse.

23 Dr. Burton.

24 DR. BURTON: I'm going to vote no, and
25 like I said, I feel that more of the issues revolved

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1 around this question because I think that it's in the
2 conclusions where the shortcomings of the white paper
3 really come into play. It's because the gaps in
4 knowledge that we've all discussed for the last couple
5 of hours in the white paper, and in the information
6 that we have available to us at this time, raises
7 questions, in my mind, whether those conclusions are
8 reasonable, because those conclusions really make you
9 feel that you're pretty comfortable with the outcomes
10 and there really are not any potential risks.

11 And in my mind, I'm not sure that those
12 risks have been quantified out, where I'm comfortable
13 with those either, but I guess that that the draft
14 came to conclusions of safety, at least in my mind,
15 are not fully verified from the information that was
16 made available to us in that.

17 DR. KIEBURTZ: Dr. Hughes.

18 DR. HUGHES: I would say no, and it's
19 primarily driven by the fact that I think there are
20 marker levels in the population which may be
21 consistent with modest risks to the subjects
22 concerned.

23 DR. KIEBURTZ: Dr. Ng.

24 DR. NG: I would also vote no. I think
25 that with additional information, the conclusions may

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1 still be the same, but without that additional
2 information, it's really hard to make that
3 determination.

4 DR. KIEBURTZ: Dr. Zuniga.

5 DR. ZUNIGA: I would vote yes, the primary
6 reason being the level of some of the prospective
7 studies were convincing enough to me, that within the
8 confines of the 34 articles I read, it supported the
9 conclusions.

10 DR. KIEBURTZ: Dr. Goldstein.

11 DR. GOLDSTEIN: I think a qualified no. I
12 think if you just read what it says, no new
13 information was found that would change anything, I
14 think that that's factually correct. They didn't find
15 any new information that would necessarily change
16 anything. But I think the spirit of the question is
17 is there something here that we or the public needs to
18 be--or health professionals and the public needs to be
19 concerned about because of a lack of information and
20 that was not addressed, and those are all the issues
21 that we were talking about.

22 DR. KIEBURTZ: Dr. Zero.

23 DR. ZERO: I also vote no and I'll leave
24 it there.

25 DR. KIEBURTZ: Dr. Goldman.

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1 DR. GOLDMAN: I'm also voting no, and on
2 two bases. One being that the levels of exposure, the
3 newer studies indicate that they're higher than FDA
4 had once thought, and second, that there really isn't
5 evidence of safety for the fetus.

6 DR. DOURSON: I have a hard time
7 distinguishing these two questions but I'll try.

8 I agree with the FDA white paper, again,
9 that the review of the prior information that focused
10 on the chronic health effects is adequate and well
11 done, and does not change the chronic health values.
12 I'm agreeing with that.

13 However, because the FDA talks about
14 comprehension of health risks for amalgams, and that
15 includes not only the toxicology but the exposure
16 information, I find the exposure information not
17 adequate, in my opinion, the way it's now stated, to
18 be able to say that it is with or without risk.

19 I'd just like to see the exposure
20 information and compare that to the chronic health
21 values, which I think are well wrought, and as I said
22 before.

23 The last part, it says the review of the
24 34 articles. I don't see any of those articles
25 changing the chronic health risks that we now have,

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1 but, again, I'd like to emphasize the inclusion of
2 case studies which were specifically excluded, and the
3 development of a short-term health risk value which
4 might give us a handle, once we have the proper
5 exposure information in hand, to quantify whether
6 we're expecting health risks from the acute and
7 episodic episodes.

8 DR. KIEBURTZ: Dr. O'Brien. I'm sorry.

9 Dr. Dourson, could you just reiterate what
10 your summary is.

11 DR. DOURSON: I think overall would be
12 still a no.

13 DR. KIEBURTZ: You just said no,
14 qualified.

15 Dr. O'Brien.

16 DR. O'BRIEN: I'll just say no, briefly.

17 DR. KIEBURTZ: Dr. Amar.

18 DR. AMAR: No.

19 DR. GOLDSTEIN: Based upon the charge that
20 FDA people had, which was to review the data, post
21 '97, and look at the--I would have to go back, to say
22 yes, the conclusions are appropriate. However, on the
23 other hand, when I look at the earlier data and where
24 the really reference exposures were established and
25 looking at the current levels of potential exposure

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1 from amalgam, I'd basically be scared to death, to say
2 that--not to be rethinking about how to evaluate this
3 data. But based upon what has been reviewed, there
4 isn't, I don't see very much evidence that would
5 require that there's a concern here right now.

6 DR. KIEBURTZ: Dr. Honein.

7 DR. HONEIN: I would say no to this
8 question because I think it's critical to identify the
9 research gaps before drawing conclusions about whether
10 or not there's additional concern.

11 I think that there is serious research
12 gaps, particularly with respect to reproductive
13 outcomes and fetal exposures, and I think the
14 occupational studies that were included in the 34,
15 while they are not perfect, do suggest levels of
16 exposure that could be of concern, both directly to
17 those adults and for any reproductive outcomes.

18 DR. KIEBURTZ: Dr. Olson.

19 DR. OLSON: Again, reading the question
20 rather literally and straightforwardly, I would say
21 ye, because, again, it asks us to consider the
22 information since 1997, and that goes to the amount
23 and quality of the information available.

24 I am troubled by the fact that articles
25 were excluded that may shed light on this. However, I

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1 also heard that other information was looked at and
2 doesn't change anything from what we have already
3 seen. Therefore, I will stay with yes.

4 DR. KIEBURTZ: Dr. Li.

5 DR. LI: My vote is also yes, although
6 there are a lot of deficiencies and not broad enough,
7 the information presented, the second question was
8 adequate. I also did some readings, reviews of those
9 papers, not including, including this review, and I
10 cannot find the information that would change this
11 vote.

12 DR. KIEBURTZ: Dr. Taylor.

13 DR. TAYLOR: I'd say no and I'd reiterate
14 the concerns expressed about methodological
15 shortcomings as well as perhaps not sufficiently
16 recognizing the gaps in knowledge.

17 So with those omissions and shortcomings,
18 I would think the conclusions are not reasonable.

19 DR. KIEBURTZ: Dr. Sacco.

20 DR. SACCO: I'm going to say a qualified
21 yes, based on, again, literally reading the question,
22 which is given the amount and quality of the current
23 information, I think the conclusions reached are is
24 that there is no real change in the older
25 recommendations, based on what--I recognize there are

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1 gaps, but I think given what we have in front of me,
2 and given some of the quality of the data reviewed in
3 this, I don't think that the health risks have
4 changed, in my mind.

5 DR. KIEBURTZ: Dr. Rizzo.

6 DR. RIZZO: I would vote yes. I think
7 that the review of the available evidence since 1997
8 doesn't show any objective new reasons to be
9 concerned. There are clearly deficiencies in the way
10 the review was conducted with regard to exclusion of
11 some papers, which probably, however, wouldn't change
12 the conclusions.

13 There are gaps in the research but that's
14 not the fault of this white paper. So I vote yes.

15 DR. KIEBURTZ: Dr. Klaassen.

16 DR. KLAASSEN: Yes. I would also vote yes
17 and I would like to explain maybe why. In regard to,
18 you know, looking at the literature, and if they use
19 the appropriate search engines, and what have you, is
20 a potential concern. However, I guess one thing that
21 minimizes that concern, I haven't heard a lot of
22 papers that have been announced here, that they have
23 missed major papers.

24 I recently have reviewed the literature
25 for a textbook in pharmacology, and at the present

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1 time am editing a book for toxicology, and I'm not
2 aware of any major papers that would alter the
3 conclusion, even though they maybe should have done
4 it. So it might be an academic exercise. In regard
5 to exposure, yes, I would like to have more
6 information on exposure, but they were supposed to
7 review the literature, not do experiments, so I can't
8 criticize them on that.

9 I think a question about fetal exposure is
10 very interesting and is an area that more research
11 needs to be done. Again, it wasn't their job to do
12 experiments to solve this problem, and I think, you
13 know, the other major problem is, you know, the gaps
14 in knowledge, and, again, I don't think it was these
15 people's responsibility for this white paper, and
16 therefore I think the conclusions are reasonable and
17 the amount and quality of the information, I think is
18 quite good.

19 So the answer is yes.

20 DR. AMAL: I think the paper is objective
21 and my problem is, though, that we're looking at the
22 keys under the light. There's just too many things
23 that we don't know, too many things that have been
24 excluded.

25 I think this was an opportunity to go back

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1 and look at some of the issues that we talked about,
2 for example, what does urinary mercury excretion mean?

3 What does mercury levels in hair mean? And how can
4 we take those together and come up with a reasonable
5 exposure assessment and opportunities to look at
6 susceptible populations, to look at variability, and
7 none of those were done.

8 So although the conclusions are based upon
9 what's presented, I have no problem with that, I think
10 it's very limited, and I vote no.

11 DR. KIEBURTZ: Ms. Cowley.

12 MS. COWLEY: I would vote no, if I had a
13 vote, particularly based on the absence of information
14 on the vulnerable populations, and those vulnerable
15 populations that we have yet to identify in the future
16 with genetic testing, and so forth.

17 It's as though everything is just fine and
18 yet we know there are specific risks, we don't know
19 how to manage the risks from this, so the semantics
20 say yes, the conclusions were reasonable, but we, I
21 think if anything, this shows us how much we need to
22 know to make reasonable decisions as patients and
23 consumers.

24 DR. KIEBURTZ: Dr. Fleming.

25 DR. FLEMING: I would vote no. I cannot,

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1 for two reasons, vote yes. One is I don't think that
2 we have, as I said earlier, considered the data gaps
3 with respect to risk assessment and how we quantify
4 that, and secondly, my conscience won't let me vote
5 yes.

6 I've treated thousands of patients through
7 the years and my assessment of this is that it--and I
8 must vote no.

9 DR. KIEBURTZ: Dr. Diamond.

10 DR. DIAMOND: Yes. I would vote yes,
11 based on the power of the studies and the quality of
12 the studies, and, you know, personally, I don't think
13 that--I agree with the statement that the risk
14 probably would not--the risk estimates would probably
15 not change, but I'm voting no, primarily for one
16 reason, and part of the charge was to obtain new
17 information that might improve understanding, and it's
18 that particular statement and the absence of that
19 other information that might provide whatever modicum
20 of broader understanding is deficient.

21 So that's why I'm voting no.

22 DR. KIEBURTZ: Dr. Porter.

23 DR. PORTER: My nonvoting no is expected,
24 of course, and I think that it's purely on the fact
25 that although the health effects analysis is not bad,

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1 and the outcome will unlikely change, I think that we
2 owe it to the public to have a decent clinical
3 pharmacology analysis, without experiments, just an
4 analysis of the available data, and we don't have
5 that.

6 DR. KIEBURTZ: I think I would also vote
7 no. It's a complicated no, in the sense that I think
8 the conclusion that the risk estimates haven't changed
9 is probably right, but the uncertainty of the risk
10 estimates is one of the important things to state,
11 which is not stated, and I think particularly in
12 potentially vulnerable populations, and the subset of
13 individuals who seem to be able to accumulate or have
14 higher levels with what would be considered a standard
15 exposure is not well understood.

16 I think that risk, at this point, is not
17 easily quantifiable, but parameters could be put
18 around it. I think the vast majority of populations,
19 of the population that receives dental amalgam, is
20 extremely unlikely to have any ill health effects from
21 it. But it is impossible to exclude that there's--
22 well, it's not impossible.

23 It's always impossible to exclude but it's
24 hard to even accurately quantify what subset of the
25 population may be at what risk of problems.

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1 So I think that's where the precautionary
2 principle comes in and some of the concerns about
3 pregnant women and children need to be better laid out
4 in the context of this document.

5 For the record, the vote was thirteen no,
6 seven yes, to question three. Is that right? Very
7 good. We have a few more things to do after voting on
8 these questions. There's the opportunity for each of
9 us to say something, in summation, after the vote on
10 this panel. Not in my panel.

11 [Laughter]

12 DR. KIEBURTZ: So I'm just going to look
13 at you as I go around the table and see if there's any
14 summary comment you would like to make.

15 Dr. Luster. Dr. Amar.

16 DR. AMAR: Yes. I think the major thread,
17 or the take-home message that I have, is that the
18 Federal Government, and the agencies, need to force
19 dentists to provide informed consent to the patient,
20 and making sure that the patient is going to be well-
21 informed, and making their appropriate decision
22 towards the use of this material.

23 Having said that, I don't know what would
24 be the mechanism, whether ADA has to step forward, or
25 the federal agencies. I leave it as a question open

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1 at this point. But something has to be done. I'm a
2 periodontist. I do a lot of--and the oral surgeons
3 must also do that. I do a lot of bone grafting, and
4 any time that we implant something, we must have an
5 informed consent.

6 So I think it's a must at this point,
7 particularly in populations such as younger children,
8 pregnant people, and immunosuppressed patients.

9 DR. KIEBURTZ: Dr. O'Brien, would you care
10 to say anything?

11 DR. O'BRIEN: The literature supports that
12 dental amalgam is generally safe, as we can see.
13 However, there are unknown risks involved in the
14 handling of dental amalgam. I, for example, I was
15 asked by a dentist what he should do. Plus he
16 accidentally swallowed a little white cup that had
17 water in it, had amalgam in the bottom of it.

18 And so the fact that it's around, and it's
19 a toxic material, would put this in the category of a
20 risk, maybe in the area as antibiotics, aspirin, birth
21 control pills. But it's in the risk space. However,
22 we use all of those things, and so it isn't that we
23 don't use things without risk, but it has to be, you
24 need a lot of care and careful attention to it.

25 DR. KIEBURTZ: Dr. Dourson.

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1 DR. DOURSON: Okay. Some research
2 opportunities for our colleagues at FDA, cause someone
3 said that they wanted them. So I have three. First
4 of all, I think it would be useful to continue to
5 follow-up the children in these existing epidemiology
6 studies. If the study is over and you can't do
7 doubleblind, okay, then do singleblind.

8 And if you can, within these studies,
9 characterize the polymorphisms, if possible. These
10 really are great studies. We should continue to use
11 them.

12 The second is a study of polymorphisms in
13 relationship to the use of the uncertainty factor of
14 ten, that we use for risk values.

15 It is standard operating procedure now to
16 replace these default factors with actual data. There
17 are ways to do it, codified by the World Health
18 Organization, and also used by different federal
19 agencies and other countries' federal agencies, and if
20 you study the polymorphisms, you can get data-based
21 uncertainty factors that may be greater than ten or
22 less than ten. This is doable.

23 And then finally, I would encourage our
24 FDA colleagues to listen well to our public
25 commentators, and ask the public commentators to, best

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1 as possible, quantify their exposures, so if they have
2 a case, individually, or know of someone that has a
3 case, try to get quantification of the exposures or
4 potential exposures, because without this
5 quantification, it's difficult to use the case, as we
6 all know. Thank you.

7 DR. GOLDSTEIN: I agree a lot with
8 Michael. I also would like to see some data on
9 exposure level estimations within the population and
10 not the use of median values, and I'd also like to see
11 somebody, some regulator take it on and not accept
12 this ATSDR and EPA early reference values, and look at
13 the newer data, or see if they can develop some newer
14 data to reestablish reference doses based upon
15 inclusion of susceptible populations, genetic
16 polymorphisms, etcetera.

17 DR. KIEBURTZ: Dr. Goldman.

18 DR. GOLDMAN: Yes. I want to recommend
19 that FDA consider kind of a broader strategy be taken,
20 that might include collaborating with, at the other
21 agencies, in addition to picking up on their work.
22 But it occurs to me that, for example, some of what we
23 suggested could be very much remedied with a little
24 more toxicology lab work, which NCTR could do, but
25 through the national toxicology program, maybe some

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1 other parts of the government, like the NIEHS could
2 get involved.

3 Also that it's been suggested that some
4 additional epidemiology could be done. I think that's
5 a good idea, doing more follow-up on the existing
6 cohorts. But it also occurred to me that--I mean,
7 NHANES would support that most adults in our country
8 don't eat fish at all.

9 And so there are a lot of women of child-
10 bearing age who do not eat fish, therefore, their only
11 exposure to mercury, by and large, would be through
12 dental mercury, mercury amalgam, and that might be a
13 way to try to begin to get a handle on what's
14 happening very directly to the fetus. But that's the
15 kind of thing that FDA wouldn't generally do by itself
16 but perhaps NIH, if they could be interested, you
17 know, could fund that kind of research.

18 It just seems to me like that kind of a--
19 that the occupational data--I have residual concern
20 about the dental workers, even though those studies
21 are not perfect studies. But, you know, why not get
22 NIOSH involved with that, and get their help picking
23 those studies apart, and what can we do to find out
24 what's going on with those workers, because I think
25 there is a possibility that those are positive

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1 studies. It's just very hard to say, with the kind of
2 time that we had to review them.

3 DR. KIEBURTZ: Dr. Zero.

4 DR. ZERO: I'd first like to say I came
5 here, kind of neutral, thinking that there wasn't much
6 of a concern with this issue, and now I'm sort of
7 leaving it, that there may be a concern. So that's
8 where I'm at. And I also want to sort of thank the
9 panelists around the table from other fields, that I
10 don't normally get a chance to interact with, for all
11 I've learned from them, I think that's been a very
12 educational process, as well as from the audience, and
13 the public, that have contributed so much to this
14 meeting.

15 In terms of gaps, in addition to the one
16 related to fetal development, I really, I have the
17 concern, in the adult population, that has been raised
18 in terms of a research agenda, of adults that have an
19 existing body burden, and then get acute exposure from
20 dental treatment, which will be referred to as removal
21 of amalgams and placement of additional amalgams.
22 That acute exposure needs to be understood a little
23 bit better and the implications of that on health. I
24 think that has to be looked at, from what I've learned
25 at this meeting.

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1 I also, you know, as a dental
2 professional, you know, feel that as a professional we
3 always have to put the interests of patients first,
4 and regardless of any other issues that are out there,
5 and that's really our obligation, and I think this has
6 been an excellent exercise in really looking at and
7 addressing the needs of patients, going forward.

8 DR. KIEBURTZ: The worm turns. We have
9 twenty minutes. So I'm going to stop you after you
10 talk for one minute, everybody, from now on.

11 So Dr. Goldstein, you have a minute.

12 DR. GOLDSTEIN: Well, again, I think, you
13 know, there's no question from a neurologic standpoint
14 that mercury is toxic and I think that it's a
15 continuous risk, not a dichotomous one. So having
16 said that, I think in the next version of the white
17 paper, that only should it consider the risk side but
18 it also needs to consider the alternatives.

19 That is, I tried to question quite a bit
20 about this. Is there an absolute reason that only
21 this could be used, given all the gaps that we have
22 and all of the issues? The answer may be yes, that
23 there are situations where this is the best
24 alternative for a patient. But given what we've heard
25 in other countries as well, and from these trials,

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1 given the inception cohort bias, that the alternative
2 may be as good, if not better, in many circumstances,
3 and then you don't have to deal with even this
4 potential risk.

5 DR. ZERO: Having been a lifetime educator
6 in dentistry, this has been a very fruitful
7 experience, and from the providers, both on the panel,
8 as well as the audience, this has brought to light a
9 new level for us, and as an educator in dentistry, I
10 would like to recommend that the FDA work with the
11 dental communities and the dental sponsorships, to
12 bring this to the next level, and I would like to echo
13 your comments regarding the redo in the white paper.

14 DR. KIEBURTZ: Dr. Ng.

15 DR. NG: I would like to thank the FDA for
16 putting this meeting together. It was a very
17 worthwhile experience for me and I learned quite a lot
18 from the public as well as from the panelists around
19 the table. My personal view is that amalgam is going
20 to go away, it's just a matter of time, but I think
21 that we need to get more data, do more research, and
22 find some answers.

23 DR. KIEBURTZ: Dr. Hughes.

24 DR. HUGHES: I guess I would just
25 reiterate a comment made earlier, that I think there

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1 is more information out there in these existing
2 studies, and I think that the FDA or a collaborating
3 agency should reach out to some of these studies, and
4 try and use the information that's there to answer the
5 specific questions of interest.

6 I think equally, it sounds like there's a
7 lot of activity in Scandinavia, and perhaps other
8 countries, and reaching out to hook into that would be
9 useful, I think.

10 DR. KIEBURTZ: Dr. Burton.

11 DR. BURTON: As with Dr. Zero, and as a
12 dentist for 30 years, I came here thinking that there
13 was potential, that there were a few individuals which
14 I hate to say, were idiosyncratic, who were
15 potentially at risk, but I think that this at least
16 provided me some information that raises a level of
17 question in my mind, that there may be more people who
18 are at risk than we can fully understand.

19 The data that we had presented, I hate to
20 say, supports what we already knew, but what we found
21 out was that there are gaps in what we knew,
22 particularly in regard to special populations, that
23 raises questions about the use of this material in the
24 long term.

25 I agree very much, the technology, within

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1 10 or 15 years, or perhaps even less, will make what
2 we're talking about probably moot. But the truth is
3 that in that interim period, we need to be aware of
4 what the shortcomings are and try to protect our
5 patients, and I think that the FDA needs to look at
6 this in a broader sense and look into some of the
7 issues that we've raised, and revisit this issue,
8 either again as a white paper, or through a joint
9 panel, or the dental products panel.

10 DR. KIEBURTZ: As I said before, I think
11 the population-based information is pretty clear.
12 There's very little to no risk. But the tails of
13 those populations, there's already data on individuals
14 who had very high and very low levels.

15 One of the advantages of population-based
16 research is you can sample at those tails and see if
17 there's any characteristics of the individuals, from
18 the data already collected, that are predictive of
19 being very good or very bad handlers of mercury, as
20 the case may be, and those data from those studies may
21 be available already to look at that kind of analysis.

22 Dr. Olson.

23 DR. OLSON: Yes. I think it's very
24 important to have informed consent and I think there
25 should be a change in the labeling of these amalgams

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1 to, if you will, silver mercury, or mercury silver
2 amalgams, so people really understand what is being
3 put in their mouth. I think also, as other people
4 have said, what from I can understand, these are going
5 to go away, and go away fairly soon.

6 So I would recommend also that women who
7 are of child-bearing age, especially the pregnant
8 women, and also children, really be especially
9 counseled on getting these in their mouth.

10 The other thing I would like to see is
11 clearly studies of mercury in people who are
12 immunocompromised, people with immunological
13 disorders, not just for what the mercury may do, but
14 it may shed some light on their underlying problems.

15 DR. KIEBURTZ: Dr. Li.

16 DR. LI: I also appreciate opportunity to
17 be part of this meeting, which has been a great
18 learning experience for me, and I just want to point
19 out that my votes were based on the current available
20 information, and I think the future for further
21 studies are really necessary to further define the
22 potential risks. And one area we mentioned quite a
23 few times, that was the allergic reaction. When I was
24 a dental student, I was told the allergical reaction
25 in the population was less than one percent but we

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1 have seen, recently, during this meeting, it was
2 presented as 6 percent. So there has been a dramatic
3 increase.

4 On the other hand, there are alternative
5 materials available, and I would encourage dentists to
6 consider those available alternative materials for
7 those high-risk populations, although we do not know
8 what, exactly, the risk is yet.

9 DR. KIEBURTZ: Dr. Taylor.

10 DR. TAYLOR: This was a tremendous
11 learning experience and an honor to work with the
12 colleagues around the table today and yesterday.

13 I was particularly struck by the
14 testimony, like Dr. Zero, from the public. Like Dr.
15 Zero, I came, having read the white paper and felt
16 that I was pretty set and it would be a pretty easy
17 decision to assess questions two and three.

18 So the testimony struck me in this way.
19 It led me to think that perhaps there are a
20 constellation of symptoms, a constellation of
21 experiences that may be related to the provision of
22 dental care, that we have not paid close enough
23 attention to and need to focus on.

24 In that regard, I come back to the
25 practice-based network as a potential vehicle to be

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1 able to address many of these questions, not only a
2 registry, Dr. Sacco, but a few other study designs
3 that could be done, and we could possibly look at the
4 model of osteonecrosis of the jaws, where, actually,
5 the practice-based networks have been engaged to
6 address that issue.

7 So I see a need, and I see areas in dental
8 education as well as in dental practice.

9 I was also struck by colleagues, in terms
10 of technique and methodologies, with the use of
11 materials, and we've selected an approach for using
12 amalgams in those difficult restorations, if you will,
13 and perhaps there are ways that we might be able to
14 seriously look at technique, teaching our dental
15 students new methodologies--or new methodologies but
16 more focused methodology on those difficult
17 restorations.

18 DR. KIEBURTZ: Dr. Sacco.

19 DR. SACCO: Thanks for allowing me to
20 participate and I learned a lot, and opinions were
21 changed a bit as to what I heard here. I think the
22 recommendations to the FDA are we need to advocate for
23 more well-designed, namely, epidemiologic studies, to
24 better qualify the exposure-risk relationship. I
25 would say studies are difficult in this day with

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1 funding, funding being diverted where it has been, and
2 it makes it more difficult to do research, but it's
3 clear research is needed.

4 And the only other thing I'd say, maybe to
5 the public, though, is I'd hate to see an overreaction
6 and a panic, and I think having all their dental
7 amalgams pulled at this point in time, when we don't
8 have enough information, could also be just as
9 deleterious.

10 DR. KIEBURTZ: Dr. Rizzo.

11 DR. RIZZO: Thanks for letting me
12 participate today. It's an honor to be here and to
13 hear from the public as well. I think that because
14 there is uncertainty, informed consent is essential,
15 and I think that before anyone has mercury amalgam
16 replacements, there ought to be some discussion and
17 informed consent.

18 I think the white paper has good bone
19 structure. I think it's not broad enough and I think
20 that we need to increase the scope of the review,
21 including different databases.

22 I think it's especially important to
23 explain why studies were excluded, especially some
24 potentially important studies that were mentioned by
25 the public.

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1 Maybe they are up to snuff and maybe
2 they're not, and if they're not, I really want to know
3 why. I think there are lots of opportunities to point
4 to, directions for new research. We could probably
5 sit around all day, and think about what we might do,
6 and we could include some ideas in the white paper.
7 There are potential populations that are at risk and
8 we need to know who they are, and we need to know what
9 the effects are of acutely elevated levels, with
10 dental procedures like polishing amalgam, and so
11 forth. Thanks.

12 DR. KIEBURTZ: Dr. Klaassen.

13 DR. KLAASSEN: Yes. I too found this an
14 interesting experience, and I think as I look back at
15 it, when I came here, and what I thought the question
16 was, and what I see it now is quite different, is when
17 I came, I thought we were to look at the current
18 available information, and if that's adequate or not
19 adequate. But basically what we're saying, I think,
20 is what has been done is not adequate, which is a
21 very, very different question, and may be a very, very
22 important question.

23 We are now saying we don't--or at least as
24 I see it, we don't disagree very much but we think
25 there's more that should be done. And I think we all

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1 agree with that, that more research needs to be done.

2 It's unfortunate, at this time in history,
3 it's very difficult to find money to do research. But
4 we've got to find it and if the public wants more
5 research on this, we have to find money to do it.

6 DR. KIEBURTZ: Dr. Ascher.

7 DR. ASCHER: Like the other members of the
8 panel, I'd like to thank everybody, I've learned a
9 lot, I'd like to thank the public at large, and
10 there's a couple issues that I want to address.

11 The first one is I know we're charged with
12 looking at the white paper but I think we should think
13 in broader terms, and like our colleagues in Sweden,
14 and other countries in Europe, perhaps we should
15 consider the issue of mercury within a broader
16 perspective, environmental impact, and other issues,
17 that are not part of the discussion today.

18 The second message is actually for the
19 FDA, and maybe I'm talking now more as a citizen than
20 a scientist. But knowing what I know about
21 thimerosal, for example, and that six injections of
22 thimerosal will result in exposure to the child of
23 about 30 micrograms, so a total of 180 over a two year
24 period, I'm asking myself how is it that six times 30
25 micrograms over two years is unacceptable and 20

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1 micrograms per day is acceptable.

2 DR. KIEBURTZ: Ms. Cowley.

3 MS. COWLEY: Thank you for the honor of
4 representing the patients. I think we need a definite
5 renewed emphasis on informed consent. People need to
6 understand what is going into their bodies. I think
7 an awareness campaign would not be a bad idea, to
8 alert the public to the fact that there are
9 alternatives, and the presence of mercury within
10 amalgams. To me, the most important issues are to try
11 to understand what happened to the people who talked
12 to us yesterday and today.

13 Do they have something going on that is
14 totally unrelated to amalgam? Is what is happening to
15 them related to amalgam? And we won't know until we
16 look. So that is the focus that I would like to see,
17 among all of the others.

18 When I went to Congress in 1992, and the
19 visit resulted in a congressional hearing on how are
20 FDA and NIH ignoring the dangers of TMJ implants, the
21 legislative staffer looked at me and she said, How
22 many people have these devices? I said I don't know,
23 I'm in my house getting phone calls. I have no idea.

24 And she said, You know what? if it only happened to
25 you, it's worth an investigation. So if it only

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1 happened to one of those people, I think we need to
2 look at it and find out why.

3 Along the research lines, FDA, working
4 with NIH, NIBIB, NIDCR, to develop new materials,
5 would be terrific.

6 I know the dental division has tremendous
7 interest in the biomaterials division, bioengineering.

8 We ought to be looking to autoregeneration. We're
9 doing an awful lot in other areas and this is a whole
10 new field that is opening up. I think that's it.
11 Thank you, again.

12 DR. KIEBURTZ: Dr. Fleming.

13 DR. FLEMING: Well, for me, words can't
14 express the honor that I've had serving with this
15 distinguished panel. There are two issues that I have
16 to lay before you. One of them is could it not be
17 that we are on the verge of one of the greatest
18 medical discoveries in the last 150 years? Could it
19 be? Just could it be? Sometimes, I entertain the
20 thought.

21 I think secondly, informed consent is an
22 absolute given. I think that it needs to be given,
23 prior to the installation of amalgams or any dental
24 material that we use, any dental treatment that we
25 perform.

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1 And lastly, I would like to ask the FDA to
2 consider restrictions on the use of amalgam in high-
3 risk populations, which would include pregnant women
4 and children under six. If that is within the scope
5 of the regulatory authority of the FDA to do so, I
6 think until we have adequate methods of risk
7 assessment, until we have established what the risk
8 is, it seems to me not to make sense to continue doing
9 something that's going to add to the burden that we'll
10 have to treat later. Thank you, again.

11 DR. KIEBURTZ: Dr. Diamond.

12 DR. DIAMOND: As this is my "baptism by
13 fire," I'd like to say that I am honored to be a
14 member of the dental panel and to be a part of these
15 proceedings. Give the understandably emotionally-
16 charged nature of this issue, I am struck by the
17 dignified, respectful, and productive interactions
18 between all the participants at this meeting.

19 To me, this says that we're all focusing
20 on our purpose here, communicating our views and
21 learning from each other.

22 I believe that we have all gained a
23 broader perspective from where we can move forward
24 toward an objective and more accurate understanding of
25 the risks, which is in everyone's best interests.

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1 DR. KIEBURTZ: Dr. Porter.

2 DR. PORTER: Although I hope I've
3 introduced some concepts of clinical pharmacology that
4 will take in the device part of the FDA, I really want
5 to say that it was a great meeting, I really enjoyed
6 it, it was a pleasure to be a part of it, and I think
7 the FDA did a great job in organizing it.

8 DR. KIEBURTZ: We're not done yet, so hang
9 in there. I just want to reiterate for the committee
10 and for the record, and for the press, what we
11 commented on was the draft white paper. There are no
12 official recommendations on any kind of change in
13 regulation labeling, or otherwise. The last little
14 bit that went on was a personal reflection on the part
15 of individual committee members.

16 The charge was to comment on the white
17 paper, the vote is what the vote was, and now it's
18 FDA's task to take that vote and the contents of the
19 discussion into their consideration.

20 In that regard, I'd like to ask Dr.
21 Alderson to give us any closing comments or questions
22 to the committee. We're at your service.

23 DR. ALDERSON: Do I have the last word?

24 DR. KIEBURTZ: No. I do.

25 DR. ALDERSON: That's okay.

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1 Ladies and gentlemen, you're all to be
2 congratulated. We are elated with the input you've
3 given us. We're elated with the assessment of this
4 very, very difficult situation, both from a science
5 and a regulatory perspective. This is not an easy
6 situation we find ourselves in.

7 Your input, the last two days, the input
8 of the public, is very critical to our process of
9 making decisions relative to the public health of
10 products we regulate.

11 The expertise and science that you have
12 brought to this issue is so critical to us. We make
13 our decisions based on the best science that we can
14 bring to bear on the issues that face us.

15 Certainly, your contributions are great to
16 us. You heard input and opinions from 52 members of
17 the public. You heard from a U.S. congressperson,
18 Congressman Watson from California. This is part of
19 our process. We want it to be as transparent as we
20 can make it, from both the science perspective and
21 also the public's perspective. So we're going to take
22 your recommendations, your comments, and we will start
23 evaluating the next steps in what we do, both with the
24 white paper and this whole issue of dental amalgams.

25 So I can only say thank you for all you've

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1 contributed the last two days. I do want to provide
2 some additional information about the process of
3 sending comments to our docket.

4 Everything that's submitted to docket will
5 be publicly available through FDA's Docket Office.
6 However--and this is very important--because of legal
7 concerns about privacy, FDA does not normally post
8 comments from individuals on the Internet. We will
9 have them internally but we don't post them for the
10 public.

11 If you want your comments to be available
12 for electronic access, please include as a cover to
13 your comment a signed statement saying that you
14 understand that if the comment is posted on the
15 Internet, it will not be redacted but will be posted
16 just as you submit it to us.

17 If you want to delete some personal
18 information like your home address or telephone
19 number, please make those deletions before you provide
20 the write permission to have that comment placed on
21 the public Internet.

22 The transcript of this meeting will also
23 be posted to the Web site. If you have comments you
24 would like to submit to the Agency for consideration,
25 we encourage you to make those comments to the docket

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1 that we previously provided the number to.

2 And with that, Mr. Chairman, I'll leave
3 you the closing comments.

4 DR. KIEBURTZ: Thanks, Dr. Alderson.

5 I just want to thank my co-chair, Dr.
6 Burton, all the committee members, the public who
7 testified, a great contribution on everyone's part.

8 I particularly want to thank the FDA
9 staff. The FDA professional staff, scientific staff,
10 sometimes take a hit in the public, I would say almost
11 inevitably. They do a terrific job. They arranged a
12 terrific meeting, organized things, got people the
13 chance to speak. So I thank you for doing that and it
14 benefits the public. This meeting's adjourned. Thank
15 you very much.

16 [Whereupon, at 4:25 p.m., the meeting of
17 the Dental Products Panel was adjourned]

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