

Table 9. Weight loss trial inclusion results

Disposition of trials	Number of Trials
Total retained in meta-analysis	20
Total dropped from meta-analysis	24
Reasons for dropping trials from meta-analysis:	
Duration of treatment less than eight weeks	18
Ephedrine dose did not vary between study arms	1
Cross-over study without data available prior to the cross-over point	1
Insufficient statistics	3
Inappropriate outcome (weight gain)	1