

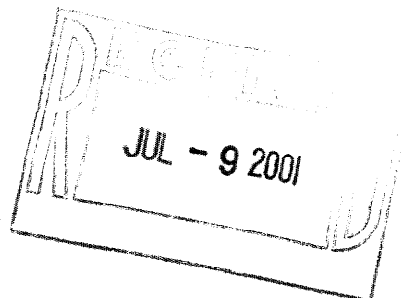
# Carlson®

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May 15, 2001

Office of Special Nutritional (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington, D.C. 20204



Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson E-Gels. Carlson Division of J. R. Carlson Laboratories, Inc., Arlington Heights, Illinois 60004, is the distributor of Carlson E-Gels.

Statement being made in the labeling of the above mentioned Carlson product:

“E-Gels Complete is an exclusive blend of 8 forms of natural-source tocopherols and tocotrienols providing the antioxidant benefits of the entire family of vitamin E. Research supports that all natural forms of vitamin E as found in foods have antioxidant properties.”

To the best of my knowledge, and based upon information and belief present at the time of the executing of the notice, I certify that the above information is accurate and complete; and that J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

By Susan Carlson  
Susan Carlson, Vice President

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