

**Figure 3a. Adverse events analysis form for death, MI, stroke cases
RAND EPC EPHEDETRA PROJECT**

ADVERSE EVENTS ANALYSIS FORM

| | |
|--|-----------------|
| Article ID: _____ | Reviewer: _____ |
| FDA Case Number: _____ | |
| Form Number: _____ of _____ (Fill out one form for each subject) | |

1. Does adverse event form report on ephedra or ephedrine?

CIRCLE ONE

Yes..... 1

No/ Unsure..... 2 (STOP)

(IF NOT EPHEDETRA/EPHEDRINE THEN STOP)

2. Are there adequate data available to analyze this report?

CIRCLE ONE

Yes..... 1

No 2 (STOP)

(IF NOT ADEQUATE DATA THEN STOP-

MUST BE A SERIOUS ADVERSE EVENT AND PRODUCT SPECIFICALLY IDENTIFIED)

3. What additional sources of data are available?

CHECK ALL THAT APPLY AND/OR ENTER CODE

FDA affidavit (01)

Medical records (02)

Legal documents (03)

Labels (04)

Other (_____) (96)

None of the above (97)

4. What was the adverse event? **CHECK ALL THAT APPLY AND/OR ENTER CODE**

(Start codes at 40)

Death (01)

MI (02)

CVA (03)

Other serious adverse event (enter code: _____)

Other (_____) (96)

None of the above (97) (STOP)

5. IF MI, what procedures were done? **CHECK ALL THAT APPLY**

Coronary angiography (01)

Revascularization (02)

6. IF MI, what was(were) the outcome of the procedure(s)?

No significant CAD (01)

< 3V CAD (02)

3V or LMD (03)

Low LVEF (\leq 40%) (04)

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7. IF STROKE, what is the outcome? **CIRCLE ONE**
 Complete resolution..... 1
 Minimally affected (still able to work)..... 2
 Moderately affected (more than one limb)..... 3
 Severely affected..... 4
 Not described 8
8. Who completed the adverse events form? **CIRCLE ONE**
 Physician / Health care provider..... 1
 Subject..... 2
 Subject surrogate 3
 Government agency 4
9. What was the age of the subject on the date report was made?
 Enter number: _____
10. What is the gender of the subject? **CIRCLE ONE**
 Male 1
 Female..... 2
 Not described 8
11. Why was the subject taking the product?
CHECK ALL THAT APPLY AND/OR ENTER CODE
 (Start codes at 4)
 Weight loss (01)
 Improved athletic performance..... (02)
 Psychological effect..... (03)
 Other: ... (enter code _____, _____, _____)
 Not described (98)
12. What was the source of the product? **CIRCLE ONE**
 Retail market..... 1
 Multi-level marketing/ out of home 2
 Direct from manufacturer..... 3
 Health care provider 4
 Other (_____)..... 6
 Not described 8
13. Was the product specifically identified? **CIRCLE ONE**
 Yes..... 1
 No 2
(IF NO THEN SKIP TO QUESTION 18)
14. What is the common, proprietary, and/or scientific (genus, genus/species) name of the product? **ENTER CODE OR CIRCLE ONE OF THE BELOW**
 Code: _____
 None 97
 Not described 98
 Not applicable..... 99

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15. Of which main constituents is the product made?

ENTER CODE FOR EACH OR CIRCLE ONE OF THE BELOW

Code: _____, _____, _____, _____

- None 97
- Not described 98
- Not applicable 99

16. Was chemical analysis on ephedra alkaloids data presented?

CIRCLE ONE

- Yes 1
- No 2
- Not described 8
- Not applicable 9

17. Please fill in the following information on dosage data.

This information is from **analysis:** (**ENTER THE NUMBER AND CODES IN THE APPROPRIATE BOXES.**)

| Dosage data | Number | Unit (code) |
|---|--------|-------------|
| Total daily dose of ephedrine alkaloids | | |
| Single dose of ephedrine alkaloids | | |
| Total daily dose of caffeine | | |
| Ratio caffeine/ephedrine alkaloids | : | |

Codes for units:

- µg 1
- mg 2
- gm 3
- mgkg⁻¹ 4
- ND 8
- NA 9

18. Please fill in the following information on dosage data.

This information is from **label:** (**ENTER THE NUMBER AND CODES IN THE APPROPRIATE BOXES.**)

| Dosage data | Number | Unit (code) |
|---|--------|-------------|
| Total daily dose of ephedrine alkaloids | | |
| Single dose of ephedrine alkaloids | | |
| Total daily dose of caffeine | | |
| Ratio caffeine/ephedrine alkaloids | : | |

Codes for units:

- µg 1
- mg 2
- gm 3
- mgkg⁻¹ 4
- ND 8
- NA 9

19. What was the duration of ephedrine use? **CIRCLE ONE**

- <48 hours 1
- 2-13 days 2
- 14-60 days (acute) 3
- >60 days (chronic) 4
- Not described 8

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20. What was the timing of the last ephedrine dose? **CIRCLE ONE**
 <6 hours..... 1
 6-24 hours..... 2
 >24 hours..... 3
 Not described 8
21. Was the product used again after first adverse event? **CIRCLE ONE**
 Yes..... 1
 No 2
 Not described 8
 Not applicable..... 9
22. If product was used again after first adverse event, did the adverse event reoccur?
CIRCLE ONE
 Yes..... 1
 No 2
 Not described 8
 Not applicable..... 9
23. Was the subject actively involved in exercise at or immediately before the occurrence of the adverse event? **CIRCLE ONE**
 Yes 1
 No 2
 Not described 8
 Not applicable..... 9
24. Did form report on use of any other substances? **(CHECK ALL THAT APPLY AND ENTER CODE)**
 Caffeine (in addition to product)
 Illicit drugs:.....
 Code: _____ , _____ , _____ , _____ ,
 _____ , _____ , _____ , _____
 Other Herbs:
 Code: _____ , _____ , _____ , _____ ,
 _____ , _____ , _____ , _____
 Prescribed or OTC medication:
 Code: _____ , _____ , _____ , _____ ,
 _____ , _____ , _____ , _____
 Other substance:
 Code: _____ , _____ , _____ , _____ ,
 _____ , _____ , _____ , _____
 Not described
 None

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25. Which of the following conditions were evaluated?

CHECK ALL THAT APPLY AND/OR ENTER CODE
 (Start codes at 15)

| Pre-existing condition: | PRESENT | EXCLUDED |
|---------------------------------------|--------------------------|--------------------------|
| Asthma..... | <input type="checkbox"/> | <input type="checkbox"/> |
| CAD..... | <input type="checkbox"/> | <input type="checkbox"/> |
| DM..... | <input type="checkbox"/> | <input type="checkbox"/> |
| HTN..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Obesity..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Renal disease..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Substance abuse..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Syncope..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Thyroid condition..... | <input type="checkbox"/> | <input type="checkbox"/> |
| TIA History..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other vascular disease (_____)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Rheumatological diseases..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Enter code: _____)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Enter code: _____)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Enter code: _____)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Enter code: _____)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Enter code: _____)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (Enter code: _____)..... | <input type="checkbox"/> | <input type="checkbox"/> |

26. Was a drug screen performed? **(CIRCLE ONE)**
 Yes..... 1
 No..... 2 **(STOP)**

27. Results of **URINE** screen:
 (start codes at 03) **(CHECK ALL THAT APPLY)**
 No substance found..... (01)
 Substance(s) found and identified: (Enter code(s)):
 (_____ , _____ , _____ , _____ , _____ , _____)
 Not described (98)

28. Results of **BLOOD** screen:
 (start codes at 03) **(CHECK ALL THAT APPLY)**
 No substance found..... (01)
 Substance(s) found and identified: (Enter code(s) below)
 (_____ , _____ , _____ , _____ , _____ , _____)
 Not described (98)

END