FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL OMB Number: 3235-0287 Expires: January 31, 2008 Estimated average burden hours per response . . . 0.5

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol							5. Relationship of Reporting Person(s) to Issuer			
HISEY	DAVID	с			ERAL NATIO				(Check all applica	10% Owner					
(Last) (First) (Middle) 3900 WISCONSIN AVENUE, NW			;)	1	te of Earliest T 26/2007	ransaction	(Month/D		title below)						
(Street) WASHINGTON	DC	20016	4. If A	Amendment, D	ate Origina	al Filed (M	(onth/Day/Year)	6. Individual or Joi Form filed by Or Form filed by M	(Check applicable)						
(City)	(State)	(Zip)	Table I Non-Derivative Securities Bene						neficially Owned						
1. Title of Security (Instr. 3)				ans- tion ate	2A. Deemed Execution Date, if any	3. Trans- action Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Owner- ship Form: Direct (D) or	7. Nature of Indirect Beneficial Owner- ship		
			(Mon Day/ Year	/	(Month/ Day/ Year)	Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	Indirect (I) (Instr. 4)	(Instr. 4)		
Common Stock			11/26/2	2007		Р		500	A	\$29.76	51806	D			
Common Stock			11/27/2	2007		Р		500	A	\$28.69	52306	D			
Common Stock											163.009 (1)	1	By ESOP		

Reminder: Report on a separate line for each class of securities beneficially owned directly or

indirectly

* If the form is filed by more than one reporting person, see Instructions 4(b)(v).

Persons who respond to the collection of the information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

FORM 4 (continued)

Table II -- Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conver- sion or Exercise Price of Deri- vative Security	3. Trans- action Date (Month/ Day/ Year)	3A. Deemed Exec- ution Date, if any (Month/ Day/ Year)	4. Trans- action Code (Instr.	1	ative Sec quired (A posed of	umber of Deriv- ive Securities Ac- nired (A) or Dis- vsed of (D) nstr. 3, 4 and 5)6. Date Exer- cisable and Expiration Date (Month/Day, Year)		le and ration hth/Day/		d Amount of ring Secur- and 4)	8. Price of Deriv- ative Secur- ity (Instr. 5)	9. Number of deriv- ative Secur- ities Bene- ficially Owned Follow- ing	10. Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect	11. Nature of Indirect Benefi- cial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares		Reported Trans- action(s) (Instr. 4)	(I) (Instr. 4)	

Explanation of Responses:

See attached footnote page.

**	Intentional misstatements or omissions of facts constitute Federal Criminal Violations.
	see 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

/s/ David C. Hisey 11/27/2007

** Signature of Reporting Person

Date

FORM 4 (continued)

FOOTNOTES

1

End of period holdings include additional shares acquired from the reinvestment of dividends in issuer's ESOP through November 26, 2007.