

## **Amarillo**

**UnitedHealthcare Options**  
a Preferred Provider Organization (PPO)

Fall/Winter 2007

**FWPPO30-578**



# Welcome!

**We're glad you have chosen UnitedHealthcare for your health coverage. We want to help you take control and make the most of your health care benefits. Here are a few suggestions and reminders to help you get started.**

It is important that every individual establish a relationship with a physician to facilitate easier access to care, should the need arise. Establishing a relationship has proven to improve access to care when you do need it and help promote continuity in your health care.

Remember that your choice of a physician or other health care professional is your own. We will provide you with information to help you make informed choices, such as physicians' and health care professionals' credentials, range of services offered, fees they charge and performance on quality measures and surveys. But, this information is not an endorsement of a particular physician or health care professional's suitability for your needs.

Typically, you will have lower out-of-pocket expenses by visiting a physician or health care professional who participates in our network. These physicians and health care professionals have contracted with us to provide financial discounts and participate in programs that may facilitate and enhance your health care experience. You can find the most up-to-date information about participating network physicians and health care professionals by consulting our online directory at **[www.myuhc.com](http://www.myuhc.com)**.



## *This is Your UnitedHealthcare Directory of Physicians and Health Care Professionals*

This directory lists physicians and other health care professionals, hospitals and clinics — that offer services to UnitedHealthcare customers enrolled in our Options PPO health plan.

Our network is always evolving, so once you've chosen the doctor, other health care professional or hospital you'd like to visit, we recommend you go online to [www.myuhc.com](http://www.myuhc.com). Here, you will find the most up to date information about participating network physicians and health care professionals, including credentials, maps and directions, comparisons of hospitals based on quality of care, and various other resources designed to help you make informed decisions about your medical care. Since frequent updates are made to myuhc.com, you'll also find physicians and other health care professionals who have recently joined the network, but are not yet listed in this directory. If you do not have access to the Internet, or to verify any doctor or hospital's participation in the network, you can call Customer Care at the toll-free number shown on your UnitedHealthcare ID card.

This directory also contains information about the hospital admitting privileges that each network doctor enjoys and it identifies which of the network physicians are multilingual.

Please note that the purpose of this directory isn't to provide you with information about your policy. For information about your health care coverage, and to help you make the most of it, please refer to your Certificate of Coverage, Summary Plan Description or go to [www.myuhc.com](http://www.myuhc.com).

## *You Make the Decisions*

When it comes to medical treatment, UnitedHealthcare keeps the decision making where it belongs — in the hands of patients and their doctors. As part of our innovative approach to health care coverage, we've dramatically reduced the number of procedures that require doctors or other health care professionals to notify us in advance. That means in most cases, once you and your doctor decide on a course of treatment, you can simply proceed.

## *First Things First — Choose Your Doctor*

Once you've enrolled as a UnitedHealthcare Options PPO customer, you may select a physician — the doctor you will see for checkups and preventive health care. You can locate physicians in our network by using "Find a Physician" at [www.myuhc.com](http://www.myuhc.com). Some doctors in our network may not be accepting new patients. So to make sure that the physician you select is accepting new patients, please contact his or her office directly.

You can choose any physician in our network without a referral. This is called Open Access — it gives you the freedom to make your own health care choices. If you have family members who are covered by your policy, they can either see your doctor or choose their own. Individuals enrolled in UnitedHealthcare Options PPO have the additional option of selecting a doctor outside our physician and health care professional network, but at a somewhat higher out-of-pocket cost.

It is important to note that you benefit by choosing physicians in our network. They submit claims on your behalf and they offer discounts on the services they provide to you. As a result, your benefit dollars go further and you don't have to worry about filing claims. They receive direct reimbursement for covered services from UnitedHealthcare. You are responsible for applicable copayment, deductibles, coinsurance and charges for non-covered services, either at the time of service or when you receive a bill - depending on your physician's payment policies.

Remember that your choice of a physician or other health care professional is your own. The information provided in this directory is not an endorsement of a particular physician or health care professional's suitability for your needs.

## **Common Types of Physicians:**

**Family practitioners and general practitioners** are doctors who provide a broad range of medical care for all family members.

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**Internists, or internal medicine physicians** specialize in the diagnosis and treatment of disease in adults.

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**Pediatricians** are doctors who specialize in health care for children from birth to approximately age 16.

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**Obstetricians/Gynecologists (OB/GYN)** are doctors who specialize in health care for women.

## *Our Network Meets Credentialing Standards*

Before being accepted into our network, every physician and health care professional — from doctors and therapists to labs and hospitals — is evaluated by UnitedHealthcare. We review physicians' and health care professionals' credentials, using standards developed with national accrediting agencies. All education, training and licensing information is verified with the appropriate public, government and private agencies. Finally, each practitioners qualifications are reviewed by a panel of medical experts to ensure that they meet the highest standards of training and experience.

# TABLE of CONTENTS

## *Introduction*

Choose your Physician ..... INTRO - 1  
 Changing your Physician..... INTRO - 2  
 Emergencies and Urgent Care ..... INTRO - 3  
 Transplant Services..... INTRO - 3  
 Questions ..... INTRO - 3  
 Customer Rights and Responsibilities ..... INTRO - 6  
 Find a leading physician/facility in your area ..... INTRO - 7  
 Examples of medical specialties ..... INTRO - 9  
 A Special Message..... INTRO - 10

## *Your Physicians and Health Care Professionals*

Map of hospitals..... INTRO - 4  
 Hospitals ..... INTRO - 5  
 Primary physicians ..... PRIM - 1  
 Specialists ..... SPEC - 7  
 Alphabetical listing of health care professionals ..... PRIM/SPEC INDEX - 13  
 Other health care professionals (including Urgent Care Centers, Lab, X-Ray and MRI services) ..... OHCP - 1  
 Alphabetical listing of health care professionals ..... OHCP INDEX - 4

## **Doctors Are Screened For:**

- Medical licenses

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- Training, education and board certification

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- Network hospital-admitting privileges

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- Medicare and state regulatory agency sanctions

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- Appropriate professional liability insurance

## **Hospitals Are Screened For:**

- Accreditation

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- Medicare certification

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- Required state licenses

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- Appropriate liability insurance

## *Seeking Care From a Specialist*

You can see a specialist within our network without a referral. **Specialty physicians listed in this directory may offer services that are not covered services within your benefit plan.** Please check your Certificate of Coverage or Summary Plan Description for detailed information about your benefits. Your benefits may vary, including the amount the plan or employer covers as well as the portion that is your responsibility.

## *Changing Your Physician*

If you'd like to choose a new physician for any reason, you may do so at any time.

## *Using UnitedHealthcare Options PPO to Get Services Outside Our Physician and Health Care Professional Network*

If you're covered under UnitedHealthcare Options PPO, you may select a physician or health care professional who is outside our network. However, when you visit a non-network physician or health care professional, please keep the following in mind:

Your out-of-pocket costs will be higher.

You'll need to file a claim. Refer to your Certificate of Coverage or Summary Plan Description to learn how.

You may be required to notify us for hospital stays and certain out-patient procedures.

## *Signs of an Emergency*

Symptoms that can signal an emergency can include, but are not limited to:

Difficulty breathing

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Bleeding that can't be controlled with local pressure

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Sudden change in mental status such as unusual behavior, confusion or decreased alertness

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Sudden severe pain anywhere in the body

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Vomiting blood

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## *What to do in an Emergency*

Call 911 or go to the nearest hospital emergency room.

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Notify your physician as soon as possible.

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Notify UnitedHealthcare within 24 hours or as soon as reasonably possible.

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## *What is Urgent Care?*

Illness and injuries that are of a less serious nature than an emergency may require urgent care. Urgent Care Centers are usually open evenings, weekends and holidays and are designed to give patients fast, effective service. Urgent Care Centers commonly treat conditions like:

Minor injuries and cuts

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Upper respiratory infections

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Ear infections

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Sprains

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Sore throats

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Urinary tract infections

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A list of Urgent Care Centers available in your network is printed in the back of this directory in the section entitled Other Health Care Professionals (OHCP).

## *An Opportunity to Save*

Although emergency medical conditions should always be evaluated and treated at a hospital Emergency Department, going to an Urgent Care facility will save you money for non-emergency care. Most plans have a lower copayment when you visit an Urgent Care facility as opposed to a hospital Emergency Room.

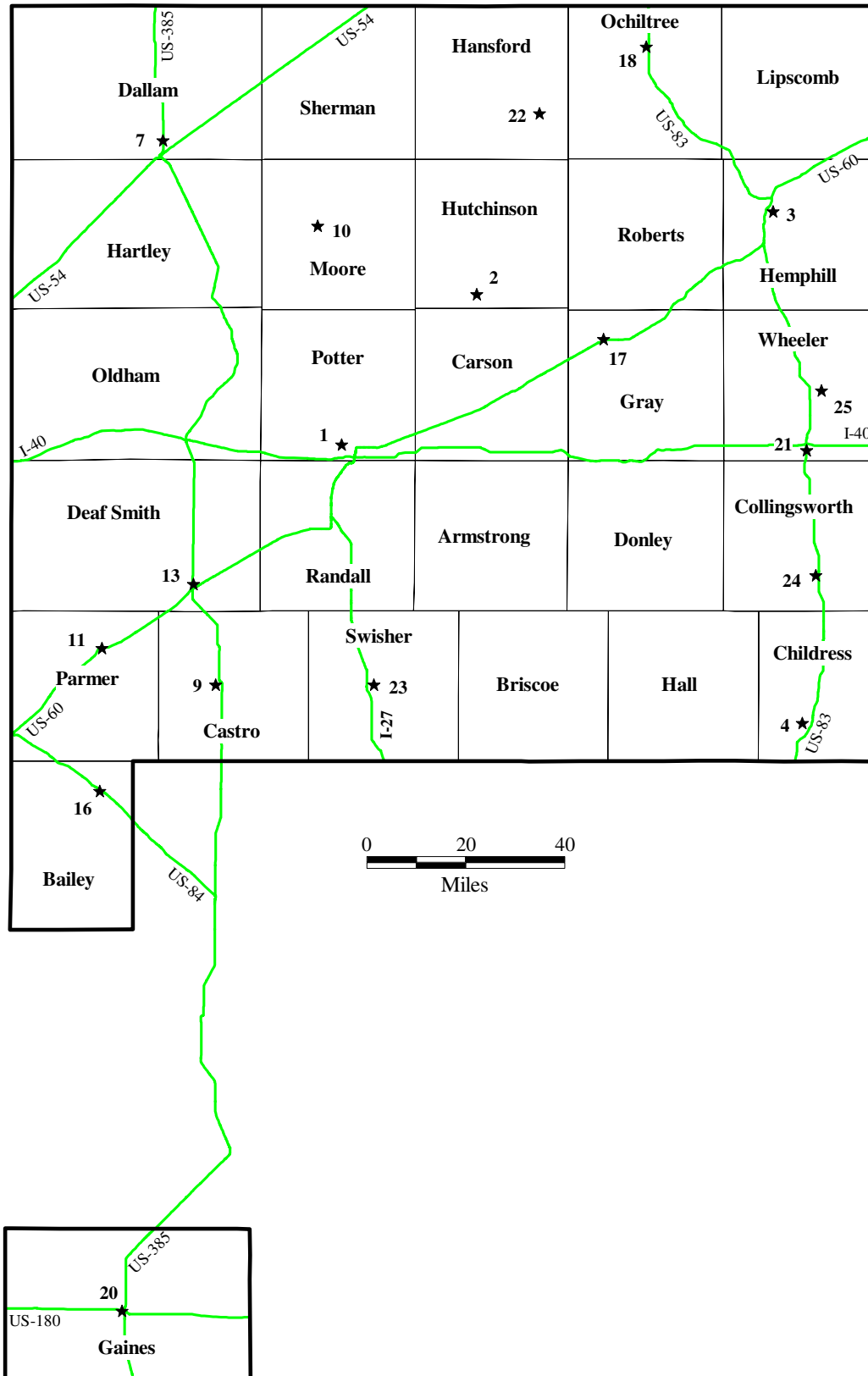
## *Transplant Services*

UnitedHealthcare provides access to a transplant benefit program. This gives you access to a network of transplant programs located at medical centers around the country. These centers have shown clinical excellence in the field of transplantation. Access to this network provides individuals with an opportunity for the best transplant outcomes available.

## *Getting Prompt Answers to Your Questions*

As a UnitedHealthcare customer, you can get fast, secure answers to your questions about the network of physicians and health care professionals or your benefit coverage. Just go to [myuhc.com](http://myuhc.com) for information that is specific to your plan or follow the instructions provided by your employer. Or, you can call Customer Care at the toll-free number shown on your UnitedHealthcare ID card.

## UnitedHealthcare Options PPO Amarillo Service Area



Last Update: 14-Mar-2005

Not all ZIP codes within counties may be included in the service area.

★ Displays approximate location of hospital based on ZIP Code.



*The service area includes the following counties:*

**ARMSTRONG, BAILEY, BRISCOE, CARSON, CASTRO, CHILDRESS, COLLINGSWORTH, DALLAM, DEAF SMITH, DONLEY, GAINES, GRAY, HALL, HANSFORD, HARTLEY, HEMPHILL, HUTCHINSON, LIPSCOMB, MOORE, OCHILTREE, OLDHAM, PARMER, POTTER, RANDALL, ROBERTS, SHERMAN, SWISHER and WHEELER**

(Not all ZIP codes within counties may be included in the service area.)

**AMARILLO HOSPITAL LISTING**

These hospitals are participating in the Amarillo UnitedHealthcare Options PPO.

<p><b>AMARILLO</b></p> <p>1. <b>NORTHWEST TEXAS HEALTHCARE SYSTEM</b> 1501 South Coulter Drive Amarillo, TX 79106 (806) 354-1000</p>	<p><b>DENVER CITY</b></p> <p>8. <b>YOAKUM COUNTY HOSPITAL</b> 413 Mustang Avenue Denver City, TX 79323 (806) 592-2121</p>	<p><b>LOCKNEY</b></p> <p>15. <b>W. J. MANGOLD MEMORIAL HOSPITAL</b> 320 North Main Street Lockney, TX 79241 (806) 652-3373</p>	<p><b>SPEARMAN</b></p> <p>22. <b>HANSFORD COUNTY HOSPITAL DISTRICT</b> 707 South Roland Street Spearman, TX 79081 (806) 659-2535</p>
<p><b>BORGER</b></p> <p>2. <b>GOLDEN PLAINS COMMUNITY HOSPITAL</b> 200 South McGee Street Borger, TX 79007 (806) 273-1100</p>	<p><b>DIMMITT</b></p> <p>9. <b>CASTRO COUNTY HOSPITAL DISTRICT (Plains Memorial Hospital)</b> 310 West Halsell Street Dimmitt, TX 79027 (806) 647-2191</p>	<p><b>MULESHOE</b></p> <p>16. <b>MULESHOE AREA MEDICAL CENTER</b> 708 South First Street Muleshoe, TX 79347 (806) 272-4524</p>	<p><b>TULIA</b></p> <p>23. <b>SWISHER MEMORIAL HOSPITAL DISTRICT</b> 539 Southeast 2nd Street Tulia, TX 79088 (806) 995-3581</p>
<p><b>CANADIAN</b></p> <p>3. <b>HEMPHILL COUNTY HOSPITAL</b> 1020 South Fourth Street Canadian, TX 79014 (806) 323-6422</p>	<p><b>DUMAS</b></p> <p>10. <b>MOORE COUNTY HOSPITAL DISTRICT (Memorial Hospital)</b> 224 East Second Street Dumas, TX 79029 (806) 935-7171</p>	<p><b>PAMPA</b></p> <p>17. <b>PAMPA REGIONAL MEDICAL CENTER</b> One Medical Plaza Pampa, TX 79065 (806) 665-3721</p>	<p><b>WELLINGTON</b></p> <p>24. <b>COLLINGSWORTH GENERAL HOSPITAL</b> 1014 15th Street Wellington, TX 79095 (806) 447-2521</p>
<p><b>CHILDRESS</b></p> <p>4. <b>CHILDRESS REGIONAL MEDICAL CENTER</b> Highway 83 North Childress, TX 79201 (940) 937-6371</p>	<p><b>FRIONA</b></p> <p>11. <b>PARMER COUNTY COMMUNITY HOSPITAL</b> 1307 Cleveland Street Friona, TX 79035 (806) 250-2754</p>	<p><b>PERRYTON</b></p> <p>18. <b>OCHILTREE GENERAL HOSPITAL</b> 3101 Garrett Drive Perryton, TX 79070 (806) 435-3606</p>	<p><b>WHEELER</b></p> <p>25. <b>PARKVIEW HOSPITAL</b> 1000 Sweetwater Street Wheeler, TX 79096 (806) 826-5581</p>
<p><b>CHILLICOTHE</b></p> <p>5. <b>CHILLICOTHE HOSPITAL DISTRICT</b> 303 Avenue I Chillicothe, TX 79225 (940) 852-5131</p>	<p><b>HASKELL</b></p> <p>12. <b>HASKELL MEMORIAL HOSPITAL</b> 1 North Avenue N Haskell, TX 79521 (940) 864-2621</p>	<p><b>QUANAH</b></p> <p>19. <b>HARDEMAN COUNTY MEMORIAL HOSPITAL</b> 402 Mercer Street Quanah, TX 79252 (940) 663-2795</p>	<p><b>SPECIALTY CARE:</b></p> <p><b>AMARILLO</b></p> <p><b>IHS HOSPITAL of AMARILLO</b> 5601 Plum Creek Drive Amarillo, TX 79124 (806) 351-1000 (Long Term Acute Care)</p>
<p><b>CROSBYTON</b></p> <p>6. <b>CROSBYTON CLINIC HOSPITAL</b> 710 West Main Street Crosbyton, TX 79322 (806) 675-8703</p>	<p><b>HEREFORD</b></p> <p>13. <b>HEREFORD REGIONAL MEDICAL CENTER</b> 801 East Third Street Hereford, TX 79045 (806) 364-2141</p>	<p><b>SEMINOLE</b></p> <p>20. <b>MEMORIAL HOSPITAL</b> 209 Northwest 8th Street Seminole, TX 79360 (432) 758-5811</p>	
<p><b>DALHART</b></p> <p>7. <b>COON MEMORIAL HOSPITAL</b> 1411 Denver Avenue Dalhart, TX 79022 (806) 244-4571</p>	<p><b>KNOX CITY</b></p> <p>14. <b>KNOX COUNTY HOSPITAL</b> 701 South 5th Street Knox City, TX 79529 (940) 657-3535</p>	<p><b>SHAMROCK</b></p> <p>21. <b>SHAMROCK GENERAL HOSPITAL</b> 1000 South Main Street Shamrock, TX 79079 (806) 256-2114</p>	

# Customer Rights and Responsibilities

## **You have the right to:**

- Be treated with respect and dignity by UnitedHealthcare personnel and network physicians and health care professionals.
- Privacy and confidentiality for treatments, tests or procedures you receive.
- Voice concerns about the service and care you receive.
- To register complaints and appeals concerning your health plan or the care provided to you.
- Receive timely responses to your concerns.
- Participate in a candid discussion with your physician about appropriate and medically necessary treatment options for your conditions, regardless of cost or benefit coverage.
- Be provided with access to health care, physicians and health care professionals.
- Participate with your physician or other caregivers in decisions about your care.
- Make recommendations regarding the organizations customer's rights and responsibilities policies.
- Receive information about UnitedHealthcare, our services and network physicians and health care professionals.
- Be informed of, and refuse to participate in, any experimental treatment.
- Have coverage decisions and claims processed according to regulatory standards.
- Choose an advance directive to designate the kind of care you wish to receive should you be unable to express your wishes.

## **You have the responsibility to:**

- Know and confirm your benefits before receiving treatment.
- Contact an appropriate health care professional when you have a medical need or concern.
- Show your ID card before receiving health care services.
- Pay any necessary co-payment at the time you receive treatment.
- Use emergency room services only for injury or illness that, in the judgment of a reasonable person, requires immediate treatment to avoid jeopardy to life or health.
- Keep scheduled appointments.
- Provide information needed for your care.
- Follow agreed-upon instructions and guidelines of physicians and health care professionals.
- Participate in understanding your health problems and developing mutually agreed upon treatment goals.
- Notify your employer's human resource department of changes in address or family status.
- Visit our Web site [myuhc.com](http://myuhc.com)<sup>SM</sup>, or call customer care when you have a question about your eligibility, benefits, claims and more.
- Access our Web site [myuhc.com](http://myuhc.com) or call customer care to verify that your physician or health care professional is participating in the UnitedHealthcare network before receiving services.

## **HIPAA Standards for Privacy of Individually Identifiable Health Information**

To review our Privacy Policy and Notice of Privacy Practices describing how medical information about our customers may be used and disclosed and how customers can get access to this information, please visit our Customer Web site at [www.myuhc.com](http://www.myuhc.com).

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## UnitedHealth Premium® Programs

### Having trouble finding a physician or facility that's right for you?

Getting information about a doctor or facility can be difficult. That's why UnitedHealthcare has developed and supports programs that provide greater access to information about quality and cost-effective delivery of care.

### The UnitedHealth Premium® Physician and Specialty Center program.

The UnitedHealth Premium program identifies network physicians and facilities that specialize in cardiac care, spine surgery, joint replacement, infertility services, neonatal services, and CHD that meet evidenced based and nationally published, standards for quality care. Quality criteria for each specialty area of medicine and specialty center programs are built on nationally recognized clinical standards, evidence-based medicine, and expert physician advice. Only physicians and specialty centers that meet the quality criteria are evaluated for the cost effective delivery of medical care.

### NCQA Physician Recognition Programs

The National Committee for Quality Assurance (NCQA) Physician Recognition Programs help you identify physicians who have met NCQA's quality-based criteria across three important specialty areas of medicine - diabetes care, cardiac care, and stroke care. NCQA is an independent non-profit organization that has developed these programs in association with the American Diabetes Association, the American Heart Association and American Stroke Association.

### These UnitedHealthcare Premium Programs Offer You:

- **Informed Choice** - we've done the homework for you, providing you with important information on physicians and facilities, so you can make an informed choice for you and your family about seeking healthcare that's right for you.
- **Peace of Mind** - You can rest easy knowing that you are receiving care from leading physicians and facilities that have met quality of care criteria.
- **Resources at Your Fingertips** - These programs make it easy for you to get information, online or over the phone, so you can spend time focusing on important decisions about your care.
- **Easy Access** - These physicians are part of the UnitedHealthcare network. That means you can easily identify and access leading physicians without a referral.

### How to Find a UnitedHealth Premium designated physician

Simply visit myuhc.com®, search find a physician or facility, then select "Find a UnitedHealth Premium physician." and look for these symbols next to your search results:

- ★ ★ Meets UnitedHealth Premium Quality and Efficiency Criteria
- ★ Meets UnitedHealth Premium Quality Criteria

DPRP NCQA Diabetes Physician Recognition Program

HSRP NCQA Heart/Stroke Recognition Program

ABIM Practice Improvement Module: As part of maintaining board certification, physicians complete American Board of Internal Medicine's Practice Improvement Modules (PIMs). The PIM helps physicians evaluate and improve their performance in many clinical areas such as asthma and diabetes.

### **How to Find a UnitedHealth Premium Specialty Center**

Simply visit myuhc.com®, search find a physician or facility, then select “Find a UnitedHealth Premium Specialty Center.” You will be presented with a drop down box of the various Specialty Center programs. Select the correct program for you. The results will provide you with the specialty center programs that you requested along with how each rated for quality of care and cost efficiency.

*The UnitedHealth Premium® programs uses data from publicly available data sets, UnitedHealthcare claims and survey data from physicians and facilities to create a multi-dimensional view of physician and facility performance.*

*Only individual physicians and facilities that meet UnitedHealth Premium designation criteria, or physicians in designated specialties that are part of medical groups that meet UnitedHealth Premium criteria for group practices and who have sufficient claims data for analysis, may be designated. Physicians in the network but not designated, have declined designation, did not have adequate claims data, were in a specialty that is not evaluated for the designation program or did not meet program criteria. Oncologists without quality designations may have not applied for designation or did not meet program criteria. Facilities listed in the network but not designated, either have not applied for designation, or did not meet program criteria.*

*This designation is intended as a resource for informational purposes. UnitedHealthcare does not provide health care services nor practice medicine. Physicians are solely responsible for medical judgments and treatments. This designation does not guarantee the quality of care being rendered. All physicians and facilities that contract with UnitedHealthcare have met credentialing requirements. Regardless of designation, plan enrollees have access to all physicians and facilities in the UnitedHealthcare Network.*

*Specialties for which there are no quality guidelines currently established in the program are excluded from evaluation and are noted as such. Specialties excluded in the review for the UnitedHealth Premium designation program are: colorectal surgery, dermatology, gastroenterology, general surgery, hematology, neonatology, nuclear medicine, ophthalmology, otolaryngology, pediatric sub specialties, plastic surgery rehabilitation medicine, therapeutic radiology, urology and vascular surgery.*

## EXAMPLES OF MEDICAL SPECIALTIES

ADOLESCENT MEDICINE	—Diagnosis and treatment of diseases or disorders of older children and young adults.
ALLERGY	—Diagnosis and treatment of allergic conditions (i.e. “hay fever”, asthma).
ANESTHESIOLOGY	—Use of medications and substances to prevent or relieve pain during surgery.
CARDIOLOGY	—Diagnosis and medical treatment of diseases and disorders of the heart and its functions.
CHIROPRACTIC	—Diagnosis and treatment which employs manipulation and specific adjustment of body structures.
DERMATOLOGY	—Diagnosis and treatment of diseases and disorders of the skin.
EAR, NOSE & THROAT (Otolaryngology)	—Diagnosis and treatment of diseases and disorders of the ear, nose and throat.
EMERGENCY MEDICINE	—Diagnosis and treatment of medical and surgical emergencies.
ENDOCRINOLOGY	—Diagnosis and treatment of diseases and disorders of the ductless glands (thyroid, pancreas, pituitary, adrenal and ovaries.)
FAMILY PRACTICE	—Physicians who provide medical care to all age groups (including obstetrics, internal medicine, pediatrics, and some surgery in many instances.)
GASTROENTEROLOGY	—Diagnosis and treatment of diseases and disorders of the stomach and intestine.
GENERAL PRACTICE	—Physicians who provide medical care to all age groups as in family practice.
GERIATRICS	—Medical treatment of the elderly.
GYNECOLOGY	—Diagnosis and treatment of diseases and disorders of the female reproductive system.
HEMATOLOGY	—Diagnosis and treatment of diseases and disorders of the blood.
IMMUNOLOGY	—Diagnosis and treatment of the body’s cellular response to fight disease.
INFECTIOUS DISEASE	—Medical diagnosis and treatment of acute and chronic infectious disorders.
INTERNAL MEDICINE	—Diagnosis and non-surgical treatment of diseases and disorders for adults generally over 18 years old.
NEONATAL/PERINATAL MEDICINE	—Treatment and care of the unborn child, premature, and newborn babies.
NEPHROLOGY	—Diagnosis and non-surgical treatment of diseases of kidneys, including kidney dialysis.
NEUROLOGY	—Non-surgical diagnosis and treatment of diseases and disorders of the nervous system.
NUCLEAR MEDICINE	—Diagnosis and treatment of disorders by means of radioactive substances.
OBSTETRICS	—Management and care of pregnancy and childbirth.
ONCOLOGY	—Diagnosis and treatment of cancer and tumors.
OPHTHALMOLOGY	—Treatment of diseases and disorders of the eye.
OPTOMETRY	—Diagnosis and non-surgical treatment of diseases of the eye, including visual problems treated with eyeglasses or contact lenses; illness and injury to the globe of the eye; glaucoma testing and examination of the retina, including dilated eye examinations, as allowed by state law.
PATHOLOGY	—Laboratory study of body tissue and fluids to diagnose disease.
PEDIATRICS	—Care of the development of the infant and child generally between the ages of 0 to 18 and diagnosis and treatment of diseases and disorders.
PHYSICAL MEDICINE AND REHABILITATION	—Use of physical therapy and mechanical aids in the treatment of injury or disease.
PODIATRY	—Diagnosis and treatment of the human foot in health and disease.
PSYCHIATRY	—Diagnosis and treatment of mental conditions.
PULMONARY DISEASES	—Diagnosis and medical treatment of diseases and disorders of the lung.
RADIOLOGY	—Use of X-rays and radioactive materials to diagnose and treat disease and injury.
RHEUMATOLOGY	—Medical diagnosis and treatment of arthritis and rheumatic disorders.
SURGERY	— <b>CARDIOVASCULAR</b> —Surgical treatment of diseases and disorders of the heart and blood vessels.
	— <b>COLON &amp; RECTAL</b> —Diagnosis and surgical treatment of diseases or disorders of the lower digestive tract, rectum and anus.
	— <b>GENERAL</b> —Diagnosis and surgical treatment of disease and injury.
	— <b>HAND</b> —Surgery and treatment of hand disorders.
	— <b>HEAD &amp; NECK</b> —Diagnosis and surgical treatment of disorders of head and neck.
	— <b>MAXILLOFACIAL</b> —Surgery and treatment of face and jaw disorders.
	— <b>NEUROLOGICAL</b> —Surgical treatment of disease and disorders of the brain and nervous system.
	— <b>ORTHOPAEDIC</b> —Diagnosis and surgical treatment of diseases, disorders, and injuries of the bones, joints and tendons.
	— <b>PLASTIC</b> —Surgical treatment for restoration of function or for cosmetic purposes.
	— <b>THORACIC</b> —Surgery of diseases of the chest cavity (excluding heart).
	— <b>UROLOGY</b> —Diagnosis and medical or surgical treatment of the urinary tract and kidneys.
	— <b>VASCULAR</b> —Diagnosis and surgery of blood vessels.

\*The examples of medical specialties represented above is a partial listing used for illustrative purposes only.

### *An Important Note About Our Services*

UnitedHealthcare does not provide health services or practice medicine. Rather, UnitedHealthcare arranges for physicians and other health care professionals to participate in a network. Network physicians and health care professionals are independent contractors and are not employees of UnitedHealthcare. UnitedHealthcare makes payment to network physicians and health care professionals through various types of contractual arrangements. These contractual arrangements may include financial incentives (e.g., bonuses, capitation) to promote the delivery of health care in a cost efficient and effective manner. Such financial incentives should not impact your access to covered health services. If you have questions about whether there are any financial incentives in your doctor's contract with UnitedHealthcare, please feel free to ask your doctor. UnitedHealthcare makes decisions about benefit plan coverage. These decisions are administrative decisions and are for payment purposes only. UnitedHealthcare is not liable for any act or omission of a physician or other health care professional.

Our philosophy states that the doctor-patient relationship is sacred — all medical decisions rest between you and your physician. It means freedom to choose, along with the responsibility to act.

You're responsible for choosing your own physician.

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You must decide if the doctor you choose is right for you.

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You must decide with your doctor what care you should receive.

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Your doctor is solely responsible for the quality of the care you receive.

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### *A Special Message to Network Physicians*

This directory contains information regarding network physicians, specialists and other health care professionals, as well as network hospitals.

Please note that network physician information is sorted alphabetically by last name, according to office location, then physician specialty. Information for each physician includes telephone number(s), address(es) and hospital affiliation(s).

In the Specialists and Other Health Care Professionals sections, the physician or facility information is sorted alphabetically by specialty, then location. Telephone number(s) are listed for each health care professional.

Please refer to your Physician and Health Care Professionals Administrative Guide for specific information regarding Care Coordination® policies. Please note that UnitedHealthcare cannot guarantee the continuing participation of physicians and other health care professionals currently listed in this directory. To verify a physician's continued participation, please contact the physician's office or your UnitedHealthcare representative to confirm that the physician is still participating in the UnitedHealthcare network.

The directory also contains an alphabetized index for ease of access. This index includes a list of physicians and health care professionals with the corresponding page number where additional information may be found for a particular professional.

Thank you for being a part of UnitedHealthcare. Please contact your local Physician and Health Care Professional Services representative if you have any questions or comments about this directory.

**AMARILLO, TX****Family Practice****BACAK, Russell MD**

(806) 359-4701  
1215 Coulter Ste 100  
Amarillo, TX 79106  
*Northwest Texas Hospital, St Joseph Regional Health Center*  
BOARD CERTIFIED IN FAMILY PRACTICE

**BALMES, Marichu M. MD**

(806) 212-3500  
1600 Wallace Blvd  
Amarillo, TX 79106  
*Northwest Texas Hospital*  
BOARD CERTIFIED IN FAMILY PRACTICE

**BALMES, Marichu M. MD**

(806) 354-5688  
1400 Coulter Dr  
Amarillo, TX 79106  
*Northwest Texas Hospital*  
BOARD CERTIFIED IN FAMILY PRACTICE

**BANISTER, Pamela MD**

(806) 468-6353  
1000 Craig Dr  
Amarillo, TX 79106  
LANGUAGE: SPANISH  
BOARD CERTIFIED IN FAMILY PRACTICE

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CARLISLE, J. T. MD .....	2	GHORMLEY, Jess OD .....	10	KENNEDY, Kyle L. MD .....	10	NOSSAMAN, Neal OD .....	10
CARRASCO, Londa G. MD .....	8	GIRON, Milton A. MD .....	2, 8	KHANDHERIA, Bharat MD .....	2	NOVAK, Daniel M. MD .....	3
CARRASCO, Robert B. MD .....	8	GLADMAN, J. Craig OD .....	10	KHAZNADOR, Mohamedaouf A. MD .....	2	NOWLIN, Billy OD .....	10
CARRILLO, Arturo MD .....	8	GLIDDEN, Weldon E. DO .....	4	KIBBEY III, Richard G. MD .....	12	O'BRIEN, Lisa OD .....	10
CARRIZO, Ricardo MD .....	2			KIESLING, Carol A. MD .....	9	OKOGBO, Michael E. MD .....	4
				KIM, S. Caleb DO .....	6	OLAY JR, Honorato P. MD .....	4

14 - PRIM/SPEC INDEX

ALPHABETICAL LISTING OF HEALTH CARE PROFESSIONALS (Continued)

OLTERMANN, Mark H. MD ..... 3, 7	ROBERTSON, Jeri FNP ..... 7	SMITH, Gregory W. MD ..... 10	UY, Julito P. MD ..... 3
OMAMOGHO, Rose PA ..... 11	ROBINSON, William MD ..... 7	SMITH, H. Wayne MD ..... 3	VAN GORP, Cornel C. MD ..... 10
OPARA, Ositadinma DO ..... 5	RODGERS, Mark RN ..... 11	SMITH, Rick D. DC ..... 7	VAN HOOK, Catherine MD ..... 8, 9
OSBORN, Joel C. MD ..... 7	RODRIGUEZ, Manuel I. MD ..... 12	SMITH, Thomas MD ..... 5	VAN HOOK, James W. MD ..... 8, 9
PANDOVE, Sandeep MD ..... 3	RODRIGUEZ, Pablo MD ..... 3	SNYDER JR, Rush M. MD ..... 8	VEGGERBERG, Neil MD ..... 11
PARK, Joon MD ..... 10	ROGERS, April FNP ..... 7	SORAJJA, Kent K. MD ..... 7	VERNER, J. Scott DC ..... 7
PARKEY, Wendell W. MD ..... 6	ROGERS, Bard L. MD ..... 4, 5	SOUTHERN, Burwell OD ..... 10	VIOLA, Juan F. MD ..... 6
PATE, Virgil A. MD ..... 12	ROSE, Gary MD ..... 3, 11	STAFFORD, James H. MD ..... 7	VOTTA, Richard P. MD ..... 4
PATEL, Vinod S. MD ..... 3	ROSSI, Steven MD ..... 6	SPIRITO, Joseph MD ..... 5	WAKEFIELD, James G. MD ..... 6
PATHAPATI, Srinivas MD ..... 7	RUSH III, James Avery MD ..... 10	SPURLOCK, James S. MD ..... 2	WALLER, Jack D. MD ..... 7
PAULLUS JR, Wayne S. MD ..... 8	RYAN, Michael G. MD ..... 8	SREENIVASAN, Chiyarath V. MD ..... 3, 8	WALSH, Meganne MD ..... 4
PAYNE, Gerald MD ..... 5	SAADEH, Constantine MD ..... 3, 7, 11	STACEY, Michelle L. MD ..... 5	WARD, John A. MD ..... 2
PEARSON, Paul C. DPM ..... 11	SAHAD, Jesus N. MD ..... 11	STAFFORD, James H. MD ..... 11	WARREN JR, Max E. MD ..... 7
PENA, Deogracias R. MD ..... 11	SAMBERSON, Randall R. MD ..... 11	STEGER, Brad L. OD ..... 10	WATSON, Michael Q. MD ..... 6
PERALES, Jesse I. MD ..... 4	SAMPAT, Kala G. MD ..... 4	STEVENS, Mark E. MD ..... 2	WEBER, Ammon D. MD ..... 4
PERKINS, Ester NP ..... 7	SANCHEZ-BARRETTO, Shirley U. MD ..... 5	STEWART, Clay L. MD ..... 2	WEINBERGER, Bruce L. MD ..... 10
PHILLIPS, Angela FNP ..... 7	SANSING, William A. OD ..... 10	STEWART, Randy L. MD ..... 4	WEIS, Brian C. MD ..... 3
PICKENS, Deborah L. MD ..... 4	SANTILLAN, Carlos MD ..... 8	STOUT, William W. MD ..... 2	WEIS, Zak H. DPM ..... 11
PIERCE JR, John R. MD ..... 3	SARALAYA, Raghavendra MD ..... 3	STRINGFELLOW, Grace L. MD ..... 11	WERNER, Carmen M. MD ..... 4
PILCO-JABER, Ruth E. MD ..... 3	SARALAYA, Shilpa R. MD ..... 3	STROUD, Robert MD ..... 10	WERNER, Harold V. MD ..... 3, 7
PILLAI, Narayana G. MD ..... 8	SAULOG, Ruby D. MD ..... 8	STUBBS, Wanda NP ..... 7	WERNER, Jan R. MD ..... 12
PISKUN, Walter S. MD ..... 8	SAVA, Kimberly NP ..... 7	SUDHAKAR, Sivaram MD ..... 8	WEST, Aaron J. DC ..... 7
PLATA-BERNAL, Carlos MD ..... 11	SCHAEFFER, Lawrence A. MD ..... 8	TAYLOR, Coleman MD ..... 10	WESTERBY, Ken RN ..... 10
PLATT, Phillip NP ..... 7	SCHNEIDER, Martin L. MD ..... 10	TEJARATI, Shaneen S. MD ..... 7	WHELCHER, Jeffrey T. MD ..... 2
PLUMMER, Dennis P. MD ..... 2	SCHWARTZENBERG, Janet MD ..... 11	TEEPLE, Charles MD ..... 12	WHITE JR, L. A. MD ..... 2
POLK, Gary MD ..... 11	SCOTT, Monty R. DC ..... 7	TEJAN, Joseph Moi M MD ..... 10	WILHELM, David MD ..... 12
POSEY, Randal MD ..... 7	SCOTT, Rebecca MD ..... 4	TEKESTE, Hagos MD ..... 7	WILKERSON, Michael D. MD ..... 12
POWELL, Dan MD ..... 6	SERNA, Linda S. MD ..... 11	THANNOUN, Abdul MD ..... 3, 4	WILLIAMS, Joe OD ..... 10
PROFFITT, Kirk A. DC ..... 7	SHEEHAN, Marita A. MD ..... 4, 10	THAVARADHARA, Pathom MD ..... 6	WILLIAMS, Sheri R. MD ..... 4
PRUITT, Brian T. MD ..... 8	SHEETS, Harry Kyle MD ..... 5, 6	THETFORD, David DO ..... 5	WILLIAMS, Sheryl L. MD ..... 3
PURDY, Bruce D. MD ..... 5	SHELTON, Douglas R. MD ..... 9	THOMAS, Christine PA ..... 11	WILLIAMSON, John B. MD ..... 10
PURL, Carmen MD ..... 6	SHUM, Shu MD ..... 4, 6	THOMAS, Latoya NP ..... 7	WILSON, Golder N. MD ..... 4, 8
QUIROS, Corazon MD ..... 9	SHUWARGER, Lee OD ..... 10	THOMPSON, Melanie C. OD ..... 10	WILSON, Joanna DO ..... 3
QUIROS, Edward MD ..... 8, 11	SICHER, Brian DPM ..... 11	THURMOND-ANDERLE, Margaret E. MD ..... 3, 11	WILSON, Tiffany PA ..... 11
RAEF, Kevin E. DC ..... 7	SIDHU, Malwinder S. MD ..... 7	TOWNSEND, Janet L. OD ..... 10	WINGO, Susan MD ..... 3, 7
RAGHURAM, Nandkishore MD ..... 4	SIECK, Kevin MD ..... 6	TOWNSEND, William OD ..... 10	WINSTON, Thomas S. MD ..... 2
RAMOS, Luis G. MD ..... 3, 11	SIEWERT, Rick A. DO ..... 6	TREHAN, Amit K. MD ..... 7	WRIGHT, Charles MD ..... 2
RANSOM ANDERSON, Vanessa OD ..... 10	SIFUENTES, Jorge L. MD ..... 4	TREHAN, Salil K. MD ..... 3	WRIGHT, David A. OD ..... 10
RAY, Arunava D. MD ..... 7	SIMMONS, Diane OD ..... 10	TRIPP, Sandra LPC ..... 7	WRIGHT, Geoffrey MD ..... 10
REESE, Leslie MD ..... 7	SIMMONS, Fred OD ..... 10	TUCKER, Bobby F. MD ..... 9	YALAMANCHILI, Kishore MD ..... 3
REGUEIRA, Oswald MD ..... 11	SIMS, Brian MD ..... 10	TURNER, Curtis W. MD ..... 4	YOUNG, John Martin MD ..... 4
REYNOLDS, Kim NP ..... 7	SLATTON, Monte L. MD ..... 7	TURNER, Matthew S. MD ..... 5	YOUNG, Rodney MD ..... 2
RHOTON, Shane MD ..... 9	SMIRNOVA, Olga MD ..... 3	TYSON, David L. MD ..... 2	YSASAGA, Jason E. MD ..... 10
RIDENS, Dondi MD ..... 4	SMITH III, Aubrey L. MD ..... 10	UDEKWU, Anthony MD ..... 11	ZAGRODZKY, Jason D. MD ..... 7
RIOS, Miguel MD ..... 8	SMITH, Bobby W. DO ..... 11	URBAN, Robert S. MD ..... 3	ZOLLER, Dennis P. MD ..... 2, 3
RIVERA, Ernesto R. MD ..... 7	SMITH, Earl C. MD ..... 10	USALA, Stephen J. MD ..... 3, 7	ZORSKY, Paul E. MD ..... 8
ROBERTS, Larry MD ..... 7	SMITH, George J. MD ..... 11		

## Other Health Care Professionals

Ambulatory Surgical Centers  
Durable Medical Equipment  
Home Health Care  
Home IV Therapy

Hospice  
Physical/Disability Rehab Centers  
Physical Therapists  
Skilled Nursing Facilities

**Before visiting one of these health care professionals, check your benefits description or your Certificate of Coverage to make sure the services are part of your employer's plan, and that you meet all of the requirements described in that Certificate.**

**Your plan may not include coverage of these health care professionals at the network level.**

## 2 - OHCP

## OTHER HEALTH CARE PROFESSIONALS

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### AMBULATORY SURGERY CENTER

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#### *Amarillo, TX*

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AMA Cataract/Eye Surgery Ctr  
(806) 353-0125

Northwest Texas Surgery Center  
(806) 359-7999

Southwest Neuroscence Pain Ctr PLL  
(806) 353-6400

Texas Lithotripsy Services LP  
(800) 336-9050

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### ANESTHESIOLOGY

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#### *Amarillo, TX*

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Lone Star Anesthesia Consultants  
(806) 355-7693

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### CARDIAC DIAGNOSTIC

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Lifewatch  
(877) 774-9846

Raytel Cardiac Services Inc  
(800) 242-7137

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### CHIROPRACTIC MEDICINE

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#### *Amarillo, TX*

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Amarillo Spine and Rehab Ctr  
(806) 358-3595

Family Chiropractic  
(806) 353-2260

Freeze Chiropractic Clinic  
(806) 354-8320

Sherrod Chiropractic Clinic  
(806) 353-5239

West Texas Multicare Clinic PA  
(806) 358-3595

#### *Hereford, TX*

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Cross Chiropractic Clinic  
(806) 364-8888

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### DME MEDICAL SUPPLY COMPANY

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Animas Diabetes Care LLC  
(Diabetic Insulin Infusion Pump and Supplies)  
(877) 937-7867

Apria Healthcare Inc  
(800) 277-4288

Byram Healthcare Centers  
(Mail order medical supplies)  
(877) 902-9726

Care Max  
(800) 889-4909

Disetronic Medical Systems Inc  
(Diabetic Insulin Infusion Pump and Supplies)

(800) 280-7801

DJO  
(800) 336-6569

EBI  
(800) 526-2579

Edgepark Surgical Inc  
(Mail order medical supplies)  
(800) 321-0591

EMPI  
(TENS, NMES)  
(800) 328-2536

First Line Medical  
(800) 254-6977

Hanger Orthotics & Prosthetics  
(Prosthetics and orthotics)  
(877) 442-6437

KCI USA Inc  
(Wound Vac Therapies and Support Surfaces)  
(888) 275-4524

Medtronic MiniMed  
(Diabetic Insulin Infusion Pump and Supplies)  
(800) 999-9859

Orthofix  
(800) 527-0404

Praxair Healthcare Services  
(800) 962-1350

Smith & Nephew  
(800) 854-1407

Smiths Medical MD Inc (Deltec)  
(Diabetic Insulin Infusion Pump and Supplies)  
(800) 826-9703

SNI  
(888) 764-2764

Walgreens Home Care  
(888) 492-5442

#### *Amarillo, TX*

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Advanced Limb & Brace LLC  
(806) 351-1775

Amarillo Brace & Limb Inc  
(806) 358-6688

Britkare Home Medical  
(806) 351-2500

Gary King Pharmacy  
(806) 358-4576

Healthstar Medical Inc  
(806) 273-2501  
(806) 359-8616

High Plains Hearing Aid Center  
(806) 355-8889

National Home Health Care Inc  
(806) 372-3215  
(806) 373-3823

#### *Childress, TX*

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Childress Oxygen  
(940) 937-8683

#### *Hereford, TX*

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National Home Health Care Inc  
(800) 658-9270

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#### *Pampa, TX*

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Healthstar Medical Inc  
(806) 359-8616  
(806) 273-2501

National Home Health Care Inc  
(800) 669-0000

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### DME ORTHOTICS/ PROSTHETICS ONLY

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#### *Amarillo, TX*

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Amarillo Brace & Limb Inc  
(806) 358-6688

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### HOME HEALTH AGENCY

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#### *Amarillo, TX*

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Abundant Life Home Care  
(806) 373-8940

Baptist St Anthony's Home Health Care  
(806) 212-7500

Intrepid of Amarillo  
(806) 351-2404

Nurses By Prescription  
(806) 355-1899

Outreach Health Service  
(806) 353-9907

Physicians Homecare  
(806) 342-4722

#### *Borger, TX*

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Golden Plains Home Care  
(806) 273-1100

#### *Denver City, TX*

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Yoakum County Hospital Home Health  
(806) 592-2121

#### *Dumas, TX*

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Memorial Home Health  
(806) 935-7171

#### *Hereford, TX*

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Hereford Reg Med Ctr Home Care  
(806) 364-2141

#### *Lockney, TX*

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Mangold Mem Hosp Home Hlth Care  
(806) 652-2895

#### *Pampa, TX*

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Shepards Crook Health Agency Inc  
(806) 665-0356

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### HOME HEALTH/HOME INFUSION

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Apria Healthcare Inc  
(800) 277-4288

Care Max  
(800) 889-4909

Coram Healthcare  
(800) 542-6726

Critical Care  
(877) 772-4227

Curascript IP  
(800) 304-0123

Option Care  
(Infusion Services)  
(877) 204-6480

Maxim  
(800) 899-9525

Praxair Healthcare Services  
(800) 962-1350

SNI  
(888) 764-2764

Walgreens Home Care  
(888) 492-5442

#### *Amarillo, TX*

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Central Line Infusion  
(806) 352-1212

IV Solutions of Amarillo  
(806) 324-5580  
(806) 355-5029  
(800) 657-7122

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### HOME HEALTH/WOMEN'S HEALTH

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Matria Healthcare Inc  
(800) 950-3963

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### INDEPENDENT LAB

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Genzyme Genetics  
(800) 872-3572

Home Healthcare Laboratory of America  
(888) 522-4452

Horizon Molecular Laboratory LLC  
(888) 448-1495

LabOne Inc  
(800) 646-7788

Laboratory Corporation of America  
(888) 522-2677

Medical Diagnostic Laboratories LLC  
(877) 269-0090

Myriad Genetic Laboratories Inc  
(800) 469-7423

#### *Amarillo, TX*

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Alpha Sleep Labs  
(806) 331-3308

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### MEDICAL REHAB FACILITY

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#### *Amarillo, TX*

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BSA Advanced Pain Clinic  
(806) 212-0295

**MEDICAL REHAB FACILITY  
(Cont.)**

**BSA Outpatient Therapy Services**  
(806) 212-0700  
(806) 212-0700

**BSA Panhandle Surgery**  
(806) 212-4624

**MRI/MAGNETIC  
RESONANCE IMAGING**

*Amarillo, TX*

**Open Air MRI of Amarillo**  
(806) 353-8333

**OPTOMETRY**

*Amarillo, TX*

**High Plains Eye Health Center**  
(806) 359-5900

**Paramount Eyecare LLP**  
(806) 355-9536

**Wolflin Vision Clinic**  
(806) 352-3157  
(806) 355-7891

*Canyon, TX*

**Townsend & Townsend OD's PC**  
(806) 655-7748

*Dalhart, TX*

**Paramount Eyecare LLP**  
(806) 249-6050

**PHYSICAL THERAPY**

*Amarillo, TX*

**Specialized Therapy Services of  
Amarillo**  
(806) 468-9400  
(800) 243-0996

**Zach Thomas Physical Therapy**  
(806) 355-5244

*Borger, TX*

**Borger Physical Therapy PLL**  
(806) 274-3737

**RADIATION ONCOLOGY**

*Amarillo, TX*

**Amarillo Radiation Oncology**  
(806) 354-0950

**RADIOLOGY CENTER**

*Amarillo, TX*

**Coulter Imaging Ctr LLC**  
(806) 358-7149

**SPECIALTY PHARMACY**

**Curascript (Xolair)**  
(888) 773-7376

**Option Care (Xolair)**  
(800) 879-6137

**PharmaCare  
(formerly CVS ProCare)**  
(877) 287-1234

**Talecris Biotherapeutics  
(Prolastin, Gamimune N)**  
(800) 305-7881

**TheraCom Inc**  
(for Lysodelivery products Cerezyme,  
Fabrazyme, Aldurazyme and  
Naglazyme)  
(800) 517-2396

Your network hospital may offer the services provided by Other Health Care Professionals.

4 - OHCP INDEX

ALPHABETICAL LISTING OF HEALTH CARE PROFESSIONALS

Abundant Life Home Care ..... 2	Cross Chiropractic Clinic ..... 2	IV Solutions of Amarillo ..... 2	Paramount Eyecare LLP ..... 3
Advanced Limb & Brace LLC ..... 2	Curascript (Xolair) ..... 3	KCI USA Inc ..... 2	PharmaCare (formerly CVS ProCare) ..... 3
Alpha Sleep Labs ..... 2	Curascript IP ..... 2	LabOne Inc ..... 2	Physicians Homecare ..... 2
AMA Cataract/Eye Surgery Ctr ..... 2	Disetronic Medical Systems Inc ..... 2	Laboratory Corporation of America ..... 2	Praxair Healthcare Services ..... 2
Amarillo Brace & Limb Inc ..... 2	DJO ..... 2	Lifewatch ..... 2	Raytel Cardiac Services Inc ..... 2
Amarillo Radiation Oncology ..... 3	EBI ..... 2	Lone Star Anesthesia Consultants ..... 2	Shepards Crook Health Agency Inc ..... 2
Amarillo Spine and Rehab Ctr ..... 2	Edgepark Surgical Inc ..... 2	Mangold Mem Hosp Home Hlth Care ..... 2	Sherrod Chiropractic Clinic ..... 2
Animas Diabetes Care LLC ..... 2	EMPI ..... 2	Matria Healthcare Inc ..... 2	Smith & Nephew ..... 2
Apria Healthcare Inc ..... 2	Family Chiropractic ..... 2	Maxim ..... 2	Smiths Medical MD Inc (Deltec) ..... 2
Baptist St Anthony's Home Health Care . 2	First Line Medical ..... 2	Medical Diagnostic Laboratories LLC ..... 2	SNI ..... 2
Borger Physical Therapy PLL ..... 3	Freeze Chiropractic Clinic ..... 2	Medtronic MiniMed ..... 2	Southwest Neuroscnce Pain Ctr PLL ..... 2
Britkare Home Medical ..... 2	Gary King Pharmacy ..... 2	Memorial Home Health ..... 2	Specialized Therapy Services of Amarillo 3
BSA Advanced Pain Clinic ..... 2	Genzyme Genetics ..... 2	Myriad Genetic Laboratories Inc ..... 2	Talecris Biotherapeutics ..... 3
BSA Outpatient Therapy Services ..... 3	Golden Plains Home Care ..... 2	National Home Health Care Inc ..... 2	Texas Lithotripsy Services LP ..... 2
BSA Panhandle Surgery ..... 3	Hanger Orthotics & Prosthetics ..... 2	Northwest Texas Surgery Center ..... 2	TheraCom Inc ..... 3
Byram Healthcare Centers ..... 2	Healthstar Medical Inc ..... 2	Nurses By Prescription ..... 2	Townsend & Townsend OD's PC ..... 3
Care Max ..... 2	Hereford Reg Med Ctr Home Care ..... 2	Open Air MRI of Amarillo ..... 3	Walgreens Home Care ..... 2
Central Line Infusion ..... 2	High Plains Eye Health Center ..... 3	Option Care ..... 2	West Texas Multicare Clinic PA ..... 2
Childress Oxygen ..... 2	High Plains Hearing Aid Center ..... 2	Option Care (Xolair) ..... 3	Wolflin Vision Clinic ..... 3
Coram Healthcare ..... 2	Home Healthcare Laboratory of America 2	Orthofix ..... 2	Yoakum County Hospital Home Health . 2
Coulter Imaging Ctr LLC ..... 3	Horizon Molecular Laboratory LLC ..... 2	Outreach Health Service ..... 2	Zach Thomas Physical Therapy ..... 3
Critical Care ..... 2	Intrepid of Amarillo ..... 2		





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