## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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# Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

Name and Address of Reporting	2. Is	2. Issuer Name and Ticker or Trading Symbol						1	5. Relationship of Reporting Person(s) to Issuer			
HISEY	DAVID	С	<b>I</b>	DERAL NATION				(Check all applicab  Director	10% Owner			
(Last) (First) (Middle) 3900 WISCONSIN AVENUE, NW		ى . ى	ate of Earliest T	ransaction	(Month/D	ay/Year)	SVP & Controller	Other (specify below)				
(Street)			4. If	Amendment, D	ate Origin	al Filed (M	onth/Day/Year)	6. Individual or Joint/Group Filing (Check applicable)				
WASHINGTON	DC	20016								Form filed by One	on	
(City)	(State)	(Zip)		Table I Non-Derivative Securities Beneficially Owned								
1. Title of Security (Instr. 3)			2. Transaction Date	tion Deemed		3. Transaction Code (Instr. 8)		s Acquii isposed ( 4 and 5)	of (D)	5. Amount of Securities Beneficially Owned Following	6. Owner- ship Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership
			(Month/ Day/ Year)	(Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock			04/13/2007		A		15000 (1)	А	\$0.00	51306	D	
Common Stock										157.908 (2)	ı	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

Persons who respond to the collection of the information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)



<sup>\*</sup> If the form is filed by more than one reporting person, see Instructions 4(b)(v).

### FORM 4 (continued)

Table II -- Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date  (Month/ Day/ Year)	3A. Deemed Execution Date, if any  (Month/ Day/ Year)	4. Trans action Code (Instr	1	ative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		cisab Expii Date (Mor	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Secur- ities (Instr. 3 and 4)		9. Number of deriv- ative Secur- ities Bene- ficially Owned Follow-	Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect (I)	Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares		ing Reported Trans- action(s) (Instr. 4)	(Instr. 4)	

**Explanation of Responses:** See attached footnote page.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

see 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

\*\* Signature of Reporting Person

Date

FORM 4 (continued)	FOOTNOTES
1	These restricted shares vest in three equal annual installments beginning in April 2008, subject to accelerated vesting in the event of death, disability or retirement.
2	End of period holdings reflect ESOP allocations and acquisitions pursuant to a dividend reinvestment feature of the ESOP through February 26, 2007.