## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	APPROVAL
CHAIN	APPRUVAL

OMB Number: 3235-0287 Expires: January 31, 2008 Estimated average burden hours per response . . . 0.5

# Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person*					er Name and	Ticker or	Trading Sy	mbol	5. Relationship of Reporting Person(s) to Issuer					
WILLIAMS	MICHAEL	J.			ERAL NATIO				(Check all applicab  Director	(Check all applicable) Director 10				
(Last) (First) (Middle) 3900 WISCONSIN AVENUE, NW			)	3. Date of Earliest Transaction (Month/Day/Year) 11/05/2007								—— title below) ——— below)		
(Street) WASHINGTON	DC	20016		4. If Amendment, Date Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check applicable)  x Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)		Table I Non-Derivative Securities Benefi						neficially Owned				
1. Title of Security (Instr. 3)				ns- ion te	2A. Deemed Execution Date, if any  (Month/ Day/ Year)	3. Trans action Code (Instr	1	4. Securitie (A) or Di (Instr. 3,	isposed (	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Owner-ship Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Owner- ship	
			Year)		r car)	Code	V	Amount	(D)	Price	(Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock			11/05/20	007		F		6323 (1)	D	\$52.13	242344.336	D		
Common Stock											875.87	l l	By ESOP	
Common Stock											700	ı	By Reporting Person as UGMA custodian for	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

Persons who respond to the collection of the information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)



<sup>\*</sup> If the form is filed by more than one reporting person, see Instructions 4(b)(v).

#### FORM 4 (continued)

Table II -- Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date  (Month/ Day/ Year)	3A. Deemed Execution Date, if any  (Month/ Day/ Year)	4. Trans action Code (Instr	1	ative Sec quired (A posed of	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  6. Date Excisable a Expiration Date (Month/Year)		le and ration ath/Day/		d Amount of ying Secur- and 4)	8. Price of Derivative Security (Instr. 5)	9.  Number of deriv- ative Secur- ities Bene- ficially Owned Follow- ing	Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect	Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares		Reported Trans- action(s) (Instr. 4)	(I) (Instr. 4)	

**Explanation of Responses:** See attached footnote page.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

see 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

\*\* Signature of Reporting Person

Date

FORM 4 (continued) FOOTNOTES

1

These shares were withheld to pay withholding taxes.

